



The Skinnie

ISSUE 23 **DECEMBER 1, 2023**



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Upfront

It's chilly as write this. My office doesn't want to warm up. Comfort food – especially when it's flavored by family traditions – warms both body and soul.

We're smack in the middle of holiday season; so, in this issue, The Skinnie offers a small collection of favorite recipes from our family kitchens. You'll find them on page .

If you're a regular reader, you know cooking is my thing. My Instagram handle is @SmellsLikeSunday, a nod to the sensory and spiritual joy that comes from slow-simmering sauce and serving it to the people you love. Follow me for videos and photos and recipes from my kitchen, and moments from my broader world.

For me, there's nothing more fortifying – in every way - than rigatoni and meatballs. My recipe and its attendant sauce has evolved over many years to its current version, which finally feels like its fully-actualized self. I hope it makes you as happy as it does me.

A DOZEN MEATBALLS IN RED SAUCE

1 lb ground beef (80/20)
1 lb ground pork
1 c yellow onion, diced
6 cloves garlic, minced
1 c grated pecorino cheese
2 eggs
2 c day-old rustic Italian bread, torn into small pieces (crust included)
1 ½ c whole milk
4 tbsp olive oil plus ½ c
¼ c Italian parsley, chopped
Salt and freshly ground black pepper

Heat 4 tbsp olive oil in a small saute pan over medium-high. Add onions, season with salt, and cook for 5 minutes, stirring to prevent excessive browning. Add garlic, stir well, and cook for another minute. Remove from heat and transfer to a large mixing bowl.

In a small bowl, combine the bread and milk and allow the bread to absorb the liquid.

When onions and garlic have cooled, add beef and pork to the large mixing bowl and season liberally with salt and pepper. Mix lightly by hand to combine the meats well.

Squeeze excess milk from the bread. Add soaked bread, cheese, egg, and parsley to the bowl with the meat. Mix well - but gently - by hand until everything is well combined.

Line a baking sheet with parchment paper or aluminum foil. Roll



meat mixture into balls, slightly smaller than baseballs but bigger (significantly) than golf balls. Refrigerate for 30 minutes to firm them.

Preheat oven to 375.

Remove meatballs from refrigerator.

Heat ½ c olive oil in a Dutch oven or heavy, high-sided pan (at least 8 inches high). Carefully brown meatballs, in batches if necessary, on all sides (taking care not to break when turning). Remove to the lined baking sheet.

Place baking sheet with browned meatballs in preheated oven for 15 minutes. Remove sheet from oven and allow meatballs to rest and cool before adding to a pot of red sauce (recipe to follow) to finish the cooking process.

Marinara Sauce

2 28-oz cans whole peeled San Marzano tomatoes
1 c chopped yellow onion
8 garlic cloves, finely chopped
¼ c extra virgin olive oil
½ tsp red pepper flakes
Handful fresh oregano, leaves chopped (or a heaping tsp dried)

In a large Dutch oven or high-sided pan, heat olive oil over medium-high and reduce to medium before it reaches its smoking point. Add onions, salt liberally, stir, and saute for 5 minutes. Add garlic, red pepper, and oregano, and cook for a minute or 2. Add tomatoes, salt very liberally (don't be afraid), stir well to incorporate all ingredients, increase heat to high, and bring to a boil. Reduce heat to low, cover, and cook gently for 30 minutes to an hour. Check occasionally and stir to prevent sauce from scorching. Uncover and simmer for 15 to 30 minutes, stirring occasionally. Add meatballs and coat with sauce. Simmer for another half hour, or until your heart's content.

Scott A. Lauricelli

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The holidays are upon us, and this time of year is chock full of memories.

It is a magical season, encompassing many traditions and gatherings, along with many emotions. This is where music comes in, as it possesses the incredible ability to resonate with us in the moment and across decades.

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in particular have a way of enriching our family celebrations and capturing moments in our hearts.

For our upcoming Holiday Stories of Savannah concert, we are delighted to be working with Dr. Bertice Berry, PhD, of Institute for Story to gather an archive of Savannah holiday memories from residents across the community, which will be shared throughout the concert and on our website.

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LETTER TO THE EDITOR

CLOSE TO HOME

This letter is written in support of a letter published in The Skinnie, Vol. 21, Issue 20, that was written by Brian Kornblatt. I am a retired orthopedic surgeon. As you might expect, I dealt with many trauma cases in 39 years. I echo what Brian said about time being of the essence in these matters (trauma and emergency calls). We need a Skidaway Island ambulance. If one life is lost because of delay in rescue, that is a travesty. I am sure that most residents would gladly pay up to \$76 to insure first responders are here on the island.

Steven Holsten, M.D.



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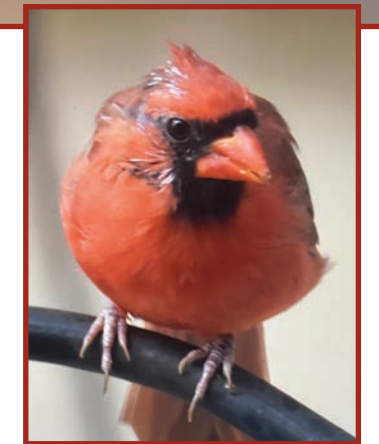


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Background image by Peter Schreck (see also page 39)



on the cover:
Becky Carter shared this photo of
a daily visitor to the Carter home.

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SWEET CHRISTMAS

Holiday Recipes from the Staff of The Skinnie

The Christmas season and family traditions are inseparably linked for many. When I was a kid, my great aunt's portly friend came to our house close to dinner time every Christmas Eve. He was, of course, dressed as Santa. Like eggnog, the guy visited just once a year, with unflinching regularity. Both reliable and rare.

Stockings, decorations, petrified fruitcake...we return to them every December and liberate them from their box-homes on our highest shelves. Similarly, we reach for food-stained recipe cards that remind us how to make the things our mothers made that appears on our tables, too. Perhaps, at no time is the term "comfort food" more appropriate than Christmas. One bite and we're back in our little pajamas, so excited we can't sleep.

Our Skinnie family shares its culinary traditions with you. Maybe you'll be tempted to add one of our favorites to your holiday table. — S. L.

CHOCOLATE-PEPPERMINT BARK (ALL BARK AND BITE)

Jenna Treat & Sofia Lauretti

We made this after Thanksgiving and couldn't stop snacking on it while we decorated our Christmas tree. Chocolate and mint is an addictive combination. Sofia, the baking queen of the family shared her go to recipe.

- 12 oz white chocolate, coarsely chopped (or chips)
- 6 oz semi-sweet or bittersweet chocolate, coarsely chopped (or chips)
- 1-1/2 tsp coconut oil
- 1/2 tsp peppermint extract
- 3 candy canes

Place the unwrapped candy canes in a sealed zipped-top bag and roll or bang with a rolling pin or meat mallet until crushed.

Line the bottom and sides of a 8-inch or 9-inch square baking pan with parchment paper or aluminum foil, smoothing out any wrinkles. Or use a lined baking sheet. Set aside.

Place 6 ounces of white chocolate in a small heatproof bowl or a liquid measuring cup.

