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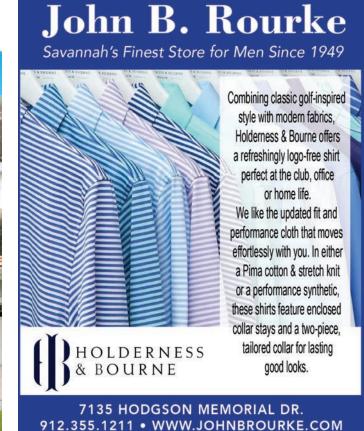
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www.theskinnie.com TheSkinnie VOL. 22 ISSUE 04 – **3**

2204 Skinnie 32.indd 2-3 2/19/24 8:54 AM "As January goes, so goes the year." This oft-borrowed phrase is typically attributed to Yale Hirsch, a securities analyst and publisher best known for The Stock Trader's Almanac.

When Hirsch first advanced his thesis, it was mostly true. The data set he examined through 1972 – the year of his first edition – confirmed the axiom with 84 percent fidelity to its premise. More recently, for the past 40 years, depending upon which index you use to generalize about the performance of U.S. stocks, the so-called "January effect" has held at a rate of more than six times per decade. So, the long-term trends affirm Hirsch. Or at least they make for a fortuitous coincidence.

This column is not about securities markets, though. I'm referencing Hirsch to apply his thoughts to broader territory. When I've had productive years, I've laid a solid foundation for success in the first few weeks. If you let the first quarter pass without putting in the work to propel you through the next three, you never catch up. It's the implicit sentiment behind New Year's resolutions. Reset. But a reset without sustained recommitment falls flat.

This year, I've done a solid job of analyzing my businesses, building budgets, and deciding which levers I need to push to improve. With this magazine, we often weigh the potential costs and benefits of remaining free to our readers, bearing all production and distribution expenses ourselves. Year after year, we draw the same conclusion: The breadth and depth of our reach are our competitive advantages, and our model links us to our mission.

About once a year, I remind our readers that we are in this together. *The Skinnie* intends to be a community asset, a connector, a forum for our many voices. We have been producing it with "thudding regularity" (as an old acquaintance from *The New York Times* editorial page used to say about his daily), every two weeks since September of 2003. We are a business with no financial support other than the partnerships we enjoy with our advertisers. You, our reader, ensure our continued existence when you patronize the businesses who choose to

connect with you through our pages. You go a step beyond when you recommend *The Skinnie* to prospective advertisers or inform them that you saw their ad in our magazine. This is the time of year when we work with advertisers to secure our mutual success. It's the perfect moment to mention us when you are out and about.

This happened last week: A friend of mine who lives at Ford in Richmond Hill visited one of our advertisers to buy some clothes. While waiting for alterations, my friend sat in the store and read the most recent issue of *The Skinnie*. He tore out a page with another advertiser's full-page display and called to make an appointment for services when he returned home with his new outfit in hand. It works. And our audience extends beyond the bridge.

It might seem opaque – the link between advertising and action. We can't guarantee immediate results, but we promise to enthusiastically collaborate with each of our clients to thoughtfully develop materials that tell the special story about what they do and why you should consider doing it with them. Our team is uniquely excited and able to do this work.

For those who haven't known us for long, our mission is simple: We strive to have a meaningful, ongoing, entertaining, and provocative (in a good way) dialogue with you. We consider the bond between reader and publisher to be a real relationship, not a transitory encounter. We'll continue creating quality content; we ask you to remember to support our clients and suggest us to your friends. Thank you.

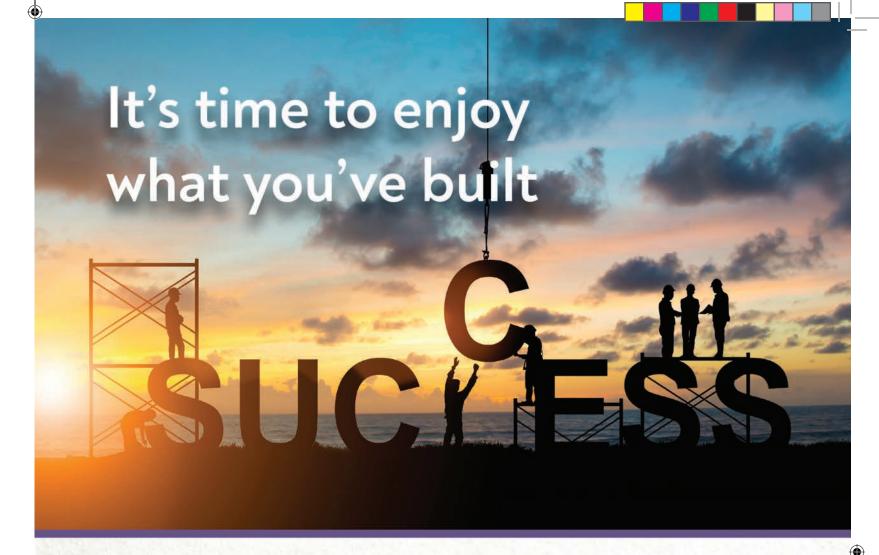
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4 - VOL. 22 ISSUE 04 The





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INAPPROPRIATE CHOICE

Thank you for writing and publishing your recent thoughts on "appropriate" and "at a time of our choosing." ("Up Front," February 2). Having been raised by an Annapolis grad who flew off carriers in World War II, and with two older brothers, one of whom was stationed in Germany to guard the wall and the other who did two tours in Vietnam as a captain in the Big Red One, I can tell you that I'm not a fan of war. We lost many friends in Vietnam; we understand the horrors of armed conflict.

That said, our current (presidential) administration's stance of appeasement has cost many lives that could have been saved – not only the three Georgians recently killed in Jordan, the 13 American military members in Afghanistan, or the two navy seals lost in January off the coast of Somalia (and are not mentioned by this administration), but the thousands of civilians we left behind during

(

the disastrous withdrawal in Afghanistan. And let's not forget the American hostages in Gaza.

America was once the leader of the free world, now we are reticent to offend those who wish to annihilate us. I, for one, hope that we can bring back America from this posture. Perhaps, we need to respond to this administration "appropriately" and "at a time of our choosing" by voting.

Thank you again for your missive.

Fran Johnson

SAD TRUTH

Timely and "right on" editorial ("Up Front," February 2). Send it to Washington, D.C. Perhaps, someone there will read and heed it.

Paul Kulbersh

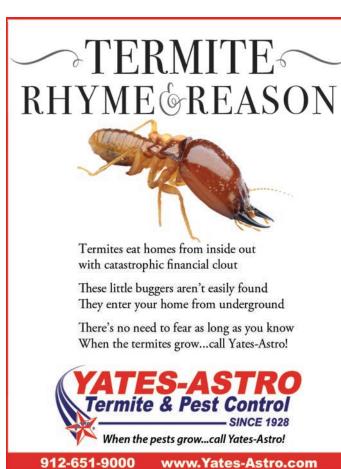
BLOSSOMING OPPORTUNITIES

PEO Chapter BB sincerely thanks Oelschlig's (Nursery), The Skinnie, The TWATL, and the residents of Skidaway Island for your support of Chapter BB's annual plant sale this past year.

