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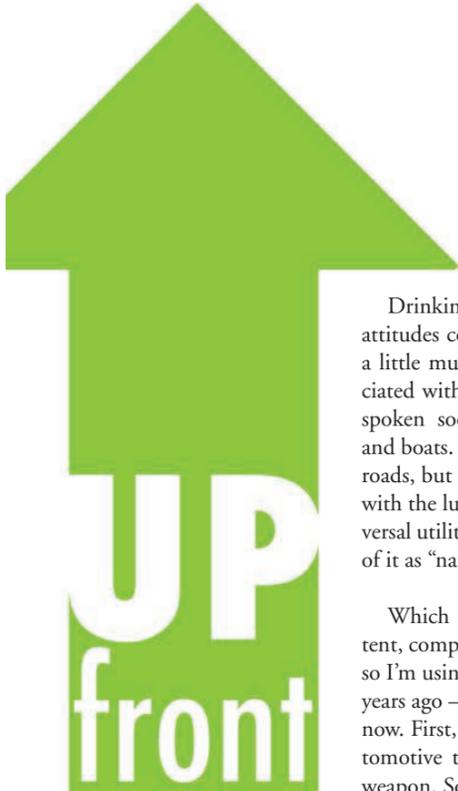
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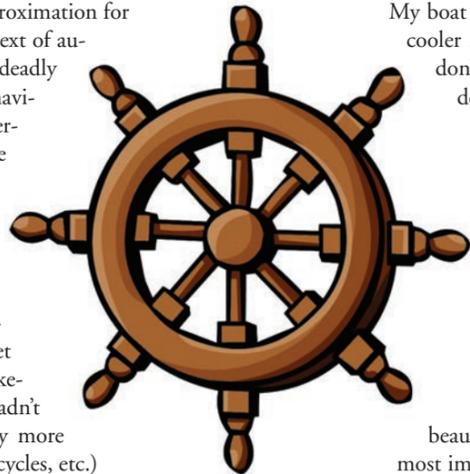


Drinking and driving a car. Even those who do it aren't likely to openly advocate for it. It's an act of depraved indifference, and it carries a commensurate stigma, as it should.

Drinking and boating – when it comes to pervasive attitudes concerning this just-as-illegal act, the water is a little murkier than the asphalt-black-and-white associated with drunk-driving. Oddly, there's a hint of unspoken social acceptance linking alcoholic beverages and boats. Sure, waterways tend to be less crowded than roads, but perhaps there's an entitlement bias associated with the luxury aspect of boating in contrast to the universal utilitarian act of operating an automobile. Think of it as “nautical privilege” in modern-speak.

Which brings me to the facts. I have found consistent, comparable data sets for cars and boats from 2020, so I'm using them, with the assumption that then – two years ago – is a reasonable approximation for now. First, alcohol in the context of automotive transportation is a deadly weapon. So it is in maritime navigation, as well. Twenty-nine percent of automotive fatalities are linked to alcohol. With boating deaths, alcohol is the most statistically significant causal factor, present in 19 percent of fatal incidents. Whether it's one-in-four (cars), or one-in-five (boats), a significant subset of total deaths could have likely been avoided if alcohol hadn't been used. ‘But there are way more cars (and trucks, buses, motorcycles, etc.) than there are boats,’ you say. And you're right. Yet the relative lethality of the two transportation modes are (perhaps surprisingly) similar. In 2020, the U.S. had approximately 276 million registered vehicles (all types) on its roads. And 38,824 people died using them. That means there's a .014 percent chance that somebody dies in your car this year. Meanwhile, 11.8 million nautical vessels were registered in the U.S., and 767 people died using them, which equates to .007 percent probability of a death on your boat. In other words, someone dying in your car is twice as likely as someone dying in your boat this year. But I bet you drive your car more than two days for every one on your boat. So, you can make a reasonable argument that boating is considerably more deadly than driving a car.

But laws don't reflect the relative danger between the two stupid acts. It is illegal everywhere in the U.S. to drink and operate a motor vehicle. So is the ubiquity of the same prohibition as it pertains to boats. However, it's also illegal nearly everywhere to operate an automobile with an open container of alcohol anywhere inside, never mind who is consuming (or not consuming it). On a boat – even an 8-footer that might be a tight squeeze for two guys – if you're not at the helm (or on the tiller, as with the aforementioned-8-foot skiff), drink up! And move freely about the open and slippery deck, unencumbered by safety constraints, while you do so. Seems weird when you think about it like that, right?



My boat has a built-in, slide-out, big-ass cooler right below my captain's seat. I don't have to do more than bend down (taking my eye off the water for no more than a few seconds, but it'll be okay, no doubt) to grab a cold one (in my case, water, since I don't drink and haven't for a quarter-century). But I can't visualize an ice chest on the arm rest in my car between mine and my passenger's seat.

This part of the world is so beautiful from the water that it's almost impossible to describe to someone who hasn't been on a boat. So, if you're fortunate enough to have access to such amazingness, do you really need a beer to make it “better?” Not if you're at the wheel...no way! The selfish satisfaction of a sip is – not by any calculation – worth the horrible risks.

Scott A. Lauriat

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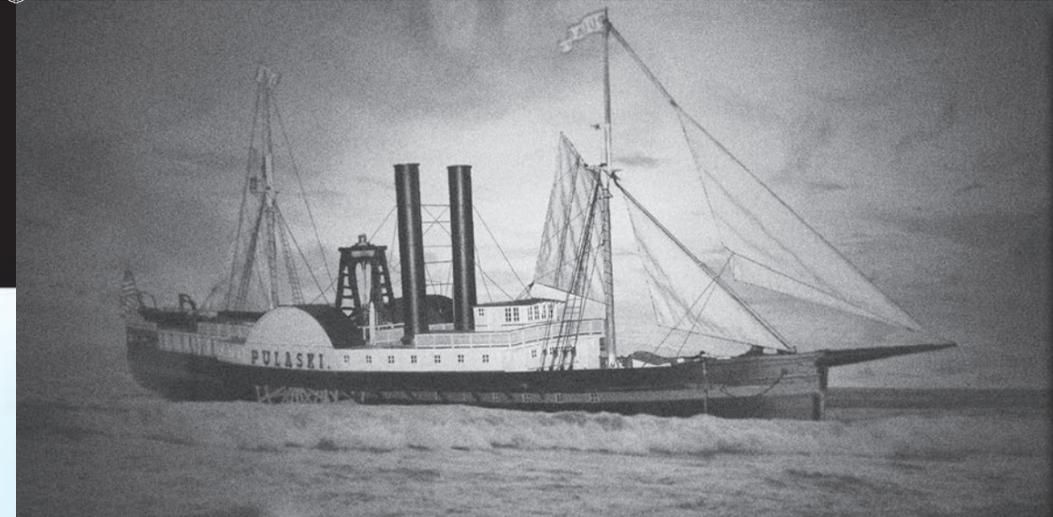
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Lizabeth Ross of (American, b. 1973); 5 XI'AN AMERICAN WARRIORS, 2019; nylon fabric, electric fans. Sharon Engelstein (Canadian, b. 1965); Seeker, 2012; nylon fabric, electric fan. BLOW UP: Inflatable Contemporary Art was organized by Bedford Gallery at the Leshar Center for the Arts, Walnut Creek, CA



