

The Connie

VOL 20: ISSUE 10 MAY 20, 2022

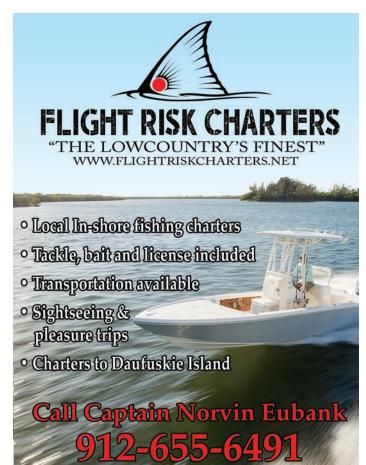


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THESKINNIE VOL. 20 ISSUE 10 – 3

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I am the chair of the board of Horizons Savannah, which sounds grandiose, yet I am also a middle school teacher for the education-focused, non-profit, social-benefit enterprise. It's with both hats-in-hand that I ask for your support. (If you want to skip the narrative, go right to the solicitation – the final three paragraphs below.)

Horizons Savannah is a not-for-profit organization with a clear mission: We partner with youth, their families, and the community to enrich the lives of students through the joy of learning, while developing the skills for success and inspiration to reach their dreams. The program features time-and-research-tested components that differentiate it from other educational interventions. At its core: Six weeks of full-day classroom instruction, recreational activities, cultural exploration, and relationship-building. Kids come to the program from all over the public school district. While they share socioeconomic challenges, they also share the basic human desires for connection, growth and fun. Horizons kids are eligible to join the program as kindergartners and can remain in the community, year-after-year, through high school graduation. Many come back to the program after their high school years to work as volunteers or professional teachers as young adults. Horizons operates at the generous invitation of four local independent host schools – Savannah Country Day, Bethesda Academy, St. Andrews School, and Savannah Christian. Horizons students enjoy the resources that these institutions provide as program sites. Young people from host schools volunteer as classroom and activity assistants. Horizons brings people together from disparate circumstances who might never otherwise meet. These connections demystify our perceived differences and create valuable lifetime bonds. Horizons also teaches kids to swim. Swimming is both a survival skill and an esteem-building activity, especially for kids who have never dipped a toe in water before.

The program works. Horizons kids' reading and math standardized test scores, measured at the beginning and end of the summer session, significantly improve, in stark contrast to many of their non-Horizons peers. I was first introduced to the program when my kids volunteered as students at Country Day. Later, their mother, in the last few years of her life, worked as a middle school teacher after returning to school to qualify to do so. Now me. I put on my purple tee shirt, shorts and sneakers, and clock in at 7:30 every morning (yes, we use a digital punch clock and pay staff an hourly wage). I celebrate the little wins (a hesitant kid suddenly blossoms as she reads aloud to the class from our selected novel), and I lament the challenges ("If you're not going to put your phone away and join what we're doing, you can leave, because you're wasting your time and you're wasting mine"). It's an incredible privilege to have a chance to positively impact a kid. It's a special gift to honor Louise's legacy through service.



Horizons Savannah depends on people like you. We employ professional teachers and limit teacher/student ratios to 15:1 (plus a paid assistant and a volunteer in most classrooms). We feed our kids – breakfast and lunch, every day. We transport them using contracted buses. We operate all day, five days a week, for six weeks in summer, and we supplement the core session with ongoing engagement throughout the school year. We run a swimming program. We take five field trips. We offer a variety of clubs, ranging from personal finance, to yoga, to lacrosse, and many more. And we do it all for a cost of approximately \$1,500 per student for the entire year. This summer, we will welcome approximately 300 students, while more than 100 remain on our waiting list.

Horizons Giving Day is our single most-important fundraising initiative each year. "Day" is misleading. The actual day is May 18, but the campaign continues through the entire month of May. Please consider supporting the work. I have worked with and studied many social impact groups — I am confident Horizons is among the very best (and offers the greatest return on your investment). You can learn more about the organization and link to a live donation opportunity by visiting my personal fundraising page. The internet address:

horizonsgivingday.org/campaigns/scott

I know it's clunky, so I'll make it easier. If you have difficulty typing the link into your browser, you can email me directly, slauretti@ theskinnie.com, and I'll answer any of your program questions and donation logistics concerns. We also have a live, clickable link on the front page of our magazine's website at theskinnie.com.

Let me propose an exchange. It costs me/us about \$2.30 every two weeks to get this magazine in your hands. For those of you who have been around long enough, you know we've done it more than 500 times. That's close to \$1,200 per household. We have never charged a penny for subscriptions. Make a \$100 (or more or less...which I'll personally match, dollar for dollar) contribution to Horizons this Giving Day, and we'll call it even. Thank you...very much.

Sulf a Louretti

To contact us with your ideas, responses, letters and more, email us at mail@theskinnie.com

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on the cover

Our annual Restore and Remodel home improvement edition.

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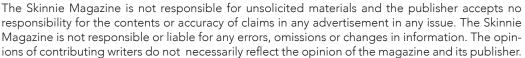
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f you're looking for ideas for your next landscaping project, coastal Georgia is a beautiful area that offers plenty of inspiration, from elegant gardens to rustic retreats.

A well-designed garden can be a beautiful addition to any property, providing a relaxing oasis for homeowners and their guests. It should also be functional; features like seating and play areas make your garden useful for activities like family gatherings or entertaining. Adding a fire pit creates an inviting gathering spot. A mix of flowers, plants and trees creates a garden that is both colorful and unique. Different combinations of greenery and other elements enable you to mix and match until you find the best option for your yard. Flowers, herbs and other plants lead to colorful and fragrant displays. It's important to choose something that matches your existing landscaping. Incorporating elements that are native to Georgia into your design helps create a natural look and feel in your garden.

Professional landscaper Tim Pruitt suggests eastern redbud, which is prized for its beautiful pink flowers in the spring, or Southern magnolia, known for its large, fragrant blooms.

COLOR, TEXTURE AND SHAPE

An easy way to create interest and beauty to your landscaping is by varying the color of different elements. This includes not only plants, shrubs and trees, but also hardscaping – stone walls, paving stones or gravel – to add texture and visual interest. Another method to add spice to your landscape is with different shapes. Triangles, circles and other geometric shapes can be used to create focal points in your yard or to define different areas. Best of all, colorful hardscaping accomplishes both goals. Installing a winding stone or gravel path can connect different areas of your property.

