



The Skinnie

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UP
front

I got married. Which, for almost 20 years, was not an opening sentence to this column that I expected I would write. But I'm very glad I did – both have the occasion to and actually – write it.

I'm not a kid. Coming to this place at this point in my life is both unexpected and amazing, in the best ways. It feels good and right. The path here has not been linear; rather, it resembles a Pollock print. But once we agreed on our destiny, we sprinted together to the finish line...which is more like a start line, in newlywed eyes.

The wedding was New Year's Eve eve. The "kids" were home for the holidays – our logistical prompt. The promise of renewal rinses everyone's spirits as the waning year finishes its run. I was eerily calm. I did the Saturday Times crossword. I made my version of white bean soup. I showered and dressed in 30 minutes, one of the benefits for being a groom rather than a bride.

Our friend and photographer, Claire Barrett, took pictures in the mid-afternoon light. My favorite reveals my girls in the background as we walked from one location to another, both smiling brightly, chatting about something other than what we were doing at that moment, oblivious to the camera, accompanied by fine young gentlemen, conspicuously content.

It's an amazing thing: Family. Your concept of it evolves. Life mandates flexibility. People join it. People are born into it. People are taken from it. Its importance intensifies as your remaining time with it shortens with each passing day. You don't have a say as to the one in which you are initially placed, but you choose what you learn from it, how you honor it, and how you add to it over the years. The choice I have made is a great one. It's the right one. It's the one that I want to carry me to the end.

I met my wife after seeing her three days in a row in three very different parts of town. On the third day, I surrendered to fate, or my interpretation of it, and I penned a hand-written note and wedged it between the wiper and windshield of her car. Miraculously, she responded. It's not as simple as this next sentence implies, but: Here we are.

She works with me on this magazine now. And everything else I do, in some way or another. It feels like

a true team of two, for which I am more grateful than I can convey with words.

It's a new year. A new beginning. I hope yours is magical. Make it so.

Scott A. Lauretti



To contact us with your ideas, responses, letters and more, email us at mail@theskinnie.com



SAVANNAH PHILHARMONIC

2024 is here! Excitement and possibility are in the air, as is the sound of music.

At the Savannah Philharmonic, we optimistically welcome this new year. And, as we move forward toward our next season, it brings us great joy and pride to reflect on the events of the past year, and to fully appreciate the musical milestones we have all shared together with our incredible Savannah community.

Looking back, we are pleased to share that our annual Phil the Park event in Forsyth drew an astounding 25,000 attendees this year with the theme of "Around the World" – dedicated to celebrating the global rhythms of Savannah and the vibrant culture that makes this region so special.

Our Phil the Neighborhoods series connected us with new friends and neighbors across the communities of Gordonston, Burnside Island, and Thunderbolt. We look forward to visiting Tanger Outlets, Chippewa Square, and Victory Heights in April.

In addition to our successful events, we are pleased to share that we added two members to our orchestra family— Principal Cello, Daniel Mumm, and Principal Bass, Olivia Salas, both exceptionally talented musicians who have already added another layer of dedication and depth to our fold.

Further, we expanded our all-volunteer Chorus to over 80 talented members, and auditions will be taking place throughout the season if you are interested in joining. Please note, the Chorus will be singing Lord Nelson Mass and Verdi's Requiem this spring and we hope you can attend.

Our free music education programs continue to thrive through our SavPhil Strings program, with nearly 50

students studying violin throughout Chatham County. Very soon we will welcome 5,000 students from schools across the region to our 5th Grade Concert at the Johnny Mercer Theatre, which is designed especially for them to learn about the elements of an orchestra and how they play together.

Recent highlights from the season include welcoming renowned violinist/conductor Julian Rachlin for a sold-out concert, featuring Piazzolla's The Four Seasons of Buenos Aires and Beethoven's Symphony No. 7. And, we presented two performances of our Holiday Stories of Savannah concert, featuring the Eric Jones Trio and other guest artists at the Lucas Theatre for the Arts.

We are elated to soon present our sold-out Beatles Classical Mystery Tour concert, followed by the romantic classic Romeo and Juliet, and then later closing our 15th-anniversary season in celebration with Gershwin's beloved Rhapsody in Blue at 100!

We look forward to announcing our exciting 24/25 Season in February and we are pleased to share the lineup truly reflects our mission of offering something for everyone to enjoy.

With heartfelt appreciation, we thank you all for helping us to reach new heights in artistic expression and community engagement. We look forward to sharing many milestones with you in the years to come and we wish you and yours a fantastic New Year!

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To learn more, please visit: SavannahPhilharmonic.org



GROUP PROCESS

The park adjacent to the Landings Harbor with its fabulous views is a major asset of the community. Property owners use the park for both events and recreation. For events such as a graduation, concert, or wedding, residents bring tents, tables, chairs, golf carts, portalets, etc., to hold their event and when the event is over, they remove whatever they brought with them. This enables residents to use the park daily for recreation, exercise, dog walking, and simply relaxing in the park.

Over the last year, the Landings Association Board (TLA) has pursued a strategy to develop the park. TLA took this decision without a vote or communication to residents. The initial step was to restrict golf carts from accessing the grass. This unfortunate decision created a shortage of golf cart parking. Subsequently, TLA expanded the rotary, adding six automobile parking spots and a new access road, resulting in roughly 20 cart parking spots, far fewer than were available previously. Further, the rotary installation destroyed approximately 10 palm trees, a landscaped berm, and thousands of square feet of grass. Most recently, TLA installed a concrete path, eliminating another 1,500-odd square feet of grass.

In November, residents learned that TLA formed a working group with the goal of installing permanent pavilion structure(s) in the park. Upon learning of these plans, approximately 40 property owners presented a petition to the TLA requesting:

1. Active participation in the marina development working group; sharing of meeting minutes.
2. Maintaining the existing "green space" trees.
3. Safety, security, parking, noise, and management plans for the space.

In brief we were told, in essence: Thanks for your input, however we are proceeding using our current working group, which includes organization leaders from Landlovers, New Neighbors, and Kiwanis. Further, we will let the community know when we have completed our process and decided what option is best for the park development. The major concern is these leaders represent the organizations' interests, not the actual property owners' interests.

While we are thankful for the folks that volunteer their talents and time to serve on boards, such as TLA, at times the fact we elected them to represent all the property owners is lost through their vision of what we should want. In short, the model becomes – we work for them. Unfortunately, the Landings' one remaining park is at risk of elimination from TLA's process.

Dr. Joseph LeBlanc

WORLDWIDE RECOGNITION

I read with interest the story about Eddie Rickenbacker in a recent issue of The Skinnie. My wife and I toured the Knights of the Sky Museum in Marlborough, New Zealand, which features an amazing collection of memorabilia and artifacts related to aerial combat during World War I. The exhibits included an entire hall devoted to Capt. Rickenbacker, including his "Teddy Bear suit," letters from the president, commendations, etc. I recommend that anyone visiting that part of the world take time to visit this fascinating venue.

