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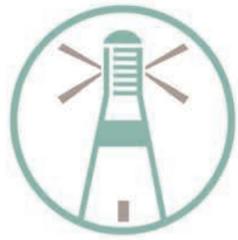
VOL 21: ISSUE 22 NOVEMBER 17, 2023

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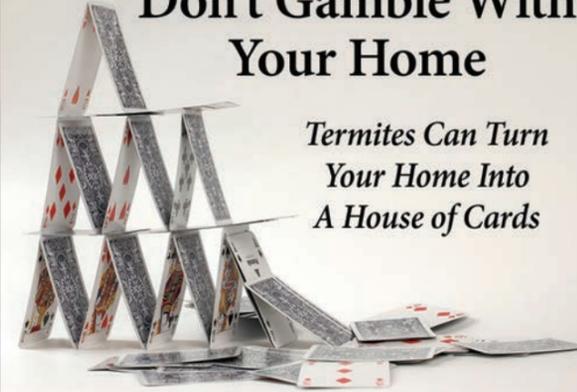
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# Upfront

It's an awkward thing to write about God or Faith or religion in a secular magazine. Conventional etiquette suggests one should steer clear of religion and politics in "polite" conversation. Some add a third no-no with respect to public discourse: Money. The older I get, the more impolite I become, I suppose, as I sometimes discuss them all. But I try to touch on these three third rails without generating too many sparks. So, I will delve cautiously into spirituality in the next few paragraphs, be forewarned.

It will be Thanksgiving soon if you're reading this on or about its release date. According to a statistical survey taken this year, Thanksgiving is America's favorite holiday, with a 79 percent "approval rating," with Christmas and Memorial Day in a two-way tie for second at 78. It's probably a combination of family, food, football, fall weather, and no preparatory present-buying angst. But it might be more subtle and scientific: Gratitude feels good.

According to a Harvard Medical School release: "In positive psychology research, gratitude is strongly and consistently associated with greater happiness. Gratitude helps people feel more positive emotions, relish good experiences, improve their health, deal with adversity, and build strong relationships."

Thanksgiving, then, or giving thanks, is good for us in measurable ways. It's not obvious which is the chicken, and which is the egg. Does one feel grateful because one is happy, or is one happy to be grateful? Not that it matters. Gratitude might be both cause and effect.

Here's the uncomfortably personal anecdote I warned about at the top of the page: For much of my life, I prayed for things I wanted (from God). Intercessions that would yield good outcomes for me or my loved ones. It occurred to me at Mass last Sunday that my prayers have changed noticeably in recent years. They are like extended thank-you notes to God. Statements of thanksgiving rather than entreaties around wants and needs, in the main. Interestingly, coincidentally, all the stuff Harvard says accompanies gratitude seem to be accruing to me.

I look forward to sitting down to celebrate the spirit of gratitude, which will inevitably and incongruently lead to loosening my belt. I share here scenes from last Thanksgiving, knowing that this year brings even more reasons to give thanks.

*Scott A. Lauriat*



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**on the cover:**  
From our table to yours, The Skinny Magazine would like to wish all our readers and neighbors a happy Thanksgiving.

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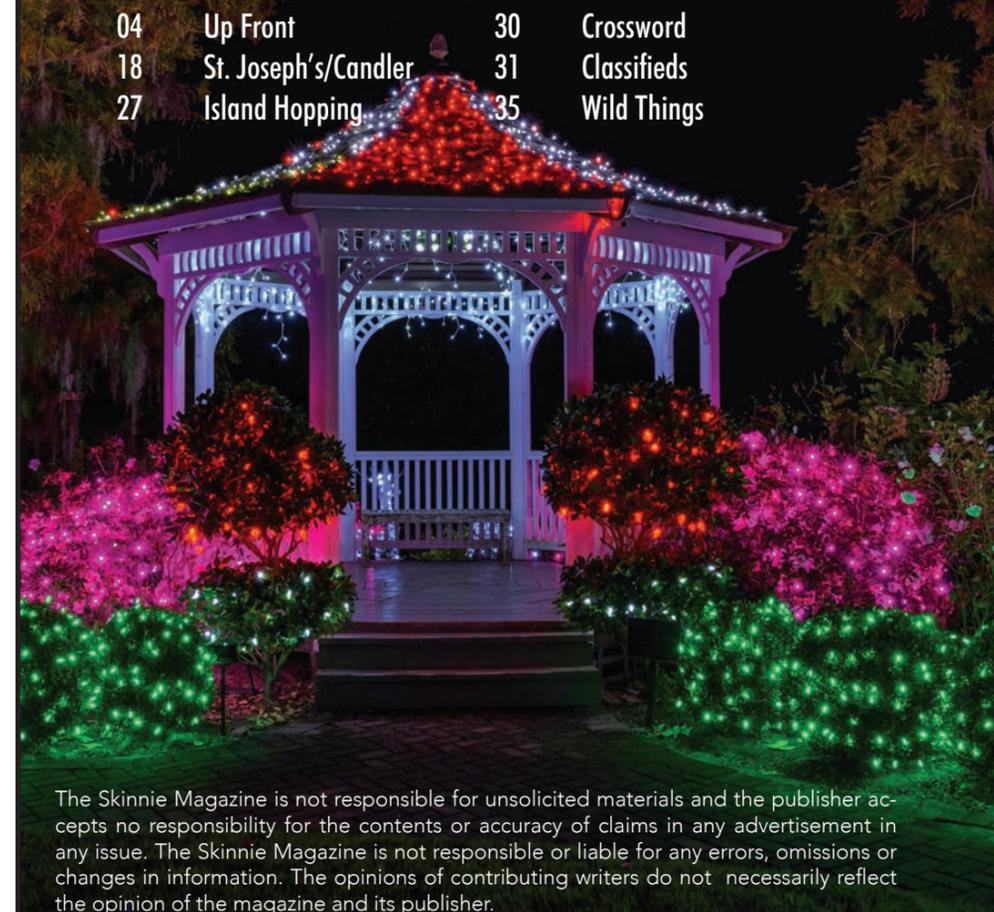
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Table of Contents photo courtesy of the Coastal Georgia Botanical Gardens.



# 'Tis the SEASON

As the air turns cooler, people seek the warmth of friends, family, and familiar holiday traditions. However, Skidaway newcomers, perhaps a bit flummoxed by the South's mild winters, might need to develop new traditions that don't involve snowmen and cutting the perfect Christmas tree. For new Savannahians (and long-time residents), there's no shortage of events to refresh the holiday spirits in the most hardened Scrooge. From River Street to Tybee Island, special holiday events are offered at area historic sites and museums, usually sharing historical Christmas traditions. Outdoor events include Christmas parades, holiday markets, musical performances, and family activities nearly every day.

## SKIDAWAY

On Wednesday, November 29, Landlovers members will enjoy a trolley to "A Motown Christmas," featuring a world-class vocal group assembled from past and present members of Motown's most legendary groups – Ali Woodson's Temptations, the Miracles, and the Contours – backed up by a six-piece band. The family-oriented show combines classic hits with holiday favorites, Motown-style. This is an evening not to be missed. Bring the family, dance, sing, and enjoy this special, holiday spectacular.

The trolley departs from Skidaway Island Methodist Church at 5 p.m., to the Johnny Mercer Theater downtown. Attendees will have time to enjoy dinner on their own in the Historic District prior to the

show at 7:30 p.m. Afterward, participants board the trolley for the return to Skidaway Island. The trolley will have closed windows and heat, if necessary. For more information, contact Jane Golz at [golz-jane@gmail.com](mailto:golz-jane@gmail.com), or Marilee Dalbey at [marileedalbey@gmail.com](mailto:marileedalbey@gmail.com).

On Saturday mornings, December 2 and 16, Messiah Lutheran Church will host a Kid's Morning Out. Children ages 3 through fourth grade will enjoy age-appropriate Christmas crafts, games, cookie decorating, and learning about Christmas traditions. The goal is to provide parents a few hours to wrap, re-charge, or enjoy some peace and quiet during the busy holiday season. Cost is \$10 per child; please register at least one week before the session at [messiahsi.org](http://messiahsi.org) or email [Messiahsk@gmail.com](mailto:Messiahsk@gmail.com). For more information, call or text coordinator Peggy Pearson at 443.995.1146. Registration will be confirmed by e-mail.