"I recommend keeping manufactured textures such as cement clos-





A row of outdoor post lamps can be a striking garden feature, while offering much needed light along walks and driveways.

er to the house," says Pruitt. "The farther you move away from the house, elements should become progressively more natural in appearance. For example, a cement patio adjacent to the home, with a wooden feature like an pergola farther away, and perhaps a natural stone wall along the property line."

Adding water features such as a small fountain or pond can bring a lot of charm to your garden. However, they do require more attention to maintain proper flow of water and avoid becoming a breeding ground for mosquitoes or other pests.

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LET THERE BE LIGHT

Outdoor lighting is a great way to make your yard look beautiful at night and enhance security. Pruitt recommends choosing which areas of the garden you would like to illuminate, and why. If safety is a concern, small stake lighting can create a warm, welcoming glow for pathways. Solar-powered lights can be placed anywhere in the garden without the worry of having to switch them on and off each night. Designs and finishes are available that can match any home's exterior décor. For example, if you have traditional metal fixtures and cottage garden ideas in your plot, you might wish to pick antique-style lighting that blends in with the environment. They can also be used to great effect between plantings to spotlight favorite flowers or bring attention to a container gar-

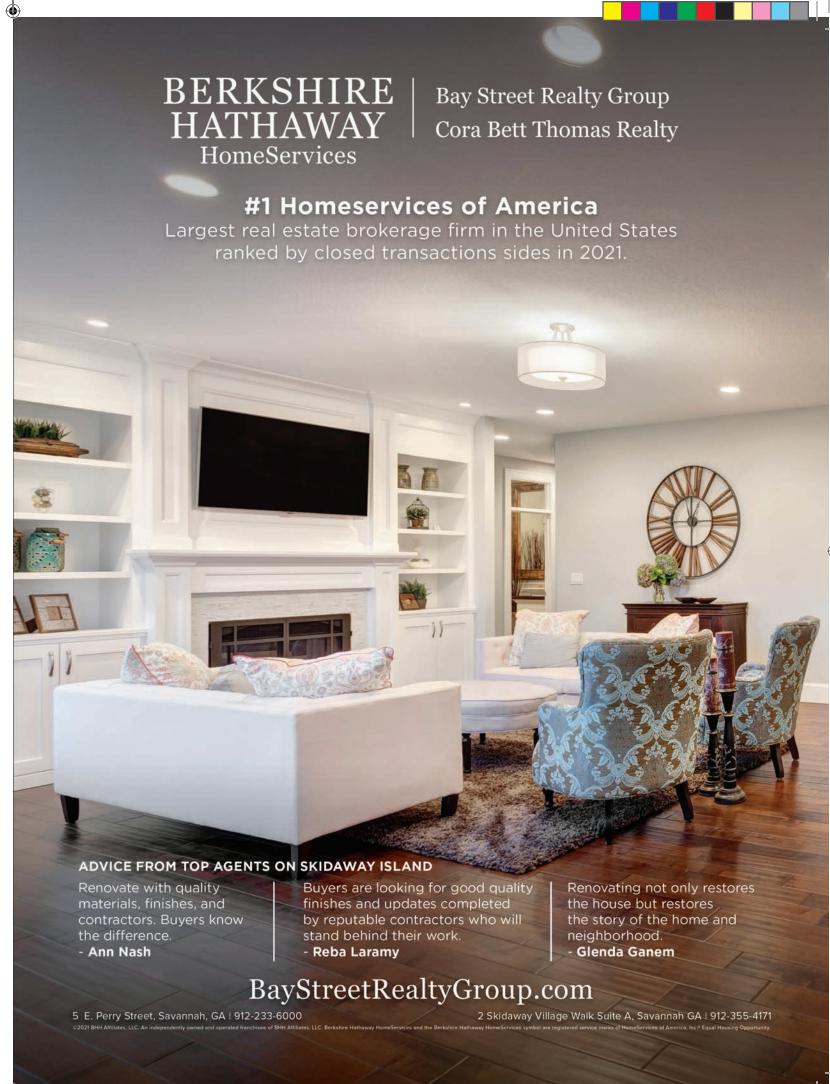
It's important to consider the natural light during the day. Installing a pergola with vines growing on it will enable you to enjoy your outdoor space without feeling overheated. Planting taller trees or large shrubs can also help keep your patio or deck in the shade. They are natural options to provide privacy, but it's important to choose something that matches your landscaping. Pruitt suggests red cedar as a great choice for privacy hedges because it grows tall and dense.

PROFESSIONAL LANDSCAPING

The challenge of landscaping depends on the size of your yard, the type of plants you choose, and the amount of labor involved. Sometimes, consulting a professional landscaper can help you avoid costly missteps. If you're considering hiring a professional landscaper, compare written estimates from different companies to find the best deal. But bear in mind, cheaper is not always better. You're also paying for knowledge and experience. Ask for recommendations from friends and neighbors and consult the Better Business Bureau. Typically, you can expect to pay at least \$50 per visit for basic mowing and edging services. However, different factors such as the size of your lawn, the type of grass, and the frequency of service will affect the cost. Additional services like weed control or fertilization can also make a difference. A more affordable option might be hiring a student from a local college or university. Students usually offer discounted rates, and many of them are passionate about landscaping and gardening.



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DREAM HOME

Turning Renovations Ruminations Into Reality

By Jessica Leavitt

Por the last two years, we have all been spending lots of time in our homes. Chances are you've come up with a project or two that would turn your existing space into your dream home; maybe the bathroom that you wish had a soaking tub or the kitchen that could better accommodate that pandemic bread-making you started. We understand. What kind of kitchen doesn't have a designated shelf for the sourdough starter? Perhaps, with the option to work remotely, you have moved to a city better aligned with your new goals and lifestyle. Maybe when you arrived, available housing was scarce, and you settled on a property in need of improve-

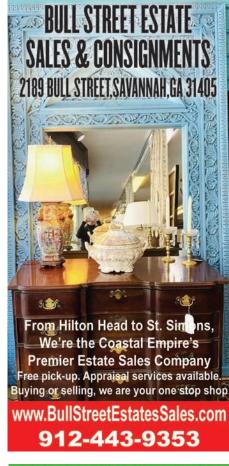
When considering a renovation, start by honestly prioritizes the things that are important to you. Jot down the following:

• Start with the end of the renovation in

mind. Imagine walking into your home at the end of a day after the renovation is completed. Envision you and your family in the space, what it looks like, what it feels like, and how it functions. Write down the journey through the last hours of your day before bedtime. You could also do this from waking up to leaving the house in the morning.