Ed Harvey



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in this issue

8 JOHN ADAM TREUTLEN
The Enigmas of Georgia's First Governor

13 HE SERVED
Alexander Hamilton, Part 1

18 NATURAL WONDERS
Skidaway Audubon: To Protect and Preserve

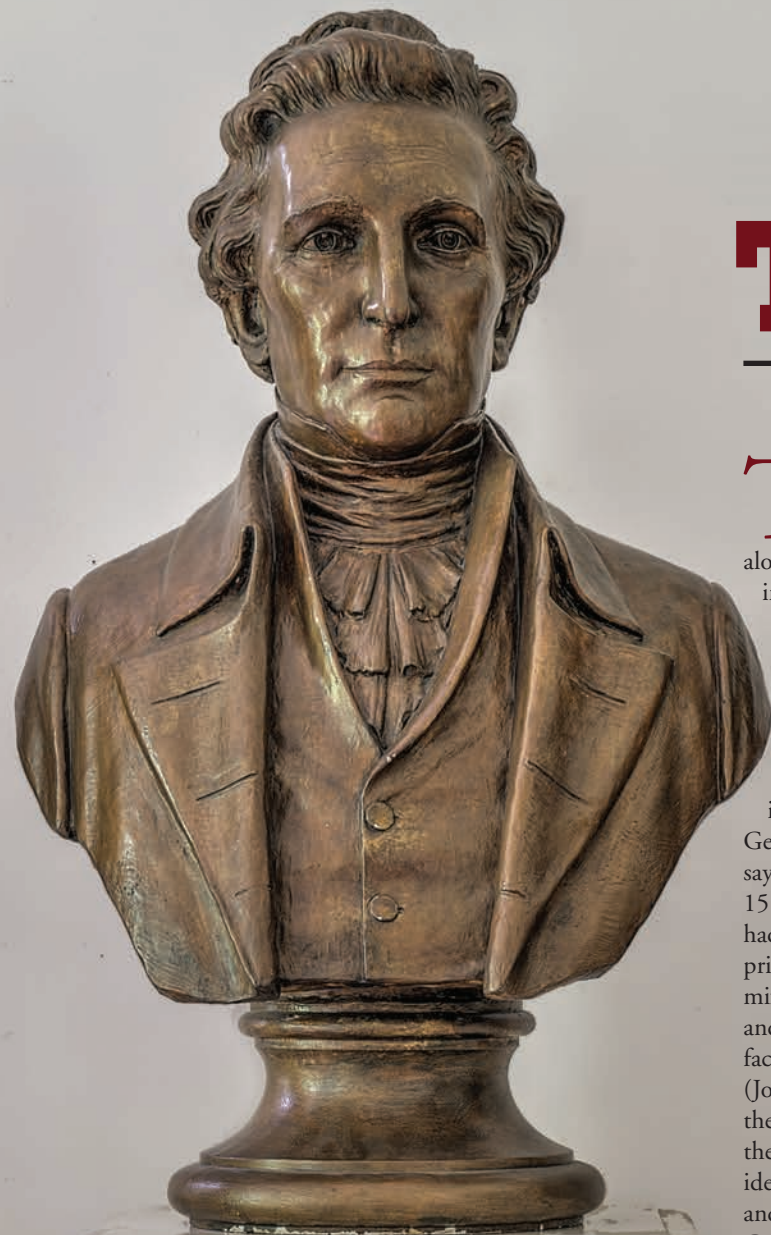
22 WE'RE GIVING IT AWAY!
The Skinnie Football Pool Finals

features

04	Up Front	24	Island Hopping
06	Letters to the Editor	26	Crossword
16	St. Joseph's/Candler	27	Classifieds

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Table of Contents photo by Maria Fernandez



JOHN ADAM TREUTLEN
1726-1782
 Salzburg Patriot
 First Governor of Georgia
 under State Constitution
 Representative
 of St. Matthew's Parish
 in the Provincial Congress
 Member of
 the Council of Safety
 Member of the First State
 Constitutional Convention
 "HE BATTLED BRAVELY FOR THE
 INTEGRITY OF HIS STATE."

The Enigmas of JOHN ADAM TREUTLEN

By Roger Smith

Telling the story of American patriot John Adam Treutlen requires separating unknown or contested biographical elements from facts on which most historians agree. The undisputed episodes alone from Treutlen's short, dramatic life yield a breathless story of an immigrant's rags-to-riches success, a Patriot's scuffles with vying factions within the American Revolution, a governor of the new state of Georgia, an 18th Century constitution that endures, and a grisly murder. And the uncertainties? They're fascinating, too.

Perhaps the ambiguity of Treutlen's birth year is due to his obscure origins. Maybe 1726? Or 1734? No one knows for sure. What is known is that Treutlen was born in Kurbach, a village in southern Germany. However, as there was not yet a unified Germany, it's better to say that he was born to German-speaking parents in a region that, from 1517 onward, disagreed over whether Catholics or Lutheran Protestants had the right idea regarding ecclesiastical pickles like the eucharist, the priesthood, and indulgences. It's possible that Treutlen was born into a mixed marriage – Catholic and Protestant – meaning that both parents and children were persecuted, perhaps by both sides of the conflict. The fact that the couple had produced two children prior to their marriage (John Adam was child number three) likely endeared them to neither their Catholic nor Protestant neighbors. But their German origins and the ultimate triumph of their Protestant religious sensibilities made them ideal candidates for resettlement: in British North America in general, and in George II's new colony of Georgia in particular. King George, a German-speaking Protestant, envisioned a refuge for beleaguered Lutherans from central Europe, among other down-and-out but hardworking souls. James Oglethorpe and the other Georgia Trustees echoed these aspirations. Salzburger Lutherans, for example, gravitated to Georgia in the 1730s. And in 1745, so did the Treutlen family, by way of Gosport on England's south shore. Their poverty meant that they joined the Georgia colony as indentured servants.

More guesswork: Young John Adam lost his father either while awaiting departure from England or aboard the ship *Judith* as it crossed the Atlantic. His newly widowed mother, Clara Treutlen, forged onward. Stories hold that the *Judith's* ill-fated crossing saw the deaths of the captain, first mate, and other crewmembers; but the enterprising adolescent John Adam learned navigation on the job out of necessity as the ship hobbled to the New World. On board were German-speaking Salzburger en route to the Ebenezer settlement led by Reverend Johann Martin Boltzius.

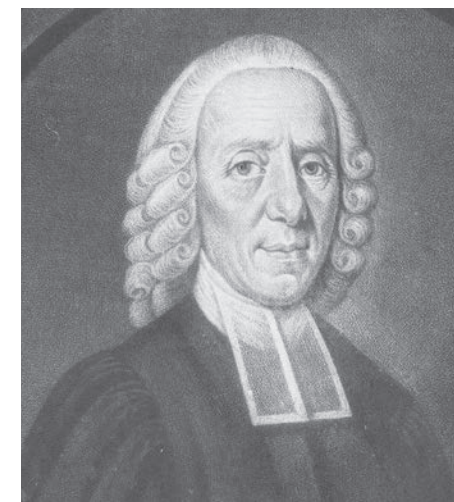
Several points to make about 1740s Georgia: First, it was more than

LEFT: Bust of John Adam Treutlen at the Washington Historical Museum, Washington, Georgia. (Image courtesy of Wikimedia Commons)

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just Savannah. Satellite settlements such as Ebenezer, where Pietist Lutherans found peace away from rowdy Savannahians, and Vernonburg, where the Treutlen immigrants were indentured, offered alternatives to the rigid town plan and social strictures of Savannah. Another circumstance: Small, struggling, and poor as it was, Savannah and the nascent Georgia colony were international, polyglot places where many languages other than English mingled in its port and on its streets. At times in the city's first century, native English speakers were a minority.

An agricultural worker alongside his mother and siblings at Vernonburg, John Adam Treutlen soon revealed his innate intelligence. He found his way to Ebenezer, where he became more of a student than a farm laborer. A protégé of Boltzius, he set a trajectory that provided first an education, then prosperity, and finally political prestige at a pivotal moment in Anglo-American history. Treutlen's smarts meant that he was selected in 1766 as justice of the peace for the Ebenezer settlement. His appointment in St. Matthews Parish (later Effingham County) led to a lucrative sinecure as commissioner and surveyor of roads. He began to accrue a handsome property portfolio, the crowning jewel of which was a 400-acre



Johann Martin Boltzius (December 15, 1703 – November 19, 1765) is remembered for his association with the Salzburger emigrants, a group of German-speaking Protestant refugees who migrated to the British colony of Georgia in 1734 to escape religious persecution.

land grant from George III, greatly exceeding such grants made to Georgia's poor settlers at the dawn of the colony.

In the 1770s, as revolutionary steam built in New England, Treutlen was elected to represent Ebenezer in the Georgia Common House of Assembly. This brought him to Savannah where he worked with (and eventually against) the colony's longest serving and most popular royal governor, Sir James Wright. Affectionate toward the Georgians he governed (the feeling was mutual), Wright was, in the end, a King's man who, when confronted with brewing revolution in the colonies, sided with George III. As revolutionary fever trickled down the eastern seaboard, Georgia was reluctant to join. Yet patriotism eventually won out, with Treutlen at the vanguard.

The Patriots were anything but a monolithic body. Some thought the Revolution was going too far, while others thought not far enough. Treutlen – burgeoning champion of independence – took a progressive approach, making camp with liberals at the Georgia Provincial Congress in 1775 and caucusing with the likes of Button Gwinnett and George Wells. Conservatives called Treutlen's ilk "radicals;" radicals called the

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First of all, you'd need to check your cash flow. If you had already built an emergency fund containing several months' worth of living expenses, you might need to tap into it. And you may need to start withdrawing funds from your IRA and 401(k), though these withdrawals may be taxable.

Also, consider health insurance. You might be able to continue your employer's coverage through the COBRA laws, though this can be expensive. As an alternative, you can check out a Marketplace plan at [healthcare.gov](https://www.healthcare.gov). Once you're 65, you're eligible for Medicare.