St. Peter's Episcopal Church celebrates the feast of St. Nicholas on December 6 with its second annual St. Nicholas Day talent show at 5:15 p.m. Attendees will enjoy a performance by the new 24 Children's Choir directed by organist and choirmaster Kathleen Turner and associate music director Julia Tucker. Performer registration is required, and dinner will be served, so please email [frontdesk@saint-peterssav.org](mailto:frontdesk@saint-peterssav.org) if you plan to attend.

On December 9, celebrate the holiday season at Wormsloe Historic



St. Nick himself will be on hand to share traditional (chocolate) gold coins with performers in St. Peter's talent show.

Site's Colonial Christmas. Re-enactors in costume share living history demonstrations like candle-making, and families enjoy hot chocolate and traditional games for children. The event recreates several seasonal activities, including period music, barn dancing, and a traditional burning of the yule log starting at 2 p.m. Please visit [gastateparks.org/Wormsloe](http://gastateparks.org/Wormsloe) for more information.

Landlovers Toys for Tots Holiday Golf Cart Parade is Sunday, December 10. Decorated carts line up at the Landings Association building and weave through the Landings to Landings Harbor Marina by 4:30 p.m. for a post-parade party with food trucks, musical entertainment, Santa, and the Landings tree-lighting. For more information, visit [www.landingslandlovers.com](http://www.landingslandlovers.com).

## SOUTHSIDE

The 12th annual December Nights and Holiday Lights opens Friday, November 24, at the Coastal Georgia Botanical Gardens. Located at 2 Canebrake Road, just off Hwy. 17, Holiday Lights is a walking tour that typically takes most visitors around an hour to complete.

Regarded as one of the most beautiful light displays in Georgia, the annual holiday show features more than a million lights. Visitors will be treated to more than five acres with nearly a mile of magically lit trails and gardens. Newly created themes include Alice in Wonderland, Once Upon a Time (with a real fire-breathing dragon), Octopus's Garden, and Carnival of Color. Santa Claus will make nightly appearances. The display runs from 6 to 9 p.m., weather permitting. Admission is \$25 per car, and tickets must be purchased in advance. The Gardens are handicapped and stroller accessible. The Dawg House Café will of-

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### CLASSICAL CHRISTMAS

The holiday season is about tradition, and there's no better way to kick things off than with a performance of Handel's Messiah by the Savannah Philharmonic and Chorus. On December 2, Paul Thornock conducts a performance at Calvary Baptist Temple in midtown Savannah. Then, on December 16, celebrate the season with family and friends as the Savannah Philharmonic's principle conductor Keitaro Harada and SavPhil favorite Ricardo Ochoa host an evening of holiday favorites at the Lucas Theatre.

Savannah Ballet Theatre offers "The Nutcracker" to local audiences. This perennial favorite takes center stage at the Lucas Theatre, Saturday, December 9. Tchaikovsky's legendary score fuels the performance of this classic ballet, reset as a fabulous holiday party in 1940s Savannah, and the story of young Clara's dream of a Christmas gift come to life.

Candlelight bestows an extra touch of wonder on the holiday season. On December 17 and 23, the DeSoto Hotel will host the

joy and magic of the season with the Listers String Quarter's Candlelight Holiday Special. This performance –with the warm glow of candles creating the coziest atmosphere – features selections from "The Nutcracker," as well as merry holiday tunes including "Hark, the Herald Angels Sing," "The First Noël," and "Deck the Halls."

### DOWNTOWN

Bull and Broughton Streets intersect at a 40-foot decorated tree, which will be ceremoniously lit on November 24. Celebrity guests, live music, and Rockette-style dancing will kick off the festivities. Throughout the holiday season, it's a great place when you need a break from shopping to sip hot chocolate and enjoy live music and local dance groups rockin' around the Christmas tree.

Throughout December, Old Town Trolley Tours offers its Holiday Sights and Festive Nights Tour. Conductors entertain with caroling and tales of Savannah's favorite holiday traditions as they cruise past historic homes and squares. The tour includes a stop at the American Prohibition Museum in City Market, where you'll step back in time to a Prohibition Era speakeasy and costumed docents

will share how the holidays were celebrated in the 1920s. Enjoy complimentary non-alcoholic punch, or authentic winter cocktails will be available for purchase.

Afterward, explore City Market, decked out for the holiday season. Beginning November 24, Holiday Nights in City Market entertains guests. Whether you're shopping, dining, or simply soaking in the festive atmosphere, holiday music, from classic carols to contemporary hits, will serenade your senses. Children and the young-at-heart enjoy a heartwarming visit with Father Christmas himself. Don't miss this chance to create cherished holiday memories with your loved ones.

On December 16, Trustees' Garden presents its 4th annual Christmas Festival, with 100 percent chance of snow! Attendees have a rare opportunity for sledding and snow tubing on more than 60 tons of snow brought in and frozen onsite. The fun-filled family event is crafted to bring neighbors and visitors together to celebrate the holiday season. More than 1,500 people attended in 2021, with more expected this year. Past events have included Santa Claus, train rides, bouncy houses, as well as live performances, food trucks, and a holiday market with local vendors.

### RIVERFRONT

Christmas on the River begins November 24, with a live reading of "Twas the Night Before Christmas," followed by the Christmas tree lighting ceremony. It marks the official grand opening of one of Savannah's merriest holiday traditions – the holiday market at the west end of River Street. Through New Year's Day, visitors to Plant Riverside enjoy complimentary family-friendly activities including live holiday music, street performances, seasonal food specials, a visit with Ol' St. Nick, and holiday market vendors along Savannah's waterfront.

Meanwhile, the pastry team at Plant Riverside unveils a spectacular gingerbread house that will remain on display in Turbine Cafe through New Year's Day. A month long in the making, the gingerbread house has become a popular holiday tradition. Also on display will be Plant Riverside's first annual Festival of Trees. Visitors can look forward to a forest of dazzling Christmas trees in the lobby of the Plant Riverside JW Marriott, representing a wide variety of Savannah's businesses and organizations.

**HAPPY Thanksgiving**

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On November 25, the Fabulous Equinox Orchestra headlines this year's Holiday Kickoff at the Park at Eastern Wharf. It's a great spot to watch the Boat Parade of Lights, as captains and crews of more than 40 vessels decorate their boats in holiday cheer. The annual event helps raise money for Greenbriar Children's Center, a local non-profit that provides emergency shelter to at-risk or endangered children ages 11-18. The event is free and to the public and will begin with the lighting of the Eastern Wharf Christmas trees and a visit from Santa. Attendees can bring lawn chairs, blankets, and small coolers (no glass, please). Food options include local food trucks and newly opened Eastern Wharf eateries Honeysuckle Gelato and Squirrel's, serving pizzas, wings, and a full bar. Parking is available on-site and at the Eastern Wharf Parking Garage.

December 8 through 10, enjoy the sounds of the season on Savannah's waterfront during Christmas on the River. This three-day event features live performances, merry melodies, and holiday cheer. A variety of dance and musical acts will be featured, but the highlight of the weekend is the 31st annual Lighted Christmas Parade on Saturday evening, December 9. It begins at the western end of River Street at 5:30 p.m. and continues along River Street, up to Broughton Street and through City Market. Admission is free and open to the public.

### THE REASON FOR THE SEASON

Messiah Lutheran Church on Skidaway Island hosts Advent services on December 6, 13, and 20. Each service will begin with a 5:30 p.m. dinner in the fellowship hall, followed by worship at 6:15 p.m. Christmas services at Messiah will begin at 9 a.m. Christmas Eve, followed by a music recital at 5:30 p.m., then worship at 6 p.m.

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If you would like to participate in making a child's Christmas wish come true, please stop by our office at 1 Landings Way North and select your special 'Angel' from one of our Angel Trees...Happy Holidays!