- Make observations regarding your current space what areas of the house feel good? Where are meals most often shared? Where do people congregate at a party?
- Take note of the flaws. What is it about the space that feels out of alignment? Where does clutter tend to collect? What spaces are under-utilized – or worse, avoided?

This exercise will guide you to what you value when considering the space and functionality you hope to improve. Prioritize



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these things. This will help your contractor make sure you get the best value out of your renovation.

Next, decide which is more important to you – the return on investment or the return on lifestyle. A financial return on investment – adding value to your home – is a traditional way of evaluating a renovation. Storage space and finishes are also a vital consideration. Of course, removing outdated wallpaper or paneling can be a low cost way to make a big impact as well. We have also seen exterior improvements create a lasting return on investment through paint, a new front entry, or landscaping. Spaces that typically have the greatest appeal in resale are bathrooms and kitchens. Layout and functionality are equally important; a beautiful space that doesn't work is never a good return on investment. The return on lifestyle – when we look at a renovation as a way to increase the fulfillment in your living space – is a more qualitative measure. For instance, installing a pool may not necessarily add value value to a home, but it increases functionality and joy.

No matter the size and scope of your renovation, it is recommended you work with an architect, draftsman or a designer to help you define the new floor plan you are creating. Their expertise in space planning will help you achieve your goals. The right contractor can also be a trusted advisor, helping provide guidance from a building perspective, material suggestions, and determining which options offer the highest return on investment.





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hen it comes to a painting project, there's no substitute for adequate preparation, quality tools and careful work. With an overwhelming selection of paint options available, picking the proper supplies will create professional results in your home. The old axiom applies in the painting pantheon: You get what you pay for. Homeowners sometimes buy cheap tools – or cheap paint - and end up with a poorly finished project.

Before beginning a project, be mindful of the weather. Check with the manufacturer to determine the optimal temperature for your paint. Paint doesn't handle extreme temperatures very well, and high heat makes paint bubble or dry too quickly, leaving an uneven finish. High levels of humidity delay drying time for water-based paints. Freezing temperatures prevent paint from drying evenly, causing cracking and peeling. If necessary, use a space heater or portable air conditioner, or reschedule your project for another time of year when temperatures are more moderate.

Dirt and grime are factors in paint application. A dirty wall prevents paint from adhering properly or causes it to bubble. Use a sponge to wipe down the wall with a mixture of Spic and Span and water to remove any surface dirt. Glossy paint has excellent resistance to dirt and grease, but the same thing that protects glossy surfaces from smudges and fingerprints also keeps new paint from adhering properly. This can be easily fixed by sanding the glossy finish to give the paint some "tooth," followed by a thorough cleaning to remove any remaining particles.

Pre-mixed spackling is perfect if your wall needs minor repairs from nail holes and small blemishes (or fiber mesh tape for covering larger holes). Some spackle formulas are colored when wet and turn white as they dry, so you never have to guess. You'll want caulk for filling

gaps between the walls and trim. A two-inch putty knife and a sixinch-wide taping knife, both with flexible blades, are recommended to patch cracks and apply joint compound. Once the spackle dries, a medium and fine grit sponge will be needed to smooth it out. To avoid dust, skip the sandpaper and smooth the patched areas with a damp sponge and warm water. It gets the job done with zero dust.

For clean lines and crisp edges, painter's tape is a must. Once it's on the wall, you can create a seal by running a damp rag over the edge. Quality painter's tape ensures professional-looking results but should be removed about an hour after you've finished painting, otherwise paint might peel upon removal. If the paint starts coming up, use a razor blade to gently score along the edge of the tape as you peel it back. You can also use a blow dryer to heat up and loosen the adhesive, using your fingers to roll it away from the wall.

Canvas drop cloths might be more expensive than disposable plastic, but many paint jobs lead to "project creep." Repainting the living room makes the adjacent hallway look dingy. Once that's been repainted, now the wall leading upstairs needs to be addressed. That's a lot of disposable drop cloths to buy. And you'll have the canvas drop cloth for the rest of your life.

Plastic remains on the supply list. It's easier to pour paint into a plastic bucket than to work from a quart or gallon can. It also enables multiple painters to work from a single supply. Instead of metal paint tray for your roller, a heavy-duty plastic tray is recommended. They're lighter but still rigid, and cleaning can be easier. Latex paint doesn't stick and peels right off. If you get a quality hard plastic paint tray, tray liners aren't necessary. In fact, they're mostly a waste, economically and

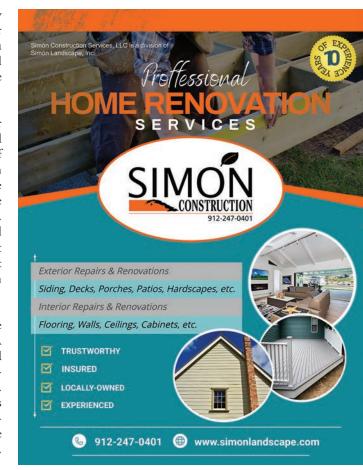
BY JULIE DUNGAN

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An extendable roller pole helps reach areas overhead. Not only does it ease the stretching of shoulder and back muscles, it keeps your feet safely on the ground rather than on a ladder or stool. But if you do need a ladder, a standard six-foot aluminum or fiberglass model should be adequate for most projects. Be certain it's sturdy and stable and fits your weight specifications.

A smooth, professional finish begins with determining the proper applicator for the job. Rollers cover a lot of wall space quickly and add texture. They can be an excellent choice for painting any large piece of furniture, like a dresser or entertainment console. A standard 9-inch roller with a synthetic core and a 3/8-inch nap is a classic. To test the core, take your thumb and index finger and push down on each side on the end of the roller. You shouldn't be able to close that opening. Mini paint roller frames are also convenient for working around small spaces. Some people buy a plastic tube to preserve their roller, but plastic wrap works just as well. If you're done painting for the day but want to pick it back up tomorrow, cover the roller in plastic wrap, then throw it into a plastic bag with a tight seal.

For control in a tight area, use a paint brush. Just like rollers, the size of the brush is based on the size of the space you're painting. A 21/2-inch angled brush provides good control for painting trim and cutting in corners. Brushes come with different types of bristles. Natural bristles are designed for oil-based paints, varnishes and shellac. Applying water-based latex paint with a natural-bristle brush results in bristles that are limp from absorbing the water in the paint, making the paint nearly impossible to spread. Synthetic brushes, made from nylon and polyester, are better suited for water-based latex paint.





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Tape should be removed about an hour after you've finished painting, otherwise paint might peel upon removal.

