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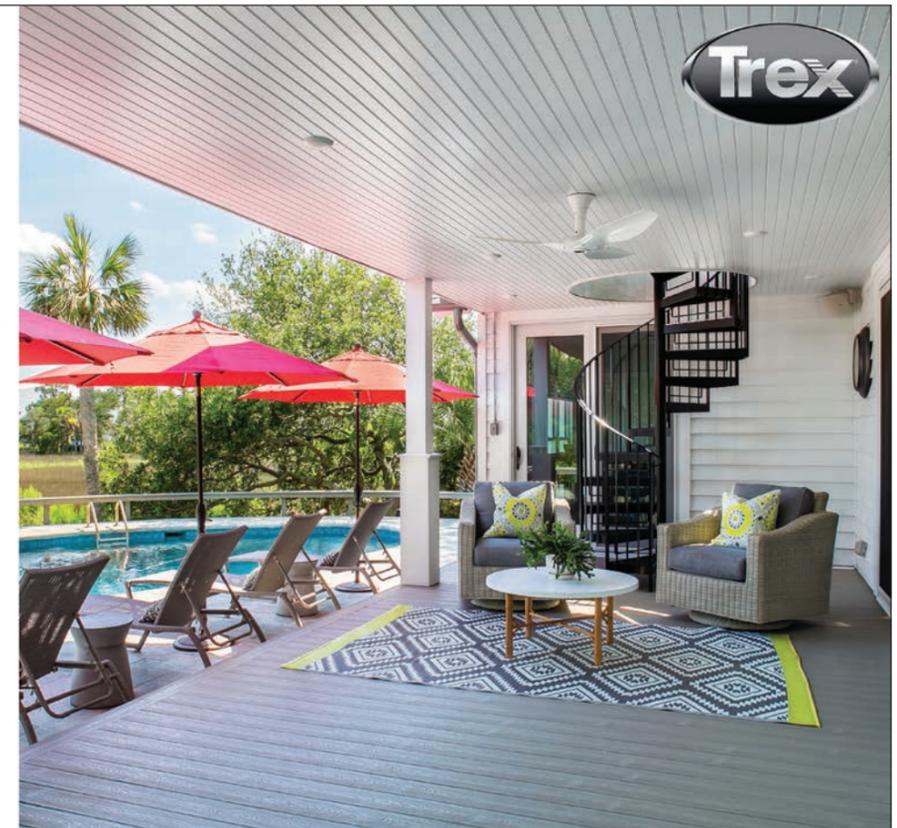
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Novak Djokovic will not play in the 2022 U.S. Open tennis championships in New York in September (unless he receives an unexpected interventional exemption from his COVID vaccination ban).

Novak Djokovic was the runner-up at the 2021 U.S. Open tennis championships in New York. Evidently, he played at the U.S. Open in 2021.

Novak Djokovic is not vaccinated against COVID-19. Definitionally, then, Novak Djokovic, the world's seventh-ranked men's tennis athlete, was not vaccinated against COVID-19 in September of 2021, during the 2021 U.S. Open in New York.

At the time of the 2021 U.S. Open in New York, the seven-day moving average for COVID-related deaths (nevermind data efficacy, because I'm using a single source – the federal government's CDC – across the entire time span, so inconsistencies should carry through) was approximately five times higher than it is now.

Novak Djokovic, a Serb traveling to England, won the 2022 Wimbledon Men's Tennis Championship on Sunday, July 10, 2022, a few weeks ago.

COVID-19, like all viruses of its type, is a ubiquitous, microscopic, airborne, contagious pathogen, as

any sensible person has recognized since the second quarter of 2020.

Forget what you think of Novak Djokovic (I prefer Rafael Nadal). Forget what you think of his choice to avoid vaccination (I have two Pfizers and a booster, but I stopped short of number four).

Read through the sequence above until it makes logical sense to you. Hint: If you're honest with yourself, you're going to be reading for a LONG time.

Welcome to the intersection of political philosophy and bureaucratic controls. It's a high-volume confluence with too many fiery crashes.

Aren't you glad you moved here from New York?! Tens of thousands of you have done so in the last few years. Makes perfect sense to me, as it did when I did so as a 36-year-old man.