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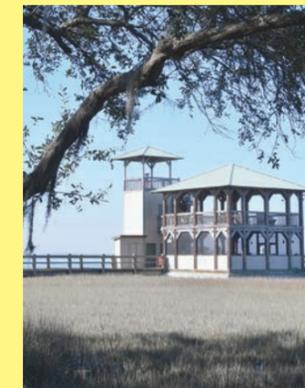
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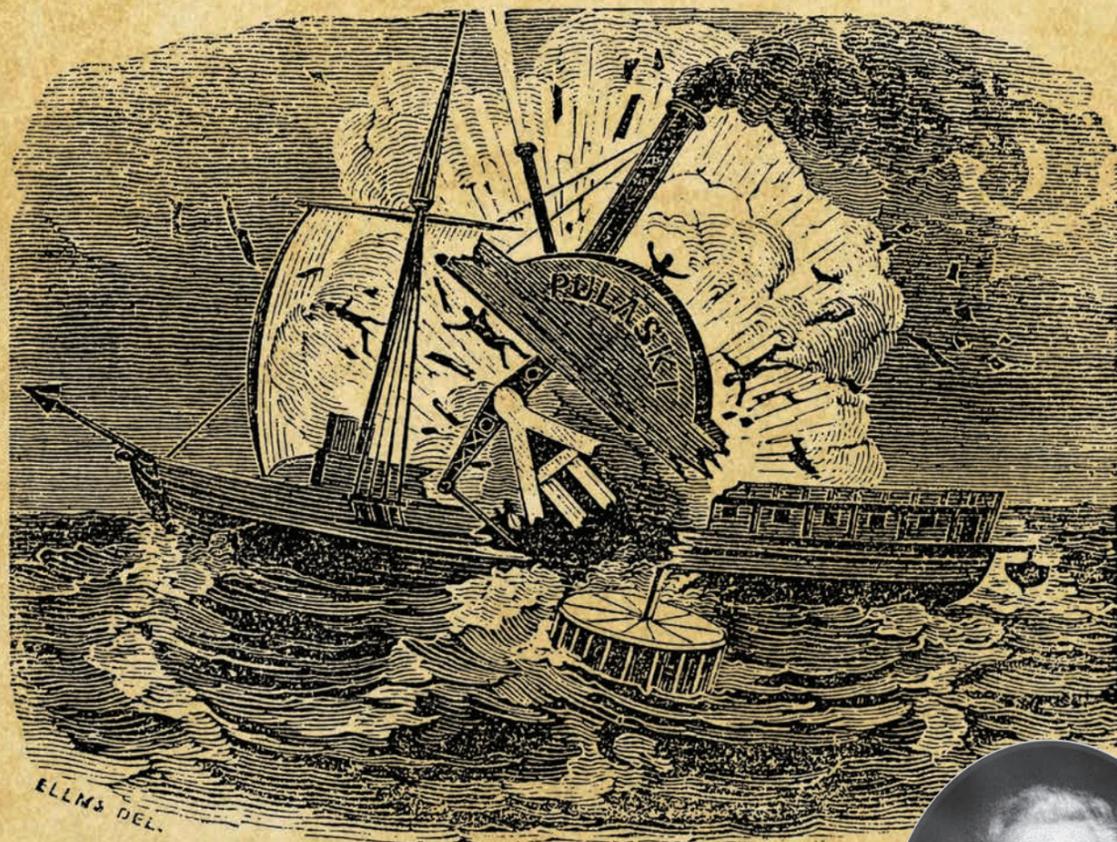
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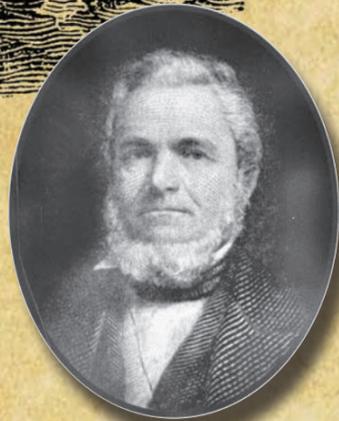
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ABOVE: A rendering of the Pulaski explosion from the 1848 book by Charles Ellms (courtesy NC Department of Cultural Resources).

RIGHT: Gazaway Bugg Lamar, for whom the Pulaski was built, lost his wife and five of his six children



TRAGEDY at Sea

By Mike Broderick

The explosion of the steamship *Pulaski* on the night of June 14, 1838, killed wealthy businessmen and families from Savannah and Charleston, slaves, sailors, and a former congressman. The catastrophe has been called the “Titanic of the South” in maritime circles, eluding shipwreck hunters for more than 250 years.

Now the story is being told at Ships of the Sea Maritime Museum in a new exhibition, “Rising to the Surface: A Summoning of Savannah’s Titanic.” The display is curated by Wendy Melton, interim executive director of the museum, and is bolstered by contributions from best-selling author Patti Callahan and shipwreck hunter Micah

Eldred, who located the wreckage of the *Pulaski* in 2018.

“Patti and Micah’s input has been integral to the ‘Rising to the Surface’ exhibition,” says Melton. “Incorporating some of Patti’s research and Micah’s artifacts helped us create a richly layered exhibit that brings the tragic story back to life.”

A NIGHT TO REMEMBER

Built in 1837 for Savannah businessman Gazaway Bugg Lamar, the *Pulaski* was a luxury paddle steamer. “Her qualities as a sea vessel, for ease, safety and speed, are superior to any steamer that ever floated

on American waters,” according to a lengthy, laudatory ad at the time in *The Daily Georgia*. Her weekly scheduled runs to and from Baltimore cost \$35 per passenger. The ship departed Savannah on Wednesdays, arriving in Charleston later the same day to pick up additional passengers, and departing early Thursday for Baltimore. One night would then be at sea, and one night would be spent on the Chesapeake Bay, before arriving in Baltimore. The following week, the sequence was reversed.