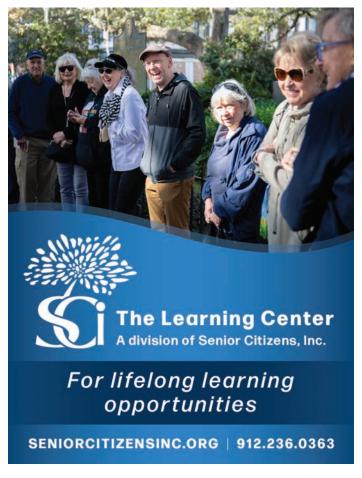
PEO is a philanthropic education organization that provides educational opportunities for women to achieve their highest aspirations. The PEO Sisterhood proudly sponsors six international projects designed to assist women with their educational goals.

Our plant sale each October has been a major part of our yearly donations to our projects. Plant sales and donations have contributed a little more than \$59,000 in the past 10 years to Chapter BB's total project donations of over \$70,000. We look forward to your continuing support.

Christine Lind P.E.O. Chapter BB



6 – VOL. 22 ISSUE 04 TheSkinnie



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on the cover:

Salt Marsh, by Keller Jones.

She also provided the background image for this page.

EDITOR AND PUBLISHER

Scott Lauretti slauretti@theskinnie.com

GENERAL MANAGER

Charles Hendrix chendrix@theskinnie.com

CREATIVE DIRECTOR

Philip Schweier pschweier@theskinnie.com

OFFICE MANAGER

Teri Grayson tgrayson@theskinnie.com

ADVERTISING | CONTENT

Jenna Treat itreat@theskinnie.com

CONTRIBUTING WRITER

Ronald Lauretti

STAY IN TOUCH

Skinnie Media, LLC 15 Lake Street, Suite 280 Savannah, GA 31411 912-598-9715

LETTERS TO THE EDITOR

editor@theskinnie.com We reserved the right to edit letters for clarity and content. We do not print unsigned letters.

GENERAL INQUIRIES

To contact us with your ideas, responses, letters and more, email us at mail@theskinnie.com

ADVERTISING

sales@theskinnie.com

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2204 Skinnie 32.indd 6-7 2/19/24 8:54 AM



FOLLOW THE PACK

ust off Waters Avenue on Mall Terrace Road sits the headquarters of the 501(c)(3) non-profit known as People of Action Caring for Kids (PACK) Savannah. Part warehouse/distribution center and part boutique shop, its shelves and cupboards hold literal tons of food, clothing, toys, and other supplies for kids in need throughout the community.

It wasn't always the impressive hub that it is today, however. Back in 2012, it was simply an idea – the important value of helping those who need it most, especially children. Founder and executive director Malena Stone and her husband wanted to instill that value in the minds of their three young sons.

"We just felt it was really hard to teach them about people being in need when it was something that they didn't see," Stone explains. "If they don't see there are people in need, they don't know that they exist. We found it hard to teach them about helping people in a positive way without exposing them to things they're not old enough to be exposed to."

weren't needy," she explains. "But when I was young, we lived in poor neighborhoods. As a result, my brother and sisters and I always knew that there were people in need, so we've always wanted to help. We saw people who were hungry and needing clothing. We had parents who always helped, so it was just a natural part of life for us to grow up to be people who helped people, and that's what we wanted for our

Stone's brother-in-law was a teacher at the time and would frequently mention how his very young students were struggling with food insecurity over the weekends. They are their fill of breakfast and lunch during the school day but wouldn't have enough to eat when they got home. It was very noticeable come Monday when they lacked the energy to learn, struggling to pay attention at their desks. Many ended up in the nurse's office. Some students were suffering the effects of extreme hunger and malnutrition.

"We started off helping his class and a couple of classes at his school," Stone says. "We thought that we couldn't feed all the kids that were hungry, but we could start there and at least help some of Stone has seen the effects of poverty up close. "Thankfully, we them. Then, when we got to the school to hand out bags, we would

By Stefanie Chipperfield

www.theskinnie.com 8 – VOL. 22 ISSUE 04 The Skinnie

kids who had dirty clothes, missing socks, and didn't own belts. We would get to the end of our bags and there would still be kids in line. It was heartbreaking."

The Stones started inviting friends to join them. PACK now feeds about 4,600 children – almost 12 percent of the students in Chatham County - with around 2,000 kids on a waiting list. "They must be free-lunch or reduced-lunch eligible to get bags as qualified by the school," Stone explains. "And everything has gotten so much more expensive over the past year, and we're seeing so many children who just don't have what they need to learn and do well in school. We're doing everything we can, trying to get kids off the waiting list and not have any left hungry."

THREE-PRONGED PROGRAMS

PACK has three programs. The biggest one is the feeding program, distributing bagged meals to kids at schools just as they did in the beginning. The second is called the PACK Cottage Program. When kids are hungry, they usually have other needs.

"The Cottage Program is the name we use for our emergency duffel bags that go out to children in crisis," Stone says. "We serve the school system, the courts, the fire department, the police department, all the shelters in town, and basically any other non-profit that serves children and has a child in crisis. Normally, we write their name on the tag and take it to them at school, but we also have a little cottage behind us - where the name comes from. If an emergency worker like a fireman or policeman has a child who needs help in the middle of the night, they can go out there, enter the code, and get food and

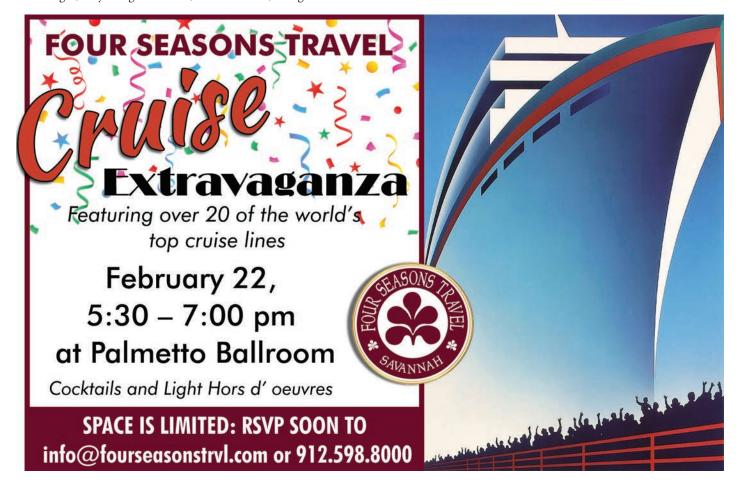


In addition to nutritious meals, PACK helps provide school essentials and clothing to children in need.

clothing for them."