Scott A. Lauretti

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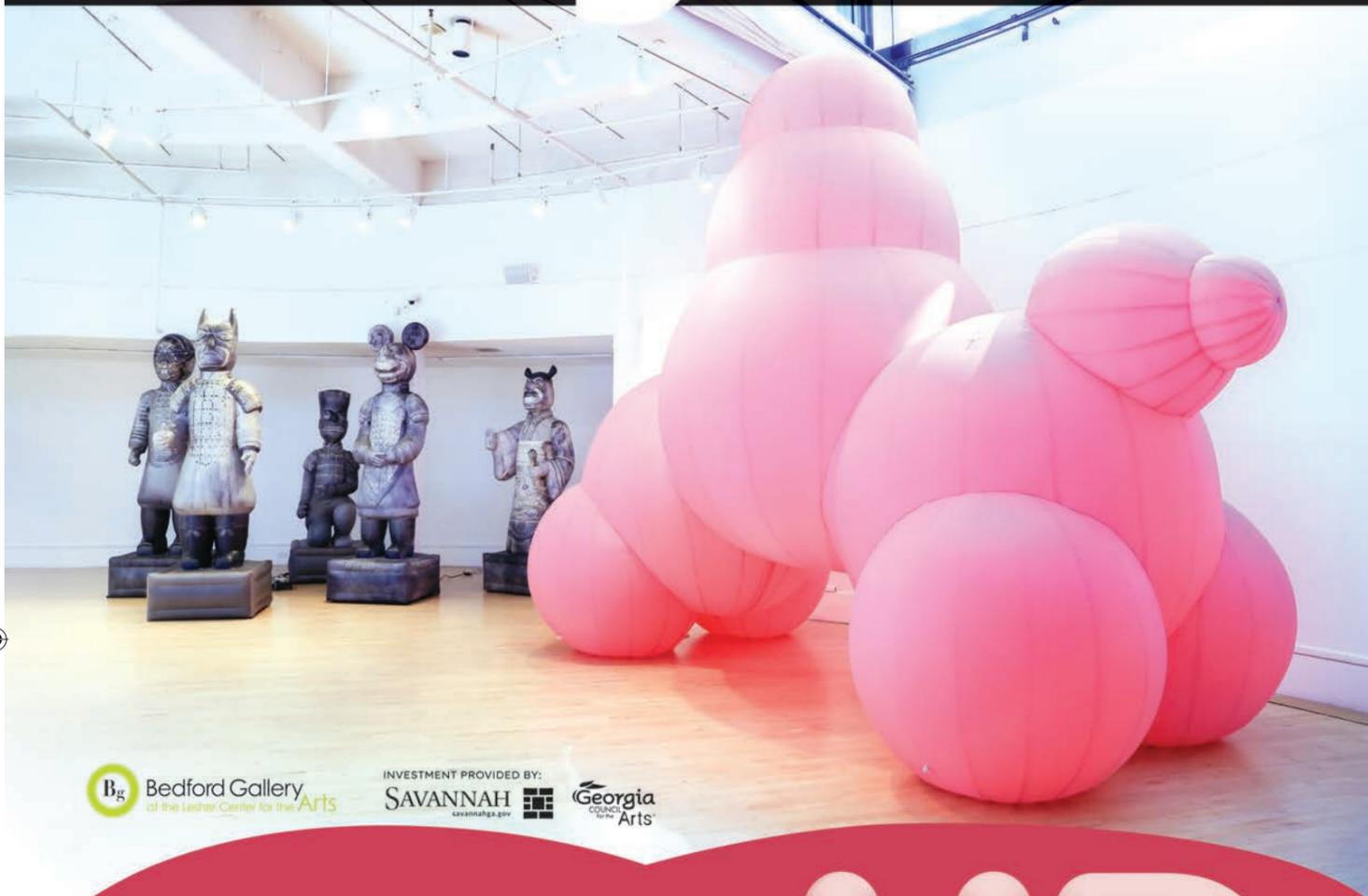
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Lizabeth Ross of (American, b. 1973); 5 XI'AN AMERICAN WARRIORS, 2019; nylon fabric, electric fans. Sharon Engelstein (Canadian, b. 1965); Seeker, 2012; nylon fabric, electric fan. BLOW UP: Inflatible Contemporary Art was organized by Bedford Gallery at the Leshar Center for the Arts, Walnut Creek, CA



on the cover:

Peter Schreck found this summer tanager – a common resident of Skidaway Island – at Moon River Landing. For more of his nature photography, please visit page 30.

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Background photo by DRB Wendell



For The BIRDS

Pat Wolters' Orphaned Bird Care

By Phyllis Limbacher Tildes

Every community should be as fortunate as ours to have a licensed bird rehabilitator. For more than two decades, 92-years-young Pat Wolters has been the dedicated "Mother Teresa" of orphaned birds on Skidaway Island and the Savannah area.

How many people do you know who daily dedicate themselves to an important cause in the 10th decade of their lives? Pat's fidelity to fowl began in 1979 at Tri-State Bird Rescue and Research in Newark, Delaware, the largest bird rehab facility on the East Coast. Through 22 years of volunteer service, she wore many hats, including serving on the oil spill team, and as release chair and bird banding chair. She also supervised the clinic's Friday night shift. In 2000, she received the Governor's Outstanding Volunteer Award.

After Pat and her husband, Art, moved to the Landings in 2001, she soon found herself back with birds. While working at Wild Birds Unlimited in Savannah, Pat recognized the need for orphaned bird care. She and a co-worker, Nicole Janke, founded Orphaned Bird Care. For more than 21 years they have partnered in caring for a wide variety of birds.

Pat is certified by the Georgia Department of Natural Resources and permitted for migratory species by the U.S. Fish and Wildlife Service. Injured birds are not included on Pat's permits; they must be taken to a vet first. She reminds us that fully feathered baby birds – fledglings – with short tails hopping around on the ground, should be left alone. Their parents will continue to feed them

When Katea, a red-tailed hawk, came to Tri-State for care, Pat became her only handler. Katea was an ambassador for her species, visiting libraries, schools and senior living places with Pat. (photo by Carol Lorah)

even after they have been handled.

Already in this busy season, Pat has been caring for a young Cooper's hawk that fell from its nest, and several baby birds, including bluebirds, blue jays, woodpeckers, mockingbirds, grackles, robins and thrashers.

During her 21 years of caring for the island's feathered friends, Pat has had many harrowing experiences, but also heartwarming successes.

Once, a juvenile brown pelican in distress was brought to Pat. With two people holding the bird, Pat was able to look inside its mammoth mouth. Reaching inside, she pulled out a piece of fish that was lodged in the bird's throat. Once the morsel was removed, the pelican could breathe normally, and was released after a brief rest.