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On December 17, the Cathedral Choir and Chamber Orchestra present its annual program of music for Advent and Christmas. Scripture readings juxtaposed with choral music tell the story of the Christ child from the foretelling by the prophets to the visit of the Magi. The audience can join the choir, orchestra, and organ in singing the traditional carols of the season.

Also on Christmas Eve, St. Peter's Episcopal offers three services: a 9 a.m. Advent service; a family-friendly pop-up pageant Christmas Eve service at 5 p.m.; and a Candlelight Christmas Eve service at 7 p.m. There is a Christmas Day service at 10 a.m.

### NEW YEAR'S EVE

Ring in 2024 in style at the lavish Studio 24 New Year's Eve Disco Celebration. Inspired by the infamous Studio 54 in New York City, the Studio 24 Disco Party at Plant Riverside District's Salzburg Ballroom takes guests back in time to the Disco Era. Enjoy an exclusive New Year's Eve celebration with an ultra-luxury open bar, creative hors d'oeuvres, and high-energy music by Disco Nights, featuring vocalists from American Idol and the Voice, as well as a live DJ.

This incredible evening culminates with a midnight toast and a private terrace display of fireworks over the Savannah River. At the stroke of midnight, the 10-minute show lights up the sky from a barge near the Savannah Convention Center.

*Note: We contacted organizations representing a variety of Faith traditions. This article includes all who responded.*



# Smells Like Sunday

If someone asks, "Where is the best place in town for Italian food?" I answer, not humbly and with a wry smile: "My house."

"No, seriously, where do you go to eat Italian?"

"If you mean 'other than my house,' I have two go-to spots: Italy and New York."

I'm a tough sell.

The existence of this recurring column affirms my commitment to my kitchen. It's name – Smells Like Sunday – alludes to the scent of all-day simmering sauce perfuming the house after morning Mass. This most recent Sunday, however, we ate out. Italian, no less. At Saint Bibiana in the new Hotel Bardo (the remake of the former Mansion on Forsyth Park). The restaurant characterizes itself as "coastal Italian." A pedantic provincialist might wonder, "Adriatic, Tyrrhenian, Mediterranean, Sicilian, or Sardinian?" It matters not. The place is very good. So much so that I now have a longer answer than 'my house' to the Italian question.

The photos on this page are from St. B's on Sunday night, taken with our phones. Real food that we devoured with glee. One of the desserts was a version of olive oil cake. The first time I had OOC was in Las Vegas, at a place called Bartolotta's, which was, coincidentally, "coastal Italian." Sadly, it's no longer in business at the Wynn Hotel. Bartolotta's OOC came with lemon and rosemary gelato. St. B's includes lemon sorbet and pistachio crunch. Both are moist and unfussy and awesome. Trust me – olive oil is magic in a cake.

Citrus is OOC's reliable friend. I've seen a version made with orange zest and Grand Marnier. But lemon is the purist's choice. This one is easily doable at home.

From the Kitchen of Scott Lauretti

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Preheat oven to 350F. Prepare a 9-inch springform pan: Grease the bottom and sides well, and line the bottom with parchment paper. Wrap the outside with foil to prevent leaks.

- 1 c extra virgin olive oil
- ½ c fresh squeezed lemon juice
- Zest from (at least) 3 lemons
- 2 c all-purpose flour
- 1½ c granulated sugar, plus 2 tbsp for sprinkling on top
- 3 large eggs
- 1 c whole milk
- ½ tsp baking powder
- ½ tsp baking soda
- 2 tsp vanilla extract
- 1 tsp salt
- Powdered sugar for dusting, optional

In a large mixing bowl, whisk the olive oil, eggs, and 1½ c sugar. Add vanilla, lemon zest, and lemon juice. Whisk to combine. In another bowl, sift together flour, baking powder, baking soda, and salt. Add the dry ingredients to the wet ingredients in a couple of batches, incorporating the milk along the way. Do not over-mix: Combine everything only until no streaks of dry flour remain.



Pour the batter into the springform pan. Sprinkle 2 tbsp of granulated sugar evenly over the top. Bake for 50 to 55 minutes. The cake should have risen and begun to turn golden-brown on top. (If your cake gets very brown towards the end of cooking, cover with a piece of tin foil.) Remove from the oven cool for 10 to 15 minutes in the pan. Gently remove from the springform pan and cool completely on a baking rack. Dust with powdered sugar, if desired.



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## Encouraging News For Breast Cancer Patients

Alison Spellman, MD (above) and John Mikell, MD (right)

Not all patients with breast cancer will need radiation or chemotherapy. Those who do may worry about the time commitment involved, the frequent office visits, and possible side effects. Physicians at St. Joseph's/Candler's Nancy N. and J.C. Lewis Cancer and Research Pavilion (LCRP) have encouraging news.

"Treatment with radiation is getting better all the time, in terms of both its effectiveness and its tolerability," says radiation oncologist John Mikell, MD. "The convenience of treatment – closer to home and over a shorter time span – is also getting better."

Oncologist Alison Spellman, MD, of Summit Cancer Care, has seen similar developments in her field. Cancer care is a team effort that includes physicians with related

specialties and support personnel including pathologists, genetic counselors, nutritionists, and more.

"It takes an army to help a patient through this process and to counteract the possible side effects of treatment," Spellman says. "That's what we are here to do, to get you through this as smoothly as possible."

### BEFORE AND AFTER

Most women with breast cancer will need some type of surgery. This may include a lumpectomy, in which the part of the breast containing the cancer is removed, or a mastectomy, in which the entire breast is re-

moved. Other surgical procedures that may be necessary include a sentinel lymph node biopsy, which determines whether a cancer has spread to the lymph nodes under the arm, and breast reconstruction after the tumor is removed.

Factors such as the stage of your breast cancer will determine the need for chemotherapy or radiation. In some cases, chemotherapy is given before surgery to try to shrink the tumor. With every case of breast cancer, Spellman tests the cells removed during a biopsy or surgery to determine if they have proteins that are estrogen or progesterone receptors. She also tests for a protein called HER2,

## Paint the Town Pink Campaign Is a Success, Again

The 16th annual Paint the Town Pink breast cancer awareness campaign, a community partnership between St. Joseph's/Candler and the Savannah Morning News, recently wrapped up, proving once again to be a great success. The intention of the annual October event is to positively impact the community through breast cancer awareness and education. The goal is to prepare community members to respond actively to the threat of breast cancer. The most important actionable response is for members of the community to schedule their annual mammograms.

Paint the Town Pink cultivates support for the Telfair Mammography Fund so that hundreds of uninsured and underinsured women in our community have access to lifesaving health screenings. This special fund ensures there are no financial barriers to breast cancer diagnostic checks. So, whether one has health insurance or not, an annual mammogram is available.

The campaign's annual Mammography Day was Monday, October 30, challenging local women to be screened. More than 250 patients completed their mammograms that day at six locations throughout the area. Those unable to attend are encouraged to call 912.819.PINK to register for a screening soon.



St. Joseph's/Candler President and CEO Paul P. Hinchey accepted donations from numerous local organizations in support of the Telfair Mammography Fund.

Over the past several years, numerous local businesses, schools, and civic organizations have held special events and promotions in support of the cause. Most of the funds raised during these grassroots promotions have been donated to the Telfair Mammography Fund. Money raised this year exceeded \$60,000.

Organizers agree that the impact of the core message reaches far beyond breast cancer awareness. It surpasses the gender barrier of female breast cancer and advances the health consciousness of all people.

which can cause breast cancer cells to grow quickly. This testing helps Spellman decide the treatment that is best for each patient. For example, HER2-positive cancers tend to grow faster than HER2-negative but are much more likely to respond to targeted therapy rather than chemotherapy.

"The targeted therapy will only attack that protein," Spellman explains.

For patients who need chemotherapy, there are some side effects such as hair loss, nausea, and fatigue. But Spellman notes that anti-nausea medications and new ways of delivering chemotherapy drugs have made it generally more tolerable.

"We have learned how to manipulate the dosing to minimize toxicity, and we've gotten better at managing side effects," she says.