The June 13 departure was the *Pulaski*’s fourth excursion up the coast since it was launched. Among its passengers were Lamar, his wife, Jane (Cresswell), their six children, and his teenage sister, Rebecca. Already crowded, the steamer became even more so after the stop in Charleston. According to an archived passenger report, there were so many guests on board that the captain gave up his stateroom. Estimates peg the number of passengers at more than 150. At 6 a.m., June 14, the *Pulaski* fired up its boilers and steamed out of Charleston. She encountered strong winds and heavy seas in the afternoon, a challenge that slowed her and required a constant deployment of full power. That con-

tinued into the night, until about 11 p.m., when, without warning, the starboard boiler exploded with a tremendous roar. The damage doomed the *Pulaski*. One of the crewmen, in an account published a few days later, recalled the ship’s midsection had been shattered, and the timbers and planks on the starboard side ripped apart. The steamer took on water whenever she rolled in that direction. Approximately 45 minutes after the blast, the *Pulaski* broke in two and went under, stranding survivors some 30 miles off the coast of North Carolina.

Before the ship sank, two lifeboats were put into the sea. With 21 passengers between them, they struck out for land. The attempt to make shore, however, also proved hazardous – 20 hours in the boat without food or water. Five people drowned in the surf when one of the boats capsized. Amid the chaos and confusion, it was feared that those few might be the only survivors. Meanwhile, out in the Atlantic, beleaguered men, women and children clung desperately to pieces of wreckage. Bobbing about on what had been the promenade deck, one small group hung on for several days. A rain shower brought a measure of refreshment on Sunday. The next

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A detailed model of the steamship Pulaski is on display at Savannah's Ships of the Sea Museum.

WHAT: Rising to the Surface opening
WHEN: Friday, June 17 at 6 p.m.
WHERE: Ships of the Sea Museum, William Scarbrough House, 41 Martin Luther King, Jr. Blvd.
HOW MUCH: Tickets - \$25 - can be ordered in advance via Eventbrite.
WHAT ELSE: After the lecture, guests enjoy a guided tour of the exhibition. A cash bar will be available.

day, the group saw four vessels, none of which noticed them. Finally, on Tuesday, June 19, the schooner *Henry Cameron*, bound from Philadelphia to Wilmington, North Carolina, hove to and tenderly brought the floating survivors on deck.

News of the tragedy was slow – by current standards – to reach Savannah. “Most awful calamity,” read the headline in the June 20 edition of the *Savannah Republican*. “Our heart sickens at the very thought of this awful and distressing occurrence,” the editor declared in his story. “Some of our most enterprising and valuable citizens have met a watery grave, by the explosion of the *Pulaski*. We can say no more of this horrible disaster, but give to our readers the annexed account,” followed by a story originally published in the June 18 *Wilmington Advertiser*.

While estimates of the death toll vary, prominent Savannah families – including the Lamars, Mackays and Hutchisons – were devastated. Sarah Mackay and her two young children, Delila and William, drowned. After learning their fate, the husband and father, William Mackay, lived in seclusion until his death in 1859. Robert Hutchison was likewise deeply bereaved. He survived the wreck, but his wife, Corinne, and two daughters and a young female servant did not. After the disaster, Rebecca Lamar put together a sorrow-filled account of heroism and heartbreak. It was never intended for publication, but eventually appeared in the 1919 edition of the *Georgia Historical Quarterly*. “Unfortunate and unlucky passengers, as they died during those five days, were laid on the extreme end of the wreck, out of sight, where the water was deepest,” she wrote, “and left for the waves to float them off, and we knew not when they left us.”

The list of victims included Rebecca’s young nephew, Thomas, one of Gazaway Bugg Lamar’s sons. “I was startled by a groan from Thomas,” Rebecca recounted. “He was now unconscious. ... I knew he was dying, and my distress was great. He never spoke again.”

SURVIVING SAVANNAH

Bestselling author Patti Callahan believes that some stories want to be told. “Discovering untold stories is like having a great secret whispered in your ear,” she says. “And this is one of those secrets.”



Patti Callahan



Micah Eldred

As a boy, Endurance founder and CEO, Micah Eldred, discovered a huge ship’s anchor while sailing to the Dry Tortugas with his father, launching his love of hunting shipwrecks. In 2006, he turned his passion into his profession by establishing Endurance Exploration, which specializes in historic shipwreck research, survey and recovery of lost ships. Since then, Endurance has developed a research database of more than 1,400 lost ships.

The ‘Rising to the Surface’ exhibit opens Friday, June 17. Callahan examines what we know and can imagine about that fateful night. Eldred, who has loaned artifacts from the shipwreck to the exhibition, will share the real-life story of solving one of our country’s most durable maritime mysteries.

SHIPS OF THE SEA MARITIME MUSEUM

Since 1966, the Ships of the Sea Maritime Museum has interpreted Savannah’s illustrious maritime history through ship models, paintings and maritime antiques. It is housed in the William Scarbrough House (built in 1819) on Martin Luther King, Jr. Boulevard. Many consider Ships of the Sea to be one of the finest maritime museums in the country. For more information, visit www.shipsofthesea.org.

Material from “Lost at Sea: The Pulaski Tragedy,” by Chuck Mobley (The Skinnie Magazine, February 19, 2016) contributed to this article.

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WILLIAM JAY CAREY, JR.

He Served By Ron Lauretti

As a boy, William Jay Carey, Jr.'s family moved often, and he attended 11 schools before the ninth grade. While in sixth grade in Anchorage, Alaska, he had a paper route, and one of his deliveries was to the Anchorage airport. He was fascinated by the planes coming and going. An enterprising boy yearning to fly, one day he traded some newspapers for an airplane ride. That is where he got his first "stick time," as he says – and a desire to become a pilot when he grew up.

In 1964, Carey graduated from high school in Reynoldsburg, Ohio, and enrolled in Miami University (of Ohio). In the middle of his third semester, he joined the Army. "I was restless and seeking adventure at the time," he explains. Uncle Sam and the Viet Cong would soon provide more "excitement" than Carey could have possibly hoped for.

With a year of college to his credit and good military test scores, Carey entered the Army's warrant officer candidate program for aviators at Fort Wolters, Texas. He completed his first solo flight in December of 1966 and graduated from flight school in July of 1967. The Army was in urgent need of helicopter pilots in Vietnam and sent Carey to Chinook helicopter training school and then to the 179 Assault Support Helicopter Company at Camp Holloway, a U.S. Army base near Pleiku, in the central highlands of Vietnam.

Carey served first as a helicopter co-pilot and then aircraft commander. He flew almost daily missions consisting of troop transports, supply deliveries, medical evacuations, and airlift recovery of downed helicopters. Heavy or bulky supplies were delivered inside a cargo sling attached to the bottom of the helicopter. Many days consisted of multiple sorties requiring "hot refuels" – returning from a mission just long enough to refuel and take off again, with no shut down time. Some flights took the crew into enemy territory. He was often shot at but never shot down.

Not all Carey's flight time could be considered standard military missions. During one assignment, Carey's team helped move an entire Montagnard village from a live artillery zone to a safer area. Montagnards were indigenous people living in the central highlands who volunteered to fight alongside our Green Berets. Carey was tasked with airlifting the Montagnards' chief's elephant to the new location. The sling-rigged elephant was not a light load, but Carey's Chinook had enough lift to make the treetop journey.