Finally, review your Social Security plans. You can collect when you're 62, but your checks will be much bigger if you can wait until your full retirement age, which is likely between 66 and 67, depending on when you were born.

Forced early retirement can be challenging. But by exploring the financial and health insurance options available, you might find ways to help minimize the disruption to your life.



Ellery Duck
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This marker, originally erected in 1962, stands at the intersection of Cloy-Stillwell Road and Sisters Ferry Road in Cloy

conservatives "Tories." Neither side liked or trusted the other. Even while American soldiers were battling Redcoats, Patriots were sometimes killing each other. The conservative Joseph Habersham killed Nathaniel Hughes; James Jackson killed Treutlen's partner, George Wells; and Button Gwinnett, the third in Treutlen's radical circle, famously died in a duel with Lachlan McIntosh.

Violence notwithstanding, Treutlen managed to hammer out a constitution for Georgia in 1777 – one of the most progressive of the 13 colonies-cum-states. Among other innovations, the document recognized nearly universal suffrage (for white males, of course, but stunning for its time). It featured one-year terms for elected officials (thwarting long-serving and perhaps self-serving politicians). And – decades before other states such as Massachusetts would do so – the Georgia constitution disestablished and precluded any state-supported church. Treutlen's popularity made him an obvious choice as Georgia's first governor under the new constitution. He was elected, even as the Revolution dragged on into the late 1770s.

Jumping forward to 1782 and back into sketchy speculation: Treutlen and his large family found a home near Orangeburg, South Carolina. Had he fled Georgia because of the British military presence? Did he abandon his 400 acres, hoping to return once the war was over? Sources disagree. However, historians concur on one important point: Treutlen was killed – agonizingly murdered – by a mob. One winter night in 1782, his home was set afire, forcing Treutlen and his family outdoors, where the mob set upon him. According to a letter written soon after the event, he was "cut into pieces." Who did this? English soldiers? Tories? Or simply fellow Patriots unhappy with Treutlen's liberalism? The question remains unanswered.

Treutlen's legacy is in a county in middle Georgia, established in 1917, and a smattering of historical markers and plaques, all subtle reminders of the meaningful life of an American Patriot.

Roger Smith is a Savannah native and former director of education at the Georgia Historical Society. Today, he administers The Learning Center, a lifelong learning program of Senior Citizens, Inc. TLC's offerings frequently include Savannah and Georgia history. For more information, visit www.seniorcitizensinc.org/the-learning-center or call 912.236.0363.



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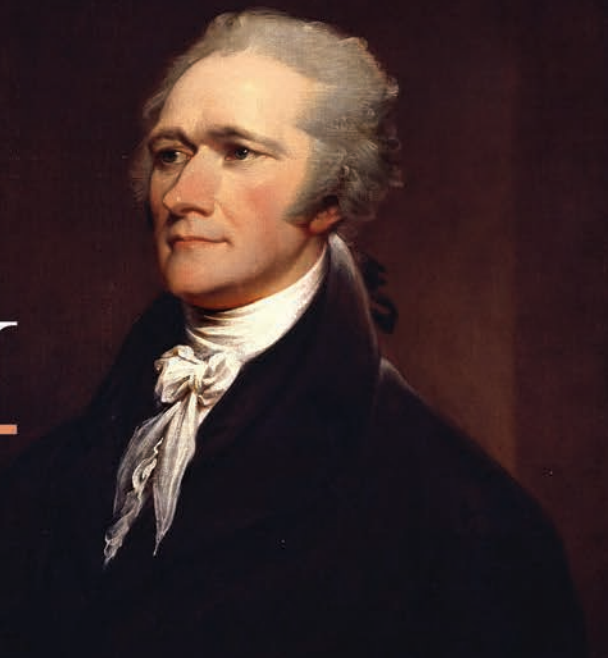
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ALEXANDER HAMILTON

HE SERVED BY RON LAURETTI



Alexander Hamilton was one of eight members of George Washington's first cabinet. The others were John Adams, Thomas Jefferson, Henry Knox, Edmund Randolph, Benjamin Franklin, James Madison, and John Hancock. They were indeed a hearty and nifty bunch, challenging King George of England, commander of the world's largest and most feared navy and army. Hamilton stands out against the others because he was born into a socially "unrecognized" family (his mother had been divorced) in Nevis in the West Indies and brought up with no formal gentlemanly background.

Hamilton received very little formal education on the island of Nevis, but he read every book he could get his hands on. In February of 1768, Hamilton's mother, Rachel, died of fever. Alexander fell ill, too, but soon recovered. Once healthy, he began work with and import/export firm on the island, where he learned to manage most aspects of the business. His fluency in French gave him a decided advantage in trading circles.

His intellectual curiosity was wide-ranging. He published a detailed semi-scientific report on a powerful hurricane that had struck St. Croix, and the work drew attention. He booked passage on a ship headed for New York City and, through persistence and by demonstrating an earnest eagerness to learn, Hamilton earned a place at Kings College, now Columbia University. During his studies, an anti-British movement was growing, and he joined local militias that formed against the British occupation.

On April 18, 1775, a volunteer militia of colonists successfully defied British authority at Lexington and Concord, Massachusetts, igniting the American Revolution. A month later, the Second Continental Congress began raising an army. Hamilton volunteered for active duty.

During the Battle of Manhattan, Hamilton took command of artillery and organized the evacuation of two dozen cannons that otherwise would have been captured by the enemy. Recognizing Hamilton's leadership skills, Gen. George Washington appointed him a captain of artillery, responsible for mustering his own company. Though a stickler for military discipline, Hamilton was popular with his men. Within a few weeks, Hamilton was offered the position of aide-de-camp to Nathaniel Greene and Henry Knox, but declined because he preferred combat to support work. However, when Washington made the same offer, Hamilton decided that working with the general would be wise and fruitful.

Hamilton and Washington had much in common. Both lost parents at an early age, compelling them to take on adult responsibilities. Both recognized the value of higher education. Both believed in meritocracy – they valued ability over any secondary factor. Both men were natural leaders. This led to a strong friendship, with Hamilton as much an advisor to Washington as he was an aide. During the four years Hamilton worked directly with the general, the aide continually applied for a battlefield command but was always turned down as his "boss" did not

want to lose his counsel. Finally, threatening to resign his commission if denied again, in July 1781 Hamilton was assigned to lead a light-infantry battalion from New York. He eagerly directed his men south into Virginia, which was thickly occupied British territory.

Arguably, the pivotal battle of the American Revolution was fought at Yorktown, Virginia, along the James River. It was a battle of redoubts – defensive positions dug into the side of a large hill to attack opposite enemy fortifications. Under a hail of musket and cannon fire, Hamilton's battalion was victorious in 10 minutes. With the support of nearby French fleet and infantry forces, the capture of Yorktown followed shortly after. The British defeat virtually assured victory for the Yanks, but the stubborn English held on for another two years.

Hamilton's role in the Battle of Yorktown earned him the wide respect he sought. He returned home to Albany, New York, to rest and regain his health and greet the birth of his first son, Philip. His next order of business was to complete his law degree and go into practice, which he accomplished in six months by tutoring himself with textbooks rather than the customary, slower three-year practice of clerking for an established attorney. In 1782, he was admitted to the bar in New York (the same year as his future nemesis, Aaron Burr).

Concurrently, Hamilton mourned the death of his dear friend John Laurens, who was killed in South Carolina by foraging British soldiers. The loss marked a noticeable

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TheSkinnie VOL. 22 ISSUE 01 – 13



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change in Hamilton, from a romantic and youthful idealist to a hardened political realist.

Following the defeat of the British, the 13 separate colonies had to be united as a nation, another difficult task, given the significant differences between the slave-owning Southern states and their Northern allies. The work took all of Hamilton's diplomatic skills. His seminal work as author of the Federalist Papers served to coalesce the colonies around a national identity.

As a New York delegate to Congress, Hamilton took a public stance advocating for a strong central government with ideological ties to the political, economic, and legal systems of Britain. Though an unpopular view, he believed it too important to abandon, having witnessed the consequences of governmental weakness during the Revolution. During the war, the confederation had no genuine authority to collect necessary taxes, and Hamilton believed too many American soldiers had frozen or starved to death because of inadequate tax revenue. He believed a strong central government would prevent a repeat of such hardships.



Alexander Hamilton (right), with his patron and friend, Gen. George Washington (left)

With the union fully formed and the Constitution ratified, Hamilton believed stridently that the only choice to lead the U.S. in its infancy was his wartime commander and confidant Washington. Though nothing was automatic during the formative days of the new nation, Washington's election was one of the easier choices.