### ACCURACY, EFFECTIVENESS, AND CONVENIENCE

Radiation therapy for breast cancer is an adjunctive treatment; it comes after surgery. It can help lower the chance of recurrence in the breast or nearby lymph nodes. Beams of radiation, primarily photons (x-rays) or electrons, are aimed directly at areas at risk of harboring cancer cells. It is a painless procedure that is done during outpatient visits.

"Much of our time is spent getting the patients in the proper position so we can make sure the accuracy and the effectiveness of the treatment is as good as it can be," radiation oncologist Mikell says. "This also minimizes the likelihood of side effects like skin irritation and fatigue."

Positioning is so important in radiation therapy that the LCRP invested in technol-

ogy that allows patients to be treated while lying on their bellies instead of their backs.

"This can substantially reduce the amount of radiation going to the underlying lung, for example, and has been shown to minimize irritation to the skin which some women can get as a result of breast cancer radiation," Mikell explains.

Technological advances have reduced the time it takes for some patients to complete their treatment.

"The trend in cancer care has been for shorter radiation treatment courses," Mikell says. "Some patients will still need treatment over several weeks, but more and more are able to be treated over shorter time spans – in some cases, treatment is only five days. These advances have allowed patients to get on with their lives sooner."

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Before the holiday season starts, you might want to:

- Schedule a hearing test.
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# Francis Marion - "THE SWAMP FOX"

He Served By Ron Lauretti

Francis Marion, known as "the Swamp Fox," is credited as a pioneer in guerilla warfare, and his tactics helped lead the Colonies to victory during the American Revolution. To this day, he is considered one of South Carolina's greatest patriots.

Marion was born in 1732, in Berkeley County, South Carolina. At age 15, he was a member of the crew of a merchant ship that sank on the way to the West Indies. Marion and most of the crew escaped on a lifeboat, which they endured for a week before reaching land.

For the next decade or so, Marion helped manage the family's plantation. Shortly before his 25th birthday, he and his brother, Job, were recruited to serve as officers in the South Carolina militia during both

the French-and-Indian and the Anglo-Cherokee Wars. Francis was a quick learner and an independent thinker, especially on how to conduct warfare against numerically superior forces.

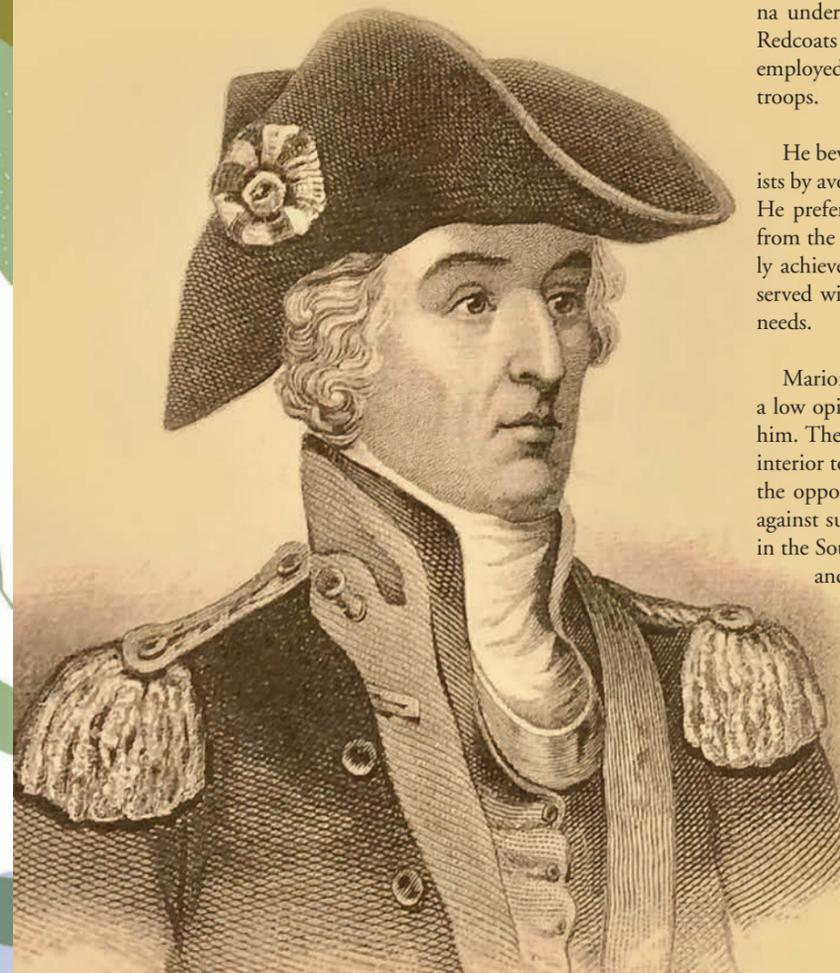
Marion publically supported the Colonial cause in the run up to the American Revolution. On June 21, 1775, he was commissioned a captain in the Continental Army's South Carolina Regiment. After participating in the defense of Fort Sullivan from the Royal Navy, he was promoted to lieutenant colonel. He then joined the unsuccessful siege of Savannah in the autumn of 1779.

When Charleston was captured in May of 1780, Marion had already left the city on a broken ankle. With much of South Carolina under British control, he organized a small force to oppose the Redcoats in the region. Though numbering less than 70, these men employed Marion's guerilla tactics to inflict serious damage to enemy troops.

He bewildered the larger body of British regulars and native Loyalists by avoiding the conventional frontal contact with advancing lines. He preferred quick surprise attacks and equally sudden withdrawal from the field of battle. Most impressive was his ability to consistently achieve victory with an irregular group of patriots. Marion's men served without pay, and supplied their own horses, arms, and other needs.

Marion and his men joined Maj. Gen. Horatio Gates. Gates had a low opinion of Marion's military ability and was eager to be rid of him. The general sent Marion and his men into the South Carolina interior to gather intelligence on enemy forces. Marion quickly seized the opportunity to demonstrate his "revolutionary" style of combat against superior numbers. Operating from a hidden base camp deep in the South Carolina wilderness, he was involved in 12 major battles and skirmishes, from Black Mingo Creek, near Georgetown, to Wadboo Plantation, about 40 miles north of Charleston. The British made repeated efforts to neutralize Marion's force but stood little chance due to pro-Patriot intelligence.

In desperation, the British sent Col. Banastre Tarleton, an able outdoorsman, to capture or kill Marion in November of 1780. He pursued Marion



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1 1/2 ounces vodka  
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 (see below)  
 5 ounces orange cordial  
 (see below)  
 pinch of sea salt  
 salted graham cracker  
 crumbs (see below)

**Pumpkin Purée:**

1 can pumpkin purée  
 1 cup water  
 1 cup lemon juice  
 (about 5 lemons)  
 1 tablespoon cinnamon  
 1 tablespoon vanilla

**Orange Cordial:**

1 cup orange juice  
 1 cup white sugar

**Salted Graham Cracker Rim:**

1 sleeve graham crackers  
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Add *Vodka, Pumpkins*  
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and his troops for more than 26 miles through almost impenetrable swamplands. Exhausted and in danger of losing his way in enemy territory, Tarleton abandoned the chase. Arriving back at British headquarters, he supposedly said, "As for this old fox, the Devil himself could not catch him."



Col. Banastre Tarleton

Consequently, Marion's supporters began to call him "the Swamp Fox," and the name stuck.

During the last two years of the Revolutionary War, the Swamp Fox succeeded in breaking communications between British outposts in the Carolinas. Soon after, Marion, then a brigadier general, led his troops to liberate a small American force trapped by 500 Brits.

In January of 1782, Marion was elected to the South Carolina General Assembly, eventually serving several terms in the South Car-



John Blake White's "General Marion Inviting a British Officer to Share His Meal" (1836) has become one of the most familiar images of the American Revolution in the 19th century (Photo courtesy of the Museum of Fine Arts, Boston).



L-R: KATHY BOAEN, TONYA MURPHY, APRIL BOYETTE, MELANY MAYERS, DR. MATT GRILL, MADISON EVANS, APRIL ZIPPERER, TABITHA CORNWELL

  
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Francis Marion's is buried at his brother Gabriel's Belle Isle Plantation in Berkeley County, South Carolina. (Photos courtesy of Wikipedia)

olina State Senate. Six months later the soldier/politician put down a Loyalist rebellion on the banks of the Pee Dee River.