Sometimes, bristles leave streaks and can be pulled off the brush and get stuck on the wall. A foam brush leaves a smooth finish without the concern of loose bristles.

A paint pad is another tool without bristles that can get into tight, hard-to-reach spaces, such as behind a toilet tank or radiator. Some come built with wheels, allowing you to glide around the edges of trim very easily.

To help prolong the life of a quality brush, it's important to clean it thoroughly for future projects. Paint brush cleaner helps ensure a brush is completely clean.

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Soledad O'Brien to Headline the 20th Annual SmartWomen Luncheon and Expo

Wednesday, October 12, at the Savannah International Trade and Convention Center. Emmy Award-winning journalist, anchor and producer Soledad O'Brien is the featured speaker. A champion of diversity, she gives voice to the underserved and disenfranchised through her award-winning reporting.

Since its inception two decades ago, SmartWomen has raised hundreds of thousands of dollars for St. Joseph's/Candler's Mary Telfair Women's Hospital, which includes the Mammography Fund that provides mammograms and other breast care services for those who cannot afford them. In our region, approximately 20 percent of the population is uninsured or underinsured. Last year's event raised \$195,000 for the Telfair Mammography Fund to ensure women have access to mammography and other breast health services, even if they have no insurance or cannot afford to pay their deductibles.

Year after year, SmartWomen brings successful and inspiring speak-

his year's SmartWomen Luncheon and Expo will be held on ers to the region. Past years' luncheons have featured notable women such as Vicki Lawrence, Taya Kyle, Jane Seymour, Anne Burrell, Fran Drescher, Amy Grant, Dr. Jennifer Ashton, Marilu Henner, Joan Lunden, Giuliana Rancic, Leigh Anne Tuohy, Olympia Dukakis, Ellen Burstyn, Peggy Fleming, Ivana Trump, Erin Brockovich, Suze Orman and author Mary Kay Andrews.

SMART S WOMEN

WHAT: SmartWomen Luncheon and Expo

WHEN: Wednesday, Oct. 12; 10 a.m. - Expo; 12 Noon - Lunch; 12:30 p.m. – Soledad O'Brien

WHERE: Savannah Convention Center

HOW MUCH: \$75 per person or \$750 for a table of 10

CONTACT: St. Joseph's/Candler Foundations at 912.819.8683 or email sicsmartwomen@sichs.org.

WHAT ELSE: Register for the event at www.sjcsmartwomen.org.

ABOUT SOLEDAD O'BRIEN

As the anchor and producer of the syndicated political show "Matter of Fact," Soledad O'Brien has established herself as one of the most recognized names in broadcasting. O'Brien is a contributing editor for "PBS NewsHour," and, since 2020, she has hosted the weekly podcast "Very Opinionated with Soledad O'Brien." In 2021, she hosted the Audible-original podcast series "Growing Up P.O.C.," and in 2022, the hour-long radio show and podcast series "Everyday Wealth."



With eloquence and a measured ability to examine divisive issues such as race, class, wealth, opportunity and poverty, she invites audiences to delve deeper into the headlines that shape our lives, our outlooks and our daily interactions. Her documentary production company, Soledad O'Brien Productions (SO'B), follows that same path, uncovering and sharing untold stories. Two recent SO'B series include "The Prison Breaker" on Discovery Plus, and "Disrupt and Dismantle" on BET and The Smithsonian Channel. Her four-part HBO mini-series "Black and Missing" premiered in late 2021.

She is the author of two books, her critically acclaimed memoir, The Next Big Story: My Journey Through the Land of Possibilities, and Latino in America.

O'Brien's coverage of race issues has earned her two Emmy awards; she was awarded a third for her presidential election coverage, and she is a two-time Peabody winner. Other awards include the Alfred duPont, Gracie Allen, Clara Barton, Hispanic Heritage, Cronkite, NAACP's President's, John F. Hogan Distinguished Service and Silver

A prominent philanthropist, Soledad is the founder of PowHERful, a foundation that mentors and funds college tuition and expenses for young women. She has served on many boards, including the Peabody Awards at the University of Georgia, Harlem School of the Arts, the National Archives, and the Rand Corporation. In 2021, she was named to the board of trustees for the Smithsonian National Latino-American Museum.

Starch or No Starch?

Starchy vegetables have a bad reputation. But, the story is more complex than that.

Tou've done everything right. You cut down on baked goods. You cut down on fried foods. You switched out red meat for lean protein. But now they're coming for your veggies. Suddenly, your potato is as bad as white bread. Your fresh corn is vilified as though it's candy corn. Even peas are taking shots to their pods.

Don't change your meal plans again just yet. "The negative image of starchy vegetables is not justified," says dietitian Cheryl D. Jenkins, RD, LD, at St. Joseph's/Candler. "They can absolutely be a part of a healthy

CARBS COUNT

The crux of the debate is starch, which is a carbohydrate – a primary source of energy for your body. Starch is a complex carbohydrate, so it has more nutrients, more fiber, and a slower digestion period than notorious simple carbohydrates of sugar and sugar-laden products such as soda, cookies and candy. But complex carbs are still carbs. And starchy vegetables have more calories than their nonstarchy counterparts. So first off, which is

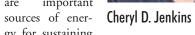
Starchy vegetables include:

- White potatoes
- Corn
- Green peas
- Sweet potatoes
- Butternut squash

Non-starchy vegetables include:

- Tomatoes
- Leafy greens
- Broccoli
- Celery Cabbage
- Cucumbers

Jenkins says that if you avoid the first list completely to cut calories, you're missing out on a lot of good things. "Starchy vegetables provide beneficial vitamins, minerals and fiber to your diet. They are important gy for sustaining



good health. Any negativity toward vegetables like corn and potatoes are more than likely related to diet fads that try to eliminate all starchy foods."

PREP AND PORTION

A meal's healthiness often depends upon its preparation. This is true of almost any food, including nutrient-rich vegetables. The potato is a great example. French fries and chips are typically deep fried, which adds extra calories. Mashed potatoes are healthier, but people often go overboard with the butter or sour cream they mix into it.

"Roasting potatoes is a great, lower-fat way to enjoy them, and any potato can be roasted," Jenkins says. "You can increase the enjoyment by taking advantage of all the colorful varieties of potatoes - white, red, yellow, purple and sweet. Typically, the more color, the more nutrition."