Pat has been a Skidaway Audubon Bird Trail monitor. She retired in 2012, but still helps with bluebirds, chickadees, nuthatches and titmice in distress. Sometimes she places her orphaned bluebirds with a new family in a birdhouse on the bird trail.

The birds in Pat's care are fed on a very strict daily schedule. Baby birds are usually fed every 30 minutes. Cages must be cleaned, and fresh pine straw added. Linens are washed, and medications administered as needed. Thousands of live crickets, mealworms, waxworms, seeds and frozen fish are delivered and prepared.

Caring for orphaned birds requires a lot of supplies, special foods, medicine, and other equipment. With expenses running as much as



This recently orphaned Cooper's hawk is seeing his reflection in the mirror. This species of hawk is a first for Pat, requiring many mice and rats in his diet. (photo by Brenda Ecken)

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Big Red, a pileated woodpecker, was one of Pat's favorite orphans. He was raised from a featherless nestling into a beautiful young bird. After his release, he continued to return daily for feedings until he was able to support himself in the wild and find a mate.

\$4,500 per year, Pat relies on organizations and the public for donations.

Some items on Pat's wish list include lotion-free Kleenex tissues, paper towels, distilled water, clean rags and towels, puppy pads, and cardboard pet carriers. Contributions can be mailed to Pat Wolters, 5 Senauki Lane, Savannah, 31411 (please make checks out to Orphaned Bird Care). If you have wish list items, call 912.598.9825 or email PW4birds@aol.com.

Many agree that Pat is one of our most outstanding volunteers on



Cutting down trees during the nesting season is risky for nestlings who are unable to fly. A kind tree-cutter brought Pat a family of yellow-crowned night herons he had found. Once they were able to fly and fish on their own, she released them.

Skidaway Island, earning the Skidaway Audubon's Environmental Stewardship Award in 2012. Her devotion to bird care has been an inspiration to all who know her, including her children and grandchildren. Her grandson, Buck, says, "I will have a fondness for nature for the rest of my life."

Phyllis Limbacher Tildes is an author and illustrator of 24 children's picture books. Learn more at www.charlesbridge.com/pages/phyllis-limbacher-tildes.

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Back to (Sunday) School

Betsey Bass Returns To St. Peter's

By Philip Schweier

For many families, August means back-to-school. For long-time educator Betsey Bass, this August means returning to St. Peter's Episcopal Church on Skidaway Island. On Monday, August 1, she will officially take her position as the church's children's ministry director.

"I love working with kids," Bass says. "And now that mine are heading off to college, I think it will be a lot of fun to get to know some new people in our church family."

A native of Nashville, Bass earned a history degree from Davidson College in North Carolina, followed by a master's in education from the University of Georgia in 1993. Though she originally had her sights set on teaching high school in Atlanta, she accepted an offer from Savannah Country Day School to teach history on the middle school level. She was initially skeptical of a city and curriculum different than she envisioned, but quickly grew to appreciate what Savannah has to offer and remained at Savannah Country Day for nine years.

When she became pregnant with twins, Bass decided to take a few years off to focus on being a fulltime mom. While her children, Carey and Langston, were young, she served as a volunteer nursery worker at St. Peter's. As the Bass kids moved from the church nursery into Sunday School, Mom became increasingly involved in church activities.

"It went from five to 10 hours a week to 30 hours a week as director of Christian education when the twins were 8 or 9 years old," Bass explains. During the period, Bass applied her teaching experience to her work, while developing valuable administrative skills.

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In 2014, she returned to Savannah Country Day. "That was where my kids were spending so much of their time, that was where I wanted to be. I was very fortunate to have the opportunity to serve for nine years at Country Day as the middle school dean, and to teach as well."

Last spring, her children graduated from Savannah Country Day, and soon will be headed off to college – one to UGA, the other to Tulane University in New Orleans. "They have a lot of excitement coming up in the next few years," she says. "We'll miss them."

With empty-nesting on the horizon, Bass describes the opportunity to rejoin St. Peter's as "one of those God things." Last fall, St. Peter's rector Kelly Steele and associate rector David Wantland expressed the hope of finding someone to revive the children's program on a part-time basis. "They were picking my brain about some things we'd done in the past," Bass recalls. "During COVID, we weren't really doing anything, so there was a big push in the parish to get the children's program back up and running. It just worked out for all of us, so again I'm moving from my Savannah Country Day office to my St. Peter's office. I feel I've been ping-ponging a little bit, but I'm ping-ponging my way back to church."

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RESURRECTION

St. Peter's has experienced significant turnover in its staff recently; change that Bass regards as opportunity. "It's almost an entirely new team of people, but such a wonderful energy that I'm thrilled to be back."

The staff at St. Peter's hopes to remind people what a joyful experience church should be. "I think something Kelly and David have brought back to our congregation is almost a sense of whimsy at times, and a reminder that it should be fun, you should be excited and enjoy beyond just the music and solemnity," Bass says. "There are times when a little laughter is just the thing you need."

Bass sees the commitment to renewal pervading more than the staff. "The entire parish is very hungry to see families and children back as part of that fellowship and community that we have here. The more reason to have opportunities for people and kids to get together and socialize in an environment and rebuild those friendships. I enjoy being part of that community and knowing God's love that way."

Like many organizations emerging from the pandemic, St. Peter's is reviving previous programs while adding to its offerings to the community. This past spring, nursery care was made available to families, providing parents of small children with reliable childcare while they attend services. In addition, the parish plans to expand its Sunday morning services with Children's Church. Youngsters through 6th grade will enjoy a morning program of their own, then rejoin their families for the second part of the service and communion.