Soon after, he returned to Pond Bluff, his family plantation, which he discovered had been destroyed by the war. At age 54, Marion married his 49-year-old cousin, Mary Esther Videau. In 1784, in recognition of his services, he was made commander of Fort Johnson with an annual salary of \$500. He died in 1795 at the age of 63 and is buried

at his brother Gabriel's Belle Isle Plantation in Berkeley County.

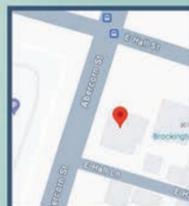
The legacy of the Swamp Fox lives on today in the Palmetto State. Marion County and its county seat, the City of Marion, are named for him, as well as the Francis Marion National Forest near Charleston. His method of guerilla warfare was so effective that to this day it remains a part of the modern-day training of the U.S. Army's 75th Ranger Regiment.



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Penn St. at Michigan St.  
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Florida St. at Florida  
Kentucky at Louisville  
BYU at Oklahoma St.  
Arizona at Arizona St.  
UNC at NC St.  
Clemson at South Carolina  
Pittsburgh at Duke  
Houston at UCF  
California at UCLA  
Georgia Southern at Appalachian St.  
Ohio St. at Michigan  
Northwestern at Illinois  
Wisconsin at Minnesota

## NFL

Washington at Dallas  
San Francisco at Seattle  
New Orleans at Atlanta  
Pittsburgh at Cincinnati  
Jacksonville at Houston

As a tiebreaker this week,  
pick the total points in the  
Ohio St./Michigan game.

*Please, limit one entry per contestant.  
Good luck and enjoy the games!*

## The Skinny Football Pick 'Em Pool

A fabulous foursome. That's what we had at the top of the heap in the most recent installment of the Skinny Pick 'Em Pool. Perennial powerhouses John "Do Right" DuRant, Betsy "Crazy Legs" Contino, David "Hardhead" Denhard, and Jim "The Icebox" Perry fared well, picking 19 winners from our slate of games.

It came down to the tiebreaker. The total points between Penn State and Michigan. Penn State passed for only 74 yards, while Michigan was held to 60. So, you can imagine this was a low-scoring affair. The final score, 24-15, yielded a meager 39 points in all. "Hardhead" and "The Icebox" were in sync, but overly optimistic, guessing 49. "Crazy Legs" undercut them with 48. But "Do Right" DuRant went lowest of all - 45 - for the win.

Thank you, as always, to all our faithful fans and keep those picks coming. Before you know it, football season and the Pick 'Em Pool will be on hiatus until next season.

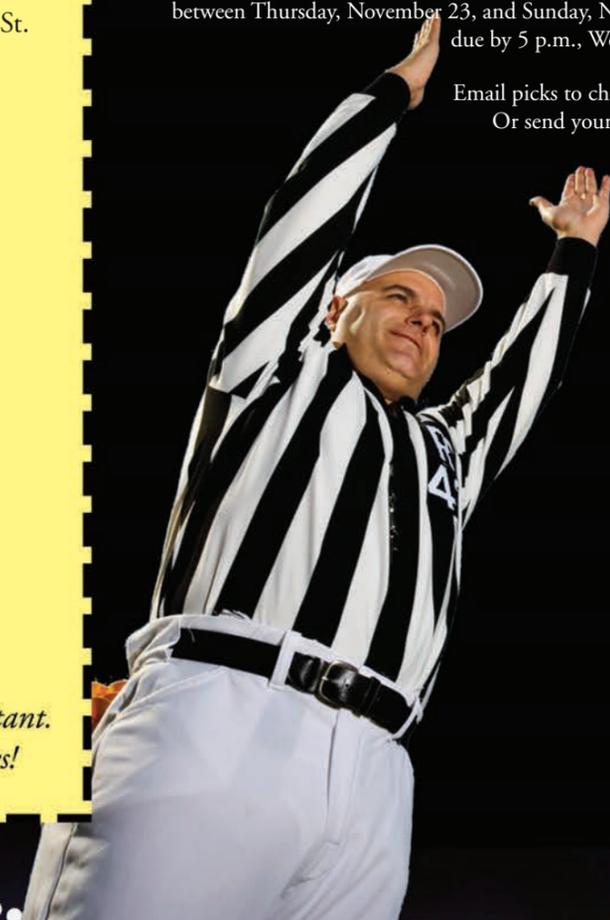
Everyone is welcome. It's easy. Predict the winning team for each game. And get more winners right than the rest of your friends. For the tiebreaker game, predict the total points that the two teams will score (combined). The winner gets a real prize.

Twenty college games and five from the NFL. Games will be played between Thursday, November 23, and Sunday, November 26. Entries are due by 5 p.m., Wednesday, November 22.

Email picks to [chendrix@theskinnie.com](mailto:chendrix@theskinnie.com).  
Or send your entry the old-fashioned way to:

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Alternatively, just drop it by our offices in the Lake Side Center across from Publix.



# island hopping

*Please email content to [mail@theskinnie.com](mailto:mail@theskinnie.com).  
Deadline is the Friday prior to publication.*

## HEAR GREAT SPEAKERS

**WHAT:** Kiwanis Club of Skidaway  
**WHEN:** Thursday mornings at 7:45 a.m.  
**WHERE:** Palmetto Club  
**HOW MUCH:** Free to attend, including refreshments for guests and first time attendees. Slight fee for members having coffee/tea. Occasional pastries are complimentary.  
**CONTACT:** Michael Klavon, 912.306.0474 for gate pass  
**WHAT ELSE:** Membership is open to Savannah/Chatham area residents. Visit [www.kiwanisofskidaway.com](http://www.kiwanisofskidaway.com) for more information.

## WHO NEW?

**WHAT:** New Neighbors  
**WHEN:** Visit [www.landingsnewneighbors.com](http://www.landingsnewneighbors.com) to see our calendar  
**CONTACT:** Visit our website or contact Jody at [nnnewmember@gmail.com](mailto:nnnewmember@gmail.com)  
**WHAT ELSE:** The club offers more than 250 different activities from biking, golf, pickleball, walking groups or fishing to Mahjong, Bridge, Needle-arts and Canasta. We have exciting military tours and special events for you to enjoy right here on Skidaway Island.

## GOTTA LOVE IT

**WHAT:** Landlovers membership / open to all Skidaway Islanders  
**HOW MUCH:** Each \$30 membership fee covers one household of one or two adults.  
**CONTACT:** Vicki Knapp at [landloversmembership@gmail.com](mailto:landloversmembership@gmail.com) or visit [www.landingslandlovers.com](http://www.landingslandlovers.com) for more information.  
**WHAT ELSE:** The membership year runs from September 1 through August 31. Landlovers is a philanthropic and social organization dedicated to enriching the Landings community and Skidaway Island at large. Landlovers sponsors year-round social activities and fundraising events to support student scholarships and multiple non-profit service organizations.

## BREAKING THE MOLD

**WHAT:** The clay sculpture of Justine Ferreri  
**WHEN:** Now through Nov. 30  
**WHERE:** JEA Art Gallery, 5111 Abercorn St.  
**HOW MUCH:** Free and open to the public  
**CONTACT:** Vicky Lunick, 912.355.8111  
**WHAT ELSE:** Justine Ferreri is a self-taught clay sculptress working in stoneware clay. She recently moved to Savannah and opened a studio in the City Market Art Center. Her works have

[www.theskinnie.com](http://www.theskinnie.com)

evolved from being very tight to a more fluid and expressive form.

## PAWS AND PLAY

**WHAT:** Meeples for Cats game day fundraiser  
**WHEN:** Saturday, Nov. 18, 10 a.m.-10 p.m.  
**WHERE:** Roll the Bones, 7400 Abercorn St., suite 704  
**HOW MUCH:** \$10 door donation  
**CONTACT:** Follow Meeples4Cats on Facebook  
**WHAT ELSE:** A game day fundraiser for Red Clay Animal Rescue, featuring board games, game demos, raffles, an escape room, and pet photo contest. Donate early for extra raffle tickets.

