



The Skinnie

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in this issue:
The Class of '23!



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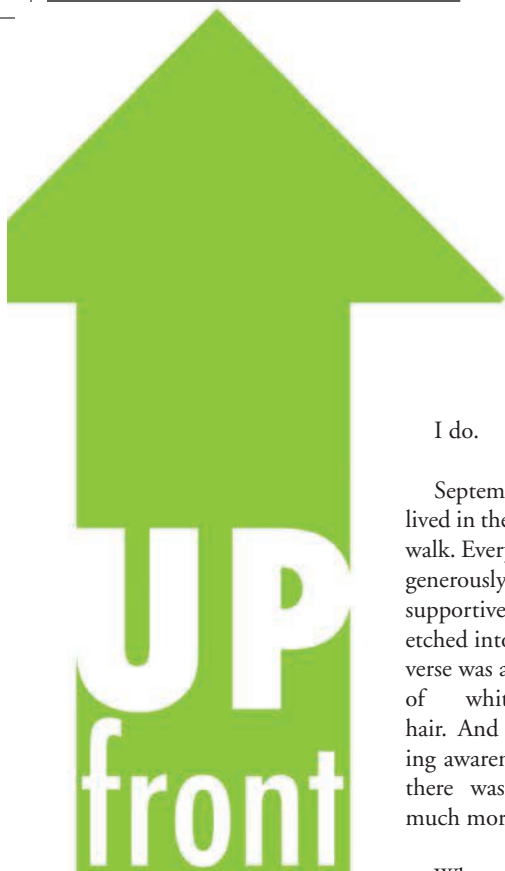
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On page 27, you'll begin to see our annual homage to high school graduates from the Skidaway Island community. The pages-long array of fresh faces illustrates the vibrancy of your home – a place filled with families and people of all ages and interests. Along with the photos, we include text blurbs that detail each young person's post-high-school plans and aspirations. Try to remember your own sense of excitement and wonder when the world beyond your childhood was beginning to reveal itself to you.

I do.

September – college – couldn't come soon enough. I had lived in the same room of the same house since I learned to walk. Everything I needed and much of what I wanted was generously provided to me. My family was intact, close, supportive, and comfortable. Streets, roads, routes were etched into my psyche such that moving through my universe was automatic. I had a girlfriend, a car, and a bunch of white-blond hair. And an aching awareness that there was much, much more...

What "much-much-more" looked like was hazily unclear. What it proved to be was beyond my wildest dreams. Borrowing shamelessly from the graduation-season cliché: The journey (to your wildest dreams) begins with a single step. My single step was a two-hour straight-shot – most of it on US 22 East (now I-78), from central Pennsylvania to the foreign land of Bethlehem (also in PA) – to Lehigh University and a set of opportunities that have fortuitously landed me at this keyboard, right here, right now.

Come that September – 1982 – I would meet the best friends I have ever had, who remain so today. I would learn – and fail to learn until I was forced by the specter of expulsion – chemistry and computer programming and calculus and how to write. I would drink alcohol – lots of it, often – something for which I was ill-prepared having done so only once (to disastrous results) during my high school years. I would lose interest in my girlfriend almost as quickly as she lost interest in me. Eventually, I would improve my freshman-year GPA by a full 1.3. I would share a disgusting room in a cut-rate hotel in the Bahamas with 10 guys and slurp clam chowder at the counter of the Nassau Dunkin' Donuts franchise at 3 in the morning every day for a spring-break week. I would wear a new, dark grey suit with blue-windowpane piping that I bought with my mom while I sat on a plump leather chair in an unimaginably big and fancy office with views of Central

Park as a movie-star handsome partner-in-charge-of-recruiting with perfect hair named Dennis ("Denny," as he signed the offer letter) Reigle promises me \$28,000 plus overtime, an Arthur Andersen business card with my name on it, and a chance to live my New York City dream.

Some nights, it's unavoidable, wish to the contrary as we might: The dreams come in the form of nightmares. Other nights, they are so idealized that our subconscious

attempts to suppress the instinct to awaken. So it was with my New York dream. On balance, though, the New York dream exceeded my most elaborate fantasies and wound its way to a completely surprising and never-before-seen off-ramp in coastal Georgia.

All of this proceeded both exactly as it was supposed to and in-very-few-ways according to plan. What began with the end of high school was a long series of incredible and ordinary things that would have seemed vexingly disjoint and random if evaluated in advance. Yet they are perfectly logical in retrospect. And my relatively unformed mind had no way to predict or process any of it...so we figured things out together in real time.

We're still figuring things out, every day, my mind and me. And high school graduation was a humbling, distant 41 years in my past.

Congratulations; good luck; enjoy every day, now and always, as they will one day be precious memories if you approach them with proper care.



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on the cover:

Our publisher Scott Lauretti snapped this image of one of the many local cats in front of an antique cart in Monemvasia, Greece, along the Peloponnese Peninsula.

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Table of Contents photo by Karen Sheffield

KIWANIS CLUB of SKIDAWAY

K is for Kids

By Melissa Emery

Many Skidaway Island residents are vaguely aware of Kiwanis but might not know much about the organization, its purpose, activities, or history. We fill in some of those blanks here.

Founded in 1987, Kiwanis of Skidaway currently has 147 members. The group was originally named “Golden K of Skidaway,” and was comprised mostly of retired men. Feeling the name discouraged younger people from joining, the group changed its name to the current one during the 1990s. Many current members work full-time.

In the early years, there were very few women, but that is changing quickly. Seventeen women have joined since 2021 – several with their husbands – bringing the female membership to 29. Two past presidents are women, and three women are currently board members. The women bring a great deal of energy, and motherly instincts for caring for children, consistent with the Kiwanis mission.

Kiwanis of Skidaway makes local impact. It serves children of Savannah and Chatham County, spanning causes including at-risk youth, education, healthcare, healthy lifestyles, and mentoring. The club holds several fundraisers each year to raise money and awareness for local agencies that help improve the lives of children. The Landings community has a tradition of generous support for Kiwanis’s fundraisers and mission. In 2022, Kiwanis of Skidaway donated more



Kiwanis International was founded in 1915 in Detroit, Michigan, by a group of businessmen. The organization was originally called the Supreme Lodge Benevolent Order of Brothers, but changed its name to Kiwanis a year later. The new name was coined from a Native-American expression, “Nunc Kee-wanis,” which means, “We trade.” In the early years, members focused on business networking.

In 1919, the organization changed its focus to service — to children, specifically. In 1920, the motto of Kiwanis became “We Build.” In 2005, members voted to change the motto to

than \$120,000 to fund social services, educational programs, protective services, and the general health and wellbeing of children in our area.

In February, the club hosts a pancake breakfast at Skidaway Community Church, which generously offers its space. Kiwanians take care of the setup, cooking, service, and

“Serving the children of the world.”