Because the maintenance cost is low, Stone anticipates the program could become the future of outreach in outlying areas.

The third program, the PACK Boutique Program, is a favorite of both kids and volunteers alike. While the duffel bags are a one-time thing (possibly two), the Boutique serves kids every three months until they turn 18.



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2204 Skinnie 32.indd 8-9 2/19/24 8:55 AM





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"We really get to know the kids," Stone says, "and the sweetest thing is that they get a personal shopper. Some of the foster kids we get come referred by the legal system, and most of those are from the drug treatment court. If they stay in foster care, they come. If they return to their original homes, we keep them in the program, too, because those kids have the highest chance of going back into foster care. It just gives them a safety net. We love it, we have about 90 kids in that

From day one, volunteers have been the heart and soul of PACK Savanah. Monday and Thursday from 10 a.m. to 12 p.m. are community volunteer days, where anyone of any age is welcome to come pack bags. For older folks, there are plenty of sit-down jobs like putting stickers on bags, making cards, and cutting paper.

"We do field trips on Tuesdays," Stone adds, "so kids come from schools and learn about kids in need, and then they help pack the bags. So that's sweet, too."

YOU CAN HELP

Last year, more than 18,000 volunteers showed up to help, proving that Savannah is a very conscientious community. On PACK's website (packsavvanah.com), anyone willing and able can sign up to sponsor a child for \$200, which Stone says will pay for a bag of food every Friday for a year. So far, only about 500 of their children have sponsors, but Stone hopes there will be more to come so that PACK can reduce its waiting list.

In the meantime, PACK continues to host fundraising events to

ensure that its 4,100 kids receive nutritious meals. One is the Christmastime PACK the Stockings event, held the Sunday after Thanksgiving. Children, parents, and grandparents are invited to come donate a toy to a child in need and get a picture with Santa. Then, stockings are stuffed with items like toothbrushes and deodorant, as well as treats and toys. The Putt for PACK Family Minigolf Adventure is held each spring at Bacon Park, where kids enjoy a ride in a golf cart and practicing their putting at various holes around the course. In the late summer/early fall, PACK holds its Kids Feeding Kids Campaign, where students 15 and under can sign up to spread the word and attract sponsors to feed children.

"I think it gives them an intro to helping and what it takes to feed a child," Stone notes. "It also makes a big impact in the community because every child we take off the list is another that's not going

PACK is expanding. Behind the KFC restaurant on Waters Avenue is a newly finished warehouse for expanded storage. The organization plans to convert the nearby carwash into additional storage units. "Our programs have all expanded, yet still have so many that are in need, so we're getting more space," Stone says.

Stone sums her feelings: "We'd like to change the way people view volunteering. It's not only about giving to others but giving ourselves a lot of purpose, too. We're not just feeding kids because it's a good thing to do, but because we get invested and care about these kids and we love it here and we love what we do."









L-R: KATHY BOAEN, TONYA MURPHY, APRIL BOYETTE, MELANY MAYERS, DR. MATT GRILL, MADISON EVANS, APRIL ZIPPERER, TABITHA CORNWELL

10 – VOL. 22 ISSUE 04 TheSkinnie



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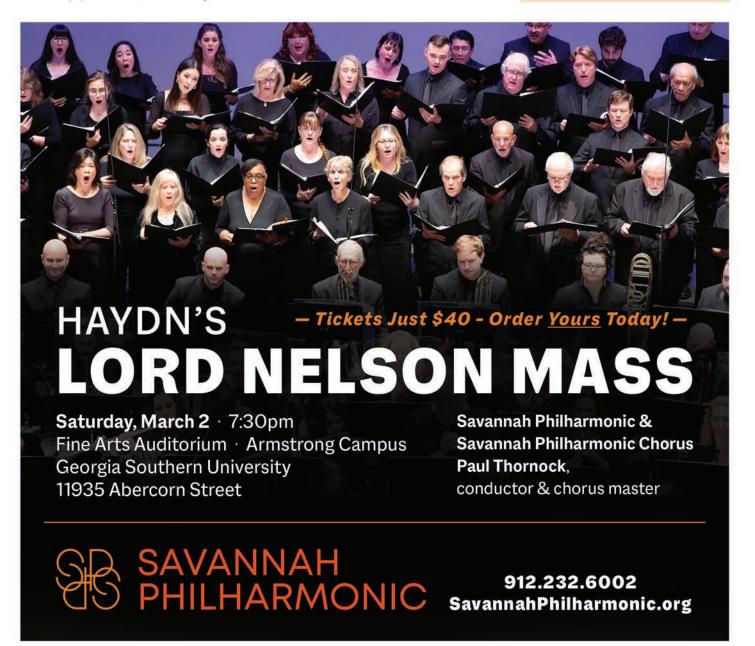
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SUPER BOWL BEEF CHILI



ast Sunday, it smelled like the Super Bowl in my house. Slow-cooked beef bathed in bold spices filled the air and signaled the kickoff to come.

This chili is bean-less. And tomato-less. It's not fiery, but it's zingy enough to get your gustatory attention. I've been tweaking variations on this theme every year around this time as long as I can remember. This iteration is especially good, based on my next-day craving for the leftovers.

3-ish lb chuck roast, cut into bite-sized pieces

2 yellow onions, chopped

2 poblano pepper, roasted (20 minutes at 450), seeded and chopped

1 serrano chili, seeded and finely diced

6 cloves garlic, minced

½ c flour

5 to 6 tbsp ancho chili powder

3 tbsp cumin

2 tbsp dried oregano

3 to 4 c beef stock

Salt and freshly ground black pepper Canola oil

Sour cream and fresh-squeezed lime for serving

Season meat well with salt and pepper. Over medium-high to high, heat enough oil to lightly coat the bottom of a Dutch oven or pot. Brown meat well on all sides, in two batches, if necessary. Remove meat from Dutch oven with a slotted spoon. Reduce heat to medium. Add onions and season well with salt. Cook for 5 minutes,

2204 Skinnie 32.indd 12-13 2/19/24 8:55 AM







stirring. Add garlic, poblano and serrano chilis, stir well to incorporate, and saute for a minute or two. Add chili powder, cumin, and oregano, and stir well to blend all ingredients. Add flour and stir well to eliminate clumps. Pour in beef stock, stir vigorously to ensure flour clumps have smoothed completely, increase heat, and bring to a boil. Reduce heat to a low simmer, add the browned meat, stir well to coat with the liquid, cover the pot, and cook for an hour. Check on the chili, stir to ensure the bottom of the pan hasn't scorched. Stir well. Re-cover and cook for another hour and check and stir again. Re-cover and cook for one more hour (3 total). Ladle into bowls and garnish with sour cream and squeezes of lime.





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Your heart is your body's drummer. If it doesn't keep the beat properly, it can't pump blood the way it should. If the blood doesn't get properly pumped to the brain, lungs, and other organs, they can be damaged.

"The initiation of it all is an electrical signal to direct the timing of the heart muscle's contraction," explains cardiologist Michael B. Chisner, MD, of Cardiology Associates of Savannah.