## AW, SHUCKS

**WHAT:** Oyster Roast for a Reason  
**WHEN:** Saturday, Nov. 18, 1 - 4 p.m.  
**WHERE:** The bluff at the UGA Marine Education Center and Aquarium  
**HOW MUCH:** \$150/person  
**CONTACT:** Kathryn Reeves McHugh, 706.542.8883 or [kathryn.reeves25@uga.edu](mailto:kathryn.reeves25@uga.edu)  
**WHAT ELSE:** The seventh annual Oyster Roast for a Reason, hosted on our gorgeous bluff, will help the University of Georgia improve the oyster farming industry and preserve Georgia's coastal resources. Enjoy oysters harvested from Georgia waters, delicious food and beverages, and live music.

## SATELLITE VIEW

**WHAT:** Scenes of Planet Earth from the Perspective of SeaHawk Cubesat  
**WHEN:** Tuesday, Nov. 28; Reception - 6:30 p.m., talk - 7 p.m.  
**WHERE:** Ocean Sciences Instructional Center, UGA Skidaway Marine Science Campus, 10 Ocean Science Circle  
**HOW MUCH:** Free and open to the public  
**CONTACT:** Sara Rivero-Calle, 912.598.2333 or [rivero@uga.edu](mailto:rivero@uga.edu)  
**WHAT ELSE:** UGA Skidaway Institute researcher Sara Rivero-Calle will look back on miniature ocean color satellite SeaHawk-1's time in orbit and some of the amazing images it captured. To view the program online, visit the UGA Skidaway Institute YouTube channel.

## DEAR ABBIES

**WHAT:** Skidaway Abigails advocacy meeting  
**WHEN:** Thursday, Nov. 30, 7-8:30 p.m.  
**WHERE:** Messiah Lutheran Church, 1 West Ridge Rd.



HAPPY  
*Thanks giving*

## GIVING THANKSGIVING

**WHAT:** Community Thanksgiving drive-by food collection  
**WHEN:** Sunday, Nov. 12, 3-4:30 p.m.  
**WHERE:** St. Peter's Episcopal Church  
**CONTACT:** Kathryn McLearn 912.598.4520

**WHAT ELSE:** Benefits local families and the homeless who are food insecure. Individual and family-sized cans and packages greatly appreciated. No industrial size cans or glass jars. Most-needed items include instant potatoes, canned green beans, cranberry sauce, small bags of rice, canned fruit, canned yams, gravy mix, cake or brownie mixes for dessert, canned corn, 2-pound canned ham.

## NO PLACE LIKE HOME

**WHAT:** Coastal Empire Habitat for Humanity's Second Annual Home for the Holidays Gala  
**WHEN:** Friday, Dec. 1, 6 p.m.  
**WHERE:** The DeSoto Hotel, 15 E Liberty St.  
**HOW MUCH:** Single tickets - \$175; couple tickets - \$300; tables of 10 - \$1,500  
**CONTACT:** Ava Mattox, HFH Development Manager; [amattox@habitatsavannah.org](mailto:amattox@habitatsavannah.org)  
**WHAT ELSE:** A black-tie dinner, cocktails, silent auction, and entertainment.

## BOW REGARDS

**WHAT:** Landings Garden Club Holiday Bow Sales  
**WHEN:** every Monday and Saturday through early December, 10 a.m. - 4 p.m.  
**WHERE:** in front of the Village Pharmacy Fountain  
**HOW MUCH:** Prices start at \$15 each  
**CONTACT:** Joni Brownstein, [jonibro2022@outlook.com](mailto:jonibro2022@outlook.com) or 925.787.9800  
**WHAT ELSE:** The Garden Club's annual fundraiser to fund Skidaway Island beautification and conservation. Shop early for best selection among the nine designs to choose from.

**WHAT ELSE:** Members of the Skidaway Abigails are invited to learn, engage, act, and participate in the new Abigails Advocacy initiative – LEAP into Advocacy. Whether you want varied volunteer opportunities or focus on one meaningful cause, we are ready to help you achieve your goals of bringing justice, equality, health, and safety to our community. We need member support to increase our effectiveness as we make a significant difference in Savannah and beyond. If you are interested in becoming a member of the Skidaway Abigails, contact [chair@skidawayabigails.org](mailto:chair@skidawayabigails.org).

## POSTAL PEOPLE

**WHAT:** Landings Stamp Club  
**WHEN:** Friday, Friday Dec. 1, 10 a.m.  
**WHERE:** Messiah Lutheran Church conference room  
**COST:** Free  
**CONTACT:** Carl Luecke, [cluecke@comcast.net](mailto:cluecke@comcast.net) or 912.349.0340 for meeting details.  
**WHAT ELSE:** Beginner, advanced, or anyone in between is welcome to join our monthly meeting. Learn about buying, selling, or preserving your collections, and discover different types of stamps from all over the world.

## FIBER OPTICS

**WHAT:** Fiber Guild of the Savannahs Exhibit  
**WHEN:** Dec. 1 through 31; Opening reception - Sunday, Dec. 3, 2 - 4 p.m.  
**WHERE:** JEA Art Gallery, 5111 Abercorn St.  
**HOW MUCH:** Free and open to the public  
**CONTACT:** Vicky Lunick, 912.355.8111  
**WHAT ELSE:** The Fiber Guild of the Savannahs is a group of fiber artists who share inspiration and techniques using a wide variety of fiber-related arts, such as spinning, weaving, dyeing, quilting, knitting, basketry, rug making, and paper manipulation. The group has a strong sense of community service and volunteerism, demonstrating traditional pioneer crafts to children and families at the Oatland Island Wildlife Center. People of all skill levels are invited to join the guild.

## HELP WANTED

**WHAT:** Holiday Tour of Homes and Inns volunteers needed  
**WHEN:** Saturday, Dec 9, 10 a.m. to 5 p.m.  
**WHERE:** Various locations throughout downtown Savannah  
**HOW MUCH:** No cost to those who volunteer as a docent  
**CONTACT:** Sign up at [holidaytour@savannahdna.org](mailto:holidaytour@savannahdna.org)  
**WHAT ELSE:** The Holiday Tour of Homes and Inns is offering free tickets to volunteers who serve as docents at tour locations. Docents will be expected to serve a 2-and-1/2 -hour session and read prepared scripts describing aspects of the homes and inns, and generally assist tour-goers at each location. Docents will have plenty of time

to experience the tour once their session is over. Grab some friends and make a day of it!

## ON THE HOUSE

**WHAT:** Casual gatherings at members' homes  
**WHEN:** Saturday, Dec. 16, 6-8 p.m.  
**WHERE:** At LL host homes  
**COST:** Free  
**CONTACT:** Becky Dominguez, [beckydom61@aol.com](mailto:beckydom61@aol.com), or Connie Rice, [csrice1948@gmail.com](mailto:csrice1948@gmail.com)  
**WHAT ELSE:** We are looking for people to host at their homes. Please reach out to Becky Dominguez if you would be interested in hosting some of your neighbors for the evening. Guests will be assigned to various homes and bring an appetizer to share and their own libation.

## SHALL WE DANCE?

**WHAT:** Ballroom dance instruction  
**WHEN:** Jan. 8, 7-8:30 pm  
**WHERE:** Skidaway United Methodist Church  
**HOW MUCH:** \$15 per person for each session  
**CONTACT:** Marilee Dalbey, 334.797.9952 or [marileedalbey@gmail.com](mailto:marileedalbey@gmail.com)  
**WHAT ELSE:** Get your dancing shoes out and join us to waltz in January. Professional ballroom instructors will teach this partner-style dance. Instruction is from 7-8 p.m., with free dance and line dancing following. Please wear comfortable clothing and hard-sole shoes. You must be a member of Landlovers to attend.

## HELP AROUND THE HOUSE

**WHAT:** Habitat for Humanity volunteers wanted  
**WHEN:** 8:30 a.m. - 3 p.m., Tuesdays and Wednesdays, possibly Thursdays  
**WHERE:** locations vary  
**CONTACT:** Mark Piven, 912.598.0323  
**WHAT ELSE:** Prior experience is not necessary. Many volunteers learn on the job and only do whatever they feel comfortable with. Tools are provided.