Corn is another popular item from the starchy list that can be prepared in a variety of ways, such as grilling or steaming and adding kernels to salads for a pop of natural

"A bean salad that includes corn kernels is a great way to incorporate a favorite food while amping up the protein," Jenkins sug-

Fruits vary in carbohydrate content, but rather than eliminating starchy fruits such as bananas, Jenkins encourages clients to practice portion control.

"The natural sugar in dried fruit, for example, is concentrated due to the dehydration, so you would need to have a smaller portion," she says. "But unless you have an allergy or another health condition that requires limiting certain fruits, there is no need to exclude fruit from your diet."

MIXING UP YOUR PLATE

The "My Plate" guidelines developed by the U.S. Department of Agriculture remain an easy visual aide and effective way to improve dietary intake while encouraging variety. The guidelines of our childhood - the four food groups and, later, the food pyramid - have essentially been replaced by My Plate. Vegetables get the most real estate on a typical My Plate plan because of their numerous health benefits. Within those guidelines, don't forget to mix it up and try new things; consistently choosing different kinds of vegetables is a smart choice.

"If you are watching your calories, a higher amount of leafy green or lower-carb vegetables will help," Jenkins explains. "But I don't encourage cutting out starchy vegetables. They provide nutrients to your body and bring variety to your meals. And that increases the enjoyment of what you are eating. No matter what the latest diet craze is, the truth is that all kinds of foods can fit into a healthy diet."



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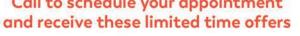
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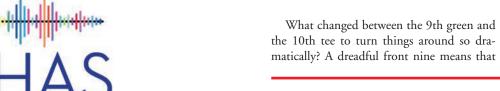
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any chance to post an exceptional or even an ful; more of a commiseration than acceptable score is gone. At that point, the ego divests itself from the proceedings, and the body is freed from the burden of expectation. In other words, a golfer can achieve a Zen state by playing like a hack. To avoid this disagreeable irony, we must find a way to enter that state before we enter the course, which is impossible because all golfers believe that the next round will be a career round, which makes the pain of abject failure even more acute.

"You don't have the game you played last year or last week.

You only have today's game. It may be far from your best,

but that's all you've got."

Walter Hagen

Bv Peter Sizer

simple observation but not very help-

✓ ▲a golf tip, equivalent to the somber

message on a mutual fund prospectus: "Past

performance is no guarantee of future re-

sults." Not quite Dante's dire warning at the gates of hell, but cause for sober thought. Ha-

gen's implication is that there is nothing to

be done about today's poor play except plod

through to the bitter end and hope for better

My experience is otherwise. I've had many

rounds where I stunk on ice going out, and

played at scratch coming in, sometimes with

a differential of as many as 10 strokes. Even

so, the psychic pain of the front-nine debacle

is hardly assuaged. Wild fluctuations in per-

formance are a source of great frustration, but

also part of the game's allure. After all, golf is

things tomorrow.

like a box of chocolates...

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As poet A.E. Housman observed, "Hope lies to mortals, and most believe her." Perhaps we should have our spouses berate us without mercy for being feckless losers before we head to the course, just to get our minds right. The dour Housman also said, "Who made the world I cannot tell; 'tis made, and here I am in hell." While he was not known to golf, that quote is certainly applicable to the experience

We often find ourselves out of sorts on the



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golf course, and it's a real struggle to replenish those sorts. When we are out of golf balls we go to the pro shop, but where do we go for sorts?

Coleman McCarthy, golfer, journalist and peace activist, observed, "It doesn't make sense to imagine you can ignore your temper. It's part of you."

Long gone are the days when sports writers, shamelessly fond of alliteration, would head their story with, "The Terrible-Tempered Tommy Bolt Tears up Card." The old joke was that Bolt's caddy handed him a 9-iron for a shot of 250 yards and Tommy looked at him in disbelief. "Old Tom can't hit a 9-iron that far," Tommy exclaimed. "Well sir," replied the caddy, "it's the only club left in the bag." (Since he had broken or thrown the remaining 13 away in disgust during the round.)

Today, the professional tours frown on overt displays of temper. At Doral in 2015, Rory McIlroy heaved an offending 3-iron into a nearby lake, and with good distance. Everyone who plays the game could relate to that fleeting compulsion. He was fined \$25,000 for his terrible, tasteless transgression, reduced to \$5,000 when he said, "Sorry," on television. Bad, Rory, bad! I was disappointed that he was so easily cowed for his honest, harmless and brief display of pique. I had hoped that he might have paid the 25K and proclaimed, "Worth it!"

I wonder, is there a sliding scale of fines for misbehavior on the PGA Tour? Is it less costly to heave a Titleist into a lake than it is a club? Is a discus-throw windup more expensive than a casual under-

Rory McIlroy

hand toss? Sports psychologists advocate a state of Buddhistic calm on the links, but when did the Dalai Lama ever lead the tour in birdies?

I suppose that the professional tours believe any loss of cool to be bad for golf, which means bad for their corporate sponsors. They can't abide anything that might sully the brand. The players are constantly citing some new development as being "good for golf" and helping to "grow the game." By this, they mean anything that puts more lucre in their already stuffed pockets. Bryson and Brooks justify their puerile social media squabbles as serving to

put more eyeballs on the sport. Well, a mixed martial arts cage match to a bloody-pulp submission between the two would really explode.

The PGA Tour seems to want to have it both ways. Officials have confirmed the establishment of the Player Impact Program, through which \$40 million will be doled out to 10 players deemed to have increased the Tour's popularity on social media and elsewhere. So, how do you maximize hits on Twitter or YouTube? Be controversial, outrageous, shocking or shameless. Or, heave a 3-iron into a lake. Here's the deal: Rory – go ahead and chuck that club, and we will fine you and be seen as stern enforcers of decorum. But on the backend, when the video goes viral and golf is all the buzz, you will recoup that expense and so much more.







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CHIEF JOSEPH and the Nez Perce War

By Ron Lauretti

The early November 2005 issue of The Skinnie chronicled the 1828 gold strike in northeast Georgia, near Dahlonega. Thousands of prospectors flocked to the area hoping to find their fortunes. A few, mostly early arrivals, did strike it rich, but many did not. For the next two decades, the gold taken there produced more than \$35 million in gold coins.

But there was a dark side to the gold strike's history. To remove the Cherokee Indians occupying this land, local militia rounded up 13,000 Native Americans at gunpoint in the winter of 1838. Freezing, sick and starving, they were marched hundreds of miles west to a sparse reservation in Oklahoma. Nearly 5,000 died along the way, and this travesty became known as the Trail of Tears.