On January 31, 1968, the North Vietnamese launched coordinated heavy attacks throughout South Vietnam to convince the U.S. to scale back its involvement in the war. Known as the Tet Offensive, it lasted eight months but the heaviest fighting occurred during January, February and March, with heavy casualties on both sides. Camp Hollo-



way was hit hard by frequent mortar attacks, but Carey did not sustain physical injury from the many near-miss explosions. Afterward, he transferred to a base near Can Tho, a large city adjoining the Mekong Delta. For the last five months of his year-long tour, Carey – now a warrant officer 2 – flew his usual assortment of sorties, like those at Camp Holloway.

The area near Can Tho was flat and open, and American helicopters were shot at more often than at Camp Holloway. "We often came back to base with some bullet holes, but never shot down," Carey recalls.

Carey is both humble and proud of his service in Vietnam. In all, he flew 1,161 hours of combat time, earning him the Air Medal with 27 Oak Leaf Clusters. He returned to the U.S. as a first lieutenant, having been promoted into the officer corps. He flew Chinooks out of Fort Eustis, Virginia, where he met Anne, a high school teacher. The two married in 1970.

In the summer of 1971, Carey was honorably discharged from active duty with the rank of captain. He and Anne moved to Columbus, Ohio, intending to complete his studies at Ohio State. However, fate intervened when he was recruited by the insurance industry. The veteran pilot jumped at the chance to fly again, joining the 83rd Arcom Aviation Section. He and three warrant officers serving under him supported the unit's commanding general for eight years.



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After transferring to Tampa, Carey joined the 138th Military Intelligence unit in Orlando. During two weeks of summer camp at Key West, he piloted a RU21 twin-engine plane to spy on Cuba.

Carey retired from active reserve duty in July of 2006, with 2,875 flight-time hours to his credit and a designation of Master Army Aviator. But he wasn't done flying. He subsequently piloted a U-21 Ute aircraft at Dallas Naval Air Station, flying to all parts of the country, often with Anne as his co-pilot.

Carey almost never saw an aircraft he did not like or want to fly, owning four different planes during his post-military days. Large or small, if it had airborne capability, he wanted it – including miniature radio-controlled models.

In July of 2019, the Federal Aviation Administration bestowed upon Carey the Wright Brothers Master Pilot award for his "dedicated service, technical expertise, professionalism, and many outstanding contributions to further the cause of aviation safety." He treasures that award above all others.

Carey estimates he now has more than 6,000 hours of flying time to his credit. That's almost eight months of 24-hour days in the air. He never had an accident during his 50-plus years of flying.

The Careys are now Landings residents, having raised two adult daughters, Joanne and Beth. They have two grandsons. And William still looks up when he hears engines rumbling overhead.



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Dr. James Daly, MD

Adults need seven or more hours of sleep per night for their best health and wellbeing, according to the Centers for Disease Control and Prevention (CDC). However, a third of U.S. adults report that they usually get less than the recommended amount. In Georgia, approximately four in 10 adults report sleeping less than seven hours a night, according to the CDC. Adequate sleep can lead to a healthy life, both physically and mentally. Studies show it is key to productivity, brain function, decision-making and overall physical and mental health. Poor sleep quality is

linked to a decline in productivity and cognitive function, as well as a host of chronic health problems including depression, obesity and hypertension.

Signs of poor sleep include:

- Not feeling rested even after getting significant sleep
- Repeatedly waking up during the night
- Experiencing symptoms of sleep disorders, such as snoring or gasping for air
- A lack of energy throughout the day
- Irritability, depression or anxiety
- Feeling groggy and having trouble concentrating and making decisions

If you are among the many who have trouble sleeping, here are some steps you can take towards a better night's sleep.

DIET – Eating an adequate amount of calories throughout the day without overeating promotes healthier sleep patterns of seven to eight hours, says Andrea Manley, registered dietitian at St. Joseph's Hospital. She points out that many of us tend to overeat our calorie needs at night before bedtime because we are socially eating or drinking, craving something sweet after dinner or watching a movie and not paying attention to our popcorn consumption.

While we do use energy to sleep and burn calories after going to bed – even more so than sitting on the couch watching television – delayed eating can increase weight, insulin and cholesterol levels, and negatively affect fat metabolism and hormonal markers implicated in heart disease, diabetes and other health problems.



Andrea Manley

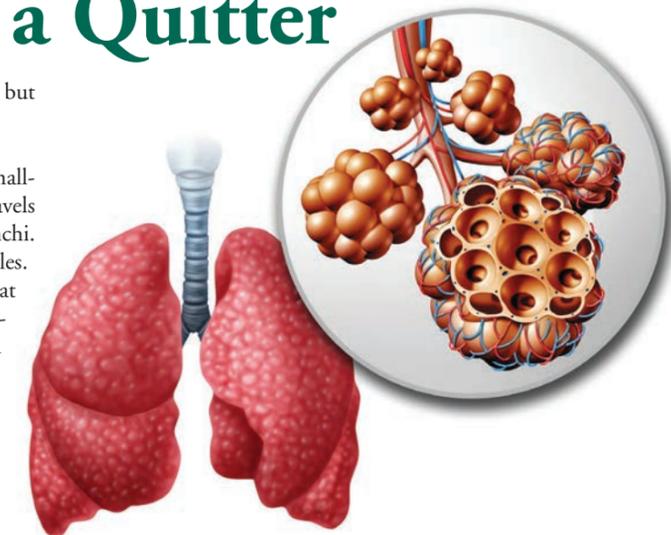
Manley suggests eating a varied diet throughout the entire day, to not avoid carbohydrates, but to avoid excessive amounts of simple carbs such as sweets. She also recommends avoiding too many insoluble fibers, such as broccoli and legumes, prior to bedtime because these may cause stomach upset, gas or bloating, which may prevent restful sleep.

Caffeine can impact your sleep. Caffeine affects people differently depending on tolerance levels, Manley says. Some may be okay to have a coffee or soda before bed, while others find it disrupts their sleep. Regardless of how tolerant you may or may not be to

It's Good to be a Quitter

Everyone knows that they breathe through their lungs, but what exactly happens? Quite a bit, actually.

Your lungs come in a pair in your chest. The left one is smaller to make room for the heart. As you breathe in, air travels down the trachea – or windpipe – to two tubes called bronchi. The bronchi divide into even smaller tubes called bronchioles. Mucus lines the lungs and its tubes to catch anything that shouldn't be there, such as bacteria. Such substances get expelled when you cough. Finally, air reaches tiny sacs called alveoli at the end of the bronchioles. Oxygen passes through the alveoli walls into the bloodstream. Red blood cells deliver oxygen to the rest of the body. The blood sends out carbon dioxide, a waste product, back through the alveoli and out the same way the oxygen came in.