Chisner is also an electrophysiologist – an expert in diagnosing and treating problems with the heart's electrical system. If the signal causes the heart to beat too quickly, too slowly, or erratically, it is known as an arrhythmia.

"Disorganized, multiple impulses coming from different areas of the atrium, and bearing down on the ventricles, can cause the heartbeat to be erratic and less effective," adds cardiologist and electrophysiologist Daniel Cobb, MD, who also practices at Cardiology Associates of Savannah.

Depending on its severity, an arrhythmia could require medication or a procedure called radiofrequency ablation.

WHY RHYTHM MATTERS

We all know what happens when the heart stops beating - cardiac arrest, which can be fatal if not treated immediately. So if the heart is beating, it's healthy, right? Not necessarily. The heart has four chambers that must beat in rhythm for the blood to pump effectively. While some arrhythmias are brief and have little impact, longer-lasting arrhythmias could put your health at risk. Common types include:

• Tachycardia - In adults, a heart rate of more than 100 beats per minute. The heart's chambers don't fill completely between contractions, impacting blood flow to other organs.

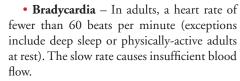
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Month

Cholesterol, blood pressure, body weight, glucose, and family history can all be contributing risk factors for coronary heart disease. Talk to your physician about your risks. Learn more at sichs.org/thehearthospital.



• Atrial Fibrillation (AFib) - An irregular heartbeat. Without a steady, regular beat, blood that is not pumped out can pool and become clotted. Blood clots can block the blood supply to the brain, causing a stroke.

"AFIb is one of the most common arrhythmias that we see," cardiologist Cobb notes.

People with AFib may experience palpitations, which is the fluttering or pounding of the heart that can be felt, as well as symptoms of dizziness, fatigue, and shortness of breath. Some people, however, experience no symp-

"The difference can be quite striking sometimes - how folks are asymptomatic while others are incredibly symptomatic and know every minute of the day that they are in AFib,"

Both types of patients could have increased risk for stroke. Blood can pool in the heart's chambers and form a clot. If the clot is later



Michael B. Chisner.



Daniel Cobb. MD

pumped out to an artery leading to the brain, it could obstruct the artery, leading to a stroke. If you feel a fluttering in your chest, dizziness,

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Then your heart beats too slowly, medication alone is often not the best treatment option, so your cardiologist might recommend a pace-

"The goal of all pacemakers is to try to prevent the heart from beating too slowly," explains Dr. Michael Chisner, a cardiologist and electrophysiologist with St. Joseph's/ Candler Physician Network - Cardiology Associates of Savannah. "Some people need pacemakers infrequently or for short periods of times; but, typically, if you have a need for a pacemaker, that need doesn't go away."

It's estimated nearly three million Americans live with pacemakers. Most commonly, a pacemaker has a battery (like a generator or computer) that is placed near the collarbone underneath the skin. One to three wires, or leads, run from the pacemaker to the heart. Some people use a newer type, a leadless pacemaker, which requires less equipment in the body. It looks like a little twig that sits inside the heart and is the pacemaker itself, without the need for leads. The device is implanted within the heart using a catheter (a long, thin tube) from a vein in the groin. The procedure takes about an hour and most patients go home the same day. It does not require an incision in the chest like a traditional pacemaker, making it a less invasive procedure.

The leadless pacemaker has been in use for about three years and is placed in the right ventricle. Therefore, it's not for everyone. If your heartbeat is so slow that it requires dual-chamber pacing, then you'd need a dual-lead pacemaker or a biventricular pacemaker that paces both ventricles at the same time.

A leadless pacemaker can be beneficial for patients who are unable to have an in-

cision in the chest or a foreign object in the body. It can also be ideal for patients with compromised veins, like dialysis or cancer patients.

"I think the technology will continue to improve and things will get smaller, last longer, and be simpler," Chisner concludes.

or lightheadedness, or if your heartbeat feels too fast or too slow when you're not exerting yourself, talk with your doctor.

"It might not be a medical problem," Chisner says, "but you won't know unless you get it checked out."

Cobb agrees, and urges people not to put off a workup.

He explains, "When you have a patient who has consistently had AFib for many years versus a patient who is early in their diagnosis, the conversation about success rates changes. That doesn't mean it's an emergency where I must treat you the next day. But early referral and evaluation for people who have symptoms lead to better outcomes."

If your arrhythmia requires treatment, there are variety of medications that work in tandem to inhibit or correct abnormal electrical signals. Patients might also need to take anticoagulants (sometimes known as blood thinners) to reduce the risk of blood clots. Medication www.theskinnie.com

therapy for arrhythmia is typically long-term, perhaps even for the rest

If medication doesn't work or the side effects are severe, radiofrequency ablation can be useful for some patients. This procedure uses radiofrequency energy to target and destroy the heart cells creating the abnormal signal. For the ablation procedure, your doctor will guide a catheter through a blood vessel (typically from the groin) to your heart using live X-ray imaging. Once there, he sends electric impulses to the heart, activating the abnormal cells and targeting their location. He then sends radiofrequency energy through the catheter to that site. The energy destroys "bad" cells while the rest of the heart remains undamaged. Patients often go home the same day, and most return to their normal activities within a few days. You may still occasionally experience irregular heartbeats after the procedure as the tissue heals.

"It may be gradual, but it will correct the problem," Chisner says. "Your heart will beat in the rhythm that is right for you."

The Skinnie VOL. 22 ISSUE 04 – **17**

16 – VOL. 22 ISSUE 04 The Skinnie



FACT: 41% of hearing aid users say wearing devices improved their social life.¹

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¹Picou, EM. (2020). MarkeTrak 10 (MT10) survey results demonstrate high satisfaction with and benefits from hearing aids. Seminars in Hearing. https://europepmc.org/article/pmc/7010487





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Savannah native, Lisa Caraway is the manager of Sit and Sleep on Eisenhower Drive, while her husband Mark is a retired woodworker. For 14 years, Lisa traveled the world as a chef on private yachts. Visiting 83 countries, her favorite destinations were Italy, Malta, and New Zealand. "Loved each one of them," she exclaims. "I saw much of the world and got paid doing it."

Lisa enjoyed her job but had to give it up when her father became ill and needed someone to provide medical care. After replanting her roots here onshore, Lisa found herself caring for more than her father. Nine years ago, she received an unusual birthday gift – a six-week-old swine. The squirming, squealing infant was only 12 inches long. Lisa named the piglet Wyle and pledged to make him a member of her family.

The Caraways knew little about caring for a little, pink critter with a pug nose and curly tail. Wyle spent his early days in the house full time, where he became crate-trained in just three days. Meanwhile, Mark put his woodworking skills to use, making a customized pig house for the yard for when Wyle grew older. Lisa learned all she could about the porcine diet. She discovered that local garden centers conveniently carried pig feed – who knew?

In just a few weeks, little Wyle and the Caraways built a family relationship. Wyle learned he could rely on his adoptive parents, and the Caraways became increasingly attached to their little animal. Wyle was a riot. The trio took many walks together and the neighborhood kids looked forward to seeing the new neighborhood mascot.

Lisa began taking Wyle to work with her, where he became quite an attraction, until he grew too big to fit in the car. The Caraways have

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TheSkinnie VOL. 22 ISSUE 04 – **19**



portunity for travel in favor of tending to their pig at home. Not many hotels welcome pet porkers as overnight guests, Lisa jokes. They used to take Wyle along on overnight camping trips, but he quickly outgrew that.

Wyle likes to eat...a LOT. His (un)healthy appetite bulked him up to 425 pounds. Fortunately,

Lisa's seaworthy culinary skills saved the day. She created a diet to trim Wyle to 375 rambunctious pounds. The veterinarian says that his weight is normal for his makeup – half potbelly pig and half wild boar.

Every morning at 8:30, Lisa grabs mixed vegetables, a cup of pig pellets, a slice of pineapple or melon, and a gabapentin pill (to prevent sore joints) – and mixes it all with water. At 7 p.m., Wyle enjoys a banana, a cup of air-popped popcorn, a half-cup of pig pellets, a handful



Weighing in at 375 pounds, Wyle the pet pig receives tons of love from Lisa and Mark Caraway.

of spinach, a zucchini or squash (in warm water), and five graham cracker cookies for dessert. Throughout the day, Mark feeds Wyle him snacks – usually an apple in warm water flavored with cranberry juice.

Wyle is now eight years old, and Lisa and Mark are very emotionally attached to their house hog. "He is an emotional animal," Lisa says with a laugh. She flips through her photos of the couple and their unconventional roommate. It's clear from Wyle's contented face that he is one fortunate pet pig, and a beloved member of the family.



20 - VOL. 22 ISSUE 04 TheSkinnie www.theskinnie.com



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island hopping

Please email content to mail@theskinnie.com. Deadline is the Friday prior to publication.

Complete Island Hopping listings are available at www.TheSkinnie.com

HEAR GREAT SPEAKERS

WHAT: Kiwanis Club of Skidaway WHEN: Thursday mornings at 8 a.m.

WHERE: Palmetto Club

HOW MUCH: Free to attend, including any refreshments, which includes coffee/tea (compliments of Morgan Stanley) and occasional pastries from Auspicious Bakery.

CONTACT: Michael Klavon, 912.306.0474 for gate pass

WHAT ELSE: Membership is open to Savannah/ Chatham area residents. Visit www.kiwanisofskdaway.com for more information.

WHO NEW?

WHAT: New Neighbors

WHEN: Visit www.landingsnewneighbors.com to see our calendar

CONTACT: Visit our website or contact Jody at nnnewmember@gmail.com

WHAT ELSE: The club offers more than 250 different activities from biking, golf, pickleball, walking groups or fishing to Mahjong, Bridge, Needle-arts and Canasta. We have exciting military tours and special events for you to enjoy right here on Skidaway Island.

GOTTA LOVE IT

WHAT: Landlovers membership / open to all Skidaway Islanders

HOW MUCH: Each \$30 membership fee covers one household of one or two adults.

CONTACT: Laurie Redmond, landloversmembershipdirector@gmail.com

WHAT ELSE: The membership year runs from September 1 through August 31. Landlovers is a philanthropic and social organization dedicated to enriching the Landings community and Skidaway Island at large. Landlovers sponsors year-round social activities and fundraising events to support student scholarships and multiple non-profit service organizations.

SHUTTERBUG

WHAT: Portraits of West Africa – photography exhibit by Seymour Hofstetter **WHEN:** Feb. 1 through 29

WHERE: JEA Montag Gallery, 5111 Abercorn St.

HOW MUCH: Free and open to the public CONTACT: Katie Griffith, 912.355.8111 WHAT ELSE: Prints of the photographs in this exhibit are for sale, with a portion of the proceeds benefitting the Jewish Educational Alliance.

LONG-SUFFERING

WHAT: "Why the Jews?" A multimedia presentation on the tragic history of antisemitism **WHEN:** Sunday, Feb. 25, 1 - 3 p.m.

WHERE: The Jewish Educational Alliance, 5111 Abercorn St.

HOW MUCH: Free and open to the public; A deli lunch is available at noon for \$10

CONTACT: Michelle Allan, program coordinator, 912.355.8111

WHAT ELSE: Brendan Murphy is a teaching fellow at the U.S. Holocaust Museum and Lerner Fellow at the Jewish Foundation for the Righteous in New York.

RELATABLE STORIES

WHAT: 2024 Lenten series: "Art in the Parables" WHEN: Wednesdays in Lent: Feb. 28, March 6, 13, 20, at 5:45 p.m.

WHERE: Skidaway Community Church, 50 Diamond Causeway

HOW MUCH: \$10 donation/person requested to defray food costs

WHAT ELSE: SCC pastor Jon Hauerwas will lead discussions based on familiar biblical parables: The Sower, The Good Samaritan, The Prodigal Son, and The Rich Fool. Soup suppers catered by Olive Garden at 5:45 p.m.; lessons at 6:30. Island friends, neighbors, and guests are invited to register at skidcc.org no later than Monday before each program date.

JERSEY BOYS (AND GIRLS)

WHAT: Landing's Garden Staters Club – Leap Year karaoke night

WHEN: Thursday, Feb. 29, 6 to 9 p.m. WHERE: Delegal Pavilion

HOW MUCH: If you haven't joined or paid for 2024, dues are \$12 per person payable to NJ Garden Staters and tubed to Jill Rubin at 17 Sweetgum Crossing or VENMO to @Barbara-Rubin-31

CONTACT: RSVP to landingsgardenstaters@gmail.com

WHAT ELSE: Please bring an appetizer to share and your own libations. Soft drinks and water will be provided. For questions, please contact us at landingsgardenstaters@gmail.com or call Jill Rubin at 215.850.3894 or Eileen Yost at 973.255.0580.

THAT'S AMORÉ

WHAT: I Cantori Sings! WHEN: Thursday, Feb. 29, 7:30 p.m. WHERE: Skidaway Island Methodist Church HOW MUCH: Adults - \$20; Students - \$10



ALL ABOARD

WHAT: Mexican Train Dominoes Group WHEN: Every Tuesday, 3-5 p.m. WHERE: Palmetto Club/Byrd Room CONTACT: Lesa Thompson, lcthompson2761@gmail.com

FRIENDLY WORDS

WHAT: Skidaway Scrabblers WHEN: Every Thursday afternoon WHERE: Members' homes

CONTACT: Cathy White, cathy77024@ yahoo.com

WHAT ELSE: We are a happy group of dedicated Scrabble players who enjoy a social game. Join us for a game or two and discover that you, too, may want to be a Skidaway Scrabbler.