To kick off the new school year, children are invited to pack backpacks for People of Action Assisting Kids at the church, followed by a backpack blessing the following day. "Any family is welcome if they want to have their own child's backpack blessed for the year," says Bass. "We're going to invite the faculty from Hesse Elementary School and other folks who might be interested."

On Wednesdays, St. Peter's will offer a condensed version of its summer camp, Musical Adventures, from 4:30 to 5:30 p.m. In addition to music, it will feature crafts, games and fellowship time, followed by a family/community dinner from 5:30 to 6. "The meal will change every week, but probably chicken nuggets will always be one of the items on the menu because we want it to be family-friendly," says Bass. "Afterward, families can scoot home to do homework or stay for choir practice or other fellowship opportunities we'll host on Wednesday evenings."

St. Peter's will hold a special family-friendly event each month. On Saturday, September 10, the church offers the first of two Parents' Evenings Out. "We'll have three hours of childcare here so parents can go out and enjoy themselves and children can come here for music, games and fun," Bass says.

A "trunk-or-treat" is planned for October and an Advent wreath-making event in November. A Parents' Afternoon Out is scheduled for December to allow parents to get some Christmas shopping done early in the month to avoid any big reveals happening too early. "These events are inter-generational," adds Bass, "to get the youngest church members interacting with our older church members, and to build some connections between different parts of our community."

Bass recognizes the challenge of identifying volunteer opportunities that are age appropriate for young children. "Many places in town have an age requirement of 13 or 14, which I understand, but this is something that the littlest people can do. Anyone can pack crackers into a zip-lock bag and draw a little picture saying, 'God is thinking of you today.' I'm excited to bring that aspect in and to get back to some of the fun community-building events that we've had in the past."

Bass believes part of any church's outreach strategy should be to meet families where they are. "Families today are not leading the same lifestyle that my family did in the 1970s and '80s when I was growing up," she explains. "People need help, and they need a sense of connection; so, yes, it would be a lot easier to sit and wait for people to come to us but you've got to have that outreach, that continuing invitation, because God is continually inviting all of us into a relationship. I believe the church has a responsibility to do that as well – extend the invitation and maybe, in a concrete way, help people learn why that is important."

Savannah may not have been in Bass's plans 30 years ago, but she's grateful to have ended up here. "Things have a way of working out the way they're supposed to, which may not be the way you necessarily think they're going to, but I've been very lucky."

To view a complete schedule or sign up for events and activities at St. Peter's Episcopal Church, visit www.SaintPetersSav.org.



St. Peter's summer camp for kids returned with many activities for children of all ages.

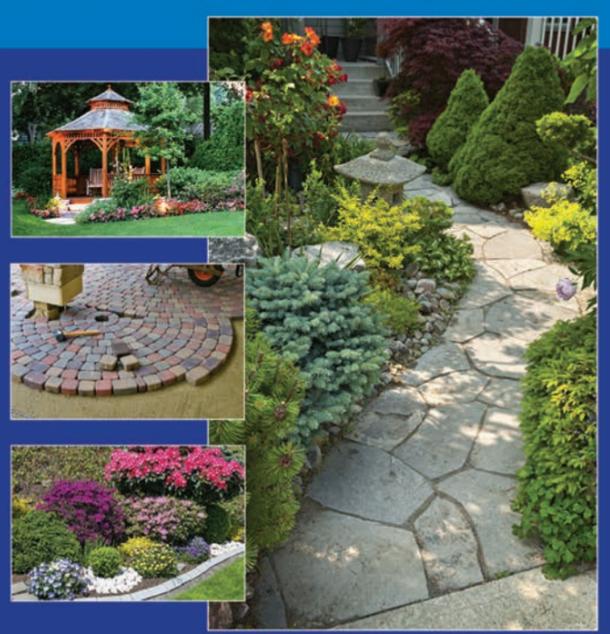
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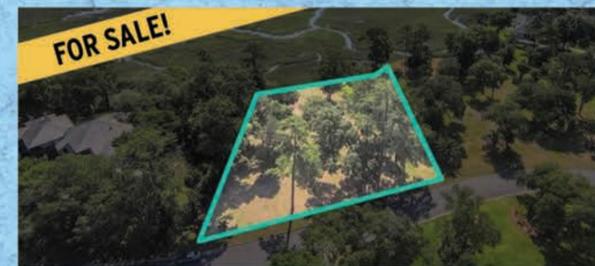
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Proper sleep – seven or more hours nightly for adults – is necessary to properly function. Studies show adequate rest is key to productivity, brain function, decision-making, and overall physical and mental health. Poor sleep quality is linked to declines in productivity and cognitive function, as well as chronic health problems such as depression, obesity, and hypertension. Yet, despite doing everything right – relaxing before bed time, no caffeine in the evening, no screen time or electronics in the bedroom – many people still have trouble falling or staying asleep.

Because over-the-counter (OTC) sleep medications and herbal supplements are readily available, many adults rely on them to get a good night's sleep. But is that safe? "Generally, over-the-counter sleep aids are safe when used short term," says Kristen Pierce,

PharmD, BCACP, clinical pharmacy specialist in ambulatory care at St. Joseph's/Candler. "Over-the-counter sleep aids are intended to be used a few times per week, and you really don't want to use them for more than a few weeks."