In the past 100 years, Kiwanis has grown to international proportions, with clubs in Europe, the South Pacific, Africa, South America, and Asia. There are more than 500 clubs in North America, totaling almost 142,000 members. The Georgia district includes 143 clubs within the state. Kiwanis members represent a wide range of ages, careers, and interests. Many volunteer to work with agencies supported by Kiwanis and other organizations to help improve the lives of local children in their communities.

the cleanup afterward. This year’s breakfast was standing-room-only, and additional tables were quickly sourced to handle the overflow crowd.

Kiwanis organizes a chili cook-off in November. Last year’s event took place on a gorgeous autumn day. Many people, families, and pets enjoyed the sunshine and tasty chili

samples. Fourteen Savannah restaurants brought gallons of chili to compete for prizes, including “Hottest Chili,” “People’s Choice,” and “Best Presentation” awards in restaurant and community divisions. In addition to the restaurants, the Landings Club dining facilities participate in this event, as well as area banks, brokerage firms, and clubs.

The Kiwanis Flag Program has been a huge success, contributing more than \$55,000 to the club’s donation funds. For \$50 a year, Kiwanians will place a base holding two American flags in your yard or hallway on four patriotic holidays: Presidents’ Day, Memorial Day, Independence Day, and Veterans’ Day. You’ve seen them all over the island; more than 1,200 residents (about a quarter of households) have subscribed to the program.

Kiwanis hosts three Red Cross blood drives each year. Available time slots usually fill to capacity, and record amounts of blood have been donated by the generous residents of Skidaway Island.

Sponsorships are another substantial source of funds, as companies large and small donate annually to Kiwanis. Currently, there are 27 platinum, gold, silver, and bronze sponsors, generating more than \$40,000. These sponsors take active interest in local children and help improve their lives.

If you have an interest in helping children or learning more about our community and enjoying informative presentations and opportunities for fellowship, please join us. Kiwanis of Skidaway meets every Thursday (except Thanksgiving and Christmas) at the Palmetto Club at 7:45 a.m. Meetings end by 9. Guests are always welcome. Kiwanis



Representatives from organizations Kiwanis Club of Skidaway supported in 2022 gather to receive their contributions, along with Kiwanis members who serve as liaisons with the organizations.

ORGANIZATIONS SUPPORTED BY KIWANIS OF SKIDAWAY:

- America’s Second Harvest Kids Café
- Coastal Children’s Advocacy Center
- Frank Callen Boys and Girls Club
- Horizons Savannah
- Inspiritus Refugee School
- L.O.V.E. (Local Outreach Volunteer Educators) Mediation Center
- P.A.C.K. (People of Action Caring for Kids)
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L-R: Bill Sickels, Pete Stukenberg, Dave Fox (Kiwanis Club of Skidaway President), Mel Watson, and Gary Bocard were among the volunteer cooks making pancakes for the club's pancake breakfast in February.

of Skidaway meetings feature a speaker – an expert in the areas of business, local government, the arts, charitable organizations, education, local history, developments at the Landings, and other topics of interest. Most members feel that they learn something each and every week.

For more information, please visit www.kiwanisofskidaway.com.



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GEN. JONATHAN M. WAINWRIGHT

HE SERVED BY RON LAURETTI



On September 2, 1945, the battleship USS Missouri (BB-63) lay at anchor in Tokyo Bay. Hundreds of men crowded the deck to witness the formal surrender of the Japanese empire, officially ending the hostilities of World War II. Only two Allied military leaders accompanied Gen. Douglas MacArthur, the supreme Allied commander in the Pacific, in receiving the surrender. They were Gen. Arthur E. Percival of the United Kingdom, and Gen. Jonathan M. "Skinny" Wainwright, U.S. Army.

Wainwright was a third generation of his family to serve in uniform – and the only one to outlive his military career. His grandfather, also Jonathan M. Wainwright, was a naval lieutenant killed in action during the Battle of Galveston in 1863. Wainwright's father, Robert Powell P. Wainwright, commanded a squadron of the 5th Cavalry at the Battle of Santiago de Cuba during the Spanish-American War. He died in the Philippines in 1902.

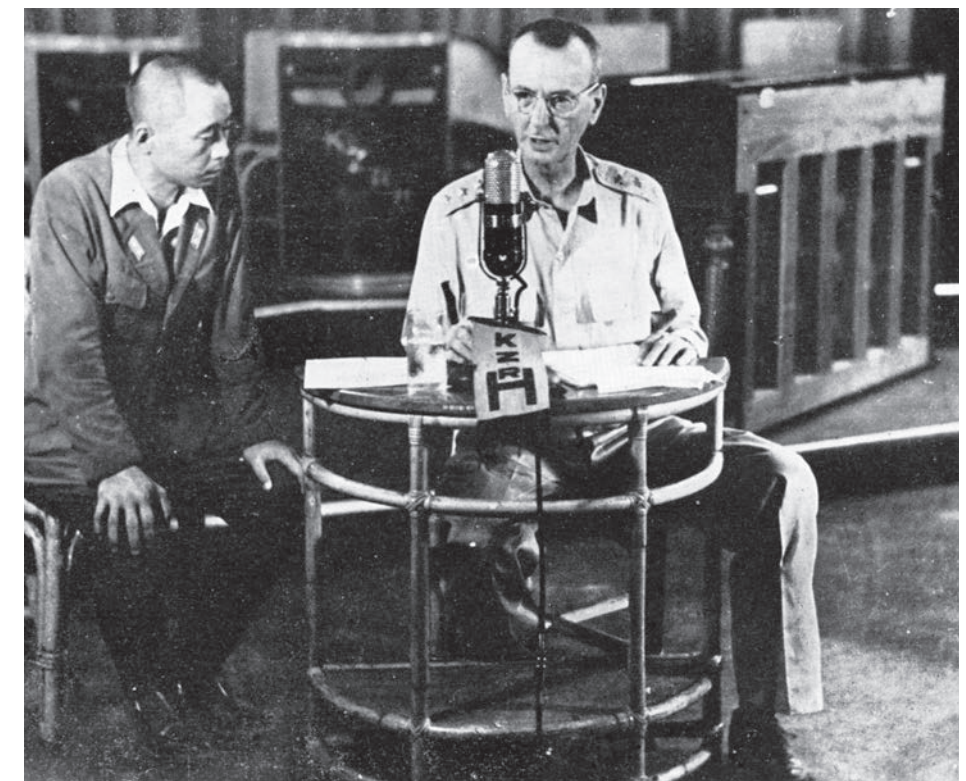
Wainwright graduated from West Point in 1906, where he had served as first captain of the corps of cadets. During World War I, he was assistant chief of staff of the 82nd Infantry Division and saw action in France in the Saint-Mihiel and Meuse-Argonne offensives. In 1920, he was promoted to major while most of his fellow officers were discharged due to a downsizing of the military after the war.