Emphysema causes the alveoli walls to break down and not work properly, leading to shortness of breath. The number one cause of emphysema is smoking. It can also cause chronic bronchitis and is a major risk factor for lung cancer (and secondhand smoke is toxic to non-smokers as well). Depending on how long you've smoked, some damage may be irreversible.

However, the American Lung Association says that within a day of quitting, the carbon monoxide level in your blood drops to normal. In as little as two weeks, your lung function begins to improve; and, in as little as a month, your coughing and shortness of breath decrease. It's never too late to quit!

caffeine, the stimulant can promote increased urination, breaking your sleeping pattern and causing poor sleep quality. In fact, drinking too much of anything, especially before bedtime, can cause frequent trips to the bathroom and poor sleep.

Alcohol has been shown to promote sleepiness. However, the quality of sleep is poor once asleep, Manley adds.

STRESS AND HORMONES – "If you are stressed and not managing it, it affects your sleep," says Julia Gammon, education specialist/dietitian with the St. Joseph's/Candler Wellness Center. "Then, you don't get enough sleep, and that affects your hormone levels."

Two such hormones are leptin and ghrelin, which control our appetite. Ghrelin tells us when we are hungry. If you are not sleeping enough, that hormone increases, and your body may think it needs food, even though it doesn't, Gammon explains.

Leptin, on the other hand, tells us when we are full. When you are sleeping, your body increases this hormone to tell you that you have the adequate amount of energy so you can sleep. However, if you are up late

or constantly tired throughout the day, leptin decreases and ghrelin increases, making you feel hungry and prompting you to eat more often. That can lead to weight gain, which in turn is a symptom of poor sleep.

To help control stress, Gammon recommends meditation or yoga. She also encourages walking, being outside, talking to a friend – anything that makes you feel calm and happy.

"I also tell people to try to get in a habit of a nighttime routine," Gammon adds. "Eat dinner, relax, get ready for the morning, whatever it is that gives your body those signals and cues that say, 'Hey, we are getting ready to go to sleep.' Try not to scroll on your phone because we want to wind down our brain, not stimulate it more."

TURN IT OFF – One of Dr. Daly's strongest recommendations for a good night's sleep is "Turn it off." Put down the phone or tablet and turn off the television. That's because the



Julia Gammon

light cells in your eyes are very sensitive to the blue-light spectrum from electronics.

"When that blue light is used at night, it stimulates our brains to be alert, so it works against our natural circadian sleep process," Daly says. "It creates a competing influence."

Get off your devices two hours before you go to sleep. If you enjoy reading in bed, pick up a good book instead of your Kindle. Sleeping with the TV on? It's one of the worst things you can do.

"Because while your brain is asleep, guess what? Your eyes still see the light and your ears still hear the noise. It's extremely disruptive," Daly says. "When I have people sleep with the TV on and I watch them in the sleep lab, I can see their brain jolted by all the light changes and noises. You are just not getting your rest."

If you need sound, Daly recommends a white noise program on your phone – one that doesn't leave your phone illuminated. There are also electronic devices available or even a simple fan can help.



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READING is FUNdamental

Village Library Debuts New Islanders Series Book

The Village Library sits prominently on the left side of Lake Street as you approach the Deer Creek gate. And yet, despite three decades of operation and the constant traffic flowing past it, many Skidaway residents overlook the library and its considerable offerings. The extensive catalog of more than 24,000 titles ranges from popular fiction to local history. All ages are supported, from children's and young adult books to large-print editions. The library offers electronic media in the form of audio books and films and TV shows on DVD. Views of the adjacent lagoon (pictured here) enhance an inviting setting in which to enjoy the latest bestseller. All this for a

modest \$10 annual fee.

The Village Library was launched in 1990 as a not-for-profit enterprise, and since then has been managed by a board of directors. It is funded entirely through the support of the Skidaway community. It is not affiliated with any library system and receives no state or federal funding. Membership fees, book and DVD rentals, sales of used books, engraved bricks and financial contributions from patrons keep the lights on. The library has no paid employees. Day-to-day operations are handled by a team of dedicated volunteers. Without their generosity of time, the library could not function.

Brenda Day, vice president of community affairs for the Village Library, says the last Saturday of each month is a highlight of activity. The library hosts its monthly bag-of-books sale and offers story time in the children's room. "Many of our volunteer readers head out of town for the summer," she says, "but we're always happy to welcome others to fill in."

At the spring and fall book sales, artists and authors join in, setting up tables outside to sell local writers' books, original artwork, jewelry and more. This year's spring sale added a food truck and a special children's tent.

By Philip Schweier



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On Saturday, June 18, Angela May, co-author of the middle grade adventure novels, *The Islanders*, will be a featured guest, with readings and books-signings. Additional authors are also scheduled for June 25 and beyond.

THE ISLANDERS

New on book racks this summer, *The Islanders: Search for Treasure* relates the adventures of 12-year-old Jake and his friends, Lovie and Macon, on Dewees Island, off the South Carolina coast. After a gold doubloon is discovered on the island, Jake and his summer friends set forth on a quest for hidden treasure, learning that real treasure is far more than what's in a pirate's chest. Along the way, they experience countless interactions with nature and witness the consequences of disturbing wildlife. Similar to The Landings, South Harbor and Modena Island, Dewees Island is a private residential community and natural habitat to teeming wildlife, including alligators, shorebirds, sea turtles, otter, deer, raptors and raccoons.

"I think readers throughout the Savannah area will easily relate to the setting," says co-author Angela May. "Skidaway Island is a lush landscape known for a focus on conservation, and that makes it an ideal setting to celebrate a book that pays homage to the magic of nature."

May hopes the story inspires today's youth to get outdoors and enjoy the wild spaces near them – even if it's a backyard or town park. "You have to get out there to discover the magic and fun," she says. "There is so much inspiration from the landscape."

A former journalist, May is married to a middle school vice princi-

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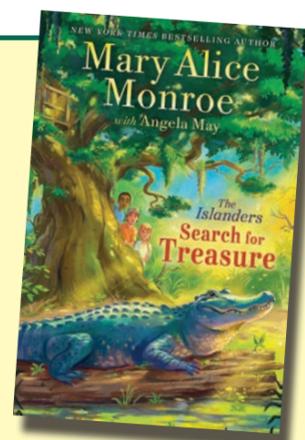
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UPCOMING BOOK SIGNING EVENTS

Saturday June 18
10 a.m. – 12 noon

The Islanders: Search for Treasure by Mary Alice Monroe and Angela May. May shares her new middle grade book, the latest installment in the collaborators' best-selling series.



Saturday, June 25
10 a.m. – 2 p.m.