****Repeat after eating the first portion you measured out. HaHa****

Add 1/2 teaspoon of oil. Melt in 20-second increments in a microwave, stirring vigorously with a silicone spatula or spoon after each increment, until completely melted and smooth. White chocolate and chocolate overheat easily, so it's important to do this in increments.

Once melted, stir in 1/4 teaspoon peppermint extract. Pour melted white chocolate into the prepared baking pan or sheet, and, with an offset spatula or spoon, spread into a thin smooth layer. Place the baking pan in the refrigerator for 10 to 15 minutes or until almost completely set. If it sets completely, the bark layers could separate.

Place semi-sweet chocolate in a small heatproof bowl or a liquid measuring cup. Add 1/2 teaspoon of oil. Repeat melting, just as you did with the white chocolate. Once melted, stir in remaining 1/4 teaspoon peppermint extract. Pour all the semi-sweet chocolate over the white chocolate layer and spread it into a smooth layer. Place the baking pan back in the refrigerator for 10 to 15 minutes or until almost completely set.

Place the remaining white chocolate in a small heatproof bowl or a liquid measuring cup. Add last 1/2 teaspoon of oil. Repeat melting, just as you did with the other layers. Pour over the bark layers and spread into a smooth layer. (This layer will not have peppermint extract.) Sprinkle evenly with crushed candy canes.

Refrigerate until completely set, about 1 hour. Once hardened, remove from the pan and peel off the foil or parchment. Break or cut into pieces.

Portion into decorative tins, lined with parchment paper for the perfect holiday party hostess gift!

Enjoy!

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SWEET POTATO SOUFFLE

Teri Grayson

This sweet potato soufflé is one my family always asks for at Thanksgiving. So simple to make and extremely tasty. Enjoy!

4 cups fresh sweet potatoes, boiled, peeled, and mashed (approx. 2-4 potatoes)

2 eggs

1 cup granulated sugar

½ stick of butter, melted

1 tsp vanilla extract

3 tbsps orange juice (or OJ concentrate, if you really like a more citrus taste)

½ tsp ground cinnamon

½ tsp ground nutmeg

½ cup shredded coconut

½ cup evaporated milk

Ingredients for topping

1 cup brown sugar

½ cup all-purpose flour

1 cup chopped pecans

½ stick butter, melted

Cut potatoes into large chunks (for easier peeling and flavoring) and boil in lightly salted water, covering the potatoes. Cook until fork tender. Peel and mash potatoes.

Preheat oven to 350 degrees.

Have all ingredients at room temperature before combining. Combine eggs, melted butter, vanilla, orange juice, and evaporated milk. In a separate bowl, mix sugar, cinnamon, nutmeg, and coconut thoroughly, then add sweet potatoes and mix. Combine the liquid ingredients into the potato mixture and stir well.

Pour into a greased 3- or 4-quart casserole dish and level the mixture.

For the topping – combine ingredients and drop in small spoonfuls evenly over the casserole. Bake in a preheated oven at 350 degrees for 30 minutes or until brown and bubbly. Enjoy.

PUMPKIN CAKE ROLL

Courtney Hendrix

3 eggs

3 tsp. cinnamon

1 tsp. ginger

½ tsp. nutmeg

½ tsp. salt

1 c. finely chopped walnuts

1 c. sugar

2/3 c. pumpkin

1 tsp. lemon juice

¾ c. flour

1 tsp. baking powder

Filling

1 c. powdered sugar

2 (3 oz.) pkg. cream cheese

4 T. butter or margarine

½ tsp. vanilla

Combine all ingredients and beat until smooth. Beat eggs on high speed of mixer for five minutes, gradually beat in sugar. Stir in pumpkin and lemon juice. Mix together flour, baking powder, cinnamon, ginger, nutmeg, and salt. Fold into pumpkin mixture. Spread in greased and floured 15 x 10 inch pan. Top with walnuts. Bake at 375° for 15 minutes. Turn out on towel sprinkled with powdered sugar. Starting at narrow end, roll towel and cake together, cool. Unroll, spread with filling and roll up. Chill, slice to serve.





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ALMOND COOKIES

Philip Schweier

I'm told my grandmother made these during the holidays. I don't really remember, as I was only 6 when she died. When I was in high school, my sister, Paula, took up the baton and has continued the tradition since.

- 1 lb butter
- 2 c brown sugar
- 2 c granulated sugar
- 1 lb sliced almonds
- 1 oz almond extract
- 4 egg yolks and whites, beaten separately
- 1 tsp baking powder
- 1 tsp cream of tartar
- 1 tsp baking soda
- 4 c flour, measured before sifting
- Milk

Ground almond pieces. Save 30 to 40 almond slices to press into the top of each cookie. Mix powder, tartar and soda. Beat sugars and butter until creamy. Add beaten egg yolks and mix well. Stir in dry ingredients and mix well. Add almond extract and mix well. Fold in beaten egg whites. Add crushed almonds. Refrigerate dough at least 12 hours.



Take a pinch the size of a walnut. Dip in milk and roll in sugar. Bake at 350° for 9 to 11 minutes. As soon as the cookies come out of the oven, gently press almond halves into the center of each cookie. Let cool 1 to 2 minutes before removing from cookie sheet to continue cooling.

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THE NAUGHTY LIST

'Tis the season of holiday scams

BY STEVE LANE

While most of us enjoy the season of giving, there are many scammers out there who see it as an opportunity for taking. Don't let them steal your holiday spirit. You can outsmart these crafty, sneaky Grinches. Know what to look for and how to thwart their efforts.

The FBI and online security companies, such as Aura, have helpful and detailed seasonal guides to combating holiday scams. Both are great resources.



The FBI warns against holiday scams that include the following:

Online shopping. Criminals offer great deals through bogus emails, texts and/or advertisements with fictitious links. Remember – if it sounds way too good to be true, it very likely is.

Social Media: Scammers use social media sites to offer holiday promotions, vouchers, or gift cards - sometimes via surveys that are designed to steal your personal and payment information. These emails and texts often provide what appears to be a link to a name-brand store, but it is fake.

Gift cards: Scammers love gift cards because they're difficult to trace and are very easy to market. Usually, they send their intended victim a bogus email, call, or text offering deeply discounted gift cards that either never arrive or are completely fictitious.

Charity fraud: During the holiday season, many of us are solicited to contribute to familiar charities via credit card. However, sometimes the email is a scam and the link to pay diverts money to a scammer, not the charity. Look up the charity's website independent of the email to find a valid taxpayer identification number or make a telephone call to the charity.

Smartphone apps: The FBI reports that the most common application or

“app” scam is downloading free holiday games that are designed to mine your phone and steal personal information.

Aura is one of several companies that offers Internet safety solutions. They have paid, subscriber-only services but they also offer great (and free) consumer advice based upon online thefts. According to the company's research, 75 percent of Americans experienced at least one type of holiday scam last year. Aura highlights the following online perils for holiday consumers:

Fake delivery notifications: These are usually texts or emails claiming that you have a delayed package that needs additional payment before it can be delivered.

Mail/Package theft: Always have a tracking number associated with online purchases. This will provide up-to-date information on your package. Some gifts are delivered to your house without your notice. If you will be out for the day or longer, ask a trusted neighbor to look for packages and keep them safe until you return. Even at the Landings, we are not completely immune to “porch pirates.”