The new president created three national departments: State, War, and Treasury. Robert Morris, who handled the army's finances during the war, turned down the nomination for Secretary of the Treasury. He suggested Hamilton as a very capable substitute. Fortunately for the

new nation, Washington took the advice and named Hamilton the first Secretary of Treasury.

If this were the musical, "Hamilton," we might have reached the end of Act I. Because of space considerations, this profile will continue in the next issue...



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Why did you become a doctor?

I was in a car accident in 1996 and needed trauma surgery. I was 17 at the time. I had a ruptured spleen, liver injuries, and a collapsed lung. I thought the surgery was pretty cool because it saved my life. It was a moment of enlightenment for me. My plan was to do trauma surgery, but while in residency for general surgery, vascular surgery appealed to me more than trauma. It was my “Aha!” moment.

What flipped the switch from trauma to vascular surgery for you?

I was in residency. The types of surgeries you do in vascular and how the disease process works and the physiology of it made sense to me. For lack of a better phrase: It's plumbing and plumbing just makes sense to me. It's also a high-risk and a high-reward specialty, and I gravitated toward that. For

me, it's fun. Not everyone would agree, and it's not fun every day, but the big thing is you can make an immediate difference in someone's life. We can do a bypass for somebody who has chronic pain in their foot because they have poor blood flow to their foot for a long time and the next day, they feel better. It's high risk, too, because we operate on the blood vessels that other surgeons avoid.

How would you describe this specialty and vascular surgery?

It's treating arteries and veins outside of the brain and heart. Outside of those two organs, we pretty much cover everything. That's the other fun part of it. It's not just surgery in one part of the body. For us, we'll do extremity surgery, neck surgery, or abdominal surgery. It's also surgery where other surgeons might say, “Don't touch the artery.” We're like, “We're going to clamp it and open it and

Bring In the New Year by Breaking the Habit



St. Joseph's/Candler's Comprehensive Tobacco Cessation Program offers one-on-one sessions to help you stop smoking.

St. Joseph's/Candler's Comprehensive Tobacco Cessation Program is for any tobacco user, including those who smoke and those who use smokeless tobacco. The program can help those who use e-cigarettes and vape pens, too. A component of St. Joseph's/Candler Center for Medication Management, the program is staffed by a certified team offering the support and resources needed to help people quit for good.

- The program includes:
- Nicotine-dependence assessment
 - One-on-one comprehensive patient education
 - Customized treatment plans to assist in smoking cessation

- Pharmacologic treatment management for smoking cessation
- Follow-up counseling to monitor patient progress

The program, with a physician's referral, is covered by most insurance, including Blue Cross Blue Shield, Savannah Business Group, Medicare, and Tricare.

To participate or for questions about insurance or how to get a referral, can call 912.819.8407. A specialist will answer any questions, coordinate referrals, and call insurance companies. For additional information, go to sjchs.org/stopsmoking.

fix it.”

What are some common procedures you do?

We do things like artery and vein stenting and angioplasty to treat blockages; that's done from inside the artery. Sometimes we do open surgery through an incision and fix the blood flow directly by cleaning out plaque or do a bypass surgery around a blockage. The nice thing with vascular is we are your one-stop-shop for anything arterial or venous. Vascular surgeons also treat the problems that go along with poor blood flow, like wounds. Wounds may not heal because they can't get good blood flow, so we deal with the wound; we deal with the blood flow; and then we go back and make sure the wound is healing. Instead of having to call an orthopedic surgeon or wound care specialist for the wound on the foot and then a vascular surgeon for the blood flow, you can just call one person. It's nice in that respect, because we can take care of the whole situation and not just one segment of it.

How do you use technology as a vascular surgeon and how has that changed since you first started?

A lot of technology focus for us has been going toward endovascular treatment. One example is abdominal aortic aneurysm. The traditional way to treat that would be an

Family: Wife, daughter (10) and son (7)

Hobbies and interests: Hand-tool wood working, DIY projects, fishing, putting things on his Jeep his wife thinks are silly, going to the beach with the family.

open aneurysm surgery. You make a big incision in the belly, open the aorta, and sew in a fabric tube, which is going to be the new aorta. I'd say 90 percent of those have been replaced with stent grafts. Now, we puncture the groin artery with a needle, put in a large IV, then go up inside the aorta with wires and put in a stent that has fabric on the outside that mimics what we would do open without having to do the big open surgery. The recovery is a lot better. The long-term data is comparable. It's a good way to go, and it's only getting better.

Where do you see the future of this specialty going?

The future is endovascular, inside vessel treatments. I think there will be a point where no one even does open surgery. It's going to get to a point where you are going to have to go to specialty places to get open surgery because people just aren't going to do it. It's just a matter of time.

What is some advice you give to patients to take care of their vascular health?

For overall health, I recommend not smoking. With our arterial patients, almost all of them smoke or used to smoke. It can lead to cardiovascular disease, lung disease, cancer, peripheral artery disease, and aneurysms. Smoking causes inflammation. Plaque buildup in the arteries is an inflammatory process, and smoking greatly accelerates it, more so than diabetes or high cholesterol. If you are someone who doesn't have diabetes but smokes a lot, you are going to have more problems than someone with diabetes alone. Diet is a big health factor because you eat every day. What you choose to eat makes a big difference. I recommend people eat what I call “real food.” If it comes from a box, I don't recommend it because of additives. Stay in the produce section. Stay in the meat section. Stay on the outside of the grocery store as much as you can when buying food. When you go to restaurants, fast food, and places that prepare your food, there are additives. It's not to say restaurants are bad, but it's important to know what is going into your food. Keep your food as natural as you can; it is much easier to control what's going in your body. The simplest message I give to people: Do what Momma used to tell you and eat your vegetables.

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Investing in Your **Health, Wealth, and Future**

Don't miss this series on the importance of wellness...your most precious commodity!

Join us each month at the Palmetto Club at The Landings | 5pm-7pm

Dr. Susan Timna & Dr. Cori Palmer, Best Audiologists



January 18th

HEALTH: Is your brain aging faster than you are? **Dr. Richard Bodziner**, native of Savannah and retired Neurologist, will join us to discuss overall brain health. Research shows hearing healthcare is the most modifiable factor for decreasing earlier cognitive decline and dementia.

February 6th

WEALTH: Why do I need concierge medical providers? **Dr. Pam Gallop** of Georgia Center for Menopausal Medicine will be here to discuss the importance of the value of concierge healthcare and why it is becoming essential in today's healthcare environment. Discussing more efficient ways to maximize your healthcare by receiving the most optimized healthcare available.

March 14th

FUTURE: Feeling tired, stressed and not confident in your appearance? **Dr. Tim Minton**, of Savannah Facial Plastic Surgery will join Expert Hearing to discuss confidence for aging in place. Hear current ways to not only maintain your confidence in hearing your best, but looking your best-inside and out.

Getting treated for hearing loss can help reduce the risk of early dementia and cognitive decline.
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NATURAL WONDERS

Skidaway Audubon: To Protect and Preserve

By Amy Collings

Last year, Skidaway Audubon marked several notable achievements in its diverse efforts to conserve, protect, and enhance the Skidaway Island environment and promote stewardship and sustainability. But just as nature continues to evolve, so does Skidaway Audubon, with ambitious plans for 2024.

FOR THE BIRDS

Established by former resident Dave Scott, Skidaway Audubon's Dave Scott Bird Trail started along the fringes of the Landings' golf courses. After more than 30 years, it has grown into one of the largest networks of birdhouses in the Southeast. Dedicated volunteers have worked hard to give the songbird population a needed boost. In 2023, in collaboration with the Landings Association, birdhouses were added in non-golf common areas throughout the community. As a result, 1,442 baby birds fledged in 2023, up from 1,282 in 2022. Bird trail co-chairs Sarah Lucas and Brenda Ecken recently produced an 83-page, full-color book about Skidaway Audubon's bird trail. The hardback Songbird Village includes historical information, adorable photos of baby birds, interesting facts about the songbirds, and stories from many of Audubon's bird trail volunteers, as well as useful information about care and maintenance of birdhouses. Sales of the book benefit Skidaway Audubon's bird trail. To reserve your copy, please visit SkidawayAudubon.org, click Projects, then Bird Trail.