During the period between the two world wars, Wainwright served as a cavalry officer. In 1931, he graduated from the Command and General Staff School at Fort Leavenworth, Kansas, and from the Army War College in 1934. In 1935, he was elected a hereditary companion of the Military Order of the Loyal Legion of the United States, by right of his grandfather's service in the Union Navy during the Civil War.

In 1938, as dark clouds of war gathered over Europe, Wainwright was promoted to brigadier general in command of the 1st Cavalry Brigade at Fort Clark, Texas. In 1940, he advanced to major general, and rushed to the Philippines to serve as the senior field commander of Filipino and U.S. forces there. When the Japanese invaded the Philippines in December of 1941, Wainwright was tasked with leading the resistance. Under his direct command, he had three reserve Filipino divisions and a Filipino scout cavalry regiment, plus a smattering of American troops who had escaped from the Japanese beachhead of Lingayen Gulf. Most American troops had withdrawn to the Bataan Peninsula and Corregidor, defending the entrance to Manila Bay.

The Allied situation in the Philippines rapidly deteriorated. When MacArthur evacuated to Australia in March of 1942, Wainwright inherited the unenviable position of Allied commander of the Philippines, and was promoted to the temporary rank of lieutenant general (three stars). At the time, he needed more men and supplies, not stars.

The 70,000 Allied troops on Bataan were



Under the watchful eyes of a Japanese censor, Gen. Jonathan Wainwright ordered Allied forces in the Philippines to surrender.

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Gen. Douglas MacArthur (left) greets Gen. Wainwright following his release from Japanese captivity in August 1945.

the first to fall. Critically short of food and ammunition to continue an adequate defense, their commander, Maj. Gen. Edward P. King, was forced to surrender the entire garrison. Four weeks later, the Japanese attacked Corregidor in force, defeating its poorly supplied defenders.

There were still defensive forces on Mindanao but because of a shortage of food, supplies, and ammunition, Wainwright ordered the remaining holdouts to surrender to minimize casualties. Many did, but some joined the guerrilla resistance movement operating in the jungle.

By June 9, 1942, all Allied forces in the region, except those who had joined the guerrilla movement, had surrendered. Wainwright was held in prison camps in northern Luzon, Formosa, and Liaoyuan, suffering the same brutal mistreatment as his men despite his prestigious rank. He was overworked, underfed, and physically mistreated. His captors denied him adequate medical treatment. Wainwright shrank to little more than skin and bones.

In August of 1945, after three long, punishing years, he was rescued by the Russian Army. Normally of lean stature, anyway, Wainwright's difficult recovery from near-starvation left him permanently very thin. Hence, the nickname. When MacArthur met the emaciated general in 1945, the Pacific commander-in-chief immediately decided Wainwright should accompany him at the surrender ceremony as an example to the defeated Japanese of American resolve and courage.

As the Japanese delegation boarded their motor launch to depart the Missouri, a formation of American B29 bombers and carrier-based

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Gen. Wainwright stands directly behind Gen. MacArthur at the surrender of Japan aboard the USS Missouri.

fighter-bombers soared overhead, displaying American military might in all its glory to the vanquished enemy. As a gesture of victory and a reward for Yankee survival under extreme conditions, MacArthur gave Wainwright one of the five pens he used to sign the Japanese

surrender agreement.

Wainwright's involvement in the Japanese surrender was not quite finished. After participating in the ceremony on the Missouri, he departed for the Philippines to receive the

surrender of Japanese commander Lt. Gen. Tomoyuki Yamashita.

Afterward, Wainwright was promoted to four-star general, and honored with a tickertape parade in New York City. The humble but courageous general was then awarded the Medal of Honor, the nation's highest military award. On September 28, 1945, Wainwright was named commander of the 2nd Service Command and the Eastern Defense Command at Fort Jay, Governors Island, New York. Four months later, he was named the commander of the 4th Army at Fort Sam Houston, Texas, filling the vacancy left by the recent death of Lt. Gen. Alexander Patch.

Wainwright reluctantly ended his Army career on August 31, 1947, when he reached the then-mandatory retirement age of 64. In his honor, the soldiers of the 4th Army performed a precise "eyes right" salute for the old general as they passed in parade revue.

In spite of failing health, Wainwright made himself available to speak before veterans' groups up until a few months before his death. He was the perfect example of American patriotism, as his Medal of Honor and the 14 other awards mounted on his dress uniform demonstrated.

Wainwright died of a stroke in San Antonio, Texas, on September 2, 1953, at age 70. Attending his funeral service at Arlington National Cemetery were military greats like Omar Bradley, George Marshall, and Edward King. Wainwright is one of the few people to have their funeral held in the lower level of the Memorial Amphitheater at Arlington, a sacred place of honor.

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Smells Like Sunday



It's summer, unofficially. Food should be easy and light. Fresh and healthy. But a meal can be both elegant and all these things. Try this three-piece feast. You can pull it together in under an hour and your dining companions will be dazzled. It leans on the bounty of the season: ripe tomatoes, crab, artichokes, flowering herbs.

Crabmeat is expensive. Unless you're picking your own from your fresh catch, you have three or four choices (in descending order, pricewise): jumbo lump, lump or backfin, and claw. Conventional wisdom is that pricey jumbo lump is the best. Not necessarily. It depends on usage. Claw, in fact, is arguably the most "crabby," flavor-wise, while only half the price of jumbo lump. It's perfect for the pasta here. Rose wine/balsamic vinegar is a hybrid, lighter in color and flavor than pure balsamic and available in local markets. Oregano is exploding in local gardens this year. If you want to add a fourth dessert element to your easy, light meal, offer a bowl of fresh fruit. So simple, so good.

SLICED TOMATOES WITH OREGANO

- Heirloom tomatoes
- Fresh oregano
- Extra-virgin olive oil
- Rose wine/balsamic vinegar
- Salt
- Freshly ground black pepper

Slice tomatoes (I prefer thick slices). Arrange on a serving platter. Generously season with salt and pepper. Drizzle with glugs of olive oil. Follow with vinegar. Strip oregano leaves to scatter all over the tomato slices.

ARTICHOKES "DIJONAISE"

- Large globe artichokes (the purple variety is especially good now)
- 1 c mayonnaise
- 3 tsp Dijon mustard

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1 tbsp celery salt
Salt

Bring a large pot of well-salted water to a boil. Submerge artichokes, cover pot, and cook for 45 minutes to 1 hour (stop when leaves begin to conspicuously fall off). Meanwhile, mix the other three ingredients together in a bowl and set aside. When ready, remove and drain artichokes and serve with the dipping sauce.