Both prescription and OTC sleep medications come with side effects such as daytime drowsiness, dependency, confusion, even hallucinations. Many herbal supplements, such as melatonin or valerian, are not as strictly regulated by the FDA and can interact with other medications. This is especially true for anyone on blood thinners and those over 65. "While it's easy to grab a Benadryl or melatonin, you should consider non-medication options when possible," Pierce says.

Pierce says the first line of defense is cognitive behavioral therapy – insomnia (CBT-I).

This includes multiple components retraining your brain and body to sleep better by avoiding behaviors that are keeping you from getting a good night's rest.

Some examples include:

- Going to bed and waking up the same time every day
- Relaxing, being in a calm mood before bedtime (meditation, reading a book)
- Maintaining good sleep hygiene
- Improving your sleep environment
- Avoiding the phone and television while in bed
- Avoiding naps during the day
- Only getting in the bed when you are sleepy
- Regular exercise

THE ROOT OF THE PROBLEM

If you are consistently having restless



Clinical Pharmacy Specialist Kristen Pierce, PharmD, BCACP

nights, talk to your healthcare provider to determine if there may be an underlying problem. "It's important to identify the underlying cause and fix that issue, rather than becoming dependent on sleep aids," says Pierce.

One source might be sleep apnea, a potentially dangerous disorder where breathing repeatedly stops and starts as you sleep. Untreated sleep apnea can contribute to cardiovascular issues. However, it is treatable with lifestyle changes or the use of breathing assistance devices.

Another culprit is nightmares. Maybe you experienced a life-altering event or have overwhelming stress in your life that is causing you to have nightmares or lose sleep at night. Potential solutions might be therapy or prescription medications from your provider to help you relax before bedtime.

Consult your doctor or pharmacist before taking any sleep medication, even OTC ones. "Even though you can purchase them over the counter, there can still be harmful effects," Pierce explains. "They can work really well for you, so it's important to have that risk-benefit discussion with your provider and make sure that the agent you are choosing is appropriate, and you're taking the right dose."

EIGHT TIPS For Getting EIGHT HOURS of Healthy Sleep

The restorative healing power of good sleep is getting its due. But for those of us raised on counting sheep, we might lack the skills to slip into quick and regenerative slumber. Here are eight ways to ensure your eight hours:

- 1 Maintain set, regular bed and wakeup times, allowing ample time for sleep in between.
- 2 Try to avoid caffeine, alcohol and heavy meals before going to bed.
- 3 Keep electronic devices like laptops, TVs, and smartphones out of the bedroom.
- 4 Ambience matters. Most people need it cool, dark, and quiet. Lower the temperature in your bedroom. Use a quiet fan or invest in thick shades or blinds.

5 Get your daylight! Filling up on natural light during the day gets you primed for sleeping at night. About 30 minutes of natural light is the minimum.

6 Don't exercise before bed. That's the time for a regular, relaxing routine of activities like reading, music, or meditation.

7 Make sure medications or supplements you are taking do not interrupt sleep. Melatonin, on the other hand, is a supplement that has helped many people fall asleep.

8 If, after trying the seven tips above, you still can't fall asleep easily, consult your doctor, to rule out a sleeping disorder.





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DOYLE RAY TREAT

He Served • By Ron Lauretti

He operated in the depths of the “silent service,” and then patrolled above ground, still near the water. He’s a man who has done some “tough” jobs, but he has a gentle demeanor that makes sense when you realize he’s as skillful with five different musical instruments as he is with a service weapon.

Doyle Ray Treat was born in Oklahoma in 1941 on the back end of the tragedy associated with the Dust Bowl Era. “We weren’t wealthy, but better off than most,” Treat says, as he recalls his childhood.

When he was a boy, Treat’s family moved to San Francisco. In high school, he began to feel the tug of wanderlust, looking to find adventure and broaden his horizons. He joined the Naval Reserve. “The recruiter was a good salesman,” Treat says with a laugh. His chuckle turns to a wistful grin when he says, “I didn’t realize at the time, but the recruiter had me ticketed for submarine service.”

Treat graduated from high school in 1959, and headed to submarine school in Treasure Island, California. He remembers one particularly challenging training episode – the

escape hatch test: “We were lowered a hundred feet deep in a container filled with air. As water flowed in from the bottom, we had to exit through the filling hole and swim to the surface. A hundred feet is a long way up when you’re holding your breath. They call it ‘blow and go.’”

Treat was assigned to the *Capitaine* (USS 336), which was homeported in San Diego. On board the sub, he was a member of a crew of 10 officers and 71 enlisted men. The vessel was diesel-powered, which accounted for the constant hint of rotten eggs in the still air. The *Capitaine* could do 20 knots on the surface, while running at a top speed of 9 underwater and out of sight. Twenty-four torpedoes and two surface guns protected the 81 sailors as they cruised at sea for up to 75 days at a stretch. During Treat’s two and a half years on the *Capitaine’s*, the vessel patrolled the Atlantic from New England to Panama.

Like all sailors, Treat was subjected to various tests during his service. Early on, he was identified as mathematically adept, while demonstrating strong communication skills. He handled on-board administrative tasks, while familiarizing himself with the inner



From her base at San Diego, the *Capitaine* participated in training, served other fleet units as target in anti-submarine exercises, and training reservists.

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THE SKINNIE VOL. 20 ISSUE 15 – 21

workings of his sub. Senior staff found Treat to be affable and conscientious. Because of his aptitude exam results and praise from his chain-of-command, Treat was plucked from his desk and tapped to work across the ship's functions.