Books by Savannah author, Pamela Gail
Path of the Heartbeats (college romance/new adult)
Soul of Eli (older young adult/16)
The Light in the Darkest Hour series

pal, and has a keen insight into the interests of middle-grade children. She describes *The Islanders* as a series that young readers and their families can enjoy together. Jake, Lovie and Macon discover the value of true friendship, the support of community, and the importance of avoiding misconceptions about people.

"In real life and in stories," May says, "kids fear the things and people they do not know. And that can lead to false judgments, misconceptions, or down-right harmful labels."



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May's co-author, Mary Alice Monroe, says, "We know the power of story can influence kids – and adults – much more strongly than any nonfiction because the reader feels the emotion through the eyes of the characters. It allows our children to realize that things are not always as they appear."

Monroe has appeared on prominent best-seller lists and earned numerous awards. All her books contain elements of conservation and reflect a love of nature. She is thrilled to share her message of conservation with younger readers. She says the main theme of *The Islanders* is to encourage children to go outdoors and explore the wild, and to take them into nature in their imaginations. The books offer environmental lessons valuable to both youth and adults, calling for less screen time and more green time.

Jake's grandmother, Honey, teaches him how to explore the outdoors and maintain a journal of his observations.

"I did this with my own children in the mountains of Vermont where we had a sheep farm," explains Monroe. "They packed up snacks and disappeared for hours in the wild." When asked to write for middle-graders, Monroe used her children's experiences as inspiration and reference to inform her work.

While the themes throughout the book are evergreen middle grade topics – family, friendships, struggling to fit in – Monroe does not shy away from grittier material. Despite losing a leg in Afghanistan, Jake's dad, Eric, is enthusiastic about helping his son explore the wild, but Eric's confidence plummets as he adjusts to his prosthetic leg. Monroe depicts family members struggling with depression and friends navigating challenging relationships with parents.

The Islanders was Monroe's first collaboration with her co-author. "Angela and I have worked together for 10 years, and I had a hunch it would work – and I was right," she says. "We're comfortable now with the process and the books are better because of our collaboration."

Monroe says readers can look forward to more of *The Islanders*. "We have so many ideas for future books," she says. "We've created a community on Dewees Island and all the characters will appear from time to time."



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Congratulations Class of 2022



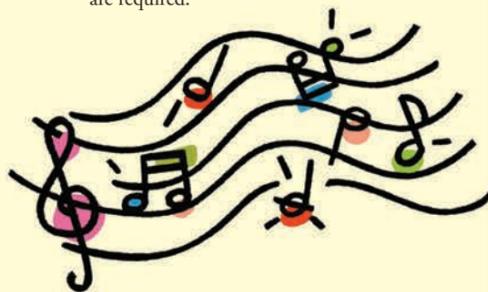
Send us those high school senior photos and a sentence or two about your plans for the future, where you plan to attend college, what high school you are graduating from, and we will be happy to include them as part of our salute to the Class of 2022.

Email your submissions to mail@theskinnie.com or drop them by our office:
15 Lake Street, Suite 280, across from Publix.

HURRY! DEADLINE IS JUNE 21!

PIANO MAN

WHAT: Matthew Figel in Concert
WHEN: Friday, June 10, at 7 p.m.
WHERE: Messiah Lutheran Church, 1 West Ridge Road
HOW MUCH: Donations gladly accepted to help defray costs
CONTACT: MLC at 912.598.1188, Monday through Friday, 9 a.m. to 12 noon
WHAT ELSE: Pianist Matthew Figel, "with a tone and approach entrancing from the outset" (New York Concert Review), performs J.S. Bach's 4th Partita, Ravel's "Sonatine," and Beethoven's Op. 110 Sonata. No reservations needed, but masks are required.



PERFECT HARMONY

WHAT: "Summer Harmonies," a mixed barbershop chorus concert
WHEN: Friday, June 10, 7:30 p.m.
WHERE: Tybee Post Theater, 10 Van Horne Ave.
HOW MUCH: \$20
CONTACT: Tickets at Tybee post theater.org
WHAT ELSE: 13th Colony Sound is a non-profit mixed chorus singing in the a cappella barbershop style in the greater Savannah area. "Summer Harmonies" is a tribute to songs past and present showcasing the sounds of summer. The full chorus and several quartets will harmonize favorites from the 1940s to today.

HEAR GREAT SPEAKERS

WHAT: Kiwanis Club of Skidaway
WHEN: Thursday mornings at 7:45 a.m.
WHERE: Plantation Club
HOW MUCH: Free to attend; Breakfast - \$13, Coffee only - \$2.50
CONTACT: Michael Klavon, 912.306.0474 for gate pass
WHAT ELSE: Membership is open to Savannah/Chatham area residents. Visit www.kiwanisofskidaway.com for more information.

SHALOM

WHAT: JWOL Membership
HOW MUCH: Annual membership is \$20
CONTACT: Sherri Brecker
WHAT ELSE: Mail or tube check to Sherri at 18 Cricket Court. Membership entitles each member to share in the many wonderful programs and social events JWOL offers.

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WHO NEW?

WHAT: New Neighbors
WHEN: Visit www.landingsnewneighbors.com to see our calendar
CONTACT: Visit our website or contact Jody at nnnewmember@gmail.com
WHAT ELSE: The club offers more than 250 different activities from biking, golf, pickleball, walking groups or fishing to Mahjong, Bridge, Needle-arts and Canasta. We have exciting military tours and special events for you to enjoy right here on Skidaway Island.

GOTTA LOVE IT

WHAT: Landlovers membership / open to all Skidaway Islanders
HOW MUCH: Each \$30 membership fee covers one household of one or two adults.
CONTACT: Vicki Knapp at landloversmembership@gmail.com or visit www.landingslandlovers.com for more information.
WHAT ELSE: The membership year runs from September 1 through August 31. Landlovers is a philanthropic and social organization dedicated to enriching the Landings community and Skidaway Island at large. Landlovers sponsors year-round social activities and fundraising events to support student scholarships and multiple non-profit service organizations.

NEWTON'S LAW

WHAT: Artwork of John Newton
WHEN: Now through June 30
WHERE: JEA, 5111 Abercorn St.
CONTACT: Vicky Lunick, 912.355.8111
WHAT ELSE: John Newton is a self-taught artist who lives in rural Effingham County. Fascinated by the vivid colors associated with Hispanic culture, Newton combines acrylic paints with aluminum cans and bottle caps to create his mixed media works.

THE COAST WITH THE MOST

WHAT: Coastal Conservation Association of Skidaway June meeting - "Estuarine Fish Monitoring Cooperative"
WHERE: St. Peter's Episcopal Church
WHEN: Monday, June 13, 7 p.m.
CONTACT: Paulette Hamilton, 610.509.0279
WHAT ELSE: The speaker is Rachel Guy, Ph.D., currently serving as the research and monitoring program coordinator for the Sapelo Island National Estuarine Research Reserve (SINERR).