Lucas' and Ecken's plans for 2024 include an innovative effort to boost the dwindling populations of chimney swifts by providing a specially designed nesting space. Skidaway Audubon's new Chimney Cove Project is expected to be up and ready in time for the swift's summer nesting season. Geoff Jegier, a bird trail volunteer and retired homebuilder, has graciously taken charge of construction. Author and illustrator Phyllis Tildes has agreed to lend her considerable skills, creating beautiful artwork for the eight-foot-high tower. The initial phase of the project is funded with a grant from Landlovers and a donation from Pat Wolters of Orphaned Bird Care.



Chimney swifts traditionally nest in old growth trees, but as those trees have diminished, old industrial chimneys have become a good alternative. However, the demolition or capping of many chimneys has reduced their habitat even further. In response, conservation organizations have begun installing specially outfitted towers to help swifts, which are now listed as a vulnerable species. Swifts have special claws enabling them to cling to a tower's interior walls, where they build saucer-shaped nests with twigs and their sticky saliva. Swifts are desirable for their ability to consume mass quantities of mosquitoes and for their entertaining aerial displays. Georgia Audubon has successfully installed swift towers in and around Atlanta.

TURTLE TEAM

After incubating turtle eggs collected from bunkers along five holes on the Terrapin Point golf course, Skidaway Audubon's Diamondback Terrapin Rescue Project volunteers successfully released 4,489 hatchlings into the marshes during 2023. This surpasses the previous year's record of 3,786 hatchlings.

Data and DNA samples are shared with university researchers working to restore terrapin populations. Diamondback terrapins are a species of special concern, as their numbers were decimated many years ago when they were widely used for soups. More recent declines are attributed to habitat destruction, as well as entanglement in nets and crab pots.

The 2028 Terrapin Point golf course renovation project and its potential impact on the critically important nesting season is cause for preparation now. The overwhelming majority of Skidaway's mama terrapins lay their eggs in sand traps on five holes on the course. Audubon board members and golf course representatives are discussing the need to protect the nesting sites to ensure this nationally recognized conservation success story does not suffer a major setback.

WIDENING TERRITORIES

Skidaway Audubon's Tallow Terrors are a group of chainsaw-wielding volunteers dedicated to eliminating invasive Chinese tallow trees throughout the island. Over the last 15 years, the group has removed nearly 62,000 tallow trees at no charge to the property owners. They're expanding their "hunting grounds" beyond the Landings, to include the nature trail at the UGA Marine Science Center, where the team will conduct a "search-and-destroy" mission.

Introduced to the U.S. in the 1700s, the fast-growing invasive tree can wipe out an ecosystem by forcing out native vegetation and reducing habitat diversity. This, in turn, reduces habitat for migrating songbirds and other wildlife. The Nature Conservancy lists the Chinese tallow as one of the nation's 10 worst alien plant invaders. The Georgia Wildlife Federation calls it one of the greatest threats to habitat in South Georgia. The tallow can be recognized by its two- to three-inch heart-shaped leaves that turn red, yellow, and orange in the fall. Homeowners can pull up small tallow seedlings, but if a tallow tree is cut down a special herbicide must be applied to the stump to prevent re-growth.

FIELD OF DREAMS

Sparrow Field, off Bartram Road, has evolved from a berm of native plants to a full-fledged nature center with a water feature and



Family and friends of Scott Helmreich are pictured with Sparrow Field's new informational kiosk that was dedicated in his memory. The installation was made possible by donations from Helmreich's loved ones, Landlovers, and Skidaway Audubon.

gazebo. The flowering garden berm serves as an outdoor classroom for those seeking to hone their birdwatching or photography skills, and for citizen scientists helping to restore populations of bees, butterflies, and other pollinators. In 2023, a large platform bird feeder was added, followed by a tall kiosk for distributing educational information about birds, plants, and other natural aspects of Skidaway Island. The kiosk is erected in memory of Scott Helmreich, a Skidaway Audubon member who volunteered at Sparrow Field. He passed away last March following a skiing accident. Funded by Helmreich's friends and family, Landlovers, and Skidaway Audubon, the kiosk includes pamphlets about local conservation initiatives and features a bulletin board where nature lovers can share information regarding Sparrow Field bird sightings and other interesting findings. The kiosk is a testament to Helmreich's love of nature, sustainability, and education. Three new informational signs also have been erected.



Scott Helmreich

Skidaway Audubon President Dawn Cordo, who is also the hands-on director of all of Audubon's volunteer work at Sparrow Field, looks forward to the addition of a new feature at the evolving nature center. New Landings residents, a husband-and-wife team, have offered to install and maintain a honeybee hive, which will be a boon to the field's many flowering native plants.

WATERWISE PILOT

In conjunction with the Landings Strategic Water Committee, Skidaway Audubon has recently undertaken the WaterWise Pilot Project to promote the use of hyper-local weather stations and smart irrigation controllers within the Landings. The objective is to make a dramatic difference in the amount of water used for irrigation on the

island. As long-time residents know, it can be raining at one end of the island and not the other, or it can be raining downtown but on Skidaway the skies are blue. With smart controllers synced with on-island, hyper-local weather stations, sprinklers will likely never be on just before, during, or after rainstorms, conserving water and money. The smart devices also take into consideration lawn features such as slope and type of grass and can be controlled from anywhere in the world via one's smart phone.

To advance this water-saving strategy, Skidaway Audubon has purchased and placed local weather stations throughout the island. Residents are urged to purchase and install their own smart irrigation controllers. Rachio brand controllers are being made available at a significant discount from TLA as a component of this project.

Those with well water can also benefit from smart controllers, as wells can go dry during droughts and overuse can cause salt water to infiltrate and contaminate the water supply. Hilton Head Island, northern Tybee Island, and the Brunswick area have already begun to experience saltwater intrusion, where pumping out too much groundwater causes seawater to seep in.

"There are smart TVs, smart phones, and smart refrigerators, but smart irrigation controllers can conserve water, which is essential to the future of this island," says Cordo. "Homeowners in some cases are seeing a nearly 50 percent reduction in water use with smart controllers paired with local stations. Widespread use of these systems would be huge for Skidaway's sustainability. We're hoping every homeowner will take advantage of this new irrigation technology in 2024."

THANKS, MAL

Skidaway's initiatives lost a key player in 2023 with the departure of Audubon's Sustainability Project rep Mal Welch. Founding chair of Sustainable Skidaway, she spearheaded efforts leading to the Landings becoming the first Sustainable Community in Georgia, earning her Audubon's 2023 Environmental Stewardship Award. Before relocating, she was instrumental in securing recertification of the Sustainable Community designation along with TLA's sustainability committee.



Audubon President Dawn Cordo (right) recognized sustainability point person Mal Welch (left) for her contributions to Audubon and the community with the 2023 Environmental Stewardship Award during Audubon's volunteer appreciation event.

ADOPT A GARDEN

Audubon's crew of gardeners, affectionately called the Garden Gnomes, have installed several pollinator gardens in out-of-play areas along golf courses over the past few years, and this year added gardens in community areas. The goal is to increase habitat for monarch butterflies, whose numbers have been in dramatic decline, and for other pollinators. Audubon board members Beth Powers and Lynn Wrenn are implementing an "Adopt a Garden" program: Volunteers will tend to a garden of their choice at a time that is convenient to them. No experience is necessary, and Audubon covers the cost of all plants and materials.

ON TOUR

New for 2024: A golf cart tour that will showcase the Landings' natural and historic treasures. See and learn about the bluebird trail, pollinator gardens, the turtle rescue operation, the historic cemetery, and other unique points of interest on Skidaway Island. Watch for more details in the spring.