One day, the sub was engaged in a war game drill, which led to, perhaps, the most terrifying moment in Treat's life. Navy destroyers dropped hedgehogs – depth-charge simulators – that cascaded down the water column toward the *Capitaine*. Treat was in the sub's control room as the crew rushed to evade the incoming ordnance. Suddenly, the vessel's electrical system failed, as did its back up, leaving the men in absolute darkness, a submariner's nightmare. Treat had control of the mechanism that surfaced and dove the sub. Blind to the gauges in front of him, Treat inadvertently plunged the ship into a steep dive. As the fathoms passed, the electrical system fortuitously returned to working order, and the pitch black gave way to light. Treat blinked his eyes back to focus and leveled the sub's descent. As the sub made its way back toward the surface, the crew steered it clear of the looming



Ray and Maureen Treat, during his service in the Navy.

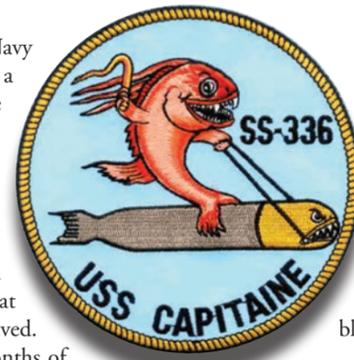
destroyer.

After his tour aboard the *Capitaine*, Treat, now a yeoman second class, attended a year-long electronics technician course at Great Lakes Naval Training Station in Illinois. He then reported for classified Sound Surveillance System (SOSUS) duty at Key West, during the Cold War, as Soviet submarines spied on the U.S. The Navy embedded miles of cable-encased gold hydrophone wire on the sea floor in the area to detect low-frequency signals from enemy subs. Working with the Navy's anti-espionage teams, Treat transferred from the sunny climes of the Florida Keys to the icier waters at Argentia, Newfoundland, where he found more than clandestine submarine signals in the air. Treat met local lass, Maureen English, a nursing student in nearby St. John's, a popular spot for off-duty sailors. The couple would eventually marry in the maritime province.

Promoted to petty officer, Treat transferred to the U.S. Naval Air Facility at Midway, the two-island cluster surrounded by an atoll in the

Pacific. Earlier in his Navy years, Treat had formed a band on Barbados, where he entertained fellow service men and women. His reputation as a musician spread through the Navy, attracting the attention of officers on Midway, who hustled Treat to the stage when he arrived. He spent his final 18 months of Navy service in this place made famous during World War II, regularly entertaining officers in the club that would have typically excluded sailors of his rank.

After 11 years, in 1969, Treat traded his Navy uniform for civvies, making his way to Texas to enroll at the University of Houston using the G.I. Bill. The Treats had a daughter and son while in Houston, Jenna and Robert. In 1973, Treat graduated with a bachelor's degree in journalism with a minor in broadcasting. Rather than pursue a small-market on-air job, Treat returned to his native California and joined the Long Beach Police Department.



With the LBPD, Treat earned the Iron Man Award – for all-around excellence – from the department and earned his detective's badge during his decade of service. "Frankly, I was a good cop," he says plainly and proudly, but with his characteristic humble tone.

Returning to Maureen's native Canada, the family moved to Toronto where she resumed her career as a registered nurse. Meanwhile, Ray opened a music store and taught private lessons. After five years, in 2000, Treat sold his business and the family moved to Baltimore. Maureen took a nursing position at Johns Hopkins Hospital and Ray, took a job with the IRS. Ten years later, the Treats retired and moved to Skidaway Island to enjoy the leisurely Southern life.

More than a half-century removed from it, Treat's Navy service still sparks fond memories. And it was my pleasure to get this former member of the silent service to talk about his time at sea.

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Deadline is the Friday prior to publication.

WHO NEW?

WHAT: New Neighbors
WHEN: Visit www.landingsnewneighbors.com to see our calendar
CONTACT: Visit our website or contact Jody at nnnewmember@gmail.com
WHAT ELSE: The club offers more than 250 different activities from biking, golf, pickleball, walking groups or fishing to Mahjong, Bridge, Needle-arts and Canasta. We have exciting military tours and special events for you to enjoy right here on Skidaway Island.

GOTTA LOVE IT

WHAT: Landlovers membership / open to all Skidaway Islanders
HOW MUCH: Each \$30 membership fee covers one household of one or two adults.
CONTACT: Vicki Knapp at landloversmembership@gmail.com or visit www.landingslandlovers.com for more information.
WHAT ELSE: The membership year runs from September 1 through August 31. Landlovers is a philanthropic and social organization dedicated to enriching the Landings community and Skidaway Island at large. Landlovers sponsors year-round social activities and fundraising events to support student scholarships and multiple non-profit service organizations.

PHOTO FINISH

WHAT: (Sean) Grenville Emmet IV photography exhibit
WHEN: Aug. 1 through 31; reception Aug. 5 - 4 to 6 p.m.
WHERE: JEA Art Gallery, 5111 Abercorn St.
HOW MUCH: Free and open to the public
CONTACT: Vicky Lunick, 912-355-8111
WHAT ELSE: This is Emmet's second exhibit at the JEA's gallery. It focuses on this country's natural settings and towns. Of special note in the exhibit are photographs from New Mexico's Brushy Mountain and the nearby ghost town of Mogollon, and Sedona, Arizona, surrounded with highly colored, picturesque red rock cliffs and buttes.