RIGHT ON!

WHAT: Ladies On The Right (LOTR) "Tea and

Tea" luncheon meeting
WHEN: June 16 - Social hour, 12 noon - 1 p.m.; lunch and program, 1- 2:30 p.m.
WHERE: The Landings Palmetto Club
HOW MUCH: \$50 (includes a copy/personal signing of Lockdown)
CONTACT: For info or to register/pay (deadline June 13), visit ladiesontheright.org
WHAT ELSE: Guest speaker is award-winning journalist and noted author Cheryl K. Chumley, an online opinion editor and podcast host for The Washington Times. The event is a fundraiser for LOTR's charity, House Of Hope-Refuge of Love, a local, non-profit shelter for female victims of human trafficking. A raffle will be held for various gift baskets. Ladies and gentlemen are encouraged to don their best high-tea hat or headdress to win a prize. All are welcome.

HAPPY HOUR

WHAT: Landlovers "Cocktails with Friends," open to all Skidaway Island residents
WHEN: June 23; please RSVP by June 9
WHERE: Members' homes
HOW MUCH: Free
CONTACT: Jeanette Graebener @ jbg1972@comcast.net or Kathy Powers @ kopowers@gmail.com
WHAT ELSE: Guests provide an appetizer to share and their own cocktails.

GETTING FRESH

WHAT: First Tee - Savannah/Farm Fresh Produce fundraiser
WHEN: Friday, July 29, 12 noon - 6 p.m.
WHERE: Skidaway Island Baptist Church, 2 W. Ridge Rd.
HOW MUCH: \$30 for a box of Farm Fresh Georgia produce
CONTACT: Meri Erickson, meri@firstteesavannah.org
WHAT ELSE: A portion of the proceeds from each produce box purchase goes toward supporting First Tee, a Savannah youth development organization that integrates golf with a life skills curriculum. First Tee encourages kids to live a healthy lifestyle and participate in active learning experiences that build inner strength, self-confidence and resilience. Order produce boxes at firstteesavannah.org/produce.

MEETING OF THE MINDS

WHAT: Stroke Survivors
WHEN: Third Thursday of every month, 4 to 5 p.m.
WHERE: Messiah Lutheran Church, 1 West

Ridge Rd.
HOW MUCH: Free
CONTACT: Shirley Nack, 598.7047
WHAT ELSE: Share your experiences with stroke survivors. At our meetings we listen and learn what other survivors have accomplished in order to return to an active lifestyle.

CAUSEWAY CLEAN-UP

WHAT: "Shine Bright like a Diamond (Causeway)," litter pickup along Diamond Causeway
WHEN: 1 or 2 times per month, as trash amount deems necessary
WHERE: Meet in the parking lot of Butterbean Beach
CONTACT: Courtney Fowler, causewayclean-up@gmail.com or 912.313.6040
WHAT ELSE: Please bring work gloves and a safety vest if you have one; a trash-picker works wonders as well. We will provide trash bags. Water is recommended to avoid dehydration.

FERAL FRIENDSHIP

WHAT: Skidaway Cat Alliance Team
WHEN: Ongoing
WHERE: Skidaway Island and surrounding
CONTACT: skidawaycats@gmail.com or visit our Facebook page at www.facebook.com/skidaway-catallianceteam
WHAT ELSE: The Skidaway Cat Alliance Team is a group of dedicated animal lovers who provide food, population control (spay/neuter), medical care, and shelter for free-roaming cats in the Skidaway area. We have cats and kittens currently being fostered that are available to new, loving homes.

REEL MEN

WHAT: Landlovers Men's Action Movies, open to all Skidaway Island residents, not just the Landings
WHEN: Subject to COVID restrictions and availability of movies of interest
HOW MUCH: Movie admission
CONTACT: Dave Robinson, dave.robinson16@gmail.com
WHAT ELSE: Men's Action Movies is a friendly gathering to enjoy late afternoon movies and grab a bite to eat. Dinner is optional, RSVPs are appreciated. No dues. Carpool from the Methodist Church. About five days in advance, you will receive information regarding movie choices and restaurant selection. Landlovers membership required.

SHUTTERBUGS

WHAT: Landlovers Digital Photography Club, open to all Skidaway Island residents, not just the Landings
WHEN: Monthly field trips TBA
WHERE: Somewhere outdoors

COST: Free, but Landlovers membership is required
CONTACT: Amy Collings, landloversphoto-club@gmail.com
WHAT ELSE: Visit www.landingslandlovers.com/activities for more information regarding the Photography Club.

WELCOME MAT

WHAT: Learn to create sleeping mats for the homeless from discarded plastic bags
WHEN: Wednesdays, 10:30 a.m. - 12 noon and Thursdays, 9:30 a.m. - 12 noon
CONTACT: For project information, DIY videos or to schedule group workshops call Carol Greenberg at 912.355.1238 or MStarArts@gmail.com
WHAT ELSE: These mat and pillow sets help divert plastic bags from landfills and waterways while providing comfort to the homeless. All ages can learn to cut the bags into ribbons, tie these together to make plastic yarn. No tools are needed for braiding, crochet hooks cost less than \$5 and looms about \$10 to make.

OUTDOOR ADVENTURE

WHAT: Boy Scout Troop 57, for boys 10-18
WHEN: Weekly meeting Tuesday 7-8:30 p.m.
WHERE: Skidaway Community Church
CONTACT: BSA office, 927.7272
WHAT ELSE: Chartered in 1989, the troop has sponsored 80 Eagle Scouts to date. Weekly meetings, monthly outings (canoeing, canoeing, hiking, kayaking, rafting, backpacking), yearly summer camp and high adventure trips. New Scouts and transfers are welcome.

PI SERVING

WHAT: Pi Beta Phi Alumnae Club of Savannah
WHEN: October through April
WHERE: Skidaway Island and beyond
CONTACT: Beth Holmquist at bholmquist@comcast.net for membership information
WHAT ELSE: This active group of Pi Phi alums enjoys four to five gatherings a year. Plans are underway for a tour of Benedetto Guitars on Oct. 15; a holiday cocktail party on Dec. 3; a Panhellenic Cocktail Party on Feb. 2; and a Founders Day luncheon at Vic's on the River on Apr. 30, featuring popular local speaker, Roger Smith.

CORVETTE SUMMER

WHAT: Skidaway Island Corvette Club
WHEN: Third Thursday of each month, between 9 a.m. and 10 a.m.
WHERE: Skidaway United Methodist Church parking lot
HOW MUCH: No dues at this time, however an \$8 name tag fee may be forthcoming
CONTACT: Clayton Scott, 912.658.3116.
WHAT ELSE: Skidaway Island's club for Cor-

vette owners is 35 members strong. Its goals are camaraderie and to share the enthusiasm for this classic American auto.