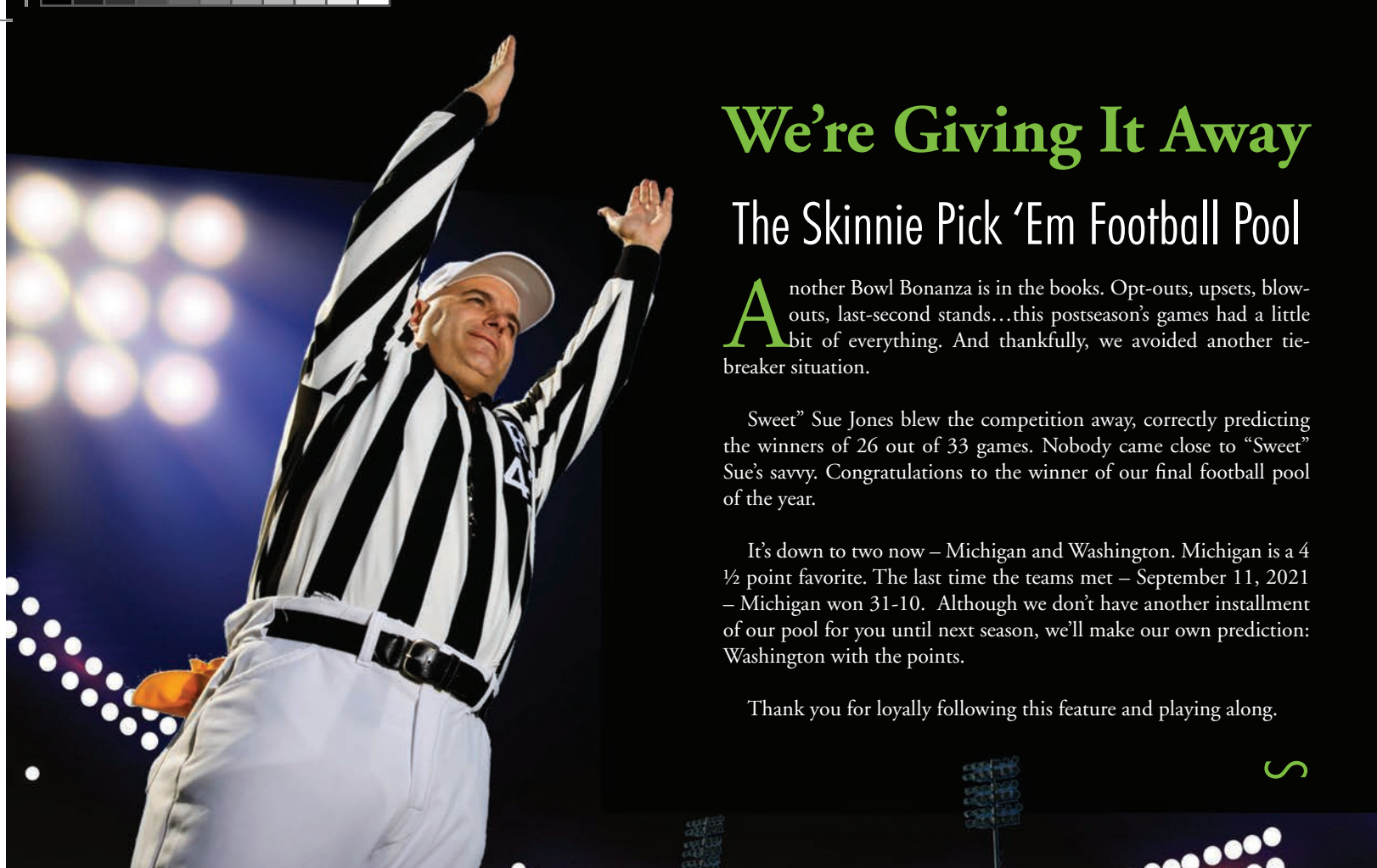
NEW YEAR, NEW THINGS

In response to resident inquiries, plans are in development to bring more bat houses to the island in 2024. Audubon volunteers have erected several bat houses to reduce mosquito populations and deter the little flyers from roosting in attics. Additionally, the popular bird cam will soon be back in action, hopefully with a nesting pair of raptors in residence in the spring. Audubon's Bottle Brigade – a litter patrol – may seek more volunteers to ensure every street is covered, while Audubon's speaker series features a wide range of experts in 2024.

Skidaway Audubon is an all-volunteer nonprofit organization. Residents interested in becoming involved with Audubon's sustainability, water conservation, terrapin rescue, tallow removal, bird trail, or any other project, can visit SkidawayAudubon.org and scroll down to Volunteer. To provide financial support, click on Donate Now.



SKIDAWAY AUDUBON



We're Giving It Away

The Skinny Pick 'Em Football Pool

Another Bowl Bonanza is in the books. Opt-outs, upsets, blow-outs, last-second stands...this postseason's games had a little bit of everything. And thankfully, we avoided another tie-breaker situation.

"Sweet" Sue Jones blew the competition away, correctly predicting the winners of 26 out of 33 games. Nobody came close to "Sweet" Sue's savvy. Congratulations to the winner of our final football pool of the year.

It's down to two now – Michigan and Washington. Michigan is a 4 1/2 point favorite. The last time the teams met – September 11, 2021 – Michigan won 31-10. Although we don't have another installment of our pool for you until next season, we'll make our own prediction: Washington with the points.

Thank you for loyally following this feature and playing along.



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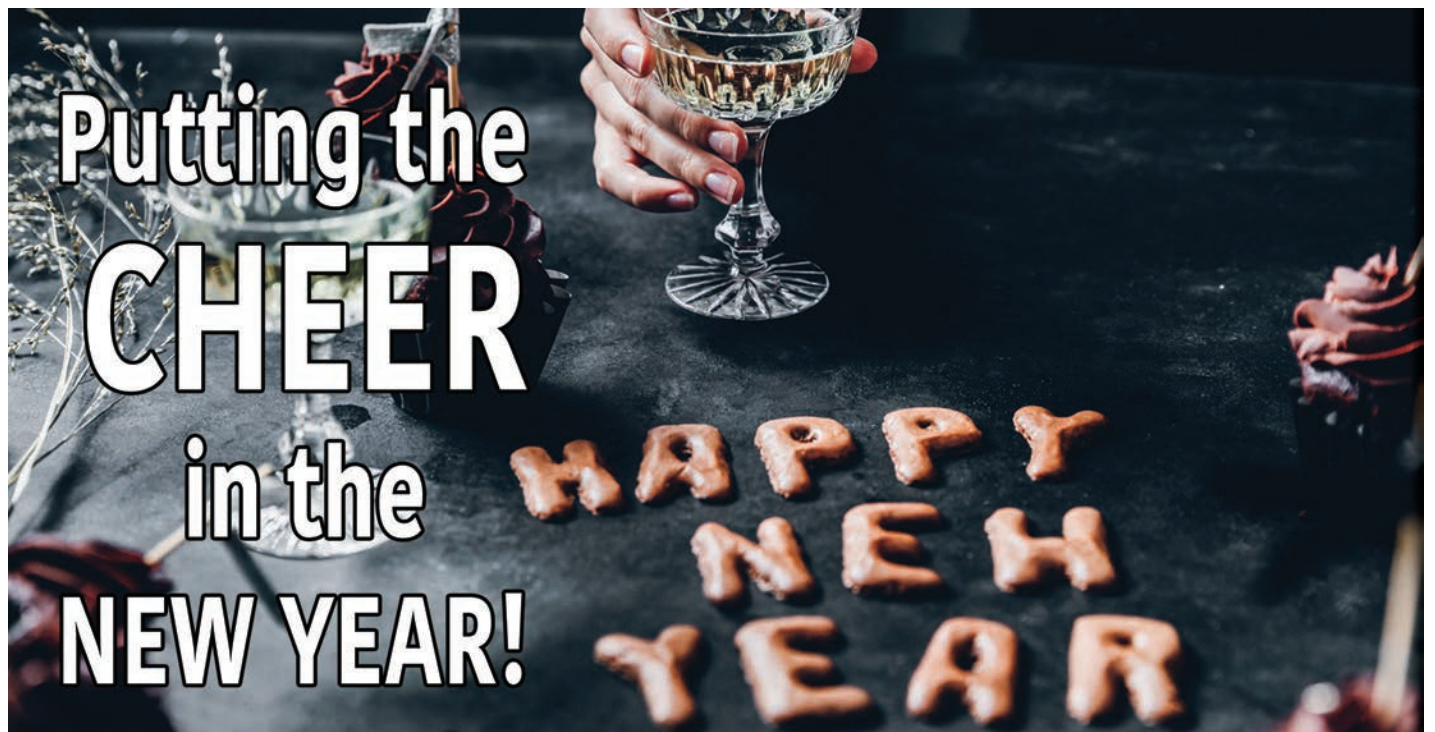
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CONSERVATIVELY SPEAKING

WHAT: Skidaway Island Republican Club
WHEN: Jan. 9, 5 p.m.
WHERE: Palmetto Club Ballroom
HOW MUCH: No charge; Member and cash bar available
WHAT ELSE: Guest speaker: Dr. Adam M. Carrington of Hillsdale College, presents "A Republic if We Can Keep It: Free Speech, Free Institutions, and the 2024 Election." Register at skidawayislandrepublicanclub.wildapricot.org.