DAVENPORT DOCENTS

WHAT: Tour guide training - Volunteer docents needed
WHEN: Mondays in August - Aug. 1, 8, 15, 22 and 29, 9:30 a.m. to 12:30 p.m.
WHERE: Davenport House Museum Entrance and Shop, 323 E. Broughton St.
HOW MUCH: Free to those committed to volunteering at the Museum
CONTACT: Sheena Fulkerson, 912.236.8097, sfulkerson@davenportmuseum.org

WHAT ELSE: Docents lead tours and assist with programs for people from around the world who visit the historic house. Davenport House Museum is a property of Historic Savannah Foundation.

CARING WITH CASSEROLES

WHAT: Safe Shelter Casseroles
WHEN: Aug. 2, Aug. 23, and Sep. 13
WHERE: Your home
WHAT ELSE: If you enjoy cooking and want to help those in need as well, we need your help providing casseroles to SAFE Shelter. On your assigned day, you make any casserole you want at your home, and we'll deliver it to SAFE Shelter. To learn more, email LLcommService@gmail.com to get on our distribution list for more information. Must be a Landlovers member to participate.

MUSIC AT MESSIAH

WHAT: The Arts at Messiah - Joseph Pramberger Memorial Piano Recital
WHEN: Friday, Aug. 12 at 7 p.m.
WHERE: Messiah Lutheran Church, 1 West Ridge Rd.
HOW MUCH: No charge, but donations gladly accepted
CONTACT: MLC at 912.598.1188, Mon.-Fri., 9 a.m. - 12 p.m.
WHAT ELSE: Born in Azerbaijan and raised in Ukraine, gifted pianist Liana Paniyeva was recently awarded the American Prize in Piano Performance (solo), 2021 (professional division). She will perform a virtuoso program of Chopin, Schumann, Schubert-Liszt, Rachmaninoff, Medtner, Kosenko and Lysenko. No reservations or masks required.

SHELL SHOCK

WHAT: Annual release of turtle hatchlings
WHEN: Thursdays, Aug. 18 and 25, Sep. 1 and 15, 4 - 5 p.m.
WHERE: Sunset Park, 707 Landings Way South
HOW MUCH: free
CONTACT: friendsofskidawayaudubon@gmail.com
WHAT ELSE: Attendees learn how Diamond-back terrapin eggs are rescued from golf course sand traps and incubated. They will help release the hatchlings into the marsh. Only 60 attendees per session. Participants are limited to just one session due to the popularity of this event. You must pre-register online at skidawayaudubon.org by clicking on the news/events tab. Attendees must be five years of age or older. Parking is limited.

THE RIGHT STUFF

WHAT: Ladies on the Right (LOTR) luncheon meeting
WHEN: Thursday, Aug. 18 - 12-2:30 p.m.; social hour - 12-1 p.m., lunch/program - 1-2:30 p.m.
WHERE: The Landings Palmetto Club
HOW MUCH: LOTR members - \$25; guests - \$35; All are welcome to attend
CONTACT: For more info or to register/pay (deadline Aug. 15), visit ladiesontheright.org
WHAT ELSE: The guest speaker is Victoria Cobb, president of The Family Foundation of Virginia, the state's largest and oldest pro-family advocacy organization. LOTR is a greater-Savannah leadership organization whose mission is to inform, educate and inspire members to act on issues that impact our community, country and lives.

SATURDAY SISTERS

WHAT: Sisters Who Brunch
WHEN: Saturday, Sep. 10, 11 a.m.; RSVP by Sep. 2.
WHERE: Palmetto Clubhouse
HOW MUCH: \$40
CONTACT: panhellenicsavannah@gmail.com
WHAT ELSE: This event is open to all sorority women in the greater Savannah area. Seating will be by sorority. Registration form with additional details will be sent upon request.

FOR LADIES ONLY

WHAT: Landlover Ladies 9-Hole Golf Group
WHEN: Tuesdays (Tee times from Chelsea system)
WHERE: Varies each week
CONTACT: Jan Rosenbaum at LandloverLadies9@gmail.com
WHAT ELSE: Landlover Ladies 9-hole Golf welcomes those who have a basic understanding of the rules, pace of play and have a GHIN number. Our focus is on having fun with a casual get together afterwards. The Landing Club golf and Landlovers memberships are required.



CHALLENGER CLUES*

ACROSS

- 1. Play Jenga
- 6. Dash
- 9. Swigs of tequila, sal, y ____
- 14. Proscribed
- 15. Spiced apple core?
- 16. Fiat
- 17. High-speed train from NYC to Philadelphia
- 18. Patella location
- 19. Lily type
- 20. MSNBC's late-night news recap
- 23. Toyotathon. e.g.
- 24. Hydrox rival
- 25. When doubled, a giant gong
- 28. High-speed train from Roma to Napoli
- 30. Poke
- 33. Start of a Swift title
- 36. Cleavage producer, at times
- 39. Why am I so far behind schedule?
- 42. Finish
- 43. Orange Muppet
- 44. U.S. spy org. during WWII
- 45. Aeries, e.g.
- 48. Ninth Hebrew letter
- 49. Badger's den
- 51. Miens
- 54. Why the world needs deadlines
- 61. Swift brute
- 62. "Texas tea"
- 63. Sportscaster Lundquist
- 64. Disparaging label for Republicans
- 65. Albany to Macon dir.
- 66. Opposite of agnate
- 67. Go to Gretna Green
- 68. Poignant
- 69. Organ ____

DOWN

- 1. ASAP in the ICU
- 2. RPM gauge
- 3. Some bonnets have one
- 4. Brassicas
- 5. Animal with a pouch
- 6. English girl with a horse named Pie
- 7. Berliner's notion
- 8. Joanna Gaines's TV network
- 9. Milk de la vaca
- 10. The Appaloosa is its state horse

Just made it!