LINGUINE WITH CRAB

1 lb linguine
1 bunch spring onions (scallions), coarsely chopped
1 lb claw crabmeat
¼ c salted butter
Crushed red pepper flakes
1 ½ c Malvasia or other semi-sweet to sweet white or "orange" wine
1 28-oz can San Marzano tomatoes, crushed by hand

Melt half the butter over medium heat in a Dutch oven or high-sided saute pan. Add scallions, salt, and cook for 3 to 5 minutes, moving on if they start to brown. Add crab, season with salt and red pepper, stir well. Increase heat to high and add wine. Cook alcohol off for a couple of minutes as wine volume reduces. Add tomatoes, season liberally with salt, bring to a boil, reduce heat to medium-low, and simmer for 10 minutes. Meanwhile, cook pasta in boiling, very salted water. Before dropping drained, cooked pasta into sauce, add the remaining butter and stir into crab mixture to melt. Toss and mix pasta well inside the saucepan.

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AGAINST THE GRAIN



'Gluten-free' Isn't a Fad, It's a Necessity for Celiac Sufferers

Gluten-free: It's a phrase that we hear all the time. Ten years ago, the idea was far less familiar than it has become. Some people are wary of the hype, worrying that it means paying more at a grocery store or restaurant.

Yes, gluten-free is a trend. But for patients with celiac disease, it is a way of life. For others, gluten can affect their quality of life, too. So where do you fit into the gluten discussion?

CELIAC DISEASE

William Mansour, MD, of Gastroenterology Consultants of Savannah, PC, treats patients with a variety of gastrointestinal issues, many of which cause similar symptoms - diarrhea, constipation, bloating, or abdominal pain. Other symptoms such as fatigue, weight loss, and iron deficiency anemia could

be an indication of celiac disease. Anyone can develop celiac disease, but there is a genetic predisposition in Caucasian populations. It is often found in those with a first-degree relative who has celiac disease. People with type-1 diabetes and other autoimmune disorders are also at risk.

"Celiac disease is an autoimmune disorder, which means the body's defense system attacks an allergen," Mansour explains. "In this case, the allergen is gluten."

Gluten is a protein found in wheat, barley, and rye, and other foods that contain those grains. This includes popular foods and drinks such as pasta, breads, soups, and beer.

"If a person with celiac disease ingests gluten, their body's autoimmune process will start attacking the gastrointestinal tract," Mansour says. "This is what causes the symp-

toms such as diarrhea and bloating. But left untreated, celiac disease can also lead to serious issues such as headaches, depression and anxiety, iron deficiency anemia, and a skin rash called dermatitis herpetiformis."

Lifelong untreated celiac disease can lead to lymphoma in some patients. "This is why a diagnosis of the disease is so important," Mansour says.

If Mansour suspects celiac disease, he will have the patient undergo a blood test to detect the level of tissue transglutaminase, or TTG. This is what starts the autoimmune response. "If your level is higher than normal, we follow that up with an upper endoscopy," Mansour explains. "In this procedure, a long, flexible tube with a tiny camera is guided into the stomach and small intestine. We look at these areas and take biopsies of the small bowel. That is how we get our diagnosis."

STRICT DIET = HEALING

There is no medication or surgery for the treatment of celiac disease. Patients must eliminate gluten from their diets to mitigate symptoms. Doing so can be difficult, but there is no other effective treatment.

"We are going to have to change your diet," Mansour says, emphatically. "Otherwise, serious conditions, including cancer, can happen in the long run."

Often, the relief from gastrointestinal distress is enough of a motivator for patients. "It's tough and it's strict," Mansour says of a gluten-free lifestyle. "Especially for younger people who realize they can't have pizza, they can't have a beer. But overall, my patients are very receptive to it. Most people are willing to try anything to be free from these symptoms."

The basic diet eliminates anything made with wheat, barley, or rye. These ingredients can sometimes be in unexpected places such as sauces, salad dressings, or chicken with breading. If a patient tries to go gluten-free

CELIAC DISEASE SYMPTOMS



but still experiences symptoms, Mansour will refer them to a registered dietitian nutritionist at St. Joseph's/Candler.

"The multi-disciplinary approach with me and the nutritionist helps the patient be truly gluten-free and stick with it," Mansour says. "The nutritionists help patients hammer down where the obstacles might be. And then, as the small bowel begins to heal itself, they will notice the change."

NON-CELIAC GLUTEN SENSITIVITY

If Mansour rules out celiac disease but you still notice gastrointestinal symptoms after eating foods with gluten, you may have a non-celiac gluten sensitivity. There is confusion between the two conditions, but the essential difference is that non-celiac gluten sensitivity isn't caused by the autoimmune process. Non-celiac gluten sensitivity will not lead to more serious disease in the way that celiac disease can, if left untreated. And the solution is the same, but less strict: Avoid foods with gluten. If you really can't give up

pasta night, you don't have to. Just be aware that the consequences are gastrointestinal symptoms like bloating, diarrhea, and constipation.

Some proponents of the gluten-free diet claim it will increase your energy and help you lose weight, but there's no evidence of these benefits. In fact, some food manufacturers sell gluten-free baked goods such as brownies or muffins but will add sugar to retain flavor. At the same time, the marketing for these products might give consumers the idea that they are choosing a healthier option.

A correct diagnosis is essential. "Celiac disease mimics a lot of other gastrointestinal issues, so we have to take great care to make sure it is not missed," concludes Mansour. "But you could simply have a sensitivity to gluten, which won't lead to the same systemic effects of celiac disease. We can diagnose what is happening and help you make the choices that are best for you."



William Mansour, MD

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TheSkinnie VOL. 21 ISSUE 12 - 23

Congratulations!

The Savannah Country Day School Congratulates the Class of 2023!

The Class of 2023 earned admission to 110 colleges and universities in 33 states and the District of Columbia. Additionally, these 79 graduates were offered scholarships totaling more than \$7 million collectively from all admitting colleges—in addition to the HOPE awards. Finally, these students enjoyed great results from our two state flagship universities, UGA and Georgia Tech. 60% of our applicants earned admission at Georgia, while 61.5% were admitted at Tech. The impressive list of admitting schools is a testament to our talented students who embrace a rigorous curriculum while receiving personalized college guidance from our team of experienced counselors.

The Class of 2023 will attend the following colleges and universities:

- | | | |
|---|---|--|
| Aden Adjei Massachusetts Institute of Technology | Michael Grandy Proctor Academy | Yenna Park United States Military Academy at West Point |
| Phil-Anthony Ajayi Case Western Reserve University | Owen Haas Florida State University | Paige Parsons Georgia Institute of Technology |
| Phil-Isabelle Ajayi New York University | Lane Hammond Georgia Southern University | Leyla Patel University of Virginia |
| Nat Barid Georgia Southern University | Ethan Harrison Union College | Jade Perrin American University |
| Lily Barton Wofford College | Liv Hecht Auburn University | Haley Phillips University of Georgia |
| Claudia Birthisel Texas Christian University | Brayden Heiges The University of Pittsburgh | Anna Pollak Brown University |
| Banks Bradley University of Virginia | Ned Henneman Vanderbilt University | Anslee Poppell University of Georgia |
| Britney Brown George Washington University | Avi Heyman Duke University | Maddox Rahimi Louisiana State University |
| Alli Lane Buckler Wake Forest University | Skye Horn Auburn University | Adrian Remington University of North Georgia |
| Reagan Carlson Parsons School of Design | Katie Horne Auburn University | Owen Rogers Clemson University |
| Noah Carney University of Georgia | Mason Howington University of Georgia | Roni Rosales Giron Clemson University |
| Michael Clifton Kennesaw State University | Chase Huggins Emory University | Jordan Ruben Georgia Institute of Technology |
| Anna Conley University of Georgia | Rowan Indgjer Berklee College of Music | John Ryan Brown University |
| Taylor Conley University of Georgia | Sophia Jenkins Ithaca College | Sarah Jane Schulze Duke University |
| Madalyn Cox Georgia Southern University | Kat Johnson Oglethorpe University | Ben Sentman Florida Institute of Technology |
| Gracie Daters Washington and Lee University | Alex Kaminsky New York University | Stone Spivey Auburn University |
| Keeley Daughtry Georgia Southern University | Maya King Georgia Institute of Technology | Eliza Stubbs University of Georgia |
| Nicholas Eskandar Southern Methodist University | Amanda Kronowitz Hobart and William Smith Colleges | Lily Tran Agnes Scott College |
| Aidan Eyth Johns Hopkins University | Peyton Lewis Auburn University | Arden Watson Adelphi University |
| Jake Felser Georgia College | Logan Lin Rollins College | Soren Watson University of Miami |
| Ruby Fleetwood Georgia College | Julia McGoldrick Clemson University | Olivia Wells University of Georgia |
| Molly Fountain Auburn University | Maison Miller Auburn University | Lawler White University of Georgia |
| Melanie Fox Gap Year | María Miller Clemson University | Davis Wilkes University of Georgia |
| Marshall Gerber University of Georgia | Jackson Mondy Auburn University | Eoin Wilson Georgia Institute of Technology |
| Mia Goldberg Indiana University | Amani Mouna Augusta University | Fiona Wilson The University of Texas |
| Carson Grady High Point University | Sloan Mullins Savannah College of Art and Design | Alysa Young University of Georgia |
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Congratulations! CLASS OF 2023



Skidaway Island is home to residents of all ages, interests and walks of life. The Landings is often considered a retirement community, full of folks who have lived most of their lives somewhere else. To the contrary, one aspect of Skidaway's appeal, a feature that differentiates the development from so many other recreation-focused gated communities along the Southeastern coast, is its multigenerational makeup.

The Skidaway Island Class of 2023 has 86 graduates. They have attended a variety of schools, including Savannah Country Day School (39), Benedictine Military School (16), Calvary Day School (9), St. Vincent's Academy (7), St. Andrew's School (4), Savannah Arts Academy (3), the Habersham School (2), Savannah Christian Preparatory School (2), and one each from the Baylor School (Chattanooga, Tennessee), Hebron Academy (Hebron, Maine), New Hempstead High School, and home school.

Each year, we congratulate Skidaway teens who have achieved one of early life's special milestones – high school graduation. We depend upon local schools and our readers to identify each year's cap-and-gown kids. The process is imperfect, we probably miss some but we do the best we can with the information provided.

Interestingly, there are three sets of twins among this year's grads, which seems like a lot. But, according to the CDC (and a variety of other readily available sources), the twin birthrate in the U.S. is approximately 3.1 percent, which is a product of steady increases since 1980, when the number was ap-

proximately 1.8 in 100 births. The Skidaway Class of 2023 exceeds the current norm only slightly, at 3.6 percent. So, our kneejerk instinct to joke, "Must be something in the water," a.k.a. the Upper Floridan Aquifer, would be hyperbolic.

In any case, join us in congratulating these young people and their families, and reading a bit about their aspirations and plans.



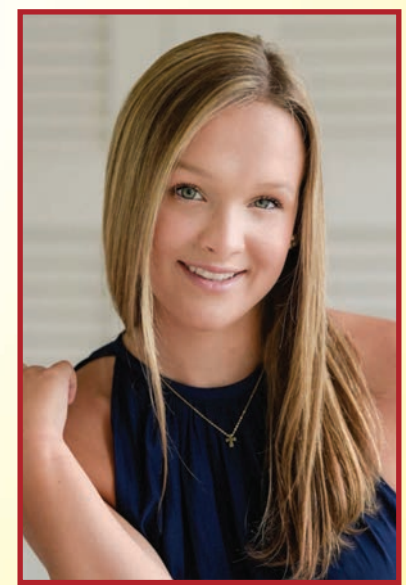
CLAUDIA BIRTHISEL

Savannah Country Day School
Claudia will attend Texas Christian University in the fall. She plans to study biology on the pre-med track with aspirations to become a dermatologist.



VICTORIA LEE BOCKHOLD

Calvary Day School
Victoria graduated with High Honors, and will major in 3D animation at the Savannah College of Art and Design.



YANCEY BANKS BRADLEY

Savannah Country Day School
Banks is headed to Charlottesville and the University of Virginia to major in business.



TYLER BROWN

Tyler will be a Mountaineer, enrolling at West Virginia University in the fall.



MCALLISTER LANE BUCKLER

Savannah Country Day School
McCallister will major in psychology at Wake Forest University in North Carolina.



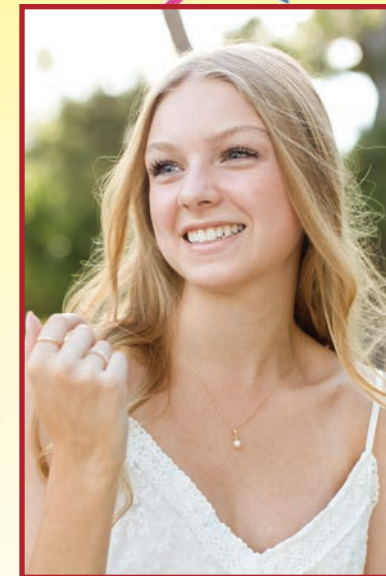
ABBY CLARK

St. Vincent's Academy
Abby is off to Georgia College and State University in Milledgeville, where she intends to major in psychology.



REBECCA GRACE DATERS

Savannah Country Day School
Gracie has enrolled at Washington and Lee University in Lexington, Virginia, to major in biology.



JESSICA DOWNEN

St. Andrews School
In the fall, Jessica is bound for the University of Georgia, with the intention to major in marketing.



STEPHEN DUSEK

The Habersham School
Stephen plans to attend Samford University in Birmingham, Alabama.



ANNA CONLEY

Savannah Country Day School
Anna, one half of the Conley twins, will major in biology at the University of Georgia.



TAYLOR CONLEY

Savannah Country Day School
Taylor, the other twin, is headed for Athens (UGA), too, where she will major in psychology.



MADALYN ELIZABETH COX

Savannah Country Day School
Madalyn has a love for children, and plans to pursue a career as a pediatric physician's assistant.



JAKE FELSER

Savannah Country Day School
Jake has chosen Georgia College to continue his studies.