BUNCO SOUAD

WHAT: A fun and easy dice game with friends

WHEN: 6:30-8:30 p.m., 2nd Tuesday of the month starting Oct. 10

WHERE: The Landings Association building, Landings Way South

HOW MUCH: \$6 to cover room rental and prizes TLA room must be reserved six months in advance. Please visit TLA website to make reservations

CONTACT: Wendy Crowell, Wendyl-wc68@gmail.com and Barb Capes, llbunco2@gmail.com.

FORE LADIES ONLY

WHAT: Landlovers Ladies 9-Hole golf group (LLL9)

WHEN: Tuesdays

WHAT ELSE: Sign ip for February: "There's Snow Place Like LLL9" tinyurl. com/February-2024-LLL9-Sign-Up.

www.theskinnie.com TheSkinnie VOL. 22 ISSUE 04 – **23**



CONTACT: Dr. Robert Harris, 912.925.7866 WHAT ELSE: Enjoy a special Leap Year concert featuring love songs for the season.

MY KIND OF KINDNESS

WHAT: "Our Home, Our Family"

WHEN: All of March **WHERE:** The Landings **HOW MUCH:** No charge, just a bit of courtesy **CONTACT:** webmaster@landings.com WHAT ELSE: Courtesy is all around us at the Landings. We need to recognize it. If you see a courteous act being performed in our community, please send a brief description of your experience, a photo, or a short video to webmaster@ landings.com for consideration for posting on our social media sites for all to enjoy. Look for more information on an upcoming social media contest where we will give away tickets to the Savannah Bananas game on April 5. Sharing our thoughtful-

POSTAL PEOPLE

ness with others helps affirm that "Courtesy is all

WHAT: Landings Stamp Club WHEN: Friday, March 1, 10 a.m. WHERE: Messiah Luthern Church conference room

COST: Free

around! Look for it!"

CONTACT: Carl Luecke, cluecke@comcast.net or 912.349.0340 for meeting details.

WHAT ELSE: Beginner, advanced, or anyone in between is welcome to join our monthly meeting. Learn about buying, selling, or preserving your collections, and discover different types of stamps from all over the world.

BROTHERS (AND SISTERS) IN BLOOD

WHAT: Kiwanis Blood Drive WHEN: Monday, March 4, 1 to 6 p.m. WHERE: Skidaway Island United Methodist Church hall, 54 Diamond Casueway **HOW MUCH:** Free CONTACT: Please visit Red CrossBlood.org and enter SIUMC to schedule an appointment **WHAT ELSE:** Give blood and receive a \$10 e-gift card to a pet supply merchant of choice. Plus automatically be entered for a chance to win a \$3K gift card (5 winners!)! Terms: rcblood.org/

WIND CHIMES

WHAT: The Savannah Wind Symphony Spring Concert

WHEN: Tuesday, March 5, 7:30 p.m. WHERE: Fine Arts Auditorium, Georgia South-

24 - VOL. 22 ISSUE 04 TheSkinnie

ern University – Armstrong Campus

HOW MUCH: General admission – \$20; \$15 for military; \$10 for children (18-under). Tickets are available at eventbrite.com or at savannahwindsymphony.com.

CONTACT: Please visit savannahwindsymphony. com for details, or email savwinds@gmail.com WHAT ELSE: Guest conductor David Carbone

GET PACKING

WHAT: Landlovers Annual Flea Market WHEN: Saturday, March 9, 9:00 a.m. -1:00 p.m. WHERE: Messiah Lutheran Church, 1 W. Ridge Rd., Skidaway Island

HOW MUCH: \$5 entrance fee, under 15 free. Entrance fee and purchases are cash only. CONTACT: Janie Florenz at janie1040@gmail. com; To volunteer, contact Michele Simari at LLFMVolunteers@gmail.com

WHAT ELSE: Donations for the flea market can be dropped off at TLA administration parking lot March 2 – 4. Volunteers will unload your car for you! Visit landingslandlovers.com for times of operation and a list of acceptable donations. For large items like furniture and rugs, email fleamarketintake@gmail.com to arrange a pick-up. All proceeds benefit the Landlovers Foundation. which provides grants, scholarships, and merit awards within our community.

AUCTION ACTION

WHAT: Landlovers Auctionmania WHEN: Wednesday, March 13, 5-7 p.m. WHERE: Palmetto Club Ballroom **HOW MUCH:** Free

CONTACT: Eileen Yost at eileenvrn@gmail.com WHAT ELSE: Join us at Auctionmania where hundreds of unique and high-value items will be sold at Landlovers' silent auction. All proceeds benefit Landlovers Foundation and is open to all Landings residents. If you have unique, valuable items that you'd like to donate, you can bring them to the flea market intake, scheduled for March 2 - 4. If you have things you'd like to donate before March, please contact Tom Stephens at tom.stephens@comcast.net.

FORE THE CHILDREN

WHAT: The One Hundred Children's Foundation Golf Ball Drop WHEN: March 25, 6 p.m. WHERE: Marshwood Club HOW MUCH: Event dinner ticket - \$125; Golf ball raffle ticket - \$100

CONTACT: www.theonehundredchildrensfoundation.org

WHAT ELSE: Cocktails, hors d'oeuvres, and live music under the stars, with dinner carving stations and dessert. Only 300 golf balls will be sold. You do not need to be present to win. Three

golf ball raffle prizes - Closest to the hole, \$2,500; 2nd, \$1,500; 3rd, \$1,000. For event and raffle tickets: theonehundredchildrensfoundation.org.

DINNER AND A SHOW

WHAT: Savannah Music Festival's Bayou Boogie WHERE: Ships of the Sea Maritime Museum WHEN: Friday, March 29, 5 p.m. departure from Skidaway Island Methodist Church

HOW MUCH: \$60 per person, includes trolley ride, fees, tip, and general admission (standing, dancing) to the show

CONTACT: Jane Golz, golzjane@gmail.com, or Marilee Dalbey, marileedalbey@gmail.com WHAT ELSE: Don't miss out on a fabulous evening of the high-energy Creole music of Clayton Joseph Chenier, son of the legendary inventor

of Zydeco music, Clifton Chenier. Marcia Ball and the Red Hot Louisiana Band will also play rollicking boogies, swampy New Orleans ballads, and groove-laden Gulf Coast blues. Attendees will have time for dinner following the show. The show ends at 7 p.m., so plan your dinner reservations accordingly. The trolley will pick us up at the drop-off location at 9:30 p.m. to return to SIUMC. You are welcome to bring a beverage on the trolley. Limit 2 tickets per person. Space is limited to 37 total.