## GATHERING GROCERIES

**WHAT:** Packing groceries for Second Harvest  
**WHEN:** 9 - 11 a.m., Feb. 2, April 5, June 7  
**WHERE:** Second Harvest, 2501 E President St.  
**CONTACT:** Terry Lewis, [terrylewis324@gmail.com](mailto:terrylewis324@gmail.com)

## FINANCIAL AID

**WHAT:** AARP Tax-Aide Program needs volunteers  
**WHEN:** Training in Dec. and Jan.; Tax preparation starts Feb. 1 for 10 weeks; hours and days are flexible  
**WHERE:** Chatham SW and Bull Street Libraries  
**CONTACT:** Volunteer coordinator John Gerardi, 912.661.8705 or [johngerardi@hotmail.com](mailto:johngerardi@hotmail.com)  
**WHAT ELSE:** This program provides free tax preparation for low- to moderate-income families,

as well as the elderly and people with disabilities. AARP Tax-Aide saves underserved individuals/families millions in preparation fees and helps taxpayers claim millions in refunds, which can be used to reduce poverty. Tax preparers will be trained to become IRS-certified. Volunteers are also needed to help with intake/front desk.

## TAXATION REPRESENTATION

**WHAT:** Opportunities for volunteer income tax assistance with Neighborhood Improvement Association  
**WHEN:** starting in January, flexible hours from 9 a.m. - 8 p.m.  
**WHERE:** several sites in Savannah, Pembroke, Rincon, Richmond Hill and Hinesville  
**CONTACT:** Tiffany Carter, [tcarter@niacdc.org](mailto:tcarter@niacdc.org) or 912.447.5577  
**WHAT ELSE:** This program helps underserved communities by offering free tax preparation. No experience necessary. Volunteers include greeters/screener and tax preparers

## SHOP TALK

**WHAT:** Green-Meldrim House Gift Shop – Volunteers Needed  
**WHEN:** Ongoing  
**WHERE:** Green-Meldrim House, 14 W. Macon St. – Madison Square  
**HOW MUCH:** Training provided  
**CONTACT:** Jamie Credle, [jcredle@green-meldrimhouse.org](mailto:jcredle@green-meldrimhouse.org) or 912.233.3845  
**WHAT ELSE:** Request for two shifts per month. Please visit [GreenMeldrimHouse.org](http://GreenMeldrimHouse.org) for more information.

## MARCO POLO GROUP

**WHAT:** Landlovers International Group  
**WHEN:** 6:30 p.m., third Monday of the month, October through May  
**WHERE:** Member homes  
**CONTACT:** Denise Larson, [lasondenise8@gmail.com](mailto:lasondenise8@gmail.com); Elizabeth Cowell, [elizcove@gmail.com](mailto:elizcove@gmail.com); Sue Souls, [smsouls@gmail.com](mailto:smsouls@gmail.com)  
**WHAT ELSE:** The Marco Polo group is for our international friends. If you were born in or have lived at least one year (including an academic year) outside the U.S., you are eligible to join. Attendees are asked to bring an international appetizer to share as well as their own beverage and glass. Must be a Landlovers member. Membership is open to all residents of Skidaway Island.

## FOOD FOR FELINES

**WHAT:** Kitten food drive for the Humane Society of Greater Savannah  
**WHEN:** Ongoing  
**WHERE:** Humane Society Adoption Center, 7215 Sallie Mood Dr.  
**CONTACT:** Call Rosemary Longueira at

598.2875 or drop donations at 22 Long Island Road, Oakridge  
**WHAT ELSE:** With so many kittens in foster care, the Humane Society is in need of Fancy Feast canned kitten food, Purina dry kitten chow, and kitten replacement milk (such as KMR) for the neonatal bottle fed kittens. Soft fuzzy blankets would also be appreciated. Donations can be dropped off during normal business hours (Tuesday-Saturday, 1:00-6:00 p.m.) or off-hours in the donation bins outside the Adoption Center on Sallie Mood Drive.

## BATH AND BODY WORKS

**WHAT:** Landlovers community service toiletry collection  
**WHEN:** ongoing  
**WHERE:** Drop-off at 7 Heartwood Court  
**CONTACT:** Linda Brownlee, 912.963.7229  
**WHAT ELSE:** Are you traveling and staying at a hotel? If you have any unused hotel soaps, shampoos, or lotions, please bring them back to Savannah. Share your vacation with Social Apostolate, which works with poor, homeless and disabled people in different ways including providing showers for those in need. No mouthwash or larger sized toiletries, please.

## BODY AND SOUL

**WHAT:** Mat Pilates and Sit-Fit exercise classes at Skidaway Island United Methodist Church (SIUMC)  
**WHEN:** Mondays, Wednesdays and Fridays. Mat Pilates, 9:15-10:10 a.m.; Sit Fit: 10:15-11:10 a.m.  
**WHERE:** Bailey Hall at SIUMC, 54 Diamond Causeway  
**HOW MUCH:** \$5 per class for 8 or more classes per month. \$6.25 per class for 7 or fewer classes per month.  
**CONTACT:** For more info or to register, call Elena Bennett, ACSM-certified fitness instructor at 404.510.6042  
**WHAT ELSE:** Mat Pilates participants must bring an exercise mat and be able to get up/down from the floor. Sit-Fit participants should wear athletic shoes. Everyone should bring a water bottle.

## WALK AND TALK

**WHAT:** Landlovers walking group  
**WHEN:** Wednesdays and Saturdays  
**WHERE:** Starting places changes monthly; info is on website "Calendar"  
**CONTACT:** Email Bev Dalrymple at [bevdal00@gmail.com](mailto:bevdal00@gmail.com) to sign up  
**WHAT ELSE:** Looking for walking buddies? Join our morning walking group. Walking pace is brisk but "talkable." This is a great way to get some exercise, see the island and chat with friends. You

must be a Landlovers member to participate.

## LOSS MITIGATION

**WHAT:** Pandemic support group meeting  
**WHEN:** Wednesdays at 6 p.m.  
**WHERE:** St. Peter's Episcopal Church Library  
**HOW MUCH:** Free  
**CONTACT:** Suzanne at St. Peter's, 598.7242  
**WHAT ELSE:** Many of us have lost friends or family, and pandemic isolation has made dealing with these losses difficult. Dr. Stevens Peirsol will guide the group, offering those who would like to share and find help in processing loss.

## MEETING OF THE MINDS

**WHAT:** Stroke Survivors  
**WHEN:** Third Thursday of every month, 4-5 p.m.  
**WHERE:** Messiah Lutheran Church, 1 West Ridge Rd.  
**HOW MUCH:** Free  
**CONTACT:** Shirley Nack, 598.7047  
**WHAT ELSE:** Share your experiences with stroke survivors. At our meetings we listen and learn what other survivors have accomplished in order to return to an active lifestyle.

## DUEL PURPOSE

**WHAT:** Skidaway Hamiltons meetings  
**WHEN:** Every third Tuesday of the month, 3:30 p.m.  
**WHERE:** Messiah Lutheran Church, Skidaway Island  
**HOW MUCH:** Free for members of the Skidaway Hamiltons and Skidaway Abigails  
**CONTACT:** [HamiltonsMembers@gmail.com](mailto:HamiltonsMembers@gmail.com)  
**WHAT ELSE:** To learn more about Skidaway Hamiltons, a non-partisan civic-minded men's organization, visit [skidawayhamiltons.org](http://skidawayhamiltons.org). See the calendar for past and future speakers.

## READ ALL OVER

**WHAT:** Landlovers Singles Co-ed Book Club  
**WHEN:** 4th Thursday each month, 5 p.m.  
**WHERE:** Various Landings clubhouses  
**CONTACT:** Marianne Claysmith, [claysmith2@aol.com](mailto:claysmith2@aol.com)  
**WHAT ELSE:** We read novels and biographies. Members belong to the Landings Club

## ANIMAL HOUSE

**WHAT:** Call for volunteers  
**WHEN:** Flexible hours to meet your needs and schedule, various tasks  
**WHERE:** The Humane Society Thrift Shop, 7215 Sallie Mood Dr.  
**CONTACT:** Volunteer coordinator, Yvonne Hemphill, 603.502.6906

**WHAT ELSE:** No experience necessary. All proceeds from the thrift shop go to supporting the care of the shelter's animals.