REID FERRARO

Benedictine Military School
Reid will be an Eagle, taking his interest in analytics to Georgia Southern University.



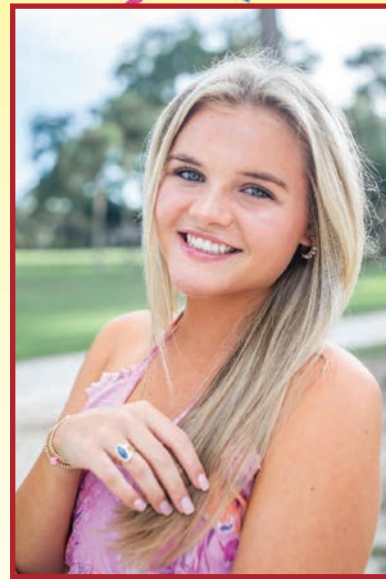
JOHN (JACK) FLATHMAN

Benedictine Military School
Jack will be a different kind of Eagle (War) from Reid, when he heads to Auburn University.



MOLLY FOUNTAIN

Savannah Country Day School
Molly is also off to Auburn, where she will join the Honors College community. She plans to study biomedical science and hopes to help kids through health care.



EMMA FREDRICH

St. Vincent's Academy
Emma will major in marketing at the University of Mississippi.



MARSHALL GERBER

Savannah Country Day School
Marshall will attend the University of Georgia to major in business.



GRAYDON SHERIDAN GUSTINELLA

Benedictine Military School
Graydon – one of two twin Yellowjackets – will attend the Georgia Institute of Technology this fall, majoring in biology with a minor in music. He aspires to orthopedic surgery.



PACE SHERIDAN GUSTINELLA

Benedictine Military School
Pace – the other Yellowjacket twin – plans to study civil engineering at the Georgia Institute of Technology this fall. He is interested in land development and design, as well as wastewater issues.



OWEN CHARLES HAAS

Savannah Country Day School
Owen will attend Florida State University to pursue a degree in psychology. As a Georgia state and national champion, he will continue his sporting career on the FSU skeet and trap team.



MEGAN GLADDEN

St. Vincent's Academy
Megan graduated with honors, and will attend the University of Georgia, majoring in finance at the Terry School of Business.



MIA GOLDBERG

Savannah Country Day School
Mia is bound for the Hoosier State and Indiana University, in the fall.



CARSON ALEXANDER GRADY

Savannah Country Day School
Carson is off to High Point University in North Carolina.

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ETHAN HARRISON

Savannah Country Day School
Ethan heads north, to Union College in New York, where he will major in biology to pursue his dream of medical school.



LIV HECHT

Savannah Country Day School
Liv will dawn navy blue and burnt orange as an Auburn Tiger, with a major in psychology.



NATALIE CLAIRE HEDDLESON

Savannah Arts Academy
Natalie has enrolled at the University of Alabama.



CHASE HUGGINS

Savannah Country Day School
Chase will major in business and economics at Emory University in the fall.



MADELINE BELLE JACKSON

St. Vincent's Academy
Belle will study at the Cox School of Business at Southern Methodist University in Dallas, where she will major in finance.



KAT JOHNSON

Savannah Country Day School
Kat plans to attend Oglethorpe University in Atlanta, where she will play basketball and pursue a degree in pre-med and biology.



STELLA HEIMES

St. Vincent's Academy
Stella will major in accounting at the University of Georgia this fall.



SKYE ALEXIS HORN

Savannah Country Day School
Skye is off to Auburn as a Tiger, undecided on a major at this time.



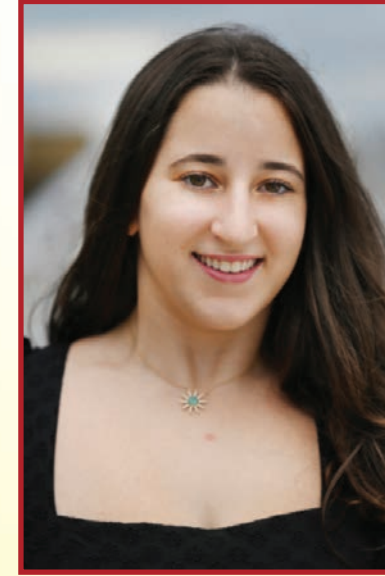
KATIE HORNE

Savannah Country Day School
Katie will attend Auburn University as a business major in the fall.



ALEXANDRA DEVIN KAMINSKY

Savannah Country Day School
Alexandra is looking forward to attending New York University Tisch School of the Arts this fall. She intends to pursue a career in the performing arts.



AMANDA BURNHAM KRONOWITZ

Savannah Country Day School
Amanda will matriculate at Hobart/William Smith Colleges in Geneva, New York, in the fall.



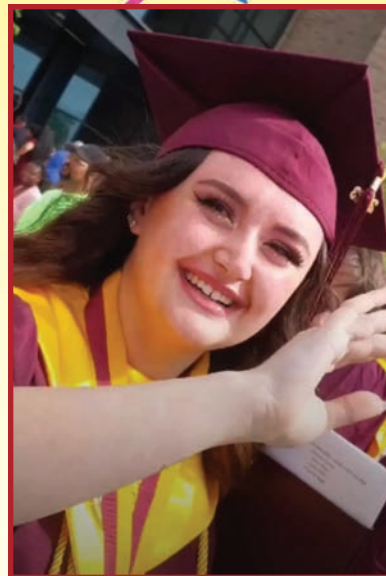
CAROLINE A. KURINIJ

St. Andrews School
Caroline looks forward to heading to the University of Georgia in the fall. Go Dawgs!



PEYTON LEWIS

Savannah Country Day School
Peyton has enrolled at Auburn University, and plans to major in commercial music.



ELLA WILLOW LYNN

New Hempstead High School
Ella has decided to attend Agnes Scott College in Decatur, Georgia, in the fall.



JACKSON MCCOY

Benedictine Military School
Jackson will major in business at the University of Georgia.



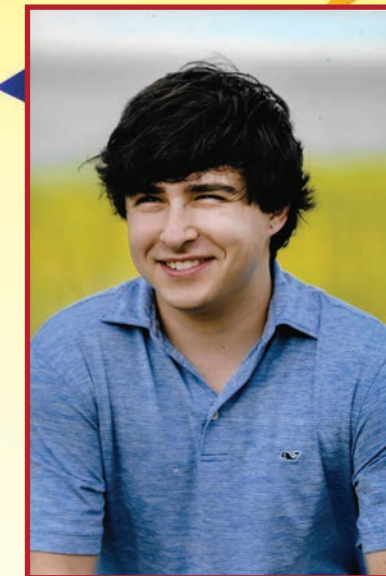
ELLIE NEIL

Savannah Country Day School
Ellie graduated cum laude and will be continue her studies at Elon University in North Carolina, pursuing a degree in psychology.