Sadly, the tragedy would be repeated several decades later. As with the Trail of Tears, gold was the root cause. In June of 1877, a small band of 800 Nez Perce led by Chief Joseph occupied territorial land in the Wallowa Valley of eastern Oregon. They had produced the famous appaloosa horse, bred for speed and endurance. The U.S. government sent a large detachment of cavalry under the command of Gen. Oliver Howard to relocate the Nez Perce to a less desirable location in Idaho. Instead of a peaceful escorted journey, several young braves, disillusioned by previous broken treaties and the white encroachment of their land, attacked and killed 18 settlers. Gen. Howard was ordered to arrest the renegades and hold them for trial, but the chief had little faith in the white man's justice. He decided to lead his people on a 1,600-mile trek to the relative safety of Canada.

For 11 grueling weeks, the outnumbered and outgunned

In 1879, while forcibly confined on a reservation in Oklahoma, Chief Joseph, was permitted to travel to Washington, D.C., where he met with President Rutherford B. Hayes and presented his case for the return of the Nez Perce to the Pacific Northwest. As was common for Native delegates visiting the capital, he posed for a portrait in the studio of photographer Charles Milton Bell, standing in an artificial landscape composed of a papier-mâché rock, faux moss, and a painted backdrop.





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Nez Perce engaged the pursuing cavalry in 13 battles and skirmishes. Under the chief's leadership, they never lost an engagement against four military units. Altogether, 2,000 Army soldiers could not subdue the fleeing Nez Perce. But firepower eventually won the day. In Gen. Oliver Howard the end, the braves



proved no match for Gatling guns, howitzers and cannons. On October 5, 1877, in northern Montana – just 40 miles from the Canadian border - Chief Joseph was forced to surrender to surrounding units of the U.S. Cavalry. The harsh weather of the Bear Paw Mountains had led what remained of his people – 87 men, 184 women, and 147 children - to the brink of starvation.

Thus ended the last Great War between the U.S. Government and an Indian nation. Under the terms of the surrender, the Nez Perce were promised they could return to

Oregon's Wallowa Valley. Instead, they were sent under armed escort and with little food or shelter to a barren patch of land in Oklahoma. Half the tribe died from disease and neglect on the trip.

In 1879, Chief Joseph went to Washington, D.C., to meet with President Rutherford B. Hayes and plead his people's case. However, opposition in Idaho prevented the government from granting Chief Joseph's petition to return to Oregon until 1885. Chief Joseph and his people were eventually granted permission to return to settle on the reservation around Kooskia, Idaho, but were instead taken to the Colville Indian Reservation in Washington state. Still frustrated, Chief Joseph returned several times to Washington, D.C., where he met with President Theodore Roosevelt, and to New York City to lobby the metropolitan power brokers. Wherever he went, he stridently proposed that his people be permitted to return to their home in the Wallowa Valley, but it never happened. The great chief died in 1904, at the age of 64, at the Colville Indian Reservation.





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WHAT: Pegasus Riding Academy volunteers

WHERE: Old Roberds Dairy, 2500 Tennessee Ave., Savannah

CONTACT: For information and directions, visit www.prasav.org or call 912.547.6482 WHAT ELSE: Pegasus Riding Academy is a therapeutic riding program providing safe, professional and ethical equine-assisted activities for individuals with physical, mental and emotional disabilities. Volunteers are needed to assist these special children. Horse

ANIMAL ATTRACTION

WHAT: Call for volunteers

experience not necessary.

WHEN: Flexible hours to meet your needs and schedule, various tasks

WHERE: The Humane Society Thrift Shop, 7215 Sallie Mood Dr. **CONTACT:** Volunteer coordinator, Yvonne

Hemphill, 603.502.6906

WHAT ELSE: No experience necessary. All proceeds from the thrift shop go to supporting the care of the shelter's animals.

PET PROJECT

WHAT: Linen drive for the Humane Society of Greater Savannah

WHEN: Ongoing

WHERE: Humane Society Adoption Center, 7215 Sallie Mood Dr.

CONTACT: Call Rosemary Longueira at 598.2875 or drop donations at 22 Long Island Road, Oakridge

WHAT ELSE: Donate old towels, washcloths, pillowcases, sheets, dish towels, pet beds, and chair cushions. Please bring them to the front of the Adoption Center, not the Thrift Shop donation area.



island hopping

Please email content to mail@theskinnie.com. Deadline is the Friday prior to publication.

WHO NEW?

WHAT: New Neighbors

WHEN: Visit www.landingsnewneighbors.com to see our calendar

CONTACT: Visit our website or contact lody at nnnewmember@gmail.com

WHAT ELSE: The club offers more than 250 different activities from biking, golf, pickleball, walking groups or fishing to Mahjong, Bridge, Needle-arts and Canasta. We have exciting military tours and special events for you to enjoy right here on Skidaway Island.

GOTTA LOVE IT

WHAT: Landlovers membership / open to all Skidaway Islanders

HOW MUCH: Each \$30 membership fee covers one household of one or two adults.

CONTACT: Vicki Knapp at landloversmembership@gmail.com or visit www.landingslandlovers. com for more information.

WHAT ELSE: The membership year runs from September 1 through August 31. Landlovers is a philanthropic and social organization dedicated to enriching the Landings community and Skidaway Island at large. Landlovers sponsors year-round social activities and fundraising events to support student scholarships and multiple non-profit service organizations.

ABSTRACT THINKING

WHAT: "An Intuitive Journey Within," featuring the artwork of Dell Belew

WHEN: Now through May 31

WHERE: JEA, 5111 Abercorn Street HOW MUCH: Free and open to the public

CONTACT: Vicky Lunick, 912-355-8111 WHAT ELSE: Dell Belew's "intuitive"

paintings venture into trying new things and changing the focus, concentrating on

GARDEN STATE GOLF

WHAT: Landings Garden Staters Club Golf tournament and dinner

WHEN: Sunday, May 22, 1:30 p.m. shotgun; 5:30 p.m. cocktails followed by dinner WHERE: Palmetto golf course and Palmetto

Club for cocktails and dinner **HOW MUCH:** \$51.36 per person charged to

your club account; bar charges additional

CONTACT: RSVP to landingsgardenstaters@ gmail.com. Any questions, contact Beth Silady at 912.349.7437

WHAT ELSE: Let us know if you're signing up for golf and dinner or dinner only. If you don't

want to golf, join us for dinner with NJ friends. If you haven't already joined Garden Staters, 2022 dues are \$10 per person. Checks payable to NJ Garden Staters and tubed to Beth Silady, 7 Rookery Road (Palmetto).