DEAR ABBIES

WHAT: Skidaway Abigails January meeting
WHEN: Thursday, Jan. 11, 3:30 p.m.
WHERE: Messiah Lutheran Church, 1 West Ridge Rd.
CONTACT: To join the Skidaway Abigails or attend this meeting as a guest (no guest fee but must be accompanied by an Abigails member), please contact chair@skidawayabigails.org
WHAT ELSE: Join the Abigails as we welcome Chief Lenny B. Gunther of the Savannah Police Department, who will discuss the challenges and accomplishments of his first year as chief, as well as his plans for the department.

PLANNING SESSION

WHAT: Jewish Women of the Landings (JWOL) roundtable event (for paid members only)
WHEN: Wednesday, Jan. 31, 5 p.m.
WHERE: Thrive, 5 Lake St.
CONTACT: RSVP to Carla Blumenthal by Jan. 24; For more information regarding Jewish Women of the Landings, contact Carla at 845.216.1543 or crsblumenthal@gmail.com
WHAT ELSE: We will work in small groups, sharing feedback regarding the club and our vision for the future of JWOL.

island hopping

Please email content to mail@theskinnie.com.
Deadline is the Friday prior to publication.

HEAR GREAT SPEAKERS

WHAT: Kiwanis Club of Skidaway
WHEN: Thursday mornings at 8 a.m.
WHERE: Palmetto Club
HOW MUCH: Free to attend, including any refreshments, which includes coffee/tea (compliments of Morgan Stanley) and occasional pastries from Auspicious Bakery.
CONTACT: Michael Klavon, 912.306.0474 for gate pass
WHAT ELSE: Membership is open to Savannah/Chatham area residents. Visit www.kiwanisofskidaway.com for more information.

WHO NEW?

WHAT: New Neighbors
WHEN: Visit www.landingsnewneighbors.com to see our calendar
CONTACT: Visit our website or contact Jody at nnnewmember@gmail.com
WHAT ELSE: The club offers more than 250 different activities from biking, golf, pickleball, walking groups or fishing to Mahjong, Bridge, Needle-arts and Canasta. We have exciting military tours and special events for you to enjoy right here on Skidaway Island.

GOTTA LOVE IT

WHAT: Landlovers membership / open to all Skidaway Islanders
HOW MUCH: Each \$30 membership fee covers one household of one or two adults.
CONTACT: Laurie Redmond, landloversmembershipdirector@gmail.com
WHAT ELSE: The membership year runs from September 1 through August 31. Landlovers is a philanthropic and social organization dedicated to enriching the Landings community and Skidaway Island at large. Landlovers sponsors year-round social activities and fundraising events to support student scholarships and multiple non-profit service organizations.

THE RIGHT STUFF

WHAT: Ladies on the Right (LOTR) luncheon meeting
WHEN: Thursday, Jan. 18 (social, 12-1 p.m.; lunch/program 1-2:30)
WHERE: Landings Palmetto Club Ballroom
HOW MUCH: LOTR members – \$30; Non-members – \$35
CONTACT: Please register by January 15
WHAT ELSE: Speaker Xi Van Fleet, a Chinese-born U.S. citizen and national spokesperson on America's diminishing civil rights and freedoms, will speak about her book, *Mao's America: A Survivor's Warning*. LOTR is a greater-Savannah

Conservative leadership organization whose mission is to inform, educate, and inspire members to act on issues that impact our country, community, and lives. LOTR hosts luncheon meetings on the third Thursday of each month. To join LOTR: www.ladiesontheright.org

NATURE'S CALLING

WHAT: Coastal expert talk
WHEN: Jan. 18, 4 p.m.
WHERE: St. Peter's Episcopal Church, 3 West Ridge Rd.
HOW MUCH: Free for FOSA members, \$5 for guests, payable online or at the door
CONTACT: friendsofskidawayaudubon@gmail.com
WHAT ELSE: Attendees are asked to pre-register online at SkidawayAudubon.org. Guest speaker will be Stacia Hendricks, Little St. Simons lodge director and noted naturalist.

GAMES PEOPLE PLAY

WHAT: Annual Games Day & Buffet Lunch
WHEN: Jan. 19, 8:30 a.m. - 4:00 p.m.
WHERE: Palmetto Ballroom
HOW MUCH: \$60 per person for food and play.
WHAT ELSE: All Landlovers members who play bridge, canasta, mahjong, poker, scrabble, and dominoes are welcome. Couples bridge players are welcome, too. All Games Day proceeds from the wonderful raffle prize drawings will benefit the Landlovers Foundation which provides scholarships and grants to worthy individuals and local organizations. Registration is open until January 15 at www.landingslandlovers.com under Happenings/Fundraisers

DINNER AND A SHOW

WHAT: Trolley to the Arts, "Classical Mystery Tour"
WHEN: Saturday, Jan. 20
WHERE: The Lucas Theater
HOW MUCH: Tickets are on sale now on the LL website; first come, first served - \$50/person includes trolley and balcony theater seats (Please note there is no elevator)
CONTACT: Marilee Dalbey, 334-797-9952
WHAT ELSE: Ride with friends from Skidaway to the Lucas Theater to enjoy the Savannah Philharmonic's Beatles Classical Mystery Tour. Trolley departs at 5 p.m. and returns at approximately 10:30 p.m. Attendees will have time to enjoy dinner downtown on their own.

GATHERING GROCERIES

WHAT: Packing groceries for Second Harvest
WHEN: 9 - 11 a.m., Feb. 2, April 5, June 7

www.theskinnie.com

WHERE: Second Harvest, 2501 E President St.
CONTACT: Terry Lewis, terrylewis324@gmail.com.

MARKET FORCES

WHAT: The Market at 3 West Ridge, a shopping boutique and spring plant sale
WHEN: Feb. 6, 4:30-7:30 p.m. with complimentary wine and light hors d'oeuvres; Feb. 7, 10 a.m.-5 p.m.; and Feb. 8, 10 a.m.-4 p.m., with café lunch available.
WHERE: St. Peter's Episcopal Church, 3 West Ridge Rd., across from Publix
HOW MUCH: \$5 covers admission for all three days
CONTACT: Kathryn McLearn, 912.598.4520
WHAT ELSE: Join us as we celebrate our 25th year of fundraising for organizations that make life better for some of Savannah's most vulnerable children. Vendors will offer unique clothing and accessories, whimsical and elegant jewelry, luxurious household items, sure-to-please gifts, and a huge collection of vibrant spring plants.

SHALL WE DANCE?

WHAT: Ballroom dance instruction
WHEN: Feb. 12, 7-8:30 p.m.
WHERE: Skidaway United Methodist Church
HOW MUCH: \$15 per person for each session. Please sign up and pay through the Landlovers website by February 5.
CONTACT: Marilee Dalbey, 334.797.9952 or marileedalbey@gmail.com
WHAT ELSE: Just in time for Valentine's Day! Put on your dancing shoes and learn to waltz. A professional ballroom instructor from Savannah Ballroom will teach the basic steps and turns and can help with more advanced moves as well. Instruction is from 7-8 p.m., with free dance and line dancing following. Please wear comfortable clothing and hard-sole shoes. You must be a member of Landlovers to attend.

POSTAL PEOPLE

WHAT: Landings Stamp Club
WHEN: Friday, Friday Feb. 16, 10 a.m.
WHERE: Messiah Lutheran Church conference room
COST: Free
CONTACT: Carl Luecke, cluecke@comcast.net or 912.349.0340 for meeting details.
WHAT ELSE: Beginner, advanced, or anyone in between is welcome to join our monthly meeting. Learn about buying, selling, or preserving your collections, and discover different types of stamps from all over the world.

GET PACKING

WHAT: Landlovers Annual Flea Market
WHEN: Saturday, March 9
WHERE: Messiah Lutheran Church
HOW MUCH: Free

CONTACT: Janie Florenz at janie1040@gmail.com; To volunteer, contact Michele Simari at LLFMVolunteers@gmail.com
WHAT ELSE: We are gearing up for Landlovers' biggest fundraiser. We are currently collecting packing paper and moving boxes, especially medium, large, dish barrel, and wardrobe sizes. To schedule a pick-up, email Walter Brownell at wallywood3@gmail.com. Intake for all other donations will be March 2 - 4.

AUCTION ACTION

WHAT: Landlovers Auctionmania
WHEN: Tuesday, March 13, 5 - 7 p.m.
WHERE: Palmetto Club Ballroom
HOW MUCH: Free
CONTACT: Eileen Yost at eileenyrn@gmail.com
WHAT ELSE: Join us at Auctionmania where hundreds of unique and high-value items will be sold at Landlovers' silent auction. All proceeds benefit Landlovers Foundation and is open to all Landings residents. If you have unique, valuable items that you'd like to donate, you can bring them to the flea market intake, scheduled for March 2 - 4. If you have things you'd like to donate before March, please contact Tom Stephens at tom.stephens@comcast.net.