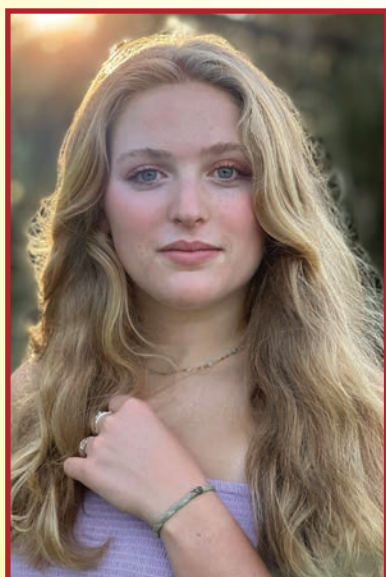
LYRIC DENISE OLSON

Savannah Arts Academy
Lyric will attend the University of Kentucky to major in biology and run track for the Wildcats.



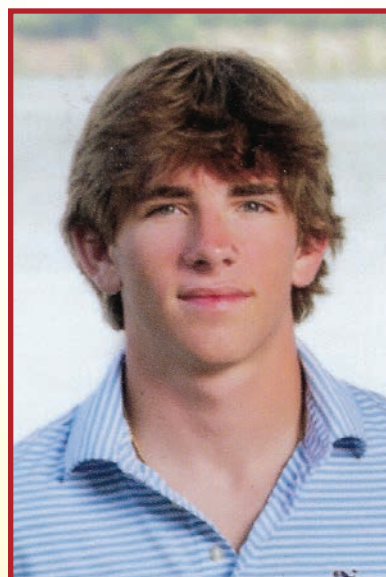
JAKE BENJAMIN PADEREWSKI

Hebron Academy, Hebron, Maine
Jake is headed west to the University of Colorado in Boulder this fall.



MARIA CLAUDIA MILLER

Savannah Country Day School
Maria will enter Clemson University's College of Engineering in the fall.



ROBERT MILLER

Savannah Christian Preparatory School
Robert will be attending Emmanuel College on a bass fishing scholarship. He plans to major in business communications.



JACKSON BAILEY MONDY

Savannah Country Day School
Jackson plans to major in biochemistry at Auburn University.

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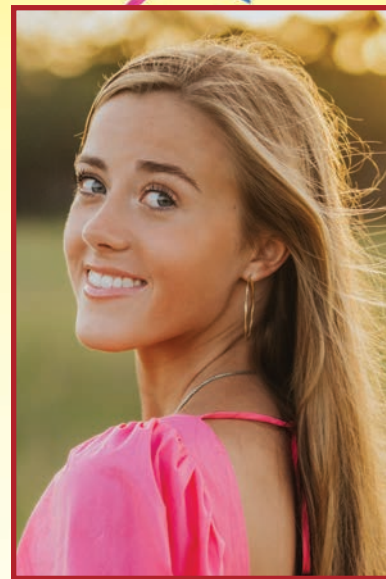
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BLAKE FOSTER PHILLIPS

Benedictine Military School

Blake will attend Georgia Southern University in the fall, and study atmospheric science.



HALEY PHILLIPS

Savannah Country Day School

Haley joins the incoming class at the University of Georgia in the fall. She plans to major in business with the possibility of law school after graduation.



ZACHARY ALEXANDER PINYAN

Savannah Christian Preparatory School

Zachary graduated summa cum laude. He has enrolled at Southern Methodist University in Dallas, where he has been accepted into the Cox School of Business.



JORDAN SYDNEY RUBEN

Savannah Country Day School

Jordan graduated as salutatorian. She will attend Georgia Institute of Technology to pursue a degree in environmental engineering.



JOHN RYAN

Savannah Country Day School

John will enroll at the Ivy League's Brown University in Rhode Island. He will compete on the track and cross-country teams.



JACK HARRIS SAUL

Benedictine Military School

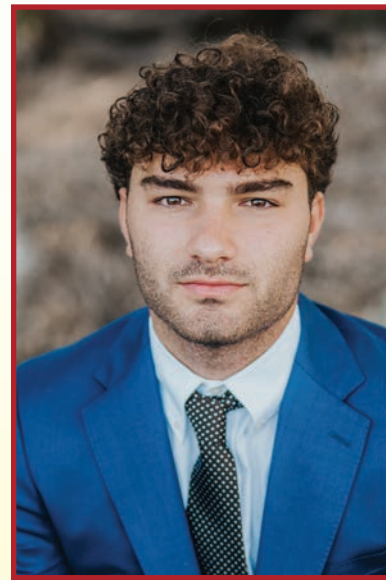
Jack will attend Georgia College in Milledgeville as a business major.



ANSLEE POPPELL

Savannah Country Day School

Anslee will matriculate at the University of Georgia in the fall. She plans to earn a master of medical science degree in anesthesiology to practice as a certified anesthesiologist assistant.



MADDOX RAHIMI

Savannah Country Day School

Maddox has enrolled at Louisiana State University to major in biomedical engineering.



AIDAN D. RITZERT

Benedictine Military School

Aidan will continue his education at the University of Georgia, where he will pursue a degree in electrical engineering.



ARHAM SAWAL

Calvary Day School

Arham plans to study computer science.



BEN SENTMAN

Savannah Country Day School

Ben will join the incoming class at Florida Institute of Technology, where he will major in aerospace engineering.



ANGELINA MARIE STACK

Savannah Arts Academy

Angelina is headed for the University of Georgia in the fall, majoring in psychology with a concentration in neuroscience.

ALSO GRADUATING

MACLEAN BABCOCK
St. Andrews School

ALANA BEDDOW
St. Vincent's Academy

PHOEBE BURGNER
Calvary Day School

KATE CRUNKLETON
Calvary Day School

JACKSON DONOVAN
Benedictine Military School

STEVEN DUNNE
Calvary Day School

TIMOTHY FARRELL
Benedictine Military School

CONNOR FRICK
Benedictine Military School

MASON HOWINGTON
Savannah Country Day School

ELLIE GRACE JOHNSON
Calvary Day School

ISABELLA JOHNSON
Calvary Day School

LOGAN LIN
Savannah Country Day School

SARA MONTAGUE
Calvary Day School

HARRISON MONTOVAN
Benedictine Military School

PAIGE PARSONS
Savannah Country Day School

JOSEPH STOEVER
Benedictine Military School

TYLER TIFT
Habersham School

LILY TRAN
Savannah Country Day School

MASON TURNER
Calvary Day School



MADELINE STROMQUIST

St. Vincent's Academy
Madeline is excited to begin pursuing her goal of becoming a pediatric oncologist.