PLANT BASED SOLUTIONS

WHAT: Landlovers Plant Strong of Skidaway

WHEN: Monday, May 23, 7:00 pm WHERE: Simone Heyman's home, 12 Wesley Crossing

HOW MUCH: Free but Landlovers membership is required.

CONTACT: Please RSVP to Simone at simoneheymanwfpb@gmail.com if you will be coming WHAT ELSE: Mike Stevenson will be leading the discussion of Dr Michael Greger's How Not to Die. You do not have to read the book to be involved in the conversations, just come and learn. Open to all Skidaway Islanders.

KEEP 'EM FLYING

WHAT: Remembering the Fallen: 26,000 Flags

WHEN: starting Tuesday, May 24 WHERE: National Museum of the Mighty Eighth Air Force, Pooler

CONTACT: To volunteer, visit https://www. mightyeighth.org/flagsforthefallen/

WHAT ELSE: Volunteers are needed to help place 26,000 48-star WWII-era flags in the Memorial Garden. The display will run Thursday, May 26 through Monday, May 30.

CAN YOU CANTORI?

WHAT: I Cantori Ukraine benefit concert **WHEN:** Tuesday, May 24, 7:30 p.m. WHERE: Skidaway Island United Methodist

HOW MUCH: Free and open to the public CONTACT: Robert Harris, 912.925.7866 WHAT ELSE: Join us for our first concert in two years as we honor the brave people of Ukraine. Donations are gratefully accepted.

DOWN BY THE RIVER

WHAT: Memorial Day Weekend celebration WHEN: Friday, May 27 through Monday, May

WHERE: Plant Riverside District, 400 W. River

HOW MUCH: Free and open to the public **WHAT ELSE:** The four-day celebration offers free live music as well as live aerial performances by Cirque Divina, and food and drink options for

www.theskinnie.com

all ages. Nightly fountain shows featuring patriotic music and a special salute to our armed forces at 9 and 10 p.m. in Martin Luther King, Jr. Park.

'CUE THE MUSIC

WHAT: Cookout at St. Peter's Episcopal Church WHEN: Sunday, May 29, 11.30 a.m. WHERE: St Peter's, 3 West Ridge Rd. CONTACT: Trevor Walker, trvrwlkr19@gmail.

WHAT ELSE: All are welcome. Bouncy house and live music.

NEWTON'S LAW

WHAT: Artwork of John Newton WHEN: June 1 through June 30 WHERE: JEA, 5111 Abercorn St. **CONTACT:** Vicky Lunick, 912.355.8111 WHAT ELSE: John Newton is a self-taught artist who lives in rural Effingham County. Fascinated by the vivid colors associated with Hispanic culture, Newton combines acrylic paints with aluminum cans and bottle caps to create his mixed media works.

PERFECT HARMONY

WHAT: "Summer Harmonies," a mixed barbershop chorus concert

WHEN: Friday, June 10, 7:30 p.m.

WHERE: Tybee Post Theater, 10 Van Horne Ave. **HOW MUCH:** \$20

CONTACT: Tickets at Tybee post theater.org WHAT ELSE: 13th Colony Sound is a non-profit mixed chorus singing in the a cappella barbershop style in the greater Savannah area. "Summer Harmonies" is a tribute to songs past and present showcasing the sounds of summer. The full chorus and several quartets will harmonize favorites from the 1940s to today.

THE COAST WITH THE MOST

WHAT: Coastal Conservation Association of Skidaway June meeting - "Estuarine Fish Monitoring Cooperative"

WHERE: St. Peter's Episcopal Church WHEN: Monday, June 13, 7 p.m. **CONTACT:** Paulette Hamilton, 610,509,0279

WHAT ELSE: The speaker is Rachel Guy, Ph.D., currently serving as the research and monitoring program coordinator for the Sapelo Island National Estuarine Research Reserve (SINERR).

TAXATION REPRESENTATION

WHAT: Opportunities for volunteer income tax assistance with Neighborhood Improvement Association

WHEN: starting in January, flexible hours from 9 a.m. to 8 p.m.

WHERE: several sites in Savannah, Pembroke, Rincon, Richmond Hill and Hinesville

CONTACT: Tiffany Carter, tcarter@niacdc.org or 912.447.5577

WHAT ELSE: This program helps underserved communities by offering free tax preparation. No experience necessary. Volunteers include greeters/ screeners and tax preparers.

CAN YOU CANASTA?

WHAT: Landlovers Canasta

WHEN: Every Wednesday, 1-3 p.m.

WHERE: Palmetto Clubhouse **HOW MUCH:** Free

CONTACT: Email landloverscanasta@gmail.com to be added to the email list.

WHAT ELSE: Maximum 20 players and must have basic knowledge of the game. Because we play in the Palmetto Clubhouse, Landings Club and Landlovers memberships are required.

LUNCH BUNCH

WHAT: Landlovers Men's Lunch WHERE: Various restaurants around Savannah WHEN: To be determined

HOW MUCH: The cost of your own meal WHAT ELSE: Our 8th year! The only requirements are that you live on Skidaway Island and are a member of Landlovers. www.landingslandlovers.com/join.

CONTACT: Dick Hughey, dickhughey@att. net, Jim Smart, smartsville@aol.com, or Rick Armstrong, armstrp@hotmail.com

FRIENDS OF FRIENDS OF BILL W.

WHAT: Al-Anon

WHEN: Mondays, 4 p.m.

WHERE: Skidaway Island United Methodist Church

6:30 p.m.

WHAT ELSE: A recovery program for families and friends of people who are struggling with addiction.

BUNCO SOUAD

WHAT: Landlovers Bunco, open to all Skidaway Island residents, not just the Landings WHEN: Second Wednesday of each month at

WHERE: Landings Association meeting room **HOW MUCH:** \$6 in singles to be used as prizes and to cover the room fee

CONTACT: Eileen Yost, eileenvrn@gmail.com. WHAT ELSE: Landlovers membership is required but Landings Club membership is not required. TLA reserves the right to reschedule and will try to give a 24-hour notice. Unless you hear otherwise, meet at 6:30 p.m. to set up and socialize before the games begin. Drinks in covered containers are allowed.

BODY AND SOUL

WHAT: Mat Pilates and Sit-Fit exercise classes

at Skidaway Island United Methodist Church (SIUMC)

WHEN: Mondays, Wednesdays and Fridays. Mat Pilates, 9:15-10:10 a.m.; Sit Fit: 10:15-11:10

WHERE: Bailey Hall at SIUMC, 54 Diamond

HOW MUCH: \$5 per class for 8 or more classes per month. \$6.25 per class for 7 or fewer classes per month.