LOSS MITIGATION

WHAT: Pandemic support group
WHEN: Meeting Wednesdays at 6 p.m.
WHERE: St. Peter's Episcopal Church Library
HOW MUCH: Free
CONTACT: Suzanne at St. Peter's, 598.7242
WHAT ELSE: Many of us have lost friends or family, and pandemic isolation has made dealing with these losses difficult. Dr. Stevens Peirsol will guide the group, offering those who would like to share and find help in processing loss.

HOCUS POCUS!

WHAT: Landings Magic Society
WHEN: 7 p.m., second Thursday of the month, Oct. through May
WHERE: Plantation Club card room
CONTACT: Jim Ruhl, 912.856.3948, jsruhl@gmail.com or Bill Sickels, 912.598.9123 or whsickels@gmail.com
WHAT ELSE: Anyone with an interest in magic is welcome. Every meeting is instructional, entertaining and enlightening. Active participation is encouraged.

BATH AND BODY WORKS

WHAT: Landlovers community service toiletry collection
WHEN: ongoing
WHERE: Drop-off location is the front porch at 2 Moonrise Circle, Deer Creek
CONTACT: llcommservice@gmail.com, Carol Stiles at carolstiles@gmail.com, or Sue Souls at smsouls@gmail.com
WHAT ELSE: Share your vacation with Social Apostolate, which works with poor, homeless, and disabled people in different ways, including providing showers for those in need. If you have any unused hotel soaps, shampoo or lotions, please consider giving them to someone in need. No mouthwash or larger-sized toiletries, please.

WORLD TRAVELERS

WHAT: Landlovers Marco Polo
WHEN: 6:30 p.m., third Monday of the month, October thru May
WHERE: Members' homes
HOW MUCH: An international appetizer
CONTACT: Please email Deb Wilson and Sue Souls at llmarcopolo100@gmail.com
WHAT ELSE: If you were born in or have lived for at least one year (including an academic year) outside the U.S., you are eligible to join. Attendees are asked to bring an appetizer to share as well as their own beverages. Open to all Landlovers members.

Complete Island Hopping listings are available at www.theskinnie.com

CHALLENGER CLUES*

"Suspicion often father of truth"

ACROSS

- 1. Following
- 6. Rib, anatomically
- 11. Sis
- 14. Bikini, e.g.
- 15. Anagram for 14-Across
- 16. U.N. agency created in 1919
- 17. **63-Across, notably**
- 19. Ten, to Antoine
- 20. CMXCVI plus X
- 21. Site of the Ivan Turgenev Museum
- 22. Negative at St. Andrews
- 23. Miss. State football team's amulet
- 27. Students preparing for the MCAT
- 29. 'Panoramic' center?
- 30. Weight-loss app based principally on psychology
- 32. Court-ordered delay
- 33. Italy : grappa / France : ____
- 35. Annual online seller of \$10 billion in cars and trucks
- 37. Ethyl acetate, for one
- 40. Last years in the reign of Caligula
- 41. 1939 Best Actor Oscar winner
- 43. Magnum opus, often
- 44. The Rosetta Stone is one
- 46. Japanese buckwheat noodles
- 47. Schlep
- 48. "The Diamond as Big as the ____" (F.S.Fitzgerald)
- 50. Hank Aaron has 83 more than Babe Ruth
- 52. Pilot's calculation (abbr.)
- 53. Its national symbol is a checkerboard
- 56. Duds
- 58. Producer of "Casablanca", ____ Wallis
- 59. Most common baking flour used in India
- 61. It's always in verse?
- 62. Gametes
- 63. **Main character in over 50 movies!**
- 68. Mental perception
- 69. He built Jerusalem's Wailing Wall
- 70. Another name for creosote
- 71. Purpose
- 72. News anchor Burnett, et al.
- 73. Pitched

1	2	3	4	5		6	7	8	9	10		11	12	13
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71				72						73				

DOWN

- 1. Boston Beer Co. on the N.Y.S.E.
- 2. Spanish masculine diminutive suffix
- 3. Nat'l Pomegranate Month
- 4. Scale
- 5. Cube root of 1,331
- 6. 4.1868 J = one ____
- 7. Stick in the fridge
- 8. Ingurgitate
- 9. Armed men, informally
- 10. Georgia Bulldog, say
- 11. **He portrayed 63-Across in 22 movies**
- 12. Prequel to the Odyssey
- 13. Spars, maybe
- 18. Like American Minutemen
- 23. Prolonged vegetative states
- 24. Praying Christian figure
- 25. **He portrayed 63-Across in 16 movies**
- 26. U. of New Mexico jocks
- 28. Spars, maybe
- 31. Downton Abbey, for one

- 34. Where to put the mascara
- 36. "____ Dabba Doo!"
- 38. Exaggerate
- 39. Luxury mid-size Buick last built in 2020
- 42. Site of the Chiang Kai-shek Memorial
- 45. Case for a lawyer?
- 49. Appalachian dulcimer
- 51. Elocution
- 53. Starting aid on old cars
- 54. Baltimore football pro
- 55. Creator of the Pac-Man craze
- 57. Fictional cockroach that uses a typewriter
- 60. Pokémon that eats iron ore
- 64. Sponsors of B.Y.U.
- 65. Haunch
- 66. Stretchy bandage brand
- 67. Where Cain was exiled

Puzzle answers, page 33

*For each puzzle a relatively difficult set of clues (Challenger) will accompany the first printing. In the subsequent issue, the same puzzle will appear with an easier set of clues (Standard) Email questions/comments to puzzler@theskinnie.com

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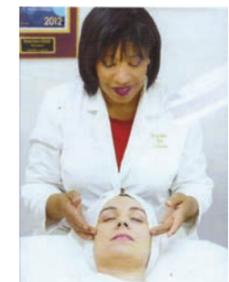
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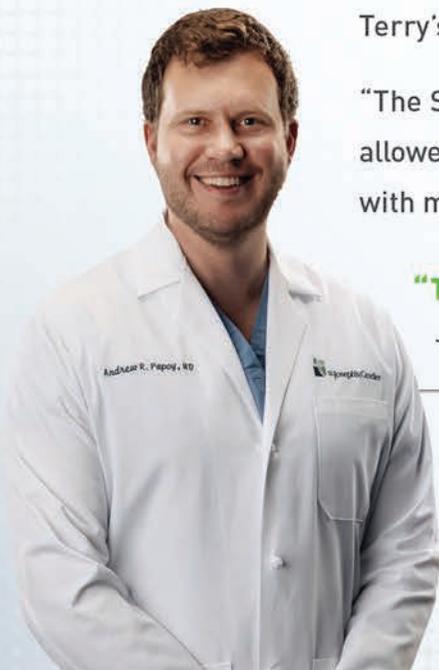
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