## SPEAK EASY

**WHAT:** Savannah Speech and Hearing Center's "Speak Easy"  
**WHEN:** Every Friday morning, 10-11:30 a.m.  
**WHERE:** Savannah Speech and Hearing Center - 5414 Skidaway Rd.  
**HOW MUCH:** Free and open to the public  
**CONTACT:** Jenna Harcher, 912.355.4601 or [jharcher@speechandhearingsav.org](mailto:jharcher@speechandhearingsav.org)  
**WHAT ELSE:** A support group for survivors of stroke or traumatic brain injury and their family or caregivers. Participants work on improving and maintaining skills associated with speaking, listening, reading, and writing. Attendance via video conference is also available upon request.

## CAUSEWAY CLEAN-UP

**WHAT:** Diamond Causeway litter pickup  
**WHEN:** 10 a.m., 3rd Saturday of each month, starting Oct. 21  
**WHERE:** Meet at Butterbean Landing parking lot  
**CONTACT:** Courtney Fowler at 912.891.0850 or [causewaycleanup@gmail.com](mailto:causewaycleanup@gmail.com), or Susan Ragland, [sragland@fourseasonsvrll.com](mailto:sragland@fourseasonsvrll.com)  
**WHAT ELSE:** Please contact Courtney in the event of inclement weather. Bring work gloves, safety vest if you have one, or wear bright clothing, trash picker, water. Trash bags will be provided. Water is recommended to avoid dehydration.

## OUTDOOR ADVENTURE

**WHAT:** Boy Scout Troop 57, for boys 10-18  
**WHEN:** Weekly meeting Tuesday 7-8:30 p.m.  
**WHERE:** Skidaway Community Church, 50 Diamond Causeway  
**CONTACT:** BSA office, 912.927.7272  
**WHAT ELSE:** Chartered in 1989, the troop has sponsored 80 Eagle Scouts to date. Weekly meetings, monthly outings (canoeing, canoeing, hiking, kayaking, rafting, backpacking), yearly summer camp and high adventure trips. New Scouts and transfers are welcome.

## FRIENDS OF FRIENDS OF BILL W.

**WHAT:** Al-Anon  
**WHEN:** Mondays, 4 p.m.  
**WHERE:** Skidaway Island United Methodist Church  
**WHAT ELSE:** A recovery program for families and friends of people who are struggling with addiction.

Complete Island Hopping listings are online at [www.theskinnie.com](http://www.theskinnie.com)

ACROSS

- 1. Turner of "Peyton Place"
- 5. Mayberry boy
- 9. Loses steam
- 14. Like some twins
- 15. Something to pop
- 16. Give or take
- 17. "Yesterday," "Today," or "Tomorrow"
- 18. Trail activity
- 19. Arctic diving bird
- 20. Make better, as a deal
- 22. Swimmer's kick
- 24. Sailor's bed
- 26. Anxiety
- 27. Cause for alarm
- 30. \_\_\_\_ of bad news
- 32. Area under dispute
- 34. Messy dresser
- 38. Royal flush card
- 39. Shake up
- 41. Hail to Caesar
- 42. What hot dogs do?
- 44. Truthful
- 46. Nine-to-fiver
- 48. Wield, as influence
- 49. Actress Foy of "First Man"
- 52. Gunslinger's mark
- 54. Go back
- 56. Lamentable
- 60. In the least
- 61. Familiar with
- 63. Treat for Fido
- 64. Some street performers
- 65. Drought ender
- 66. Van Gogh flower
- 67. Trapping device
- 68. Singer Arnold
- 69. Modern message

DOWN

- 1. Not as much
- 2. Confess
- 3. Opening time, maybe
- 4. Math course

1	2	3	4		5	6	7	8		9	10	11	12	13
14					15					16				
17					18					19				
20					21			22	23					
			24				25	26						
27	28	29				30		31						
32					33					34	35	36	37	
38					39					40		41		
42			43		44					45				
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49	50	51					52		53					
54						55		56				57	58	59
60						61	62				63			
64						65					66			
67						68					69			

- 5. Brownish yellow
- 6. One way to ask a question
- 7. Aggravate
- 8. Barely gets, with "out"
- 9. Feast's opposite
- 10. Addicts, e.g.
- 11. Backs, in anatomy class
- 12. Continental money
- 13. Cubic meter
- 21. Winter temps, perhaps
- 23. Turn bad, as milk
- 25. Cheer
- 27. Become unhinged
- 28. Cola lead-in
- 29. "I'll second that!"
- 31. 2016 film about a WWII assassination operation
- 33. Mall tenants

- 35. Wash up
- 36. Part of OTC
- 37. Boxing prize
- 40. Put in office
- 43. Drum majorette
- 45. Museum offering
- 47. End of a threat
- 49. Studies all night
- 50. Allow entry
- 51. Old World lizard
- 53. Metallic-sounding
- 55. "No problem!"
- 57. Golfer's cry
- 58. Operating system
- 59. For fear that
- 62. Crash site?

Puzzle answers, page 33

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# WILD THINGS GRAB YOUR CAMERA!

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We've seen a number of blue jays this autumn, and they never cease to capture our attention. Carol Barnard shared this photo on behalf of her husband, Tom. "He loves to photograph birds," she says.

*"Wild Things" is a regular feature in The Skinnie, featuring your photographs of our beloved island. Email your high-resolution photos to [production@theskinnie.com](mailto:production@theskinnie.com). Please include your name and a little info about where the photo was taken.*

Elaine Lee - Savannah, GA



# THE ART OF EXCEPTIONAL CARE.



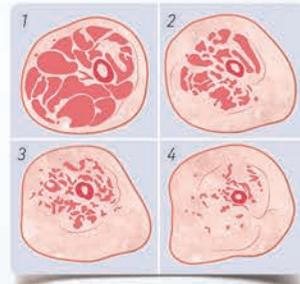
A sudden onset of weakness in her limbs and hands began interfering with two of Elaine's biggest joys: painting and bike riding. Additional symptoms, including slurred speech and severe trouble swallowing, led to electromyography (EMG) and muscle biopsy testing, which revealed necrotizing autoimmune myopathy – a rare autoimmune condition attacking the muscles.

Under the care of Dr. Poston, a neurologist, Elaine was treated with intravenous immunoglobulin and other lifesaving drugs. Immunosuppression and regular follow-ups with Dr. Poston and multiple St. Joseph's/Candler specialists helped Elaine regain her strength and return to the pursuits she loves.

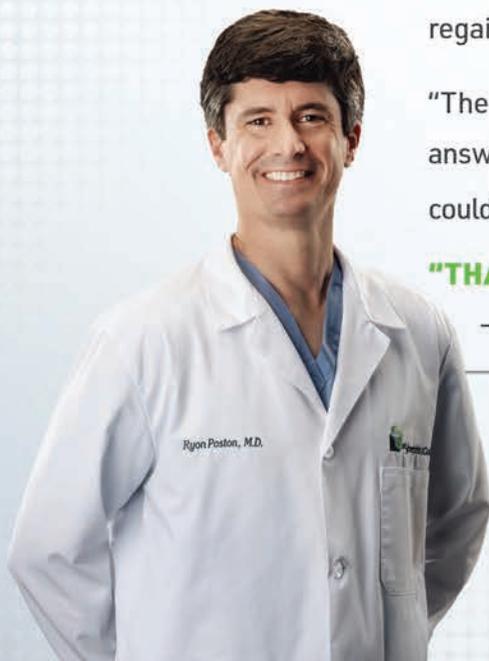
"The team of specialists at St. Joseph's/Candler found answers and solutions to help me regain my strength so I could get back to doing the things I love to do." – Elaine Lee

**"THAT'S WHY I CHOOSE ST. JOSEPH'S/CANDLER"**

– Ryon Poston, M.D. – Neurologist



stages of myopathy



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