1	2	3	4	5		6	7	8		9	10	11	12	13
14						15				16				
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54	55	56					57					58	59	60
61						62				63				
64						65				66				
67						68				69				

- 11. World's leading chocolate malt beverage
- 12. Org. that lost the Scopes "Monkey Trial"
- 13. Milky Way ingredient
- 21. Cole Porter, notably
- 22. Mythical Scandanavian monster
- 25. Type of clay for making melting pots
- 26. Pal of Aramis
- 27. Batters
- 29. Fire-proof?
- 30. Shared by two or more
- 31. 1977 Best Broadway Musical
- 32. Generate
- 34. Big corp.: INC / Small co.: ____
- 35. Plumbing joint
- 37. Suffx for 'miss' or 'gent'
- 38. Noted burlesque dancer, Lily St. ____
- 40. Quidnunc in a shtetl
- 41. Cowboys wear them
- 46. Like some fancy coats
- 47. Some live in it
- 49. Blockbuster headline
- 50. Crenated
- 52. Gushed
- 53. Dictator's accomplice
- 54. Guy Fawkes Night feature
- 55. Barre, e.g.
- 56. Expression of dread
- 57. Slang term for crsytal meth
- 58. It has a red, white, and green flag
- 59. Has the skinny
- 60. It's never found in poetry

Puzzle answers, page 33

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*For each puzzle a relatively difficult set of clues (Challenger) will accompany the first printing. In the subsequent issue, the same puzzle will appear with an easier set of clues (Standard) Email questions/comments to puzzler@theskinnie.com

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Islands Painting • Proudly painting the Landings since 1999. We specialize in custom interior and exterior painting. Wallpaper removal and much more!! Thank you for your consideration. Please see my reviews at TLA, NextDoor and Young Neighbors at the Landings on Facebook. Call Tommy Rigdon, 912.308.4601 or email: tjrigdon@yahoo.com

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Skidaway Cat Alliance Team provides for the humane treatment, health, welfare and population control (spay/neuter) of free-roaming cats on and around Skidaway Island. If you are interested in learning more or need help with a feral cat, please contact us at skidawaycats@gmail.com or visit our facebook page, <https://www.facebook.com/skidawaycatallianceteam>.

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Porta Potty Dogs • Planning a backyard bash? Don't want construction crews using your bathroom? Call Porta Potty Dogs for all your portable toilet needs. Our units are guaranteed to be washed and serviced regularly. Give us a call for the best intown service in the #2 business! 912.244.9788 or visit <http://portapottydogs.com>

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THE SKINNIE VOL. 20 ISSUE 15 - 29

WILD THINGS

GRAB YOUR CAMERA!

You live in a photographer's paradise. Keep those local nature snapshots coming our way. The bigger the photo, the better, so we can really show you off.



These Carolina wrens built a nest in the wreath on Peter Schreck's front door, adding an artistic touch.

Wild Things is a regular feature in *The Skinnie*, featuring your photographs of our beloved island. Email your high-resolution photos to production@theskinnie.com. Please include your name and a little info about where the photo was taken.

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Au.D., CCC-A



Dr. Cori Palmer,
Au.D., CCC-A



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SAVANNAH SKIDAWAY ISLAND POOLER



LIFESAVING CARE IS A BEAUTIFUL THING.



Minnie Wingster - Savannah, GA

One morning Minnie woke up with a pain in her chest. Not only was she having an active heart attack, an electrocardiogram (EKG) found severe blockages in multiple vessels. She was in a state of advanced heart failure and cardiogenic shock, causing organ failure.

Dr. Abisogun, a cardiologist practicing at The Heart Hospital at St. Joseph's Hospital, used the minimally-invasive Impella CP® to artificially pump her blood while he inserted stents and performed multiple artery-clearing procedures. Thanks to the availability of lifesaving technology and the expertise of Dr. Abisogun and the entire Heart Hospital team, Minnie is now back to planting flowers and enjoying life.

"I knew I would receive the absolute best care from the St. Joseph's/Candler heart team. I'm grateful to be here for my children, my grandchildren and myself." – Minnie Wingster



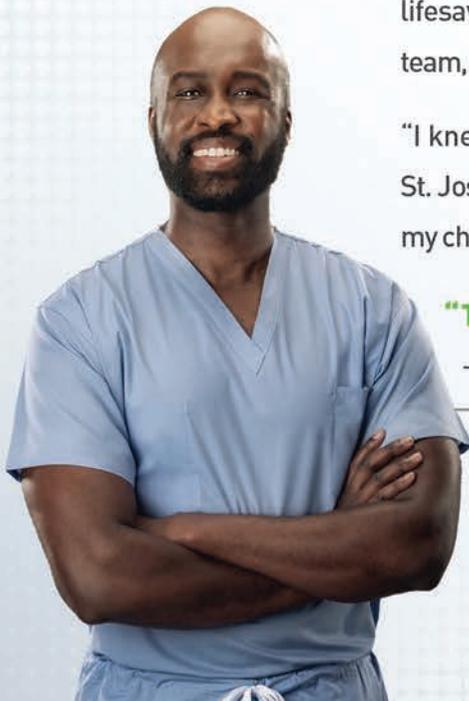
healthy artery



clogged artery

"THAT'S WHY I CHOOSE ST. JOSEPH'S/CANDLER"

– Akinniran Abisogun, M.D. – Cardiologist



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