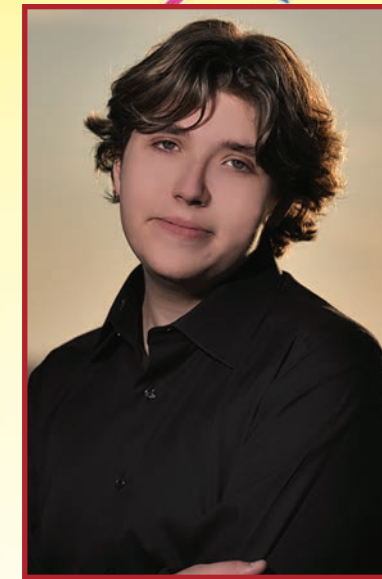
WILLIAM DREW STUTZMAN

Benedictine Military School
Will is going to major in biology at the University of Georgia.



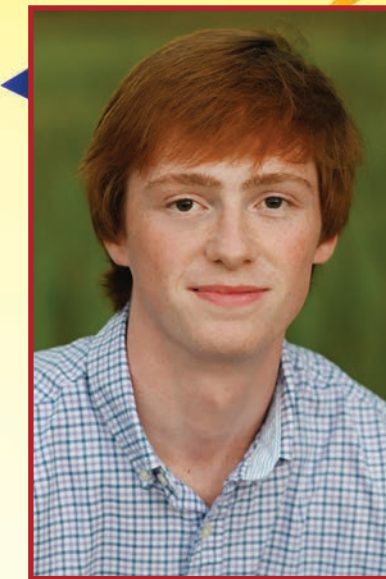
LAWLER WHITE

Savannah Country Day School
Lawler is matriculating at the University of Georgia, to major in biology in preparation for a career in dermatology.



DAVIS WILKES

Savannah Country Day School
Davis will attend the School of Public and International Affairs at the University of Georgia, majoring in pre-law.



EOIN WILSON

Savannah Country Day School
Eoin, choosing a different school from his twin, is very excited to be attending Georgia Institute of Technology as a mechanical engineering major.



WILL TAYLOR

The Baylor School, Chattanooga, Tennessee
A three-time NISCA All-American swimmer, Will will swim for the University of Alabama, where he will major in finance and international business.



ROGAN THOMPSON

Benedictine Military School
Rogan will be enrolling in Auburn University's School of Business.



FIONA WILSON

Savannah Country Day School
Fiona, opting for the Longhorn instead of her twin's Yellowjacket, joins the interdisciplinary arts and science honors program at the University of Texas at Austin.



RICHARD GARY WITBECK

Saint Andrews Academy
Richard earned a full academic scholarship from the University of Alabama, where he will pursue two majors – mathematics and music. He is spending this summer in Japan speaking the language and learning the culture.



CHRISTOPHER ARTHUR ZIPPERER, JR

Benedictine Military School
Chris will attend Ogeechee Technical College and major in agriculture business in preparation for a career in a five-generation family enterprise, Hester & Zipperer.

ACROSS

- 1. Triathlon need
- 5. Up to snuff
- 9. Amorous archer
- 14. Altar word of old
- 15. World Cup cry
- 16. Battery cell
- 17. Applicability
- 19. Type of sentence
- 20. Make intelligible
- 21. One way to listen or follow
- 23. River ride
- 25. Meter need
- 28. Hard to rattle
- 29. Kid's claim
- 33. Agree to, as terms
- 35. Coupler
- 37. Bumped into
- 38. Bake, as eggs
- 39. Go for the gold?
- 40. Old saying
- 42. Till bill
- 43. Like some vaccines
- 45. Seaplane's anchor
- 46. As a result
- 48. Prefix for section or state
- 50. Tape, say
- 51. Track event
- 54. Place for plates
- 57. Last Supper attendee
- 61. In progress
- 62. Most important
- 64. Big dipper
- 65. Unwelcome look
- 66. Pigmented eye part
- 67. Young chicken, for cooking
- 68. Not straight
- 69. Throw in the towel

DOWN

- 1. Drill
- 2. Alpine goat
- 3. Food for sea urchins
- 4. Makeup bag item

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
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42				43	44				45					
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54	55	56							57			58	59	60
61						62	63							
64						65					66			
67						68					69			

- 5. 2004 Meg Ryan film, "___ the Ropes"
- 6. Hood worn on "The Handmaid's Tale"
- 7. Resinous deposit
- 8. End of a race
- 9. Chocolate substitute
- 10. Still wrapped
- 11. Southern dish
- 12. Adored one
- 13. Withhold from
- 18. Airport shuttle, often
- 22. Vegas "lady"
- 24. Payment to a writer
- 25. Social division
- 26. Reddish yellow
- 27. Cupcake topper
- 30. Photoshop item
- 31. Kicked off
- 32. Knight's ride
- 34. Debate position
- 36. Bud holder?
- 39. Long cigar
- 41. Like many wines
- 44. Disturb
- 45. Window cover
- 47. Cal Ripken Jr. was one
- 49. Pencil end
- 52. Computer command
- 53. Hoodwink
- 54. Young yak
- 55. Miles away
- 56. Wine attribute
- 58. Lose steam
- 59. ___ to rest
- 60. Word ending a threat
- 63. Mend a hem

Puzzle answers, page 45

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Above: Maria Fernandez
Right Jorge Gojman
Far Right: Betty Gorman
Below: Michael Welsh
Below Right: Diane Gannon

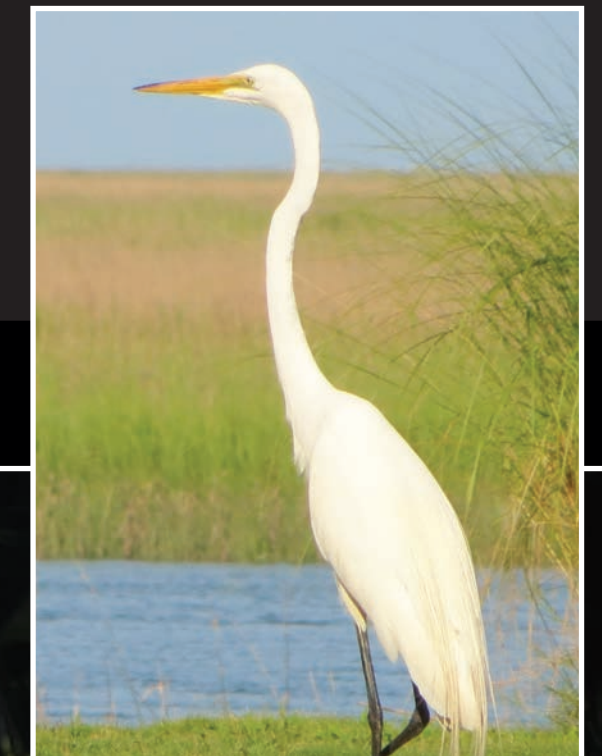
EGRETS

WE'VE HAD A FEW!

More than a few, actually. It's become an April Fools tradition to feature some of the MANY photo submissions we receive throughout the year of an egret on a marsh, or a heron on a lagoon, or some form of waterfowl.



Left: Richard Wolfert
Below Left: Thomas Barnard
Below Right: Cindy Glazar
Bottom: Becky Carter





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