HERE COMES THE SON

WHAT: Easter Sunrise Service WHEN: March 31, Easter morning at 6:45 a.m. WHERE: Priest Landing Marina **CONTACT:** skidcc.org or 912.598.0151 WHAT ELSE: Led by Skidaway Community Church pastor Jon Hauerwas, the service celebrates the beauty of this place and the gift of our Risen Lord. Light refreshments will be served. Neighbors, friends, and visitors are invited to bring folding chairs. In the event of inclement weather, the service will be held at 50 Diamond

GATHERING GROCERIES

WHAT: Packing groceries for Second Harvest **WHEN:** 9 - 11 a.m., April 5, June 7 WHERE: Second Harvest, 2501 E President St. CONTACT: Terry Lewis, terrylewis324@gmail.

GO PAPERLESS

WHAT: Secure document shredding WHEN: Saturday, April 20, 9 a.m. - 12 p.m. WHERE: Skidaway Community Church, 50 Diamond Causeway **CONTACT:** skidcc.org or 912.598.0151

WHAT ELSE: Donations benefit Safe Shelter, providing services for abused women and

www.theskinnie.com

children.

HELLO, SAILOR

WHAT: Basic sailing class, sponsored by The Landings Sailing Club

WHEN: Saturday, April 27, 9 a.m. - 3 p.m., plus 4 hours on the water

WHERE: TLA Meeting Room, 600 Landings Way South

HOW MUCH: \$100, of which \$25 of which will be refunded if you join TLSC within 30 days CONTACT: Angela Margolit, amargolit@hotmail.com, 973.296.8011

WHAT ELSE: Open to all Landings residents 21 or older who are either new to sailing or want a refresher course.

DINNER IS SERVED

WHAT: Private chef dinner party raffle WHEN: Ongoing; Drawing - May 4

WHERE: Winner enjoys prepared dinner at your own residence

HOW MUCH: \$20 per ticket **CONTACT:** Julie Storm – jstormdallas@gmail.

com 214.789.7918

WHAT ELSE: A chance to win a three-course meal for 8 people served in your home by a private chef who provides the meal and cleans up the kitchen. The winner will select the chef from Fire, Food and Knives, the cuisine, and the date. To purchase tickets, visit Www.landingslandlovers. com, under Happenings/Fund Raisers.

FINANCIAL AID

WHAT: AARP Tax-Aide Program needs volun-

WHEN: Training in Dec. and Jan.; Tax preparation starts Feb. 1 for 10 weeks; hours and days are flexible

WHERE: Chatham SW and Bull Street Libraries **CONTACT:** Volunteer coordinator John Gerardi, 912.661.8705 or johngerardi@hotmail.com

WHAT ELSE: This program provides free tax preparation for low- to moderate-income families, as well as the elderly and people with disabilities. AARP Tax-Aide saves underserved individuals/ families millions in preparation fees and helps taxpayers claim millions in refunds, which can be used to reduce poverty. Tax preparers will be trained to become IRS-certified. Volunteers are also needed to help with intake/front desk.

TAXATION REPRESENTATION

WHAT: Opportunities for volunteer income tax assistance with Neighborhood Improvement Association

WHEN: starting in January, flexible hours from 9 a.m. - 8 p.m.

www.theskinnie.com

WHERE: several sites in Savannah, Pembroke, Rincon, Richmond Hill and Hinesville

CONTACT: Tiffany Carter, tcarter@niacdc.org or 912.447.5577 WHAT ELSE: This program helps underserved

communities by offering free tax preparation. No experience necessary. Volunteers include greeters/ screeners and tax preparers

HELP AROUND THE HOUSE

WHAT: Habitat for Humanity volunteers wanted WHEN: 8:30 a.m. - 3 p.m., Tuesdays and Wednesdays, possibly Thursdays WHERE: locations vary

CONTACT: Mark Piven, 912.598.0323

WHAT ELSE: Prior experience is not necessary. Many volunteers learn on the job and only do whatever they feel comfortable with. Tools are provided.

FRIENDS OF FRIENDS OF BILL W.

WHAT: Al-Anon WHEN: Mondays, 4 p.m WHERE: Skidaway Island United Methodist

WHAT ELSE: A recovery program for families and friends of people who are struggling with

MATERIAL GIRLS

WHAT: Quilting group; to learn, share experience and complete projects

WHEN: 3-5 p.m., 3rd Thursday of each month WHERE: Skidaway Community Church, 50 Diamond Causeway

HOW MUCH: Free

CONTACT: Janet Smart, maxwellsgal@aol.com; Sandra Grant, sandragrant07@comcast.net; or Donna Nicol, dkn777@aol.com

WHAT ELSE: Whether you are an experienced quilter or new to the craft, please join us for some handwork, conversation and networking. Bring a project you are working on, show and tell, or just plan to socialize.

WELCOME MAT

WHAT: Learn to create sleeping mats for the homeless from discarded plastic bags WHEN: Wednesdays, 10:30 a.m.-12 noon and Thursdays, 9:30 a.m.-12 noon

CONTACT: For project information, DIY videos or to schedule group workshops call Carol Greenberg at 912.355.1238 or MStarArts@gmail.com WHAT ELSE: These mat and pillow sets help divert plastic bags from landfills and waterways

while providing comfort to the homeless. All ages can learn to cut the bags into ribbons, tie these together to make plastic yarn. No tools are needed for braiding, crochet hooks cost less than \$5 and looms about \$10 to make.

JUST DANCE

WHAT: Dancing for fitness! Great music and stretches complete your workout.

WHEN: 9-10 a.m. every Tuesday WHERE: Skidaway Island Methodist Church. Bailev Hall

HOW MUCH: \$2/month

CONTACT: Marilee Dalby, marileedalby@gmail.

WHAT ELSE: A signed waiver is required for

participants.

FERAL FRIENDSHIP

WHAT: Skidaway Cat Alliance Team WHEN: Ongoing

WHERE: Skidaway Island and surrounding **CONTACT:** To learn more about volunteer opportunities or need help with a feral cat, please email skidawaycats@gmail.com or visit our Facebook page at www.facebook.com/skidawaycatallianceteam

WHAT ELSE: The Skidaway Cat Alliance Team is a group of dedicated animal lovers who provide food, population control (spay/neuter), medical care, and shelter for free-roaming cats in the Skidaway area.

MARCO POLO GROUP

WHAT: Landlovers International Group WHEN: 6:30 p.m., third Monday of the month, October through May,

WHERE: Member homes

CONTACT: Denise Larson, lasondenise8@gmail. com; Elizabeth Cowell, elizcowe@gmail.com; Sue Souls, smsouls@gmail.com

WHAT ELSE: The Marco Polo group is for our international friends. If you were born in or have lived at least one year (including an academic year) outside the U.S., you are eligible to join. Attendees are asked to bring an international appetizer to share as well as their own beverage and glass. Must be a Landlovers member. Membership is open to all residents of Skidaway Island.

HOCUS POCUS

WHAT: Landings Magic Society WHEN: 7 p.m., second Thursday of the month, Oct. through May

WHERE: Plantation Club card room **CONTACT:** Jim Ruhl, 912.856.3948, isruhl@ gmail.com or Bill Sickels, 912.598.9123 or whsickels@gmail.com

WHAT ELSE: Anyone with an interest in magic is welcome. Every meeting is instructional, entertaining and enlightening.