DINNER IS SERVED

WHAT: Private chef dinner party raffle
WHEN: Ongoing; Drawing - May 4
WHERE: Winner enjoys prepared dinner at your own residence
HOW MUCH: \$20 per ticket
CONTACT: Julie Storm - jlstormdallas@gmail.com 214.789.7918
WHAT ELSE: A chance to win a three-course meal for 8 people served in your home by a private chef who provides the meal and cleans up the kitchen. The winner will select the chef from Fire, Food and Knives, the cuisine, and the date. To purchase tickets, visit www.landingslandlovers.com, under Happenings/Fund Raisers.

FINANCIAL AID

WHAT: AARP Tax-Aide Program needs volunteers
WHEN: Training in Dec. and Jan.; Tax preparation starts Feb. 1 for 10 weeks; hours and days are flexible
WHERE: Chatham SW and Bull Street Libraries
CONTACT: Volunteer coordinator John Gerardi, 912.661.8705 or johngerardi@hotmail.com
WHAT ELSE: This program provides free tax preparation for low- to moderate-income families, as well as the elderly and people with disabilities. AARP Tax-Aide saves underserved individuals/families millions in preparation fees and helps taxpayers claim millions in refunds, which can be used to reduce poverty. Tax preparers will be trained to become IRS-certified. Volunteers are also needed to help with intake/front desk.

TAXATION REPRESENTATION

WHAT: Opportunities for volunteer income tax assistance with Neighborhood Improvement Association
WHEN: starting in January, flexible hours from 9 a.m. - 8 p.m.
WHERE: several sites in Savannah, Pembroke, Rincon, Richmond Hill and Hinesville
CONTACT: Tiffany Carter, tcarter@niacdc.org or 912.447.5577
WHAT ELSE: This program helps underserved communities by offering free tax preparation. No experience necessary. Volunteers include greeters/screeners and tax preparers

DUEL PURPOSE

WHAT: Skidaway Hamiltons meetings
WHEN: Every third Tuesday of the month, 3:30 p.m.
WHERE: Messiah Lutheran Church, Skidaway Island
HOW MUCH: Free for members of the Skidaway Hamiltons and Skidaway Abigails
CONTACT: HamiltonsMembers@gmail.com
WHAT ELSE: To learn more about Skidaway Hamiltons, a non-partisan civic-minded men's organization, visit skidawayhamiltons.org. See the calendar for past and future speakers.

SPEAK EASY

WHAT: Savannah Speech and Hearing Center's "Speak Easy"
WHEN: Every Friday morning, 10-11:30 a.m.
WHERE: Savannah Speech and Hearing Center - 5414 Skidaway Rd.
HOW MUCH: Free and open to the public
CONTACT: Jenna Harcher, 912.355.4601 or jharcher@speechandhearingsav.org
WHAT ELSE: A support group for survivors of stroke or traumatic brain injury and their family or caregivers. Participants work on improving and maintaining skills associated with speaking, listening, reading, and writing. Attendance via video conference is also available upon request.

CAUSEWAY CLEAN-UP

WHAT: Diamond Causeway litter pickup
WHEN: 10 a.m., 3rd Saturday of each month, starting Oct. 21
WHERE: Meet at Butterbean Landing parking lot
CONTACT: Courtney Fowler at 912.891.0850 or causewaycleanup@gmail.com, or Susan Ragland, sragland@fourseasonstvrl.com
WHAT ELSE: Please contact Courtney in the event of inclement weather. Bring work gloves, safety vest if you have one, or wear bright clothing, trash picker, water. Trash bags will be provided. Water is recommended to avoid dehydration.

Complete Island Hopping listings are available at www.theskinnie.com

www.theskinnie.com

TheSkinnie VOL. 22 ISSUE 01 - 25

ACROSS

- 1. "___ she blows!"
- 5. Petty malice
- 10. Heavy reading
- 14. TV skipper Alan
- 15. Island greeting
- 16. Locket shape
- 17. Castaway's home
- 18. Salad ingredient
- 20. Book keeper
- 22. Scottish cap
- 23. Hoops game for two
- 24. Honking flock
- 26. Anagram for "lane"
- 28. Kiddie transport
- 31. Up and about
- 34. Gravy dish
- 35. Aquatic shocker
- 36. Navy clerk
- 38. Beard on grain
- 39. Whole number
- 41. Bakery buy
- 42. Fairly new
- 44. Film director's cry
- 45. Kennedy matriarch
- 46. Renter's document
- 47. In shreds
- 49. Bad-mannered
- 51. Strike back, say
- 52. Pertaining to the Pope
- 55. Bonkers
- 57. Tartan cloth
- 60. Vaper's "e"
- 63. Part of ABM
- 64. Make an impression?
- 65. ___ of roses
- 66. Type of tea
- 67. Finger jab
- 68. Itsy-bitsy
- 69. Workplace note

DOWN

- 1. With-ring link
- 2. Breakfast dish
- 3. Loyalty
- 4. Vote for again
- 5. Woodshop tool

1	2	3	4		5	6	7	8	9		10	11	12	13	
14					15						16				
17					18						19				
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52	53	54				55	56				57			58	59
60						61				62		63			
64						65						66			
67						68						69			

- 6. Blood clotting aid
- 7. Itty-bitty bit
- 8. Kind of song or park
- 9. Place for a plug
- 10. Home of the Maple Leafs
- 11. Recovered from
- 12. The "n" in some physics equations
- 13. Ultimatum ender
- 19. Shot follower
- 21. Tina of "Date Night"
- 25. Like some candles
- 27. Newborn's outfit
- 28. Way up the slope
- 29. Spiked wheel on a spur
- 30. Campaign poster word
- 32. Wilde's "The _____ of Being Earnest"

- 33. Salary increase
- 37. Scholarship basis
- 39. Dig
- 40. Kind of angel
- 43. Aural ailment
- 45. Get back
- 48. Water source
- 50. Put on a show
- 52. Baby bird sound
- 53. Choir member
- 54. Quick kiss
- 56. Poker payment
- 58. Big-ticket ___
- 59. Mythical queen of Carthage
- 61. Backstabber
- 62. Bawl

Puzzle answers, page 33



\$20 each, with a maximum of 50 words • \$5 for each additional 10 words • Contact Teri Grayson at 598.9715 or email classifieds@theskinnie.com

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Who: Single and retired or working remotely with a flexible schedule?

What: We need a live-in companion & driver during business hours.

Where: The Landings

What Else: Clean driving record; insured and background check. Room & Board, Landings residence, small weekly stipend.

Contact: Call to discuss 912.210.8046

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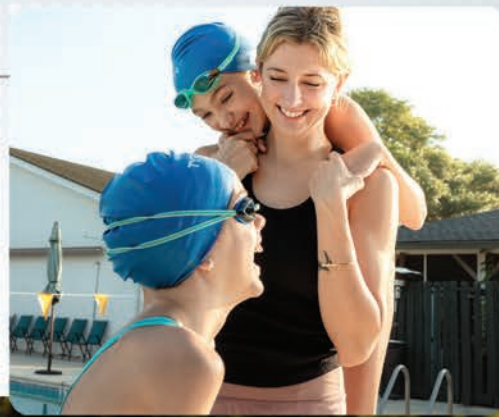


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The Hines Family - Savannah, GA

The daughter of an Olympic swimmer, Angela swam competitively until a scoliosis surgery ended her career. Her two daughters both followed in the family's footsteps, and when 11 year-old Nola developed signs that Angela feared might signal the onset of scoliosis, she brought her to St. Joseph's/Candler.



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Dr. Steven Greer, a musculoskeletal physician specializing in sports medicine, diagnosed Nola with a 2cm leg-length discrepancy. He understood how much competitive swimming meant to the family. Because his approach involves identifying non-invasive therapies to delay or prevent surgery whenever possible, his solution was relatively simple—Orthotics would give her the support she needed. Today Nola continues to pursue the sport she loves, as Dr. Greer continues to treat the entire family.

"My goal is to help patients get where they want to be in life with as minimal intervention as possible, whenever possible." – Dr. Greer

"THAT'S WHY I CHOOSE ST. JOSEPH'S/CANDLER"

– Steven Greer, M.D. – Musculoskeletal Specialist



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