Grandparent scam: The FBI and Aura report that this scam targets senior citizens. Combined losses to the elderly total more than \$3 billion dollars annually. A scammer pretends to be a grandchild in an urgent predicament, asking for money. They will also plead with the victim not to tell anyone, especially the parents. The request will usually be in the form of wire transfer. If you receive such a message, call the grandchild or parents directly before sending money. Aura suggests families come up with a secret word or phrase in times of

Some of the top FBI recommendations to help you remain vigilant during the holidays:

- Always get a tracking number for items purchased online.
- Never click on emails/texts from unknown senders.
- Verify the legitimacy of the retail website you are using before sending personal info and money.
- Purchase gift cards directly from a trusted merchant.
- Never make purchases while using a public Wi-Fi.



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emergencies that only the immediate family members know.

And some of my own professional advice:

Credit card versus debit card: Use the debit card only for in-person, trusted transactions, never online. When making online purchases, use a credit card. The credit card offers more protection from fraud than your debit card does. If your credit card number is stolen, the scammers have stolen money from your credit card company, and credit can quickly and easily be issued back to your account. However, if they steal your debit card, your entire checking and savings accounts can be wiped out. Getting it back is almost never quick nor easy.

I'VE BEEN SCAMMED – NOW WHAT?

Aura and the FBI instruct you to call your credit card company or bank immediately and ask them to reverse the suspected fraudulent transaction. Place a “freeze” or hold on your credit report to limit the damage. File an online complaint to the FBI’s Internet Crime Complaint Center at www.IC3.com. File a police report and a report with the FTC at www.IdentityTheft.gov.

Have a safe and happy holiday season and enjoy time with your friends and family. Be cheerful – and be a little wary.

Landings resident Steve Lane is a retired federal investigator, a Georgia licensed professional investigator (PDE052346), and an international airman. He writes articles for seniors on international travel safety, personal security, and fraud prevention.



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2023 SmartWomen Luncheon and Expo Smashes Fundraising Record

Annual event raises \$220,277 for Telfair Mammography Fund

The SmartWomen Luncheon and Expo broke its own record, raising more than \$220,000 through event proceeds and donations, all for the benefit of uninsured or underinsured women who need lifesaving mammograms and other breast health services. SmartWomen is an annual fundraiser for St. Joseph's/Candler's Telfair Mammography Fund, which provides life-saving to patients who can't afford them. In 21 years, SmartWomen has raised more than \$2 million.

In our region, approximately 20 percent of the population is uninsured or underinsured. "Every year, we see hundreds of women who fear they can't afford a mammogram, so they put it off," says Paul P. Hinchey, St. Joseph's/Candler president and CEO. "The results of this year's event show that the community knows the value of helping women obtain lifesaving screenings. We do not want any woman to skip a mammogram because she doesn't have insurance or can't afford her co-pay. These funds will go a long way in helping many women get the care they need. I want to thank the entire community for coming together and supporting this event."

Approximately 1,400 people attended the SmartWomen Luncheon and Expo on October 27 at the Savannah International Trade and Convention Center. The expo featured 72 vendors and the event attracted 103 sponsors, including presenting sponsor Chatham Parkway Lexus and Hilton Head Lexus; speaker sponsor Savannah Chatham



L-R: Kathy Levitt; Lora Reese, director of LCRP Performance Improvement and Diagnostic Services; Susan Palmer; Vernice Rackett, executive director of SJ/C Foundations; Andrea Dove; Carson Wilson, 2023 Smart Women Chair; Gini Nichols; Anapa Nophlin; Gretchen Chamberlain and Cindy Murphy

Imaging; and platinum sponsor Genentech. Healthfuse and Mingleddorf's were diamond sponsors.

Marie Osmond was this year's keynote speaker. She has spent more than six decades in the entertainment business, performing as a singer, television star, talk show host, dancer, actor, author, entrepreneur, and public speaker.

Previous years' luncheons have featured notable women such as Soledad O'Brien, Vicki Lawrence, Taya Kyle, Jane Seymour, Anne Burrell, Fran Drescher, Amy Grant, Dr. Jennifer Ashton, Marilu Henner, Joan Lunden,

Giuliana Rancic, Leigh Anne Tuohy, Olympia Dukakis, Ellen Burstyn, Peggy Fleming, Ivana Trump, Erin Brockovich, Suze Orman, and Mary Kay Andrews.



Managing Your Diet During the Holidays

Tips for everyone to eat sensibly

During this time of year, it can be hard to control calorie and carbohydrate intake. Halloween treats give way to a parade of potlucks, Thanksgiving feasts, holiday get-togethers, and dizzying displays of desserts and sweets.

"It can be very difficult because it's so many celebrations all at once," says Kimberly Brown, registered dietitian and diabetes educator for St. Joseph's/Candler Physician Network - Endocrinology. "Sometimes we have the all-or-nothing mindset. Once we go overboard with eating, it can be easy to say to ourselves, 'I've been eating way more than I should, so there's no point on getting back on track. The damage is done.'"

Brown offers advice to keep holiday binging in check. "Hold yourself accountable. Find someone, whether it's someone on your healthcare team or a family member or friend who's trying to do the same thing. Think: Moderation. You don't need to deny. Yourself thing you want, but it should be in moderation and not excess."

Brown advises being kind to yourself. "If you don't stick to your plan, don't feel guilty, just move on and get back on track."

BROWN'S SUGGESTIONS:

- Prioritize the foods you want the most. If there are, for example, three pieces of pie you want, do a small portion of each that would equal one slice.

- Fix a balanced plate of food that includes lean protein, a vegetable, and a whole grain.

- Eat sweets after a balanced meal.

- If you feel a party isn't going to have a healthy option, bring something healthy.

- Stay active. Many events this time of year involve family and friends, so plan something fun that gets everyone moving.

- Stay hydrated. Water is always the best, but if you want something else, try to avoid carbohydrates. Drink unsweetened tea or diet sodas and avoid or limit alcohol that can make managing blood sugar difficult for diabetics.

"I do think that balance is huge and trying to not let stress and guilt ruin such a happy time," Brown says. "It's also once a year, so if you really want to try all those dishes, you can do so in small portions and enjoy each bite."

Kimberly Brown sees patients of Dr. Carolyn Nelson and Dr. Priti Nath. For an appointment with St. Joseph's/Candler - Endocrinology, ask your healthcare provider for a referral



Registered dietitian and diabetes educator Kimberly Brown



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On Their Merits

Application Period for Landlovers Student Service Award Opens

Landlovers is seeking candidates for its Community Service Merit Award, which recognizes students who go "above and beyond" in sharing time and talent through community service and outstanding volunteer work. Commitment, creativity, leadership, and total time dedicated determine the winners.

The award is offered to high school juniors and seniors (public and private and home-schooled). Applicants must be residents of the Landings and should have volunteered more than 100 hours (not counting community service required by the applicant's school). The Community Service Merit Award provides cash to winning applicants, ranging from \$500 to \$3,000, depending on the amount of time committed and impact of the applicant's contribution to the particular projects or programs. The Community Service Merit Award application can be found at landingslandlovers.com/awards. Applications must be submitted online no later than February 12, 2024.

Ellie Samara Neil was the 2023 recipient of the Landlovers Community Service Merit Award. A 2023 graduate of Savannah Country Day School, Neil has been an active and committed community volunteer, dedicated to a remarkable number of school and community service projects, as well as sporting activities. She has served in various roles – participant, leader, co-founder – for organizations like Inspiritus, the Leukemia and Lymphoma Society, SCDS Welcome Club, UTime, One Love, Ronald McDonald House, and Interact/Union Mission. Neil is a member of the National Honor Society and was a varsity cheerleader. She was named a scholar athlete all four years and was presented with a Leadership Award, Captain Award, Coach's Helper Award, and ACE Award, and participated in the Tree Club, Swim Team, and orchestra. Christine Hefner, the SCDS School Service Coordinator, stated in her letter of recommendation, "We are all fortunate



Ellie Samara Neil

to have students like Ellie looking out for us!"

Neil is continuing her education at Elon University, where she is majoring in psychology with minors in Spanish and leadership studies. As expected, she is active in university life in the Elonthon and Elon Danceworks, as well as volunteering at a local elementary school.

The Landlovers Foundation is pleased to have presented Ellie Neil with a 2023 Community Service Merit Award, Highest Honor.

The Landlovers Foundation goal is to improve community life through philanthropic, social, and cultural activities. Through the generosity and hard work of its members, Landlovers has distributed more than \$1.8 million in grants, scholarships, and merit awards.

By Bud Equi

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Deborah Sampson, disguised as a male soldier, delivering a letter to George Washington during the American Revolution. (Image courtesy of Encyclopedia Britannica)



Women in Uniform

She Serves By Ron Lauretti

There are approximately 1.3 million active-duty personnel in the six branches of the U.S. Armed Forces. Approximately 230,000 are women, serving in almost every war-fighting capacity. They serve in infantry and artillery divisions; they pilot fighter jets and heavy bombers; they steer medivac choppers into heavy-fire zones; they patrol the ocean depths in nuclear submarines. Women command numerous units, some at the highest level. Some women warriors are Special Forces qualified, which is no easy achievement.

The history of U.S. female military service dates back to the American Revolution, when New Englander Deborah Sampson posed as Pvt. Robert Shurtliff. She served for 17 months as a scout and soldier in the 4th Massachusetts Regiment. During the latter days of the Revolution, she served as

an orderly for Gen. John Paterson. According to legend, after being wounded a second time, she dug out the bullet fragments herself with a small knife. Pvt. "Shurtliff" was also wounded when an enemy soldier nicked her with his swinging sword. It was while recovering from her wounds that Sampson's ruse was exposed. Though grateful for her service, her commanding officer discharged her. After the war, she qualified for a moderate lifetime pension. Her final years were spent on a dairy farm as a semi-retired widow.

Mary Ludwig Hays McCauley also served with distinction during the American Revolution. Born in 1754 near Trenton, New Jersey, she moved at age of 13 to Carlisle, Pennsylvania, where she worked as a domestic servant and married John McCauley. Both she and her husband joined the Pennsylvania Artillery Regiment when the war for Inde-

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pendence broke out. He served as a cannoner, and she as his domestic follower and battlefield "assistant." During the Battle of Monmouth (New Jersey), June 28, 1778, John was wounded and went down. Mary abandoned her job carrying pitchers of cool water both for the men to drink and pour on the scorching cannons to keep them from overheating. As the battle intensified, she took her husband's place in his cannon crew, loading the heavy balls down the barrel. Gen. George Washington noticed her in action and dubbed her "Sergeant Molly." Folklore elevated her to "Molly Pitcher," the water-carrying cannoner. She died in 1832 and is buried in the Old Graveyard in Carlisle.



Molly Pitcher "the heroine of Monmouth," published by Currier & Ives (Image courtesy of Library of Congress Prints and Photographs Division)

Sampson and McCauley are just two of 3 million women who have served in the Armed Forces since the American Revolution. During World War I, more than 3,000 Army nurses were deployed to serve at hospitals in France. Stateside, more than 11,000 women served as Navy "yeomanettes," and the Army Signal Corps enlisted women to serve as telephone and switchboard operators.

There was an even greater surge in American female military service during World War II. With thousands of non-combat roles to fill, all the military branches enlisted women: Women's Army Corps (WAC), Women Accepted for Volunteer Emergency Service (WAVES), Women Airforce Service Pilots (WASP), the Marine Corps Women Reserve, and the Coast Guard Women Reserve (Spar). In total, nearly 350,000 patriotic women served in uniform from 1941 to 1945.

Following this demonstration of ability and willingness to serve, in 1948 President Harry Truman signed the Women's Armed Services Integration Act allowing women to serve as permanent, regular members of the U.S. Armed Forces.

These are some of the volunteers who added to the honor of their ranks over the course of American history:

- Capt. Amy Bauernschmidt – the first woman to skipper a nuclear-powered aircraft carrier, the Abraham Lincoln, in August 2021.



Amy Bauernschmidt, USN (Photo courtesy of Wikipedia)

- Ens. Jane Kendeigh – the first Navy flight nurse to fly to an active combat zone, landing at Iwo Jima on March 6, 1945.

- Maj. Sarah Schechter – a native New Yorker who called a military recruiter to enlist the day after 9/11. She became the Air Force's first female rabbi and eagerly supported service members of any denomination.

- Gen. Loretta Reynolds – the first woman to command the Marine Corps recruit and training grounds at Parris Island, South Carolina, and also the first female Marine to command combat units in a live battle zone.

- SSgt. Esther Blake – the first woman to join the Air Force, enlisting the first hour of the first day women were authorized for Air Force duty on July 8, 1948.

- SSgt. Joyce Malone – the first Black woman and the oldest to earn Airborne wings while in the Army Reserve in 1974. By age 38 she had completed 15 parachute jumps.

- Coast Guard Lt. (j.g.) Beverly Kelley – the first woman to command a U.S. military vessel – specifically, the Coast Guard cutter Cape Newagen, on April 15, 1979.

- Navy Chief Culinary Specialist Dominique Saavedra – the first enlisted female sailor to earn her submarine qualification, or "dolphins," in 2016.

In 1967, President Lyndon Johnson signed Public Law 90-30, allowing promotions for women to general and flag ranks. In 1976, the first women are admitted to the U.S. service academies. In 1993, the Department of Defense authorized women to hold combat aviation jobs.

In 1994, Defense Secretary Les Aspin officially rescinded the "risk rule," which excluded women from combat units that risk exposure to direct combat. In 2013, Secretary of Defense Leon Panetta announced the Department of Defense would lift the combat exclusion policy, making women eligible to serve in frontline combat and complete combat operations.



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P	U	W	H	X	F	R	O	Z	L	A	W	P	Q
I	L	Z	A	I	L	A	H	Z	A	N	I	O	D
C	L	W	N	Q	N	O	N	L	G	G	L	G	O
K	D	D	J	Y	M	G	I	O	O	E	D	P	W
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E	G	N	C	L	U	B	O	H	N	U	I	A	S
B	S	O	G	F	E	H	L	T	S	T	F	B	I
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LA Rams at Baltimore
Minnesota at Las Vegas
Seattle at San Francisco
Buffalo at Kansas City
Denver at LA Chargers
Philadelphia at Dallas
Tennessee at Miami

As a tiebreaker this week,
pick the total points in the
Army/Navy game.

*Please, limit one entry per contestant.
Good luck and enjoy the games!*

The Skinnie Football Pick 'Em Pool

We have another tie! And John "Do-Right" DuRant was right there in the thick of things again. As was past champ Pat "Dutch" Holland. This pair of prognosticators both reckoned right on 21 out of 25 games. Strong showings.

But just like The Highlander, there can be only one. "The Game" was the tiebreaker, Ohio State versus Michigan. The two teams combined for 54 points. "Dutch" guessed 44 – 10 shy. But "Do-Right" topped "Dutch" with a 48-point prediction. So it's two wins in a row for John "Do-Right" DuRant! Impressive!

Thank you, as always, to all our faithful fans and keep those picks coming. Before you know it, football season and the Pick 'Em Pool will be on hiatus until next season.

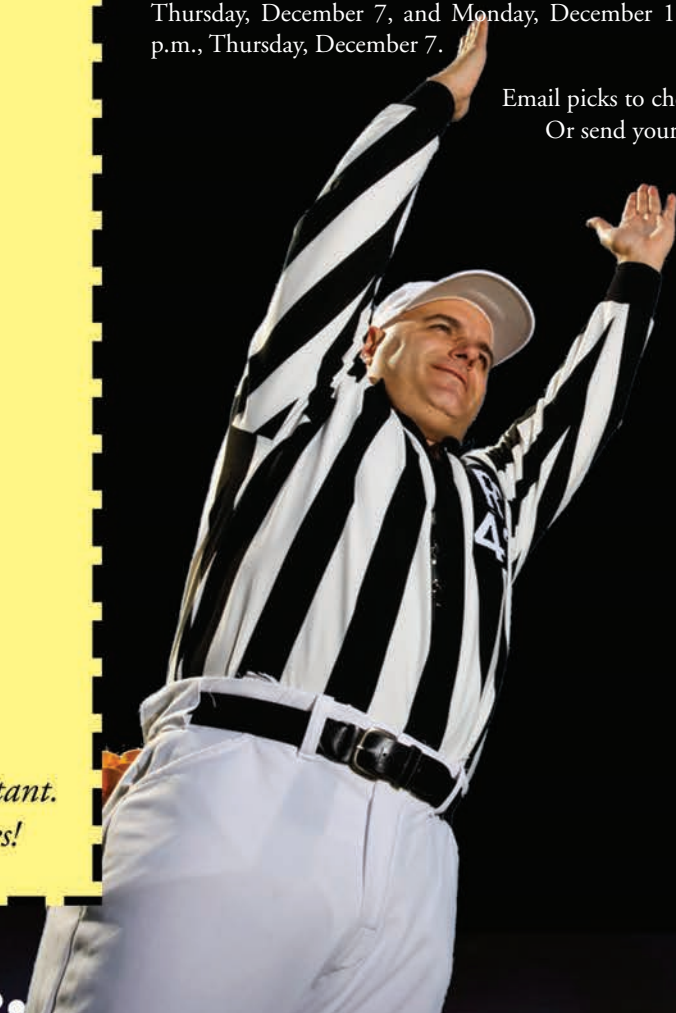
Everyone is welcome. It's easy. Predict the winning team for each game. And get more winners right than the rest of your friends. For the tiebreaker game, predict the total points that the two teams will score (combined). The winner gets a real prize.

As we await bowl invitations, we are left with a limited schedule for this installment of our pool. So, we lean more heavily than usual on the NFL. One college game and 15 professional tilts. Games will be played between Thursday, December 7, and Monday, December 10. Entries are due by 5 p.m., Thursday, December 7.

Email picks to chendrix@theskinnie.com.
Or send your entry the old-fashioned way to:

The Skinnie
15 Lake Street
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Alternatively, just drop it by our offices in the Lake Side Center across from Publix.



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HEAR GREAT SPEAKERS

WHAT: Kiwanis Club of Skidaway
WHEN: Thursday mornings at 7:45 a.m.
WHERE: Palmetto Club
HOW MUCH: Free to attend, including refreshments for guests and first time attendees. Slight fee for members having coffee/tea. Occasional pastries are complimentary.
CONTACT: Michael Klavon, 912.306.0474 for gate pass
WHAT ELSE: Membership is open to Savannah/Chatham area residents. Visit www.kiwanisofskidaway.com for more information.

WHO NEW?

WHAT: New Neighbors
WHEN: Visit www.landingsnewneighbors.com to see our calendar
CONTACT: Visit our website or contact Jody at nnnewmember@gmail.com
WHAT ELSE: The club offers more than 250 different activities from biking, golf, pickleball, walking groups or fishing to Mahjong, Bridge, Needle-arts and Canasta. We have exciting military tours and special events for you to enjoy right here on Skidaway Island.

GOTTA LOVE IT

WHAT: Landlovers membership / open to all Skidaway Islanders
HOW MUCH: Each \$30 membership fee covers one household of one or two adults.
CONTACT: Laurie Redmond, landloversmembershipdirector@gmail.com or visit www.landingislandlovers.com for more information.
WHAT ELSE: The membership year runs from September 1 through August 31. Landlovers is a philanthropic and social organization dedicated to enriching the Landings community and Skidaway Island at large. Landlovers sponsors year-round social activities and fundraising events to support student scholarships and multiple non-profit service organizations.

FIBER OPTICS

WHAT: Fiber Guild of the Savannahs Exhibit
WHEN: Dec. 1 through 31; Opening reception - Sunday, Dec. 3, 2 - 4 p.m.
WHERE: JEA Art Gallery, 5111 Abercorn St.
HOW MUCH: Free and open to the public
CONTACT: Vicky Lunick, 912.355.8111
WHAT ELSE: The Fiber Guild of the Savannahs is a group of fiber artists who share inspiration and techniques using a wide variety of fiber-related arts, such as spinning, weaving, dyeing, quilting, knitting, basketry, rug making, and pa-

per manipulation. The group has a strong sense of community service and volunteerism, demonstrating traditional pioneer crafts to children and families at the Oatland Island Wildlife Center. People of all skill levels are invited to join the guild.

NO PLACE LIKE HOME

WHAT: Coastal Empire Habitat for Humanity's Second Annual Home for the Holidays Gala
WHEN: Friday, Dec. 1, 6 p.m.
WHERE: The DeSoto Hotel, 15 E Liberty St.
HOW MUCH: Single tickets - \$175; couple tickets - \$300; tables of 10 - \$1,500
CONTACT: Ava Mattox, HFH Development Manager; amattox@habitatsavannah.org
WHAT ELSE: A black-tie dinner, cocktails, silent auction, and entertainment.

BOW REGARDS

WHAT: Landings Garden Club Holiday Bow Sales
WHEN: every Monday and Saturday through early December, 10 a.m. - 4 p.m.
WHERE: in front of the Village Pharmacy Fountain
HOW MUCH: Prices start at \$15 each
CONTACT: Joni Brownstein, jonibro2022@outlook.com or 925.787.9800
WHAT ELSE: The Garden Club's annual fundraiser to fund Skidaway Island beautification and conservation. Shop early for best selection among the nine designs to choose from.

SONGS OF THE SEASON

WHAT: Holiday Sing-Along
WHEN: Thursday, Dec. 7, 2 p.m.
WHERE: Senior Citizens Inc., 3025 Bull St.
WHAT ELSE: Get your spirits moving with The Local Vocals at the Learning Center. We may not hit all the high notes, but we've got the best piano player. Join us!

RAUCUS CAUCUS

WHAT: Skidaway Abigails Holiday Party (members only)
WHEN: Saturday, Dec. 9, 5 - 7 p.m.
WHERE: Social Sphere Room at Thrive, 5 Lake St.
HOW MUCH: \$20 per person
CONTACT: Email chair@skidawayabigails.org if you are interested in joining the Skidaway Abigails
WHAT ELSE: Reservations are required and are limited to the first 80 people who sign up. Please enter through the main entrance. Appetizers and desserts will be catered by Thrive. Wonderful

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HELP WANTED

WHAT: Holiday Tour of Homes and Inns volunteers needed
WHEN: Saturday, Dec 9, 10 a.m. to 5 p.m.
WHERE: Various locations throughout downtown Savannah
HOW MUCH: No cost to those who volunteer as a docent
CONTACT: Sign up at holidaytour@savannahdna.org
WHAT ELSE: The Holiday Tour of Homes and Inns is offering free tickets to volunteers who serve as docents at tour locations. Docents will be expected to prepare a 2-and-1/2-hour session and read prepared scripts describing aspects of the homes and inns, and generally assist tour-goers at each location. Docents will have plenty of time to experience the tour once their session is over. Grab some friends and make a day of it!

HELP AROUND THE HOUSE

WHAT: Habitat for Humanity volunteers wanted
WHEN: 8:30 a.m. - 3 p.m., Tuesdays and Wednesdays, possibly Thursdays
WHERE: locations vary
CONTACT: Mark Piven, 912.598.0323
WHAT ELSE: Prior experience is not necessary. Many volunteers learn on the job and only do whatever they feel comfortable with. Tools are provided.

SHOP TALK

WHAT: Green-Meldrim House Gift Shop - Volunteers Needed
WHEN: Ongoing
WHERE: Green-Meldrim House, 14 W. Macon St. - Madison Square
HOW MUCH: Training provided
CONTACT: Jamie Credle, jcredle@green-meldrimhouse.org or 912.233.3845
WHAT ELSE: Request for two shifts per month. Please visit GreenMeldrimHouse.org for more information.



entertainment featuring the Spectra Choir led by Tegan Miller.

CHANUKAH HAPPENING

WHAT: JWOL Chanukah Celebration
WHEN: Sunday, Dec. 10, 7 - 9 p.m.
WHERE: Thrive
HOW MUCH: No charge to JWOL members and significant others
CONTACT: Annette Carnow at abcarnow@icloud.com by December 3 to confirm attendance, as well as the number of people in your party
WHAT ELSE: We will have latkes and dessert, dreidels and songs, and, most importantly, the company of good friends. BYOB, if you wish. If you would like to attend but don't have transportation, please contact Annette so we can provide a ride.

DIRTY SECRET

WHAT: An Evening @ Skidaway: "22,000 Pieces of Plastic in the Ocean for Every Person on Earth: How Did We Get Here?"
WHEN: Tuesday, Dec. 12, reception at 6:30 p.m., talk at 7
WHERE: The McGowan Library on the UGA Skidaway Marine Science Campus. To view the program online, visit the UGA Skidaway Institute YouTube channel
HOW MUCH: Free and open to the public
CONTACT: Jay Brandes, 912.598.2361 or jay.brandes@skio.uga.edu
WHAT ELSE: SkIO scientist Jay Brandes explores the rapid increase of plastics filtering into our air, land, rivers, and oceans. The problem is compounded by the production of microplastics, small enough to be inhaled or ingested without notice by humans and other creatures.

BROTHERS (AND SISTERS) IN BLOOD

WHAT: Kiwanis Blood Drive
WHEN: Wednesday, Dec. 13, 1 to 6 p.m.
WHERE: Skidaway Island United Methodist Church hall, 54 Diamond Casueway
HOW MUCH: Free
CONTACT: Please visit Red CrossBlood.org and enter SIUMC to schedule an appointment

STITCHIN' TIME

WHAT: Various projects of members' choosing
WHEN: Tuesday, Dec. 14, 2-4 p.m.
WHERE: Members homes
HOW MUCH: Free
CONTACT: Leslie Matthews, lmatthews50@gmail.com
WHAT ELSE: We welcome crafters working on any type of needle projects, from knitting to needlepoint, beading, felting, crewel, and cross stitch. Landlovers membership is required.

DEAR ABBIES

WHAT: Skidaway Abigails December meeting
WHEN: Thursday, Dec. 14, 3:30 p.m.
WHERE: Messiah Lutheran Church, 1 West Ridge Rd.
CONTACT: Contact chair@skidawayabigails.org if you are interested in joining the Skidaway Abigails or coming to this meeting as a guest
WHAT ELSE: No guest fee but must be accompanied by an Abigails member. Roger Moss, Savannah Chatham County School Board President, will speak about the challenges of his first year, including the need to improve literacy in elementary schools, and the selection of Dr. Denise Watts as the new superintendent of Savannah and Chatham County schools.

ON THE HOUSE

WHAT: Casual gatherings at members' homes
WHEN: Saturday, Dec. 16, 6-8 p.m.
WHERE: At LL host homes
COST: Free
CONTACT: Becky Dominguez, beckydom61@aol.com, or Connie Rice, csrice1948@gmail.com
WHAT ELSE: We are looking for people to host at their homes. Please reach out to Becky Dominguez if you would be interested in hosting some of your neighbors for the evening. Guests will be assigned to various homes and bring an appetizer to share and their own libation.

SHALL WE DANCE?

WHAT: Ballroom dance instruction
WHEN: Jan. 8, 7-8:30 pm
WHERE: Skidaway United Methodist Church
HOW MUCH: \$15 per person for each session
CONTACT: Marilee Dalbey, 334.797.9952 or marileedalbey@gmail.com
WHAT ELSE: Get your dancing shoes out and join us to waltz in January. Professional ballroom instructors will teach this partner-style dance. Instruction is from 7-8 p.m., with free dance and line dancing following. Please wear comfortable clothing and hard-sole shoes. You must be a member of Landlovers to attend.

DINNER AND A SHOW

WHAT: Trolley to the Arts, "Classical Mystery Tour"
WHEN: Saturday, Jan. 20
WHERE: The Lucas Theater
HOW MUCH: Tickets are on sale now on the LL website; first come, first served - \$50/person includes trolley and balcony theater seats (Please note there is no elevator)
CONTACT: Marilee Dalbey, 334-797-9952
WHAT ELSE: Ride with friends from Skidaway to the Lucas Theater to enjoy Four Fabulous Beatles singers accompanied by the Savannah Philharmonic. Trolley departs at 5 p.m. and returns at approximately 10:30 p.m. Attendees will have time to

enjoy dinner downtown on their own.

NATURE'S CALLING

WHAT: Coastal expert talk
WHEN: Jan. 18, 4 p.m.
WHERE: St. Peter's Episcopal Church, 3 West Ridge Rd.
HOW MUCH: Free for FOSA members, \$5 for guests, payable online or at the door
CONTACT: friendsofskidawayaudubon@gmail.com
WHAT ELSE: Attendees are asked to pre-register online at SkidawayAudubon.org. Guest speaker will be Stacia Hendricks, Little St. Simons lodge director and noted naturalist.

GATHERING GROCERIES

WHAT: Packing groceries for Second Harvest
WHEN: 9 - 11 a.m., Feb. 2, April 5, June 7
WHERE: Second Harvest, 2501 E President St.
CONTACT: Terry Lewis, terrylewis324@gmail.com.

MARKET FORCES

WHAT: The Market at 3 West Ridge, a shopping boutique and spring plant sale
WHEN: Feb. 6, 4:30-7:30 p.m. with complimentary wine and light hors d'oeuvres; Feb. 7, 10 a.m.-5 p.m.; and Feb. 8, 10 a.m.-4 p.m., with café lunch available.
WHERE: St. Peter's Episcopal Church, 3 West Ridge Rd., across from Publix
HOW MUCH: \$5 covers admission for all three days
CONTACT: Kathryn McLearn, 912.598.4520
WHAT ELSE: Join us as we celebrate our 25th year of fundraising for organizations that make life better for some of Savannah's most vulnerable children. Vendors will offer unique clothing and accessories, whimsical and elegant jewelry, luxurious household items, sure-to-please gifts, and a huge collection of vibrant spring plants.

FINANCIAL AID

WHAT: AARP Tax-Aide Program needs volunteers
WHEN: Training in Dec. and Jan.; Tax preparation starts Feb. 1 for 10 weeks; hours and days are flexible
WHERE: Chatham SW and Bull Street Libraries
CONTACT: Volunteer coordinator John Gerardi, 912.661.8705 or johngerardi@hotmail.com
WHAT ELSE: This program provides free tax preparation for low- to moderate-income families, as well as the elderly and people with disabilities. AARP Tax-Aide saves underserved individuals/families millions in preparation fees and helps taxpayers claim millions in refunds, which can be used to reduce poverty. Tax preparers will be trained to become IRS-certified. Volunteers are also needed to help with intake/front desk.

TAXATION REPRESENTATION

WHAT: Opportunities for volunteer income tax assistance with Neighborhood Improvement Association
WHEN: starting in January, flexible hours from 9 a.m. - 8 p.m.
WHERE: several sites in Savannah, Pembroke, Rincon, Richmond Hill and Hinesville
CONTACT: Tiffany Carter, tcarter@niacdc.org or 912.447.5577
WHAT ELSE: This program helps underserved communities by offering free tax preparation. No experience necessary. Volunteers include greeters/screeners and tax preparers

MEETING OF THE MINDS

WHAT: Stroke Survivors
WHEN: Third Thursday of every month, 4-5 p.m.
WHERE: Messiah Lutheran Church, 1 West Ridge Rd.
HOW MUCH: Free
CONTACT: Shirley Nack, 598.7047
WHAT ELSE: Share your experiences with stroke survivors. At our meetings we listen and learn what other survivors have accomplished in order to return to an active lifestyle.

FERAL FRIENDSHIP

WHAT: Skidaway Cat Alliance Team
WHEN: Ongoing
WHERE: Skidaway Island and surrounding
CONTACT: To learn more about volunteer opportunities or need help with a feral cat, please email skidawaycats@gmail.com or visit our Facebook page at www.facebook.com/skidaway-catalliancesteam
WHAT ELSE: The Skidaway Cat Alliance Team is a group of dedicated animal lovers who provide food, population control (spay/neuter), medical care, and shelter for free-roaming cats in the Skidaway area.

JUST DANCE

WHAT: Dancing for fitness! Great music and stretches complete your workout.
WHEN: 9-10 a.m. every Tuesday
WHERE: Skidaway Island Methodist Church, Bailey Hall
HOW MUCH: \$2/month
CONTACT: Marilee Dalby, marileedalby@gmail.com
WHAT ELSE: A signed waiver is required for participants.

LUNCH BUNCH

WHAT: Landlovers Men's Lunch Group

WHERE: Various restaurants around Savannah
WHEN: 2nd Wednesday of each month
HOW MUCH: Based on restaurant
CONTACT: Rick Armstrong, armstrp@hotmail.com or John Holmquist, llmenlunchgroup@gmail.com
WHAT ELSE: Participants must be members of Landlovers.

MAGPIE LADIES

WHAT: Landlovers Ladies Discussion Group
WHEN: First Thursday every month, year round, 1-3 p.m.
WHERE: Members homes
HOW MUCH: Free
CONTACT: Lisa Olson, lolsonnc@yahoo.com
WHAT ELSE: New members are always welcome, but participants must be members of Landlovers.

BUILDING BRIDGES

WHAT: Social bridge game
WHEN: Thursdays at 1 p.m.
WHERE: the Savannah Bridge Club
HOW MUCH: \$6 for members, \$7 for non-members
CONTACT: Veronica, 912.598.7217 or Savannah Bridge Club, 912.228.4838
WHAT ELSE: All skill levels welcome. Come alone or with a partner or bridge group.

DOUBLE YOUR FUN

WHAT: Duplicate Bridge
WHEN: Wednesdays at 6:30 p.m.
WHERE: Marshwood Dining Room
HOW MUCH: \$4 entry fee paid out to top pairs
CONTACT: Steve Fitzgerald, stefitz@bellsouth.net or 912.856.4172
WHAT ELSE: All are welcome. Please let us know ahead of time if you'll be joining us, as partnerships are assigned randomly ahead of the game.

BRIDGING THE GAP

WHAT: Co-ed Bridge Group
WHEN: every Wednesday, 11 a.m.-2 p.m.
WHERE: Marshwood club/Landings Room
HOW MUCH: \$1/person
CONTACT: David Marbry, marbryd@outlook.com

CAN YOU CANASTA?

WHAT: Max of 24 players. Players must have a basic knowledge of the game.
WHEN: Every Wednesday, 2-5 p.m.
WHERE: Marshwood Clubhouse, Skidaway Room
CONTACT: Diane and Paul Bloom, landlover-

scanasta@gmail.com.

FRIENDLY WORDS

WHAT: Skidaway Scrabblers
WHEN: Every Thursday afternoon
WHERE: Members' homes
CONTACT: Cathy White, cathy77024@yahoo.com
WHAT ELSE: We are a happy group of dedicated Scrabble players who enjoy a social game. Join us for a game or two and discover that you, too, may want to be a Skidaway Scrabbler.

GAMES PEOPLE PLAY

WHAT: Game Night at Skidaway Community Church
WHEN: 3rd Wednesday of the month at 6:30 p.m.
CONTACT: Dr. Joe C=rotty, SCC program director - 598.0151, ext. 1104
WHAT ELSE: Join us for an evening of checkers, chess, Trivial Pursuit, group games, and Christian fellowship. To register, visit www.Skidcc.org.

BUNCO SQUAD

WHAT: A fun and easy dice game with friends
WHEN: 6:30-8:30 p.m., 2nd Tuesday of the month starting Oct. 10
WHERE: The Landings Association building, Landings Way South
HOW MUCH: \$6 to cover room rental and prizes TLA room must be reserved six months in advance. Please visit TLA website to make reservations
CONTACT: Wendy Crowell, Wendywlc68@gmail.com and Barb Capes, llbunco2@gmail.com.

ALL ABOARD

WHAT: Mexican Train Dominoes Group
WHEN: Every Tuesday, 3-5 p.m.
WHERE: Palmetto Club/Byrd Room
CONTACT: Lesa Thompson, lthompson2761@gmail.com

REEL MEN

WHAT: Landlovers Men's Action Movies and Dinner
WHEN: We usually see an action movie once a month.
HOW MUCH: Movie admission
CONTACT: Dave Robinson, dave.robinson16@gmail.com
WHAT ELSE: Men's Action Movies is a friendly gathering of men who want to see movies your wife probably wouldn't want to see. Must be a Landlovers member. Membership is open to all residents of Skidaway Island.

Complete Island Hopping listings are available at www.theskinnie.com

ACROSS

- 1. Wait state
- 6. Normal beginning?
- 10. Lot size, maybe
- 14. Archer's ammo
- 15. Erelong
- 16. Type of rug
- 17. Crowning ceremony
- 19. Tattered duds
- 20. Part of BTU
- 21. Grant
- 23. Director's cry
- 24. Over-the-hill horse
- 25. Bee or Em
- 26. Take on, as a challenge
- 28. Shocked
- 30. Prophetic
- 32. Engrave on glass
- 33. Make a sweater
- 34. Coastal bird
- 35. Blue hue
- 37. Have a hunch
- 39. ____-ran
- 42. Vegan no-no
- 44. Office note
- 47. Feature film preceder, once
- 49. Sarcastic
- 51. Move unsteadily
- 52. Forest dweller
- 54. Chic getaway
- 55. Polished off
- 56. Strip
- 58. Study all night
- 59. Name as a source
- 61. Breakfast melon
- 63. "I had no ___!"
- 64. Get the pot going
- 65. Speck in the sea
- 66. Fender bender result
- 67. Fortune teller
- 68. Over yonder

DOWN

- 1. Manuscript gap
- 2. Period when forging began
- 3. Dream guy

1	2	3	4	5	6	7	8	9	10	11	12	13
14					15				16			
17					18				19			
20					21				22		23	
24					25				26		27	
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	32						33				34	
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39	40	41			42		43			44	45	46
47				48					49			50
51							52	53			54	
55				56		57				58		
59			60		61				62			
63					64					65		
66					67				68			

- 4. Tony Lama item
- 5. Part of MYOB
- 6. Eucharistic plate
- 7. "Friends" actress
- 8. ___ canal
- 9. Comment on, in a way
- 10. Berne's river
- 11. One of a cereal trio
- 12. Bar fixture?
- 13. Tampa's time zone
- 18. Have an edge against
- 22. WWII female
- 25. Pale as a ghost
- 27. Butcher's offering
- 29. Approach boldly
- 31. Break in relations
- 33. Kind of pad

- 36. NBC show, "____ Got Talent"
- 38. Ruler of the east
- 39. Stomach remedy
- 40. Danger for small boats
- 41. Add sugar to
- 43. How some prefer their pasta
- 45. Govern badly
- 46. In theory only
- 48. Roulette bet
- 49. Software test version
- 50. Germ cell
- 53. Aromatic compound
- 57. Wind instrument
- 58. Brit's bludgeon
- 60. Chow down
- 62. Liquored up

Puzzle answers, page 38

\$20 each, with a maximum of 50 words • \$5 for each additional 10 words • Contact Teri Grayson at 598.9715 or email classifieds@theskinnie.com

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Where: The Landings

What Else: Clean driving record; insured and background check. Room & Board, Landings residence, small weekly stipend.

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SKIDAWAY HOUSE TENDING

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SKIDAWAY CAT ALLIANCE TEAM provides for the humane treatment, health, welfare and population control (spay/neuter) of free-roaming cats on and around Skidaway Island. If you are interested in learning more or need help with a feral cat, please contact us at skidawaycats@gmail.com or visit our Facebook page, https://www.facebook.com/skidawaycatallianceteam.

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WILD THINGS

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Last fall, a wood thrush paused to refresh itself at Peter Schreck's birdbath on its way to Central America for the winter. According to famed naturalist Henry David Thoreau, the song of the wood thrush "changes all hours to an eternal morning."

"Wild Things" is a regular feature in The Skinnie, featuring your photographs of our beloved island. Email your high-resolution photos to production@theskinnie.com. Please include your name and a little info about where the photo was taken.

WE WANT YOU To Share Your Story!

There's a lot of military service among our readers, active and retired, from all branches of the Armed Forces, as well as police, fire and other first responders. Help us recognize their service by nominating them to be featured in an upcoming **He Served**.

Send your nominee's name and contact info to ron135@comcast.net





RELIEVING PAIN. RESTORING LIVES.



Gwen Sparger - Savannah, GA

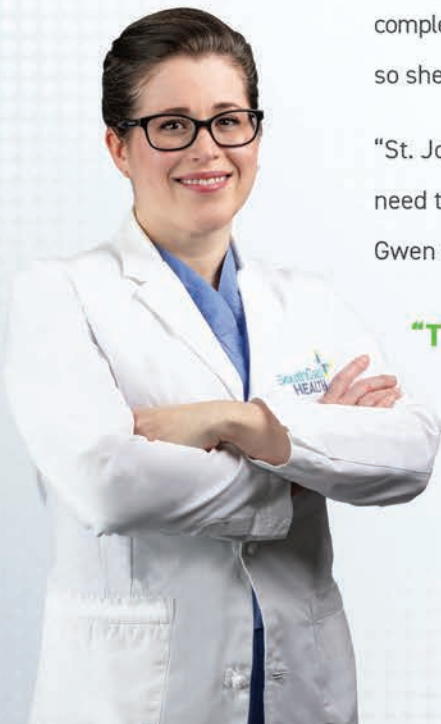
After two sleepless days and nights of debilitating abdominal pain, Gwen visited the emergency room at Candler Hospital. Dr. Emma Walker, the on-call surgeon, identified biliary dyskinesia, a dysfunction of the gallbladder. Dr. Walker then scheduled a robotic cholecystectomy to remove the gallbladder.

The procedure was performed using the innovative da Vinci Xi robot in conjunction with indocyanine green (ICG)—a solution that allows the robot to best visualize the patient’s biliary anatomy. This complex, yet minimally-invasive surgery allowed Gwen to recover quickly so she could get back to yoga, biking and walking her beloved Prissy.

“St. Joseph’s/Candler provides me with the team and technology I need to provide the best outcomes for my patients. We’ve relieved Gwen of her acute pain and she feels fabulous again!” – Dr. Walker

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– Dr. Emma Walker, D.O. – General Surgeon, SouthCoast



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