TheSkinnie VOL. 22 ISSUE 04 – **25**



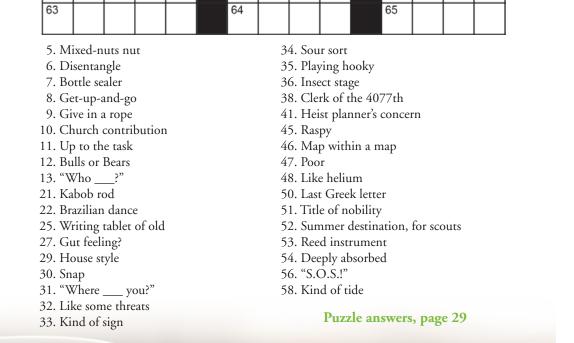


ACROSS

- 1. Waiter's handout
- 5. Zodiac crossover
- 9. of the art
- 14. Andy's radio partner
- 15. Poker pot starter
- 16. Defame in print
- 17. Spanish Steps city
- 18. Street sign
- 19. Strongman of myth
- 20. "We Built This City" band
- 22. Cunning plan
- 23. Coop denizen
- 24. Token
- 26. Eject, as lava
- 28. Nightmarish street
- 29. Make a seam
- 32. Acquired relative
- 34. Tart fruit
- 37. Ecclesiastical residence
- 39. Like a spreadsheet
- 40. Fit for distances
- 42. Part of a book
- 43. Period's place
- 44. Go kaput
- 45. Kind of wave
- 46. Two parts of MIA
- 49. High ball
- 52. Timeout spot
- 55. Something detested
- 57. Take down a peg
- 58. Wide-mouthed jug
- 59. Hardly __ (rarely)
- 60. Certain two-wheeler
- 61. Spots for shots
- 62. Tov block brand
- 63. Insignificant
- 64. Memory unit
- 65. Map out

DOWN

- 1. Wet land
- 2. Ham it up
- 3. Dangerous area
- 4. Anagram for "ruse"



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FOR SALE

TheSkinnie VOL. 22 ISSUE 04 – 27



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CLASSIFIEDS

WANTED • Buying unwanted stamps, coins, jewelry collections and any gold and silver items. Call Glenn, 407.461.7720

FOR SALE • 2016 Ford Focus SE with a Road-master tow bar set for flat-towing behind a Class A or C RV motor home. This car has been modified with appropriate electrical modifications to take the car electrical and brain off-line while utilizing the RV electrical system to operate turn signals, etc. while towing. Total cost of the towing system and modifications was more than \$5000. This car has a peppy engine and is super fun to drive but still gets over 30 MPG when not being towed. Car has 83K original miles and all maintenance and extended warranty work is done. Asking \$16,500. Call Ted at 407.921.8759 for more info.

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SCOTT'S LAWN SERVICE, LLC • Customer service you deserve! We are committed to providing the most reliable lawn care service and maintenance. Offering complete lawn care needs including lawn mowing, edging, pruning, hedge trimming, blowing, and pine straw installation. Call today for a free estimate. Let us maintain your property, so you can enjoy it. Licensed and insured. 912.656.8472



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VICES • Discreet, discerning, and confidential moving services. Transitions Moving Concierge Services has over 7 years of experience assisting local moves, downsizing, moves to retirement communities, estate dissolution, estate appraisals and other relocation services you may need. Resident of Savannah for over 40 years. I know the ropes! References available upon request. Call Catherine Adler at 912.272.7888.

The Skinnie Classifieds listings are online at www.TheSkinnie.com/Classifieds.

28 – VOL. 22 ISSUE 04 TheSkinnie www.theskinnie.com

PETS & PET SERVICES

PEACEFUL PETS • Planning a trip out of town? Or do you work long hours and need someone to take your pet out for a restroom break? Peaceful Pets is a Pet Sitting service that can do this. I offer affordable rates and overnight visits. Call 912.707.1707 for pricing, www.peacefulpetssavannah.com.

SKIDAWAY CAT ALLIANCE TEAM provides for the humane treatment, health, welfare and population control (spay/neuter) of free-roaming cats on and around Skidaway Island. If you are interested in learning more or need help with a feral cat, please contact us at skidawaycats@gmail.com or visit our Facebook page, https://www.facebook.com/skidawaycatallianceteam.

POWER WASHING



SKIDAWAY ISLAND PRO WASH • Owned by Landings residents and members, we offer the most premium roof and house soft washing, concrete pressure washing and window washing available. We use only the highest quality cleaning processes and commercial equipment available, running the highest quality service available in our industry. Free estimates. Google and Facebook 5-star rated. 100% satisfaction guaranteed. Call or text Matt Shannon 912.600.7377; email matt@siprowash.com; www.siprowash.com.



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Kotowski, 912.631.3121

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- Appliances and Furniture
- Home Cleanouts
- Mattress and Box Springs

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TREEMASTER INC. • We offer these services for all your tree needs: trimming, pruning, and removal. We also offer stump grinding. We're bonded and insured. 24-hour emergency service. We accept all major credit cards except Discover. We are the sister company of Grassmasters, owned by Landings residents, Mike and Diane Schuman. Call us, 912.598.0140.



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TheSkinnie VOL. 22 ISSUE 04 – **29**



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30 - VOL. 22 ISSUE 04 The Skinnie www.theskinnie.com

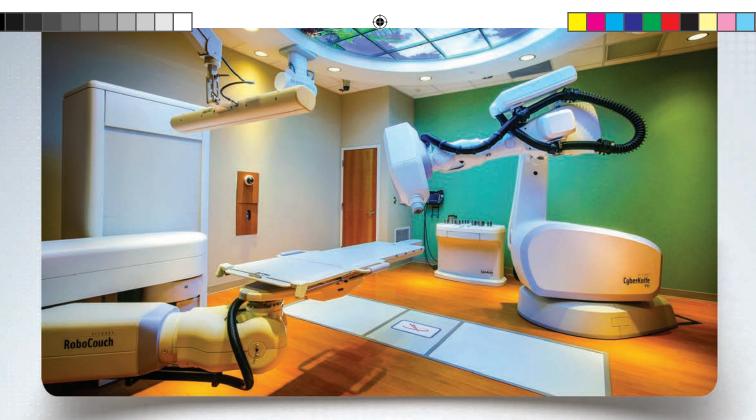




January 4 was a brisk 54 degrees, cloudy and perfectly still at Moon River Landing. So Peter Schreck decided it was time to clean out and check for needed repairs to his bluebird boxes before the nesting season. "When I tapped on the third box I was surprised to find a small furry, large-eyed, face staring at me from the entrance hole," he says. "A flying squirrel had become a squatter in my bluebird box."

"Wild Things" is a regular feature in The Skinnie, featuring your photographs of our beloved island. Email your high-resolution photos to production@theskinnie.com. Please include your name and a little info about where the photo was taken.

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