CONTACT: For more info or to register, call Elena Bennett, ACSM-certified fitness instructor at 404.510.6042

WHAT ELSE: Mat Pilates participants must bring an exercise mat and be able to get up/down from the floor. Sit-Fit participants should wear athletic shoes. Everyone should bring a water

SAWBUCKS SESSIONS

WHAT: Skidaway Hamiltons meetings WHEN: Every third Tuesday of the month, 4

WHERE: Via Zoom

HOW MUCH: Free for members of the Skidaway Hamiltons and Skidaway Abigails CONTACT: George Sedberry, 912.308.5193 or george.sedberry@gmail.com

WHAT ELSE: To learn more about Skidaway Hamiltons, a progressive, liberal men's organization, visit skidawayhamiltons.org. Check out the calendar for a schedule of speakers.

ALL ABOARD!

WHAT: Landlovers Mexican Train Dominoes, open to all Skidaway Island residents, not just the Landings

WHEN: Tuesdays 3:30-5:30 p.m.

WHERE: Palmetto Clubhouse's Byrd Room. Because we play in a clubhouse, Landings Club membership is required.

HOW MUCH: Free but Landlovers membership is required

CONTACT: Laurie Milano at lamilano@aol.com WHAT ELSE: Food and beverages are available from the bar. Maximum 24 players. Please bring a set of dominoes, if you have one.

BE A DECENT DOCENT

WHAT: Become a historical interpreter WHEN: Part-time – Monday thru Saturday, 10 a.m.-4 p.m.; or Sundays, 12 noon -4 p.m. WHERE: The Andrew Low House Museum, 329 Abercorn St. on Lafayette Square HOW MUCH: \$9.50 per hour **CONTACT:** Chris Sergi, Education and Programs Manager Andrew Low House csergi@ andrewlowhouse.com or 912.233.1828 ext.102 WHAT ELSE: The Andrew Low House is searching for enthusiastic and dedicated individuals with a love of history to serve as guides and educators to represent our museum.

Complete Island Hopping listings are available online at www.theskinnie.com

www.theskinnie.com THESKINNIE VOL. 20 ISSUE 10 – 33

STANDARD CLUES*

ACROSS

- 1. Off the beaten (remote)
- 5. Brainy bunch
- 10. White Christmas maker
- 14. Jai-___ (sport)
- 15. Alda and Arkin
- 16. Window section
- 17. EMITS First Rotation
- 19. PDO!
- 20. Fraternity hopeful
- 21. Victorian and Elizabethan
- 23. Frequent Wiley E. Coyote purchase
- 24. Math branch using quadratic equations (abbr)
- 26. Slightly intoxicated
- 28. Cousins of gerbils
- 33. ___ Brothers (largest bankruptcy in U.S. history)
- 36. Pierre's sweetheart
- 37. Auto from Sweden
- 39. Felony
- 40. Send a sexually explicit message by cell phone
- 41. Scatter over a surface
- 43. Lay ____ the line (two words)
- 44. Molars, incisors, etc.
- 46. Taj Mahal site
- 47. Pierre's mom
- 48. Protracted painful experience
- 50. Ovals
- 52. Annoyed
- 54. Nickelodeon center?
- 55. Site for building
- 57. On the briny
- 59. Enthrall
- 64. "Pardon me."

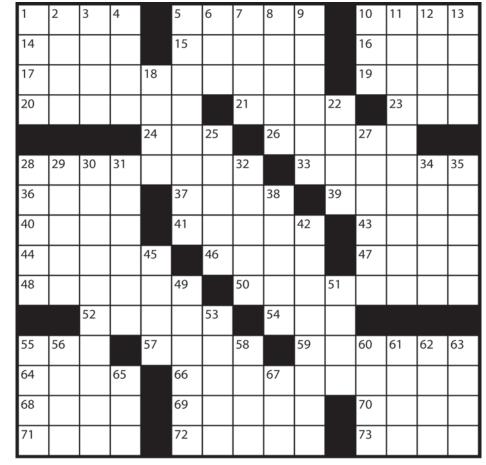
66. EMITS.....Fourth Rotation

- 68. Marcel Marceau, notably
- 69. The Pope wears it over his alb
- 70. Creepy-sounding city?
- 71. The 'P' in U.S.P.S.
- 72. People from Belgrade
- 73. Kind of lace?

DOWN

- 1. Young salmon
- 2. Matty, Moises, or Jesus of baseball
- 3. Between sigmas and upsilons
- 4. Lofty

With apologies to Olympic figure-skater Nathan Chen



- 5. Unwed
- 6. QB Peyton Manning's QB brother
- 7. Personal designation
- 8. Hagar the Horrible's dog
- 9. Attack
- 10. Health resort

11. EMITS.....Second Rotation

- 12. Biblical character slain by God (anagram for NANO)
- 13. Shed tears
- 18. Nuke, at home
- 22. Detail on a blueprint, for short
- 25. Persona non ___
- 27. Prawn
- 28. Must (two words)
- 29. Islamic head of state (var.)
- 30. EMITS.....Third Rotation
- 31. Dog breed used in bird-hunting
- 32. Beetle Bailey's boss
- 34. Love, in Italy

- 35. Hawaii's state birds
- 38. Comedian "Uncle Miltie"
- 42. American game fish also called pikeperch
- 45. Maori war dance
- 49. Aegean island home of the lesbian poet, Sappho
- 51. Charged particles
- 53. "Wreck of the Mary ____" (1959 Gary Cooper film)
- 55. Genie's home
- 56. The Buckeye State
- 58. Hebrew month of Purim
- 60. "Right on!"
- 61. Quicksand, e.g.
- 62. Of the ear
- 63. Stink
- 65. Citi Field pro
- 67. Bachelor of Law (abbr)

Puzzle answers, page 37

*For each puzzle a relatively difficult set of clues (Challenger) will accompany the first printing. In the subsequent issue,

the same puzzle will appear with an easier set of clues (Standard) Email questions/comments to puzzler@theskinnie.com

\$20 each, with a maximum of 50 words • \$5 for each additional 10 words • Contact Teri Grayson at 598.9715 or email classifieds@theskinnie.com

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Peter Schreck found this river otter in the freshwater lagoon at Moon River Landing back in February. He's a cute little fella, but seems a little defiant of having his